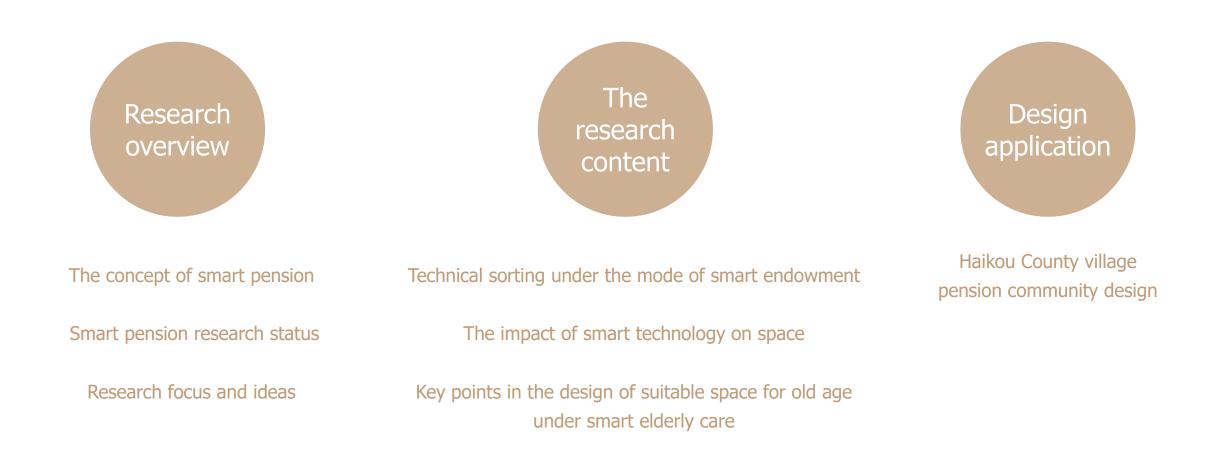
### 基于技术的智慧养老模式下的适老 空间设计研究

RESEARCH ON THE DESIGN OF SUITABLE SPACE FOR OLD AGE UNDER THE TECHNOLOGY BASED INTELLIGENT OLD-AGE MODE

### CONTENTS



## RESEARCH OVERVIEW



Research background of smart endowment

Smart pension research status at home and abroad Research status of intelligent endowment and space design

# RESEARCH OVERVIEW

A. By sorting out the current development status of smart pension, this paper puts forward a new perspective of smart pension research from the perspective of space design

**B.** By sorting out the application of various technologies in the context of smart old-age care, the impact of smart technologies on space is summarized

C. By exploring the impact of technology on space, the key points of space design suitable for old age under the smart pension mode are sorted out

### THE RESEARCH BACKGROUND









### AGING POPULATION

At present, China has the largest elderly population in the world, accounting for about one-fifth of the total global elderly population.

### RISE OF SMART ELDERLY CARE

Leading the way in linking technology to the elderly is the UK 's Trust for Life.

### SPACE FOR TECHNOLOGICAL CHANGE

Continuous technological innovation has led to the transformation of production tools and the emergence of a variety of production methods.

### THE DEGREE OF COMBINATION OF SMART PENSION AND SPACE IS LOW

The concept of smart elderly care has been put forward for a long time, but most of it is concentrated in the field of product design and service platform, but the application and research in space design are very few.

### Key words:

### 1.1 Wisdom endowment

The concept of smart pension was first proposed by the British Trust for Life, which means to use modern advanced science and technology to provide elderly care services across time and space, breaking the original traditional pension model. The concept of smart pension proposed by the British Life Trust is relatively macro. Smart technologies include Internet technology, life science technology, information technology and other technology categories, which span various disciplines. In China, the National Office for Aging first proposed the concept of "intelligent pension" in 2012. Its core is basically the same as the "smart pension" proposed by the British Life Trust, which uses intelligent means to improve the life of the elderly in their later years.

### 1.2 Wisdom technology

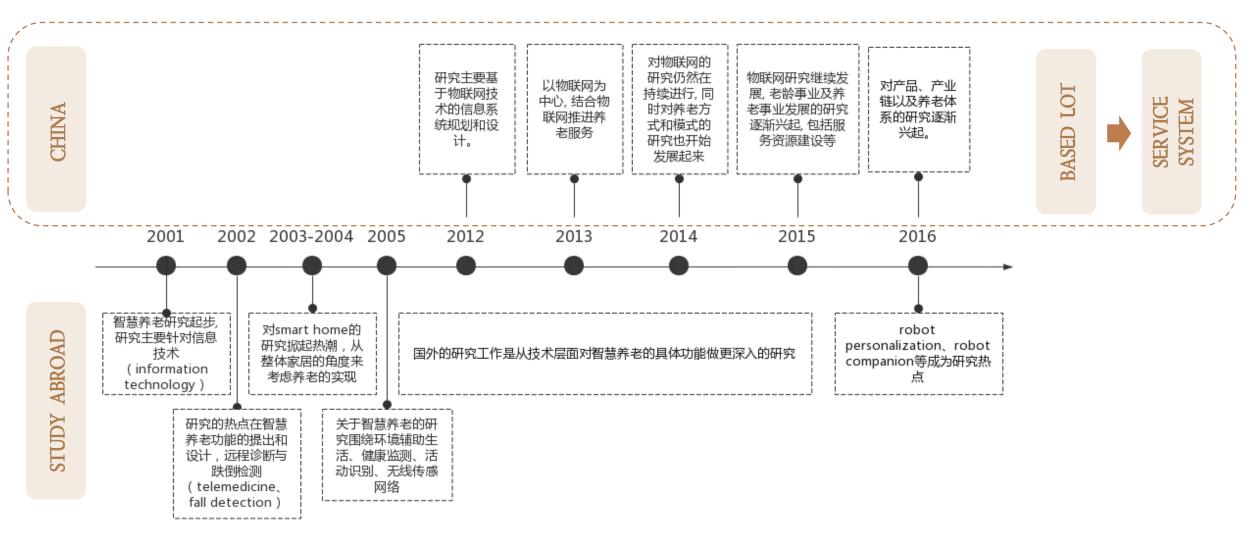
Smart technology, based on its short, fast, massive calculations, can gain a lot of experience at a moment's notice and make decisions that are even more appropriate than human ones. Combined with intelligent technology, computers can help humans make more appropriate decisions. This is of great significance for the elderly with significantly reduced thinking ability, reaction ability and physical function. It can effectively avoid the possibility of the elderly making wrong decisions due to their own ability degradation and reduce the occurrence of tragedy.

### 1.3 Smart Pension Space

Based on the design of suitable space for old age, intelligent system or equipment is added to make the space intelligent. Different from smart home, smart space for the elderly will be closer to the daily needs of the elderly, whether it is the construction of smart system or the selection of smart equipment, will be easy to operate or even no operation as the standard. The design of intelligent age-appropriate space aims to improve the intelligence of the space and realize the self-regulation of various conditions in the space by intelligent means.

### Research status of smart pension at home and abroad

DOMESTIC AND ABOARD RESEARCH STATUS



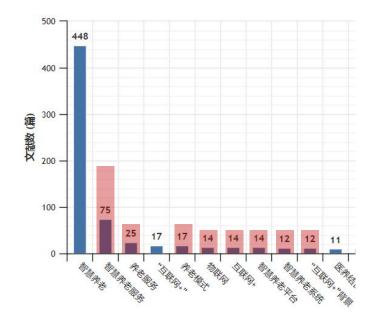
资料来源:赵英,刘任烨,田蜜,胡利佳.智慧养老研究的现状及发展趋势分析——基于文献计量和知识图谱[J]山东财经大学学报,2017,29(02):107-117.

### SUMMARY OF DOMESTIC RESEARCH DIRECTION OF SMART ENDOWMENT

Through the retrieval of the topic of the paper, the research status of the topic of "smart pension" in China is explored. The data source was CNKI, and the retrieval condition was: "Article title = Chinese and English extension (Smart pension) (exact matching)". A total of 1079 articles were retrieved, including 741 journals and 113 dissertations.

