

The *Green Heart*
of Groningen



School of Architecture Urban Planning Construction Engineering

M.Sc. Landscape Architecture - Landscape Heritage

Student Number: 965396

Person Code: 10769589

Academic Year: 2020 - 2022

Defence: 04/05/2023

Thesis Supervisor

Professor Antonio Emilio Alvise Longo

Student

Maryam Rastegar Pouyani



**POLITECNICO
DI MILANO**

CONTENTS

1. INTRODUCTION

2. THE BASICS

3. A SEA OF LAND

4. A NEW PRODUCTIVE LANDSCAPE

5. THE DESIGN



1

INTRODUCTION

1. INTRODUCTION

1.1 THE CONTEXT PEATLANDS

Peatlands are the **worlds largest carbon stock** while covering only **3% of global land surface** and storing **more than twice the carbon stored in forests** throughout the world.

Because of this carbon storage capacity, **peatlands play a significant role in climate change mitigation and adaptation.**



1.1 THE CONTEXT

PEATLANDS

- The term “peatland” refers to the peat soil and the wetland habitats growing on the surface.
- Peatlands are **a source of life for many plants, animals, and people.**
- Offer important **ecosystem services:**
 - regulating water flows
 - mitigation of flood and drought
 - reducing the risk of fire
 - providing fresh water, food
 - host an astonishing biodiversity



1.1 THE CONTEXT

PEATLANDS

- Significant **archaeological and paleo-environmental archives.**
- hold records of past vegetation, climate, landscapes, and artefacts from previous human societies.
- peatlands are **living historic landscapes and part of our biocultural heritage.**



1.2 HISTORY

PEAT IN THE NETHERLANDS

In the Netherlands since time immemorial, peat was used mainly for two major purposes:

1. Excavated peat as a fuel source.

Because peat is extremely rich in carbon.



1.2 HISTORY

PEAT IN THE NETHERLANDS

2. Draining the peat soil for agriculture.

The distinguished polder structures are the result of peat mining that are seen throughout the country.



1.2 HISTORY

PEAT IN THE NETHERLANDS

Peat is more than just a resource for the Dutch it is a culture.

The traditional land use that has established and evolved for roughly a thousand years on Dutch peat soil, **is not simply a way of exploiting the land, but a way of living and a cultural identity.**

The peat culture, or the **lifestyle of the farmer, as the intangible heritage** is deeply invested in this tradition as is the physical manifestation and tangible heritage of polder landscapes.