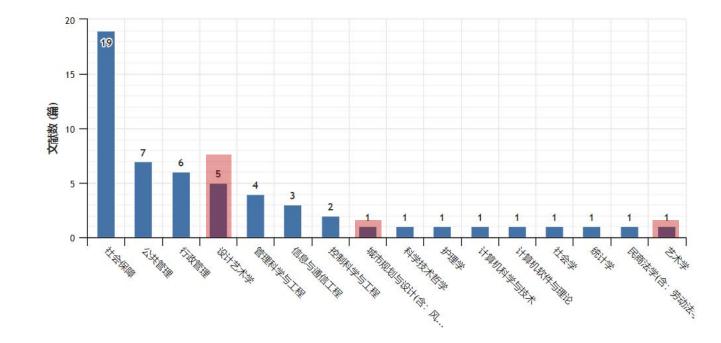
#### Research Topic:

They mainly focus on smart pension mode, service and platform, but seldom combine with space



#### **Research Subjects**:

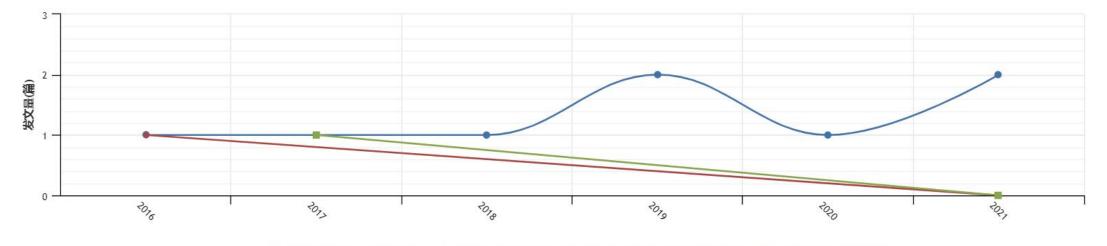
They mainly focus on social security, public administration and other disciplines, with less research on design and art



### RESEARCH ON INTELLIGENT ENDOWMENT IN THE FIELD OF DESIGN

Retrieval design related disciplines for master's thesis, a total of 6 papers, 0 doctoral thesis[1]孙 梦楚. 基于杭州萧山的智慧养老产业园区规划研究[D]浙江农林大学,2016.【Urban and Rural Planning - Urban and Rural Planning][2]林晓薇. 智慧养老社区景观设计研究[D]上海交通大学,2016.【Design - Industrial Design][3]张伊丽. 智慧养老云服务产品设计研究[D]东华大学,2018.【Art Design-Product Design][4]夏阳阳. 服务设计理念下的社区智慧养老服务系统创新设计研究[D]、朱定学,2019.【Design - Industrial Design Theory and Method][5]刘也. 基于 "互联网+" 的社区智慧养老体系构建研究[D]、天津大学,2019.【Design - Industrial Design][6]李潇. 智慧养老视域下老年人社区健身设施设计研究[D].武汉理工大学,2020.【Design - Industrial Design]

From the above analysis, it can be seen that the research on smart elderly care in the field of design is mostly focused on interaction and product design, and there is less research on smart elderly care and space design.



🔶 学科专业"设计艺术学"趋势 🛛 🔶 学科专业"城市规划与设计(含: 风景园林规划与设计)"趋势 🛛 🚽 学科专业"艺术学"趋影

### SIMILARITIES AND DIFFERENCES BETWEEN SMART HOME AND SMART PENSION

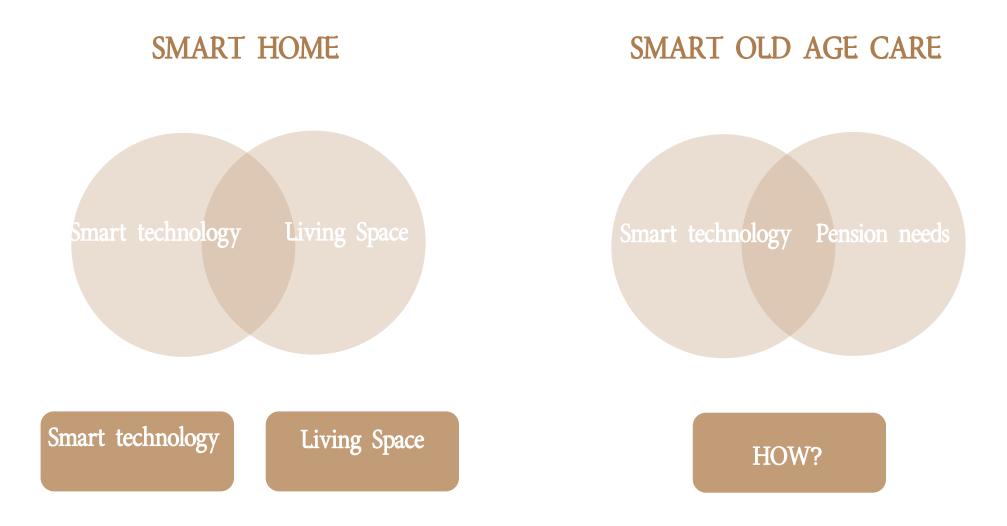
Smart home is defined as smart home, or home and building automation, also known as "smart home".

Smart home refers to providing a higher quality of life by introducing automated control facilities and auxiliary service systems. As long as the automation and intelligent control of equipment and facilities can be realized, the space can be called smart home. From the perspective of space, smart home has a broader scope than smart old-age care space.

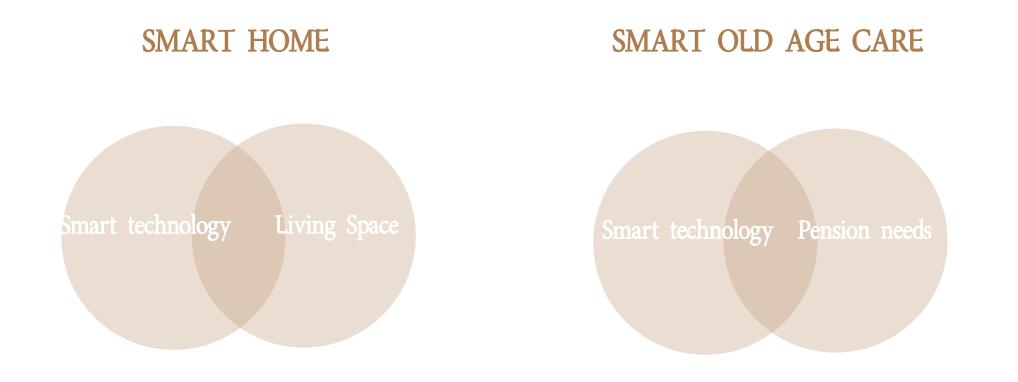
Smart home is more inclined to user's personalized settings and active participation

For the elderly, the addition of the intelligent system should minimize the active participation of the elderly in the space control system

PASSIVE



Compared with smart old-age care, smart home pays attention to the combination of technology and space, but does not meet the needs of old-age care



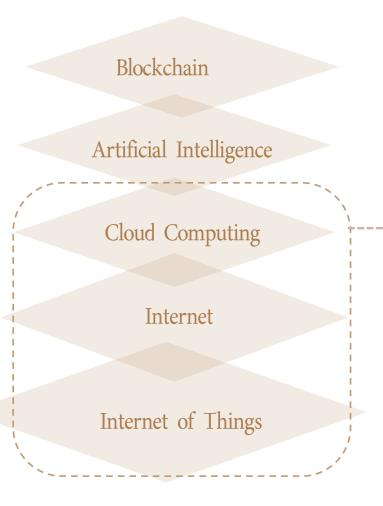






### 研究内容// Technology shifts the focus of space design

		Visible	Passable	Production Requirements
		Illumination Easy Identification	Compliant with Human Passage - Passage Scale	Breathe - Facade Window Dining - dining space
<b>Faditional</b> Factory	WORKERS			
		QR Code - Ground Design	Machine Access – Spatial Scale Slope, ground flatness friction coefficient	Network Signal – Partition Wall Material Charging device – facade design
Smart Factory	MACHINE			
	Design focus shift	Facade Design Ground Design	Passage space design Ground design	Passage space design Ground design



Elderly care system is more prevalent

Changes in the way space interacts

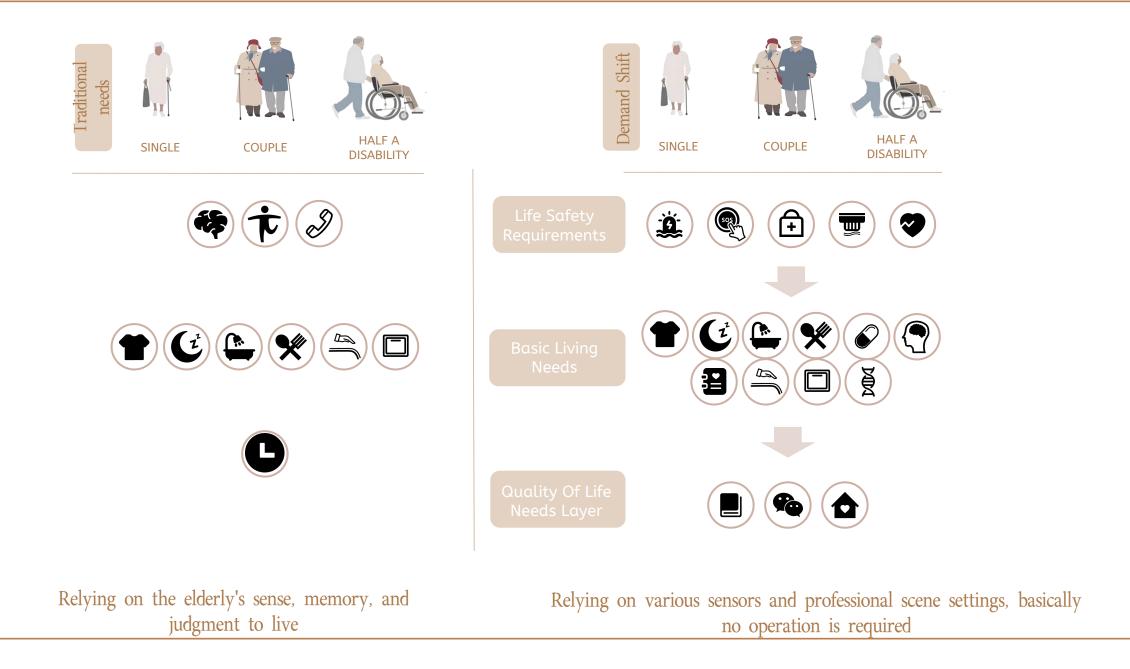
Smart Elderly Care Service System

The relationship between the Internet and the way space is controlled

IoT terminal equipment and indoor interface design

### Provide New Opportunities

### 研究内容// Analysis of the needs and behaviors of smart elderly people

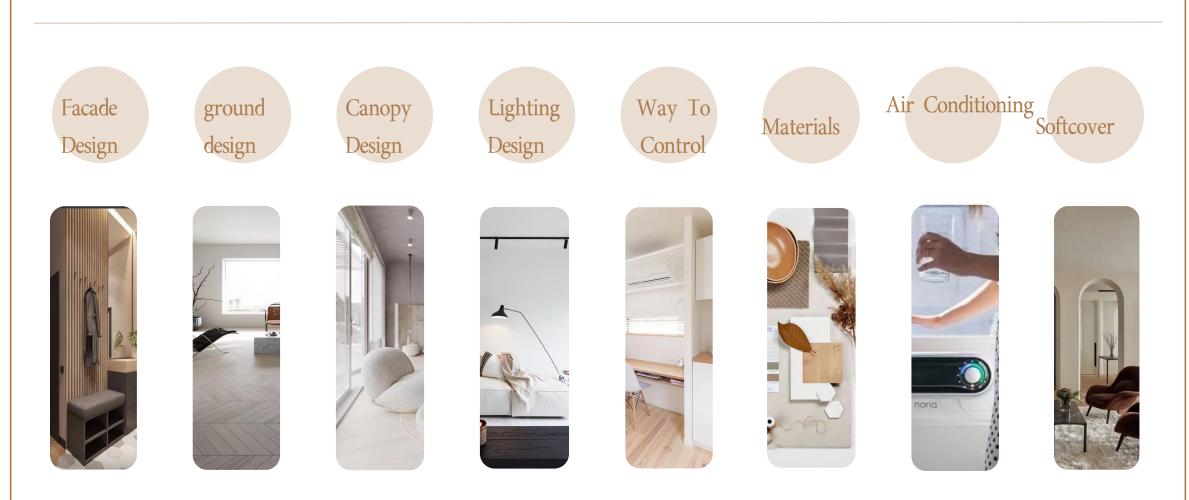


With Smart Technology As A Tool

Elderly Care Needs As The Guide

Suitable For The Elderly Space As The Carrier

### ASPECTS THAT AFFECT SPACE



### Blockchain

Artificial Intelligence



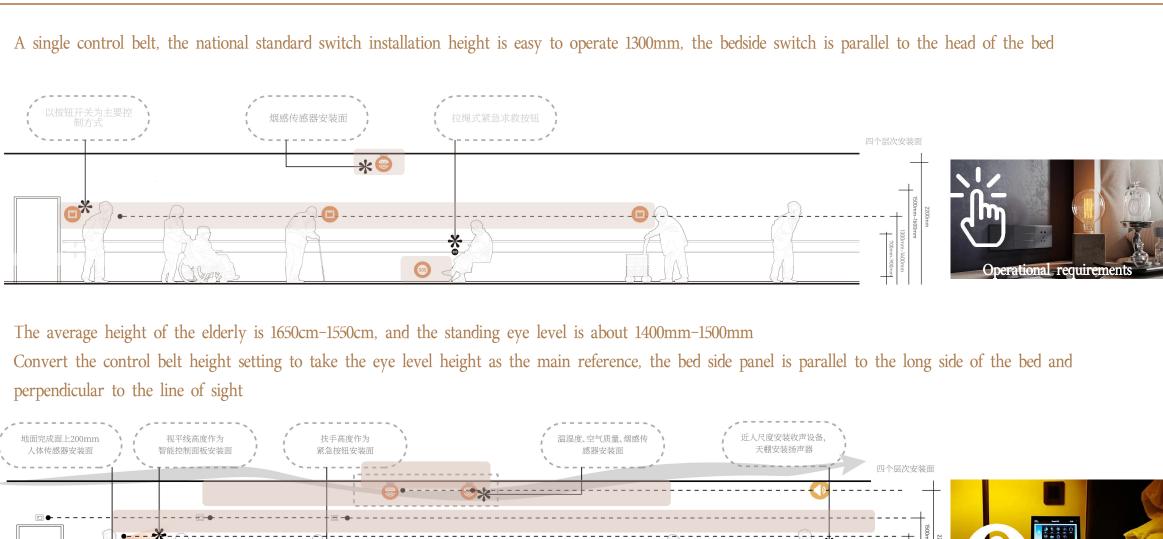




Charging And Placing Method The Combination Of Charging And Display



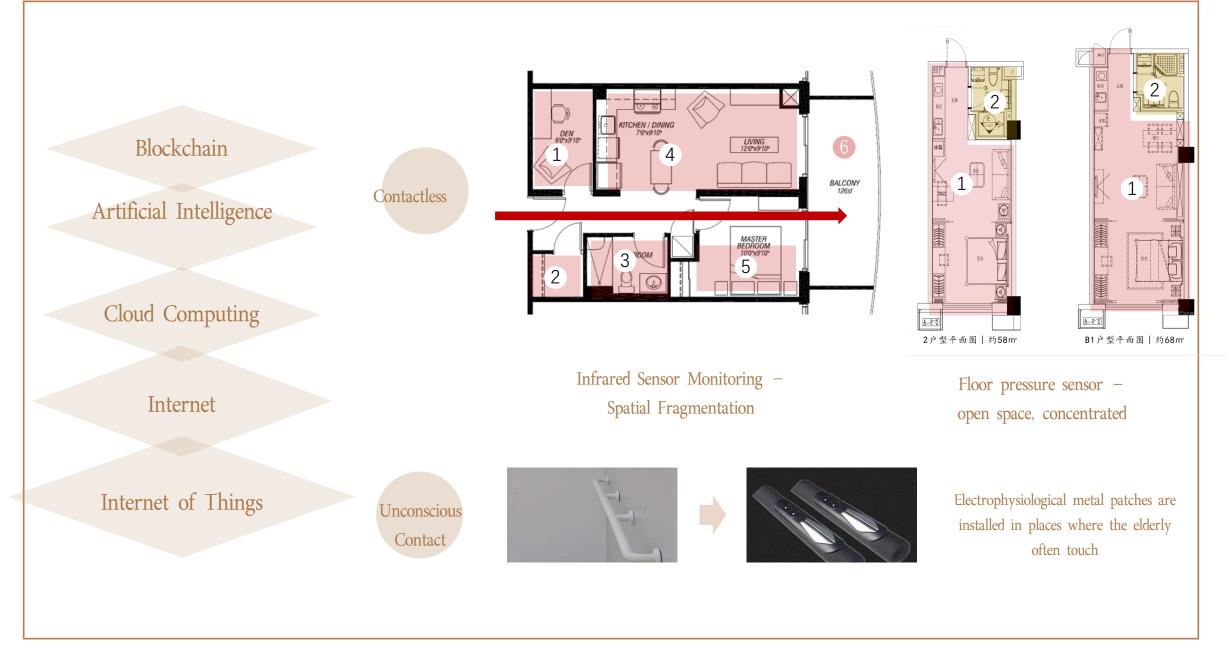
### 研究内容// Smart Technology Opposite Control Belt Change