1.2 HISTORY

PEAT IN THE NETHERLANDS



1.2 HISTORY

PEAT IN THE NETHERLANDS



Dike breach near Bommel, 1799, Christiaan Josi, 1802



2

THE BASICS

2. THE BASICS

2.1 WHAT IS PEAT?

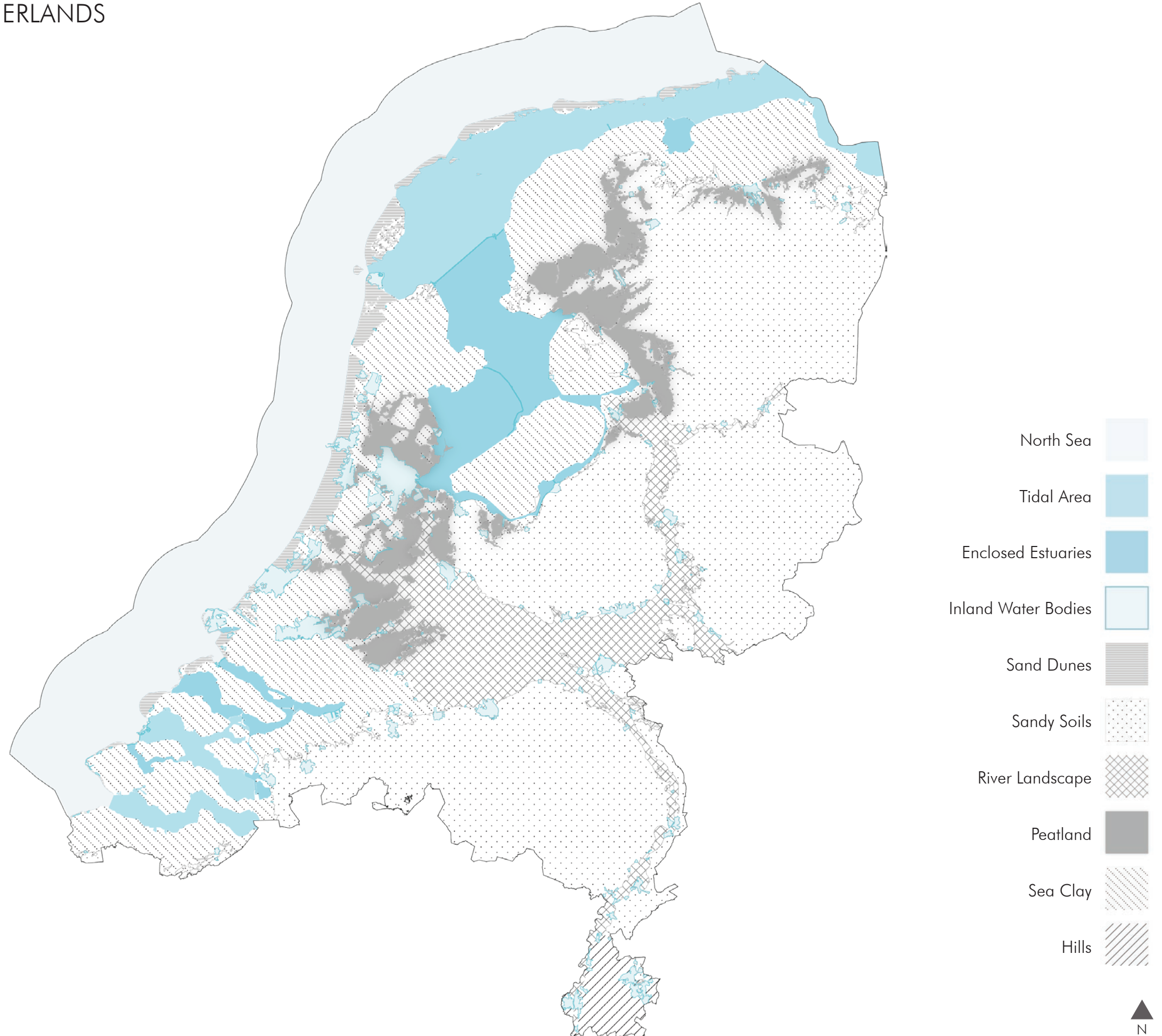
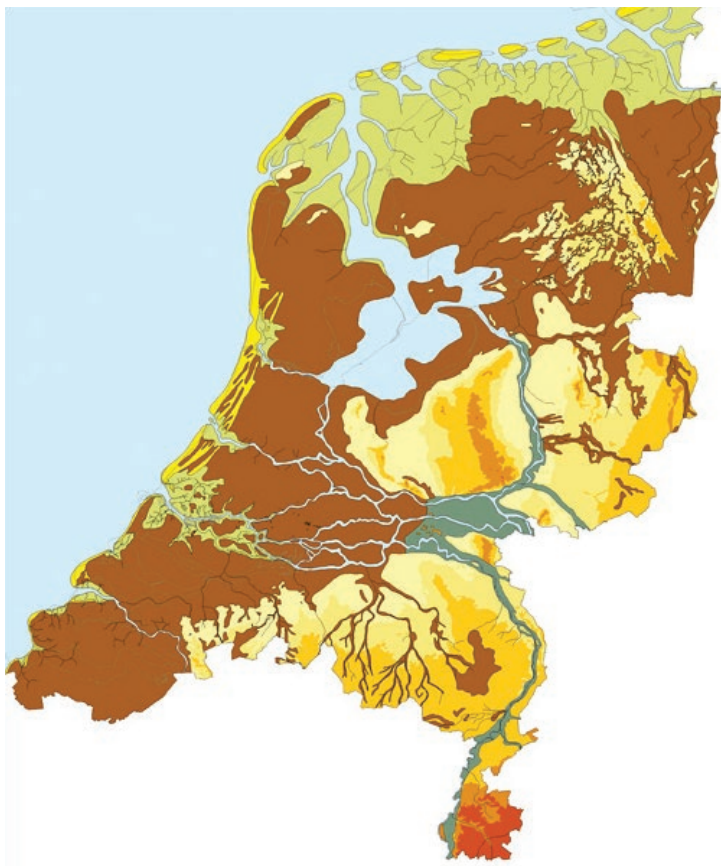
Peat soil is made up of **partially decomposed organic matter under waterlogged conditions.**