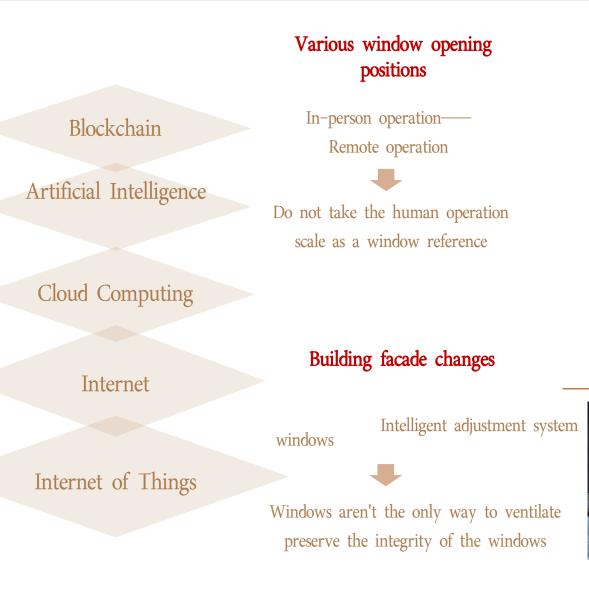
viewing demand

#### 数据来源: The five-yearly "National Physical Fitness Monitoring Bulletin" in 2020

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### 研究内容// The Impact Of Internet And Mobile Internet Applications On Space





Reserve operating space in front of the window



Convenient location

reserved ventilation window



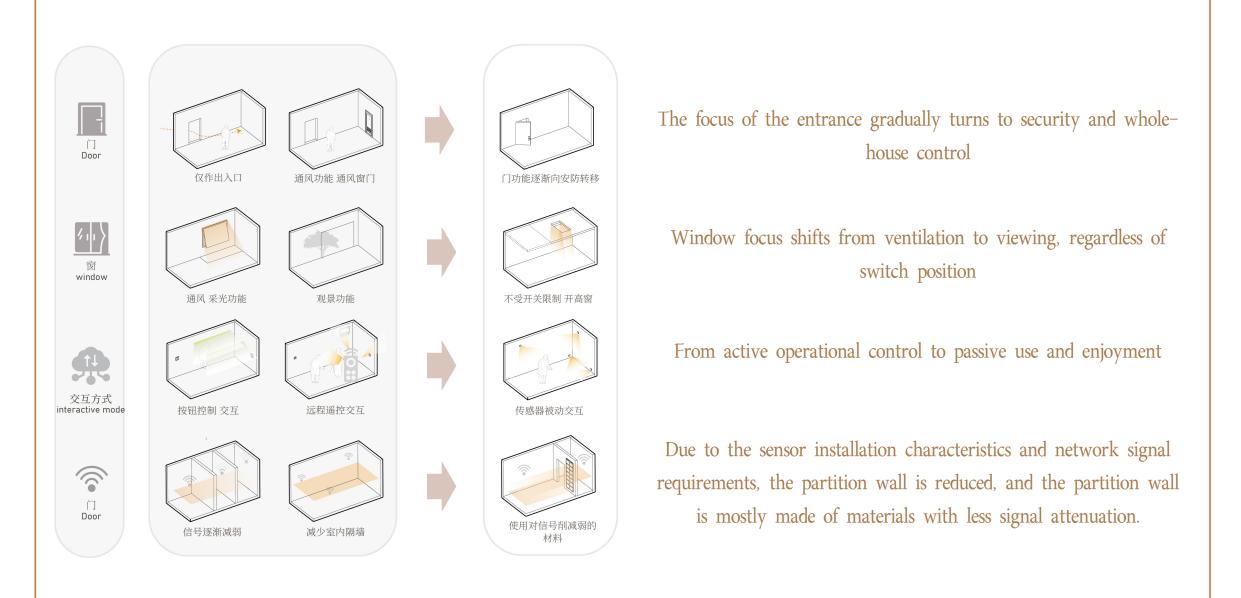
Free up space in front of the window



Not affected by operating position

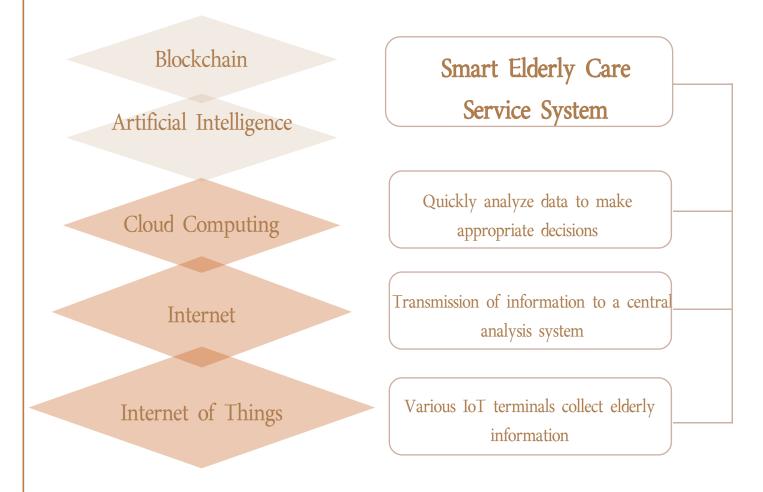


Panoramic view windows



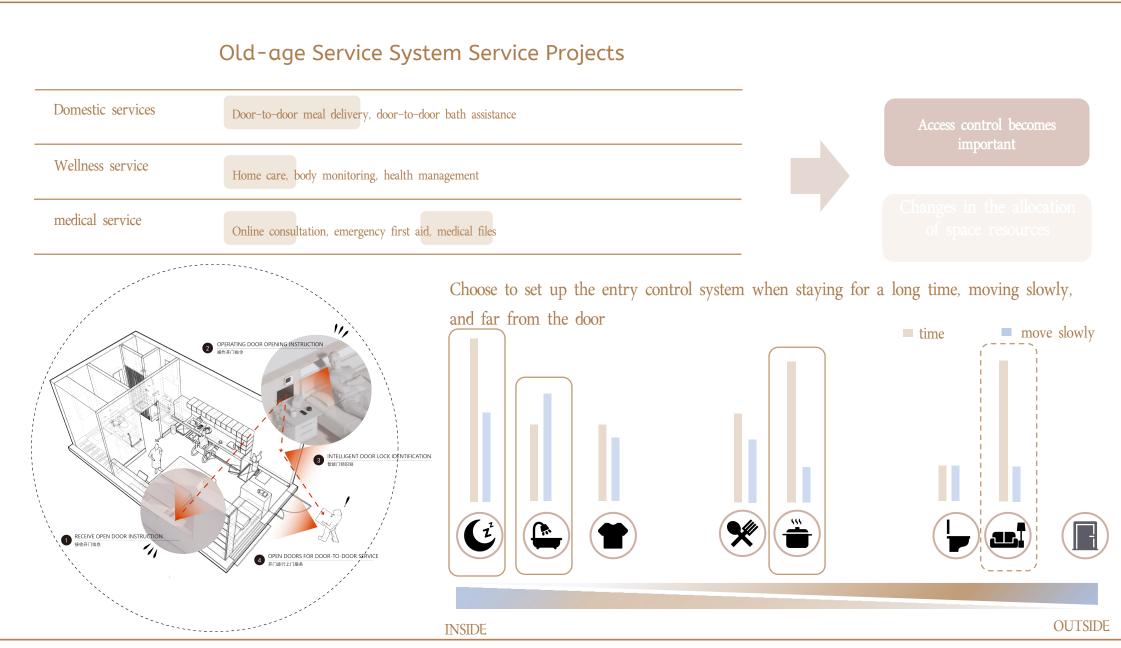
The composition of the smart elderly care service

#### system

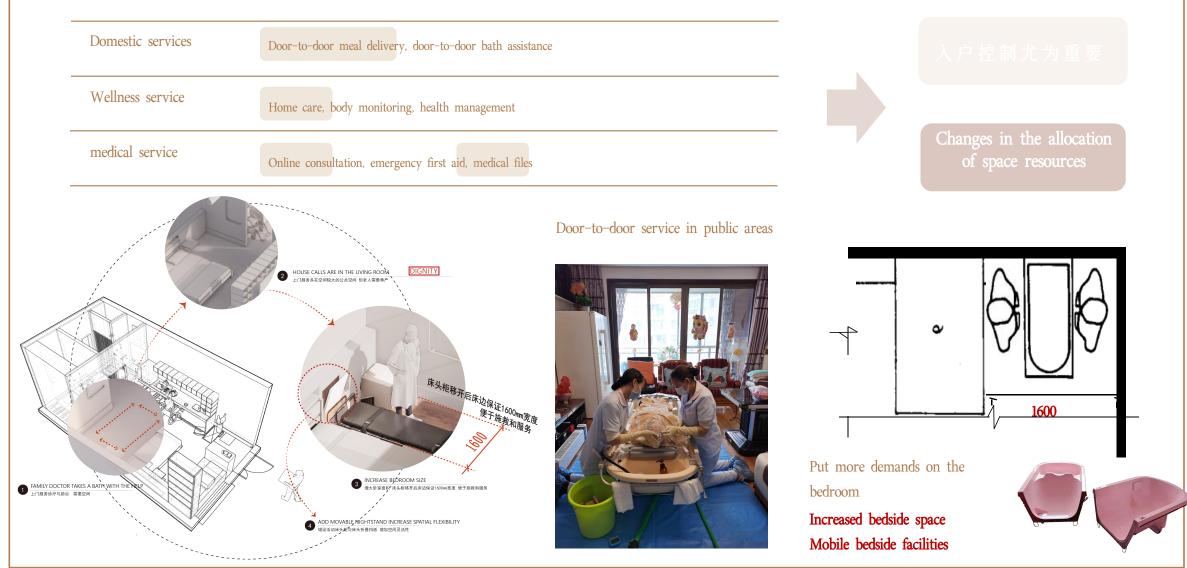




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### Summarize:

1. Changes to Space Design by Fixed Facilities

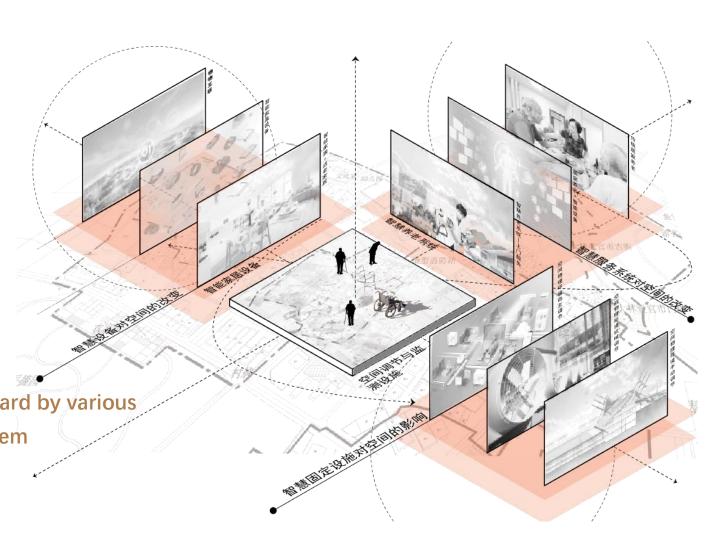
立面	天棚	环境	地面	灯光
设计	设计	调节	设计	设计

2. Terminal equipment changes to space design

控制	立面	材质
方式	设计	选择

3. The new requirements for space put forward by various services of the smart elderly care service system

空间	控制	立面	软装
组织	方式	设计	物品







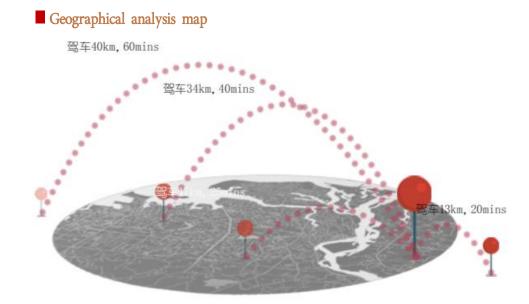
#### DOMESTIC AND ABOARD RESEARCH STATUS



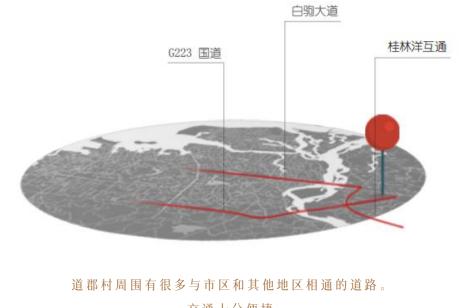
#### Daojun Village, Haikou City, Hainan

Daojun Village is located in Lingshan Town, Meilan District, Haikou City, only a 15-minute drive from Haikou. There are more than 80 households with more than 500 people in the village, and nearly 1,000 people go out. There are many elderly people in the village, the labor force is insufficient, and the overall income of the village is low. However, the village is rich in products, abundant in vegetation, beautiful in natural scenery, and has two former residences of celebrities, which are humanities and natural resources to be developed.

### 前期分析// 交通条件分析



道郡村距离海口市区仅17分钟车程。距离海口东站34km,四十分 钟车程。距离海南美兰国际机场13km,驾车约20分钟。距离海口火 车站约40km,驾车一个小时。 Main traffic road analysis map



交通十分便捷

Traffic condition assessment:

Daojun Village has convenient transportation and a wide radiation area. It can not only serve the crowds in the urban area of Haikou well, but also can be easily reached by people from other places.



图 1.2017-2019 年海南省老年人口数据相比图

According to the official survey report, last winter, from October 1, 2017 to April 30, 2018, there were as many as 1.65 million elderly people who went to Hainan for winter, of which 930,000 were over 60 years old, accounting for 56%. The registered population of the entire Hainan Province is only less than 9.3 million. It can be said that the elderly migratory birds who come to spend the winter are equivalent to 10% of the population of Hainan.

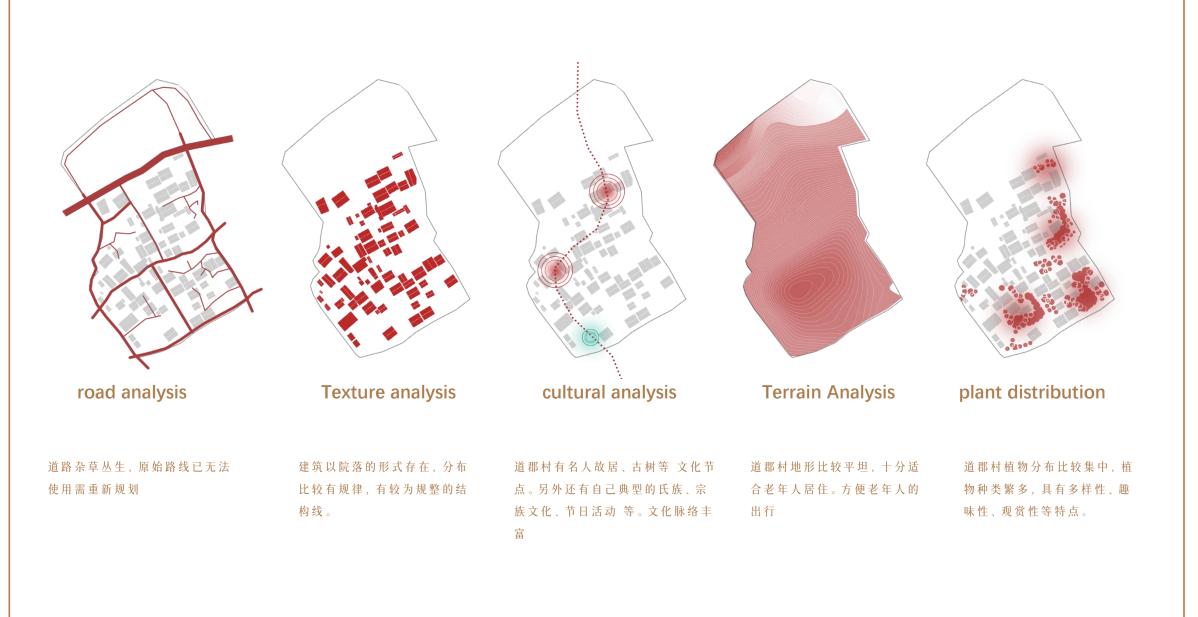
There are many elderly people who come to Hainan for winter care from other places There is a large demand for elderly care in Hainan Province

### 前期分析// **道郡村人群分析**



Crowd analysis:

The village is mainly dominated by the elderly, the folk customs are simple, and the hollowing is serious.