2.2 LANDSCAPE TYPES OF NETHERLANDS

An estimated **90% of the original raised bogs** have now disappeared as the result of drainage for farming and peat extraction.

Peatlands (brown) during Roman times



2.3 PEAT FORMATION

TERRESTRIALISATION PROCESS

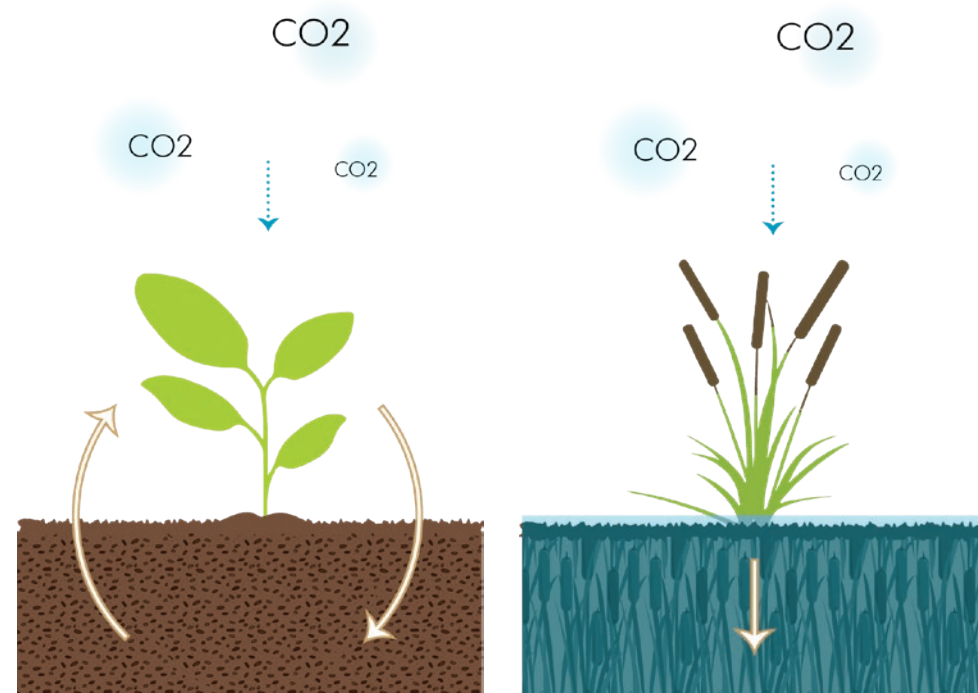
Terrestrialisation:

- is a form of **succession**
- means **infilling of water by plants**

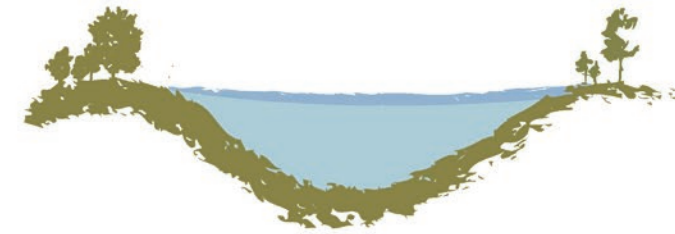
Peat bogs regulate their own hydrology and are called **ecosystem engineers**:

- act like **sponges**
- retain water from cell level to plant level to ecosystem level
- retain water **up to 30 to 40 times of their own weight**

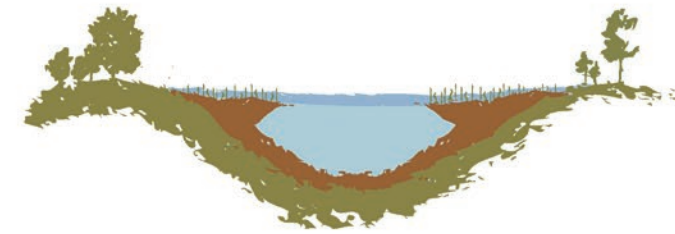
Peat has no closed nutrient cycle underwaterlogged conditions. The carbon absorbed from the atmosphere and from the plant are locked away in the soil, making it a huge carbon sink.



stage 1
Water Plants + Diatoms



stage 2
Reed Dominates



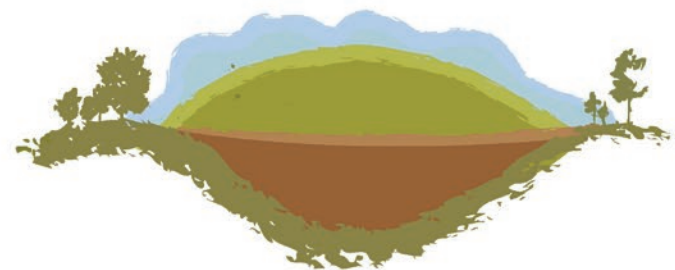
stage 3
Sedge Dominates



Stage 4
Trees Dominate



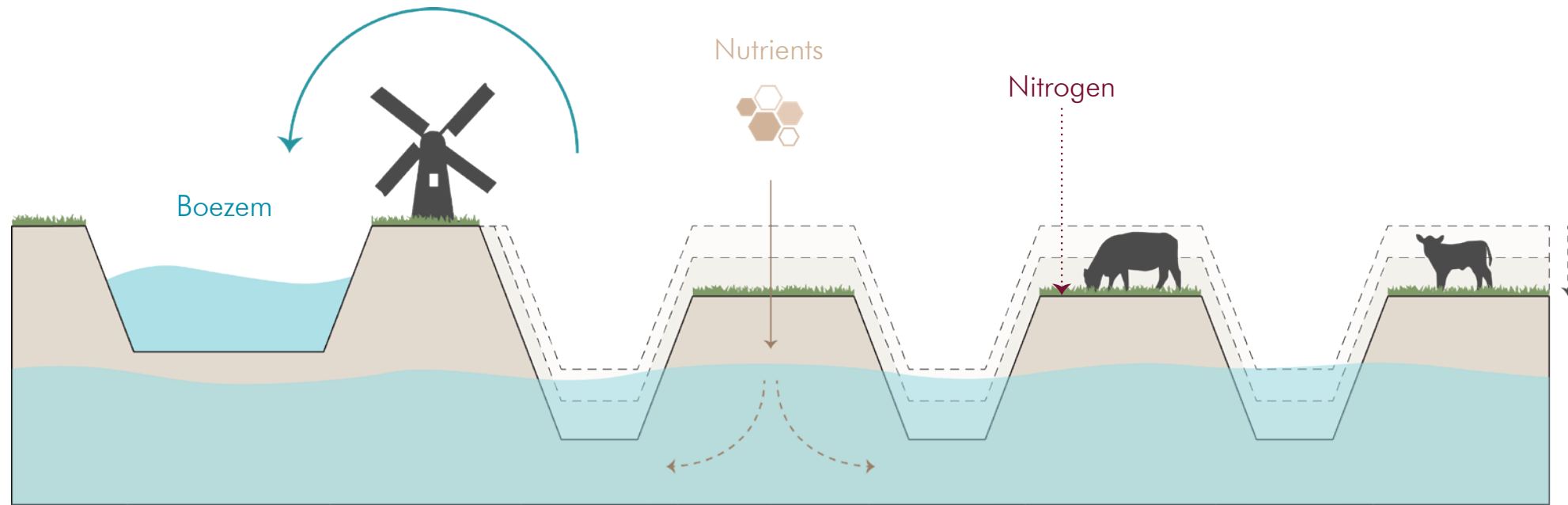
Stage 5
Peat Moss Dominates (Bog Peat)