### 前期分析// **气候环境分析**



建筑满足抗风需求





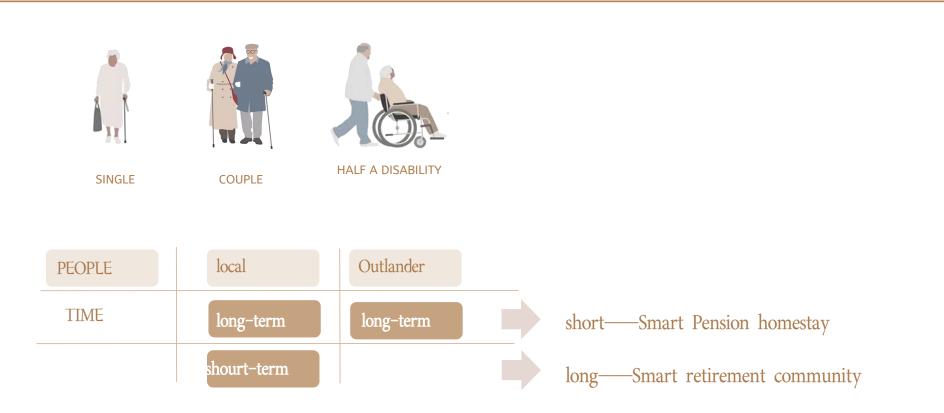


保证建筑的防潮效果

保持良好通风



### 前期分析// 道郡村整体设计定位

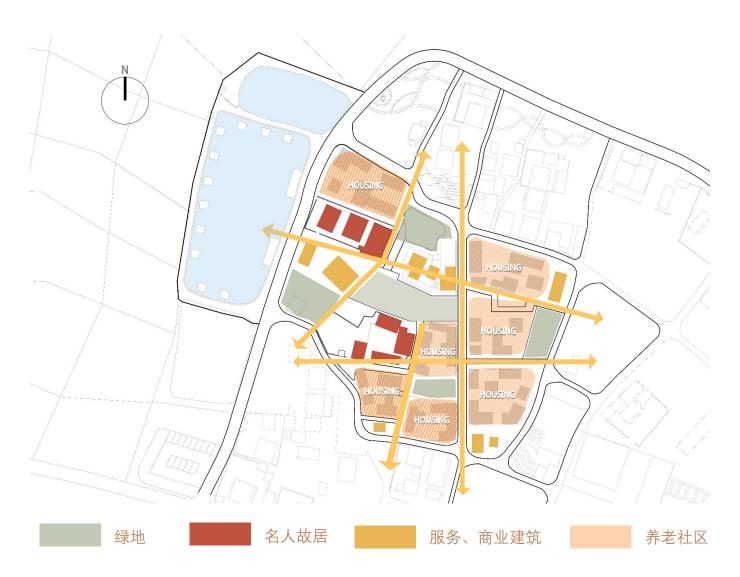


Divide the demonstration area into parts and design building groups to form courtyards.

Independent courtyards can be managed independently as homestays. Several courtyard combinations can also be managed as retirement communities

### 道郡村示范区规划设计

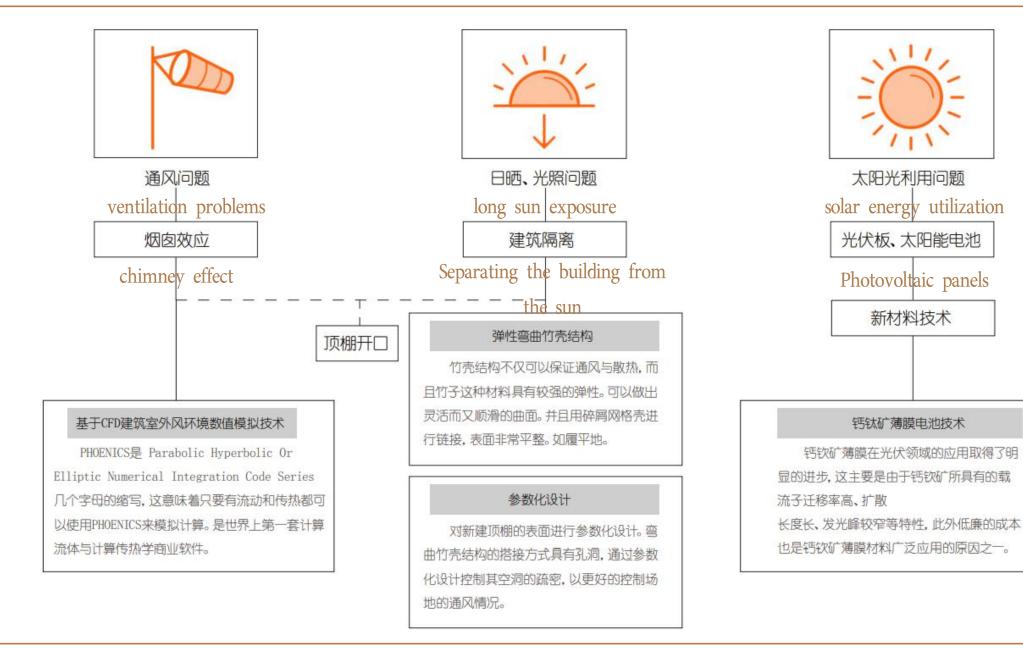
#### DOMESTIC AND ABOARD RESEARCH STATUS

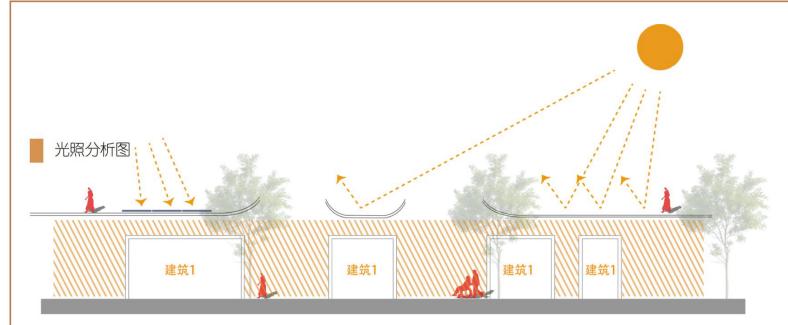




Re-plan the roads in Dogun Village, and design the roadway on the periphery. The building courtyards are distributed along the peripheral roads to facilitate the operation of fire fighting and ambulances. There are public green spaces within and between the courtyards.

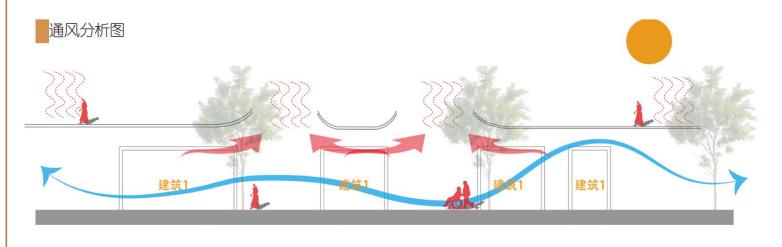
### 研究内容// 智慧养老服务系统对空间的影响





The opening in the middle effectively takes away the rising hot air, and the left and right sides can be ventilated to ensure the freshness and coolness of the air in the space.

mununu



The canopy makes the roof of the building not directly exposed to sunlight and avoids direct sunlight, which can effectively reduce the indoor temperature.

### 研究内容// 智慧养老服务系统对空间的影响

道郡村示范区面积 23299.5 ㎡,包括两个名人故居,普通 民居若干,风水塘一个。



将原建筑顶棚进行连接,形成整体性顶棚。

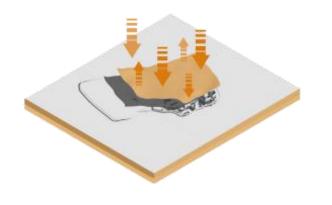
# 

根据场地地形,与建筑走向,决定将顶棚进行曲率设计, 增加起伏与层次感。



# V

根据建筑高低和与地面接触的关系将屋顶进行部分的隆起 和沉降。

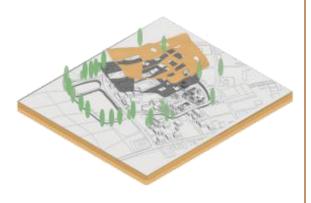


# VI

在公共绿地和院落中庭部分开洞,保证采光的同时,让绿地 的自然感更强。

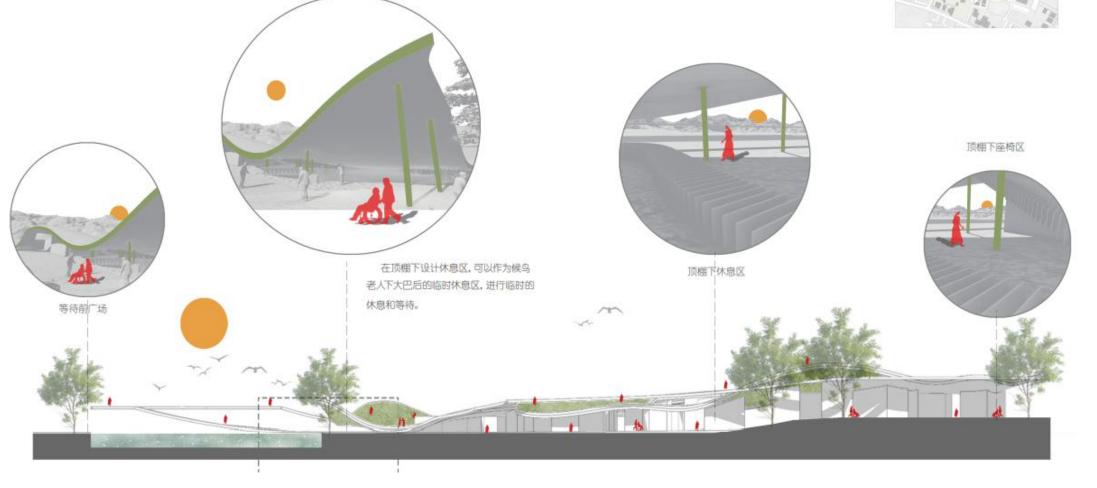
# VII

屋顶有社交功能区,在坡度较陡的部分设置光伏板,坡度较缓的部分设置功能区与通行步道。



入口部分设计高耸顶棚,营造场地的欢迎氛围。呈现场地的包容与接纳的特质。在顶棚下设计休息区,可以作为候鸟老人下大巴后的临时休息区,进行临时的休息和等待。





# Design of No. 1 Courtyard

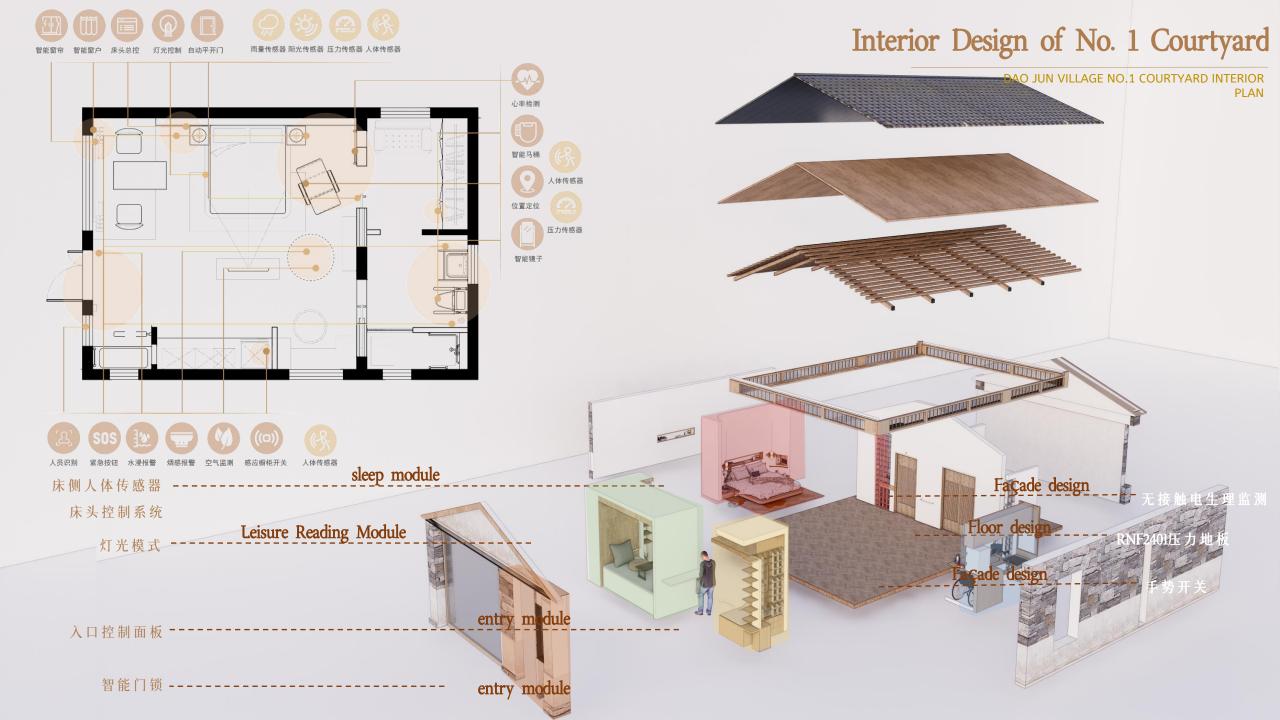
DOMESTIC AND ABOARD RESEARCH STATUS







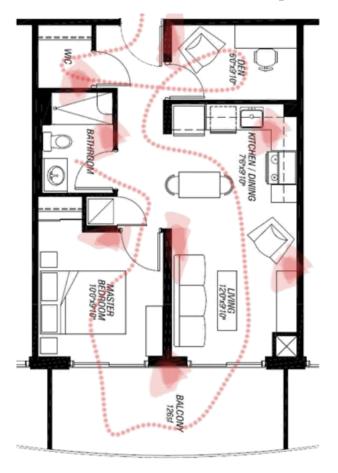
火山石民居



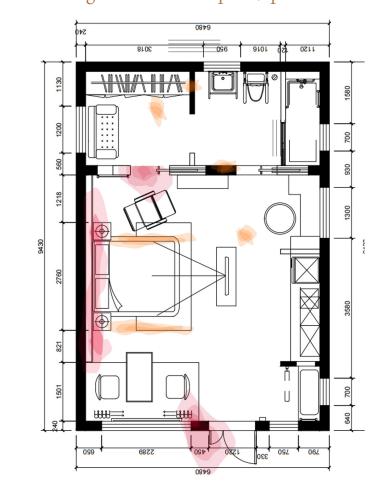
### Indoor Physical Environment Regulation Transformation

DOMESTIC AND ABOARD RESEARCH STATUS

Scattered and numerous control points And all are active control points



Active control points are concentrated and the number is small Orange is the sensor point, passive control space



Centralized - scattered

Active - Passive

trinity ravine towers老年公寓 约 567sf 53m<sup>2</sup>

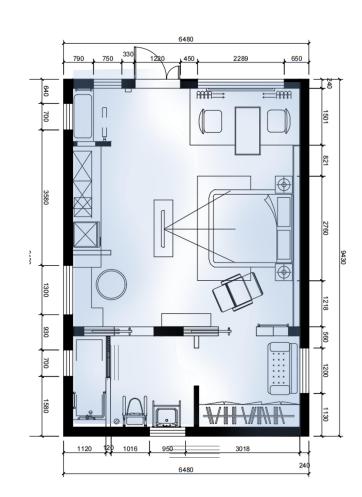
约 54 m²

### Indoor Physical Environment Regulation Transformation

DOMESTIC AND ABOARD RESEARCH STATUS

rely on windows Airflow, temperature and humidity uneven

> DEN SUCK910 MASTER BEDROOM 100%910 BALCO 126st



reduce reliance on windows

Air temperature and humidity uniform

1、Avoid confusion of wind direction and airflow

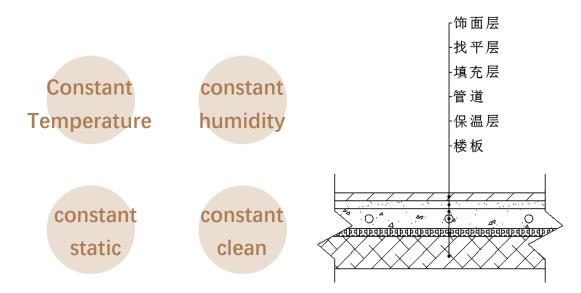
2. Energy saving andenvironmental protection

3. The temperature and humidity of the space are balanced

## Capillary Air Conditioning System

DOMESTIC AND ABOARD RESEARCH STATUS

Capillary air conditioners originated in Switzerland, in the context of two severe energy crises in Europe in the 1970s





RESEARCH ON THE DESIGN OF SUITABLE SPACE FOR OLD AGE UNDER THE TECHNOLOGY BASED INTELLIGENT OLD-AGE MODE

### **INTERIOR DESIGN>MATERIALS SELECT**

### DOMESTIC AND ABOARD RESEARCH STATUS

Thermal conductivity and stability of different materials[1]

供回水平均	室内空气	管间距/mm						
温度/℃	温度/℃	30		50		80		
		向上供热量/ (W/m <sup>2</sup> )	向下供热量/ (W/m <sup>2</sup> )	向上供热量/ (W/m <sup>2</sup> )	向下供热量/ (W/m <sup>2</sup> )	向上供热量/ (W/m <sup>2</sup> )	向下供热量 (W/m <sup>2</sup> )	
30	16	66.1 <mark>1</mark>	19.18	65.12	20.21	61.74	17.86	
45	16	114.52	32.49	110.99	34.63	106.76	30.42	

	供回水平均	室内空气	管间距/mm					
X	温度/℃	温度/℃	3	0	5	60	8	0
Brick			向上供热量/ (W/m <sup>2</sup> )	向下供热量/ (W/m <sup>2</sup> )	向上供热量/ (W/m <sup>2</sup> )	向下供热量/ (W/m <sup>2</sup> )	向上供热量/ (W/m <sup>2</sup> )	向下供热量/ (W/m <sup>2</sup> )
	30	16	100.43	19.07	96.55	19.93	91.69	17.54
	45	16	173.63	32.45	168.92	34.19	158.22	29.57

Through experimental research, it is found that the stability and thermal conductivity of wood veneer are better than that of floor tiles, crushed stone and bean stone concrete.

### Penetration loss values for different obstacles

隨碍物	范例	穿诱损耗(dB)	最大允许数量	
木材	分区	5	5	
塑料	内墙	5	5	
合成材料	分区	5	5	
玻璃	窗户	5	5	
簿砖墙	内墙和外墙	10	2	
大理石	内墙	10	2	
混凝土	外墙	14	1	
钢筋混凝土	楼板和外墙	17	1	
金属	防火门	20	1	

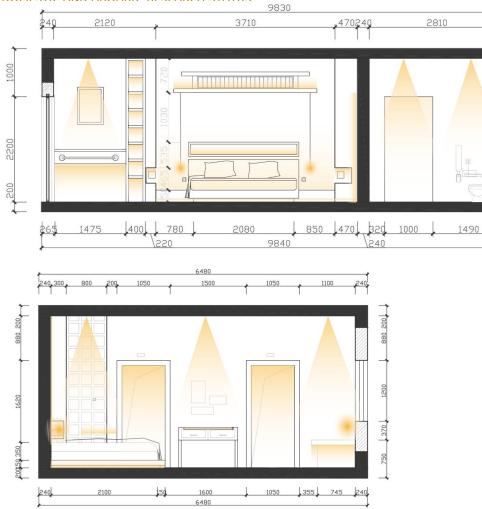
### Choose a material that is less attenuating to the signal

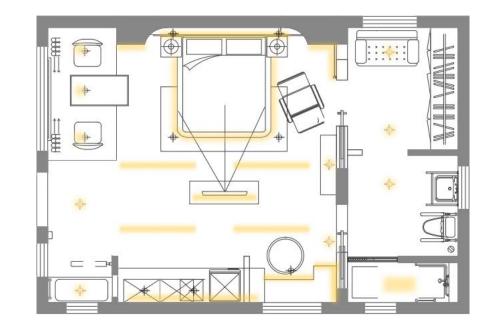


[1]罗新梅,王霁月,麻宏强,古家安,丁瑞祥,朱烈忠,陈海亮.毛细管辐射供暖地板材料对表面传热的影响规律[J].暖通空调,2021,51(S1):63-68. [2] 龚璐.墙体对WiFi信号传播影响研究[J].中国新通信,2020,22(17):55-56.



### DOMESTIC AND ABOARD RESEARCH STATUS

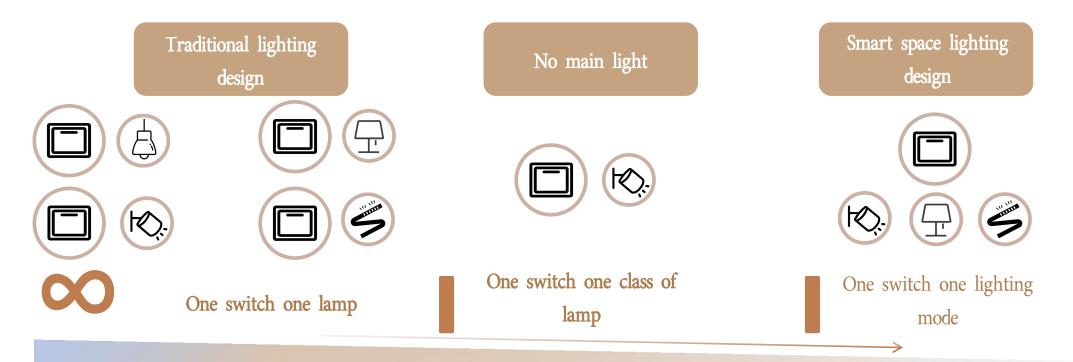






### Interior lighting design>> Lighting design similarities and differences

DOMESTIC AND ABOARD RESEARCH STATUS



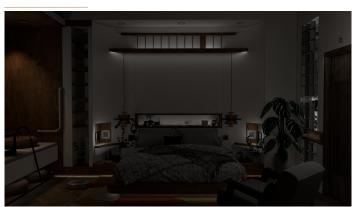


# Interior lighting design>> lighting scene design

### Night mode

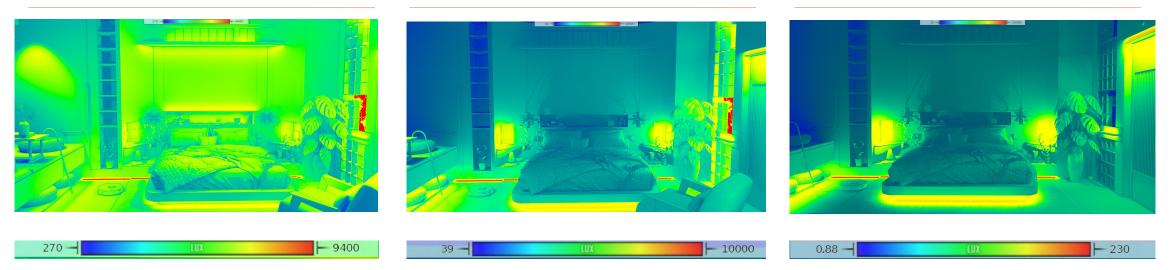


Sleep mode



### Go to toilet





Night mode150-300lux reading and working place 600lux, sleep mode about 10lux, when go to toilet at the middle night have to under 1 lux [1].

[1] Brown, Timothy M., George C. Brainard, Christian Cajochen, Charles A. Czeisler, John P. Hanifin, Steven W. Lockley, Robert J. Lucas et al. "Recommendations for daytime, evening, and nighttime indoor light exposure to best support physiology, sleep, and wakefulness in healthy adults." PLoS Biology 20, no. 3 (2022): e3001571.

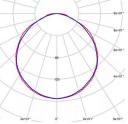
# Interior lighting design>>MAIN LIGHTS

### NVC LED R2835A42P

Cezanne low voltage light belt 4.8W/m 42P L 1000mm 3000K



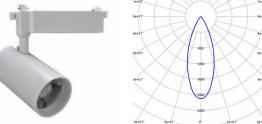




Product number	70081476	
Р	3.0w	
Φ	432 lm	
Light efficiency	144.0 lm/W	
Color	3259k	

NVC LED R2835A42P Cezanne low voltage light belt 4.8W/m 42P L 1000mm 3000K



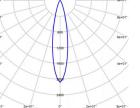


Product number	70074818		
Р	9.0w		
Φ	810lm		
Light efficiency	90.0 lm/W		
Color	3259k		

NVC LED R2835A42P Cezanne low voltage light belt 4.8W/m 42P L 1000mm 3000K







Product number	70081476		
Р	9.0w		
Φ	450lm		
Light efficiency	50.0 lm/W		
Color	3259k		

注:以上灯具数据均来自雷士照明官网,使用DIAlux进行灯光数据模拟

### Interior Design>>Bedside Control Module Design

DOMESTIC AND ABOARD RESEARCH STATUS



Line of sight parallel to panel - difficult to

see

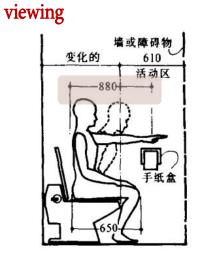
单臂臂展尺度











单臂操作半径