Nutrient High High pH

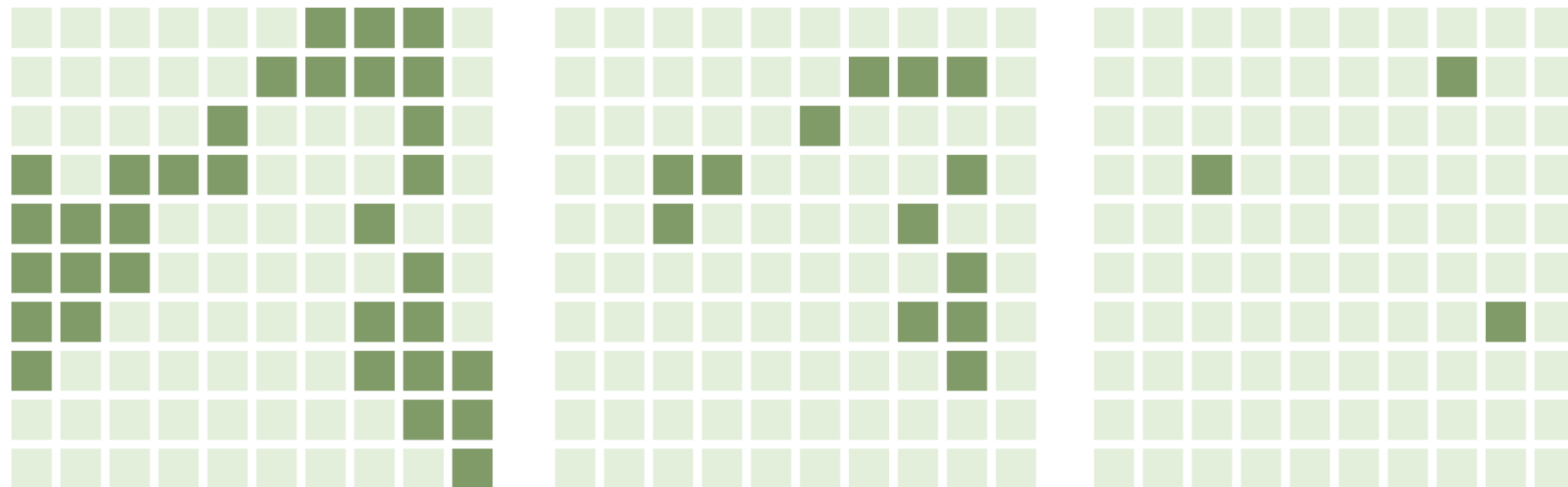
Nutrient Low Low pH

2.4 MAIN CAUSES OF PEAT LOSS

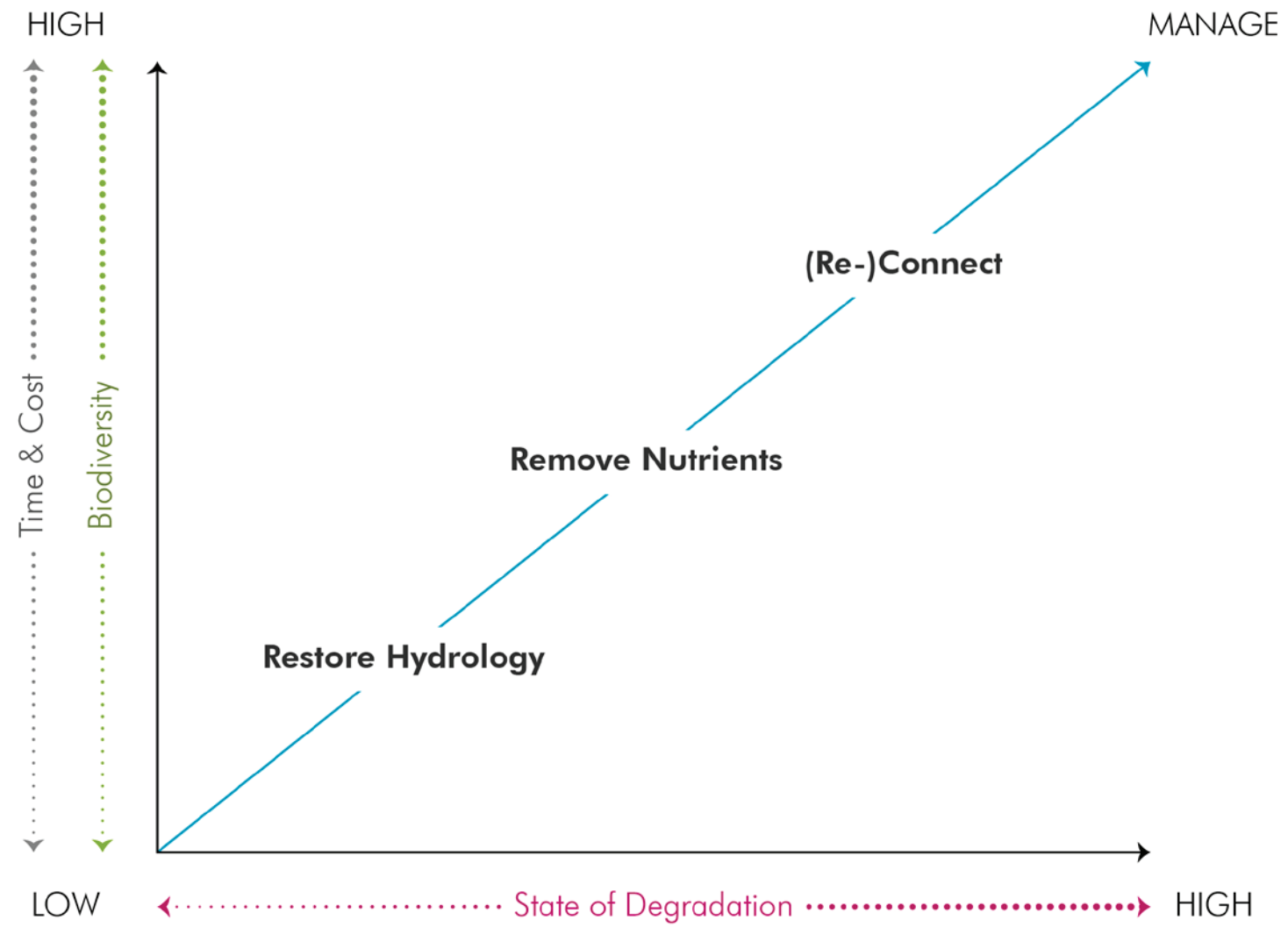


- The main causes of peat loss are the following:
 1. **Constant drainage of peat**
 2. **Nutrient overloading**
 3. **Becoming too isolated**
- Currently, **the peat is subsiding at the rate of 1 cm per year.**
- **Drained peatlands** contribute to **5% of global anthropogenic GHG emissions.**

TIME



2.5 PEAT RESTORATION





3

A SEA OF LAND

3. A SEA OF LAND

3.1 THE POLDER-BOEZEM SYSTEM

The relationship between man and peat has changed dramatically since ancient times.

Today, Dutch peatlands are regarded as **highly valuable, unique and fragile landscapes** that face **increasing challenges for survival**.

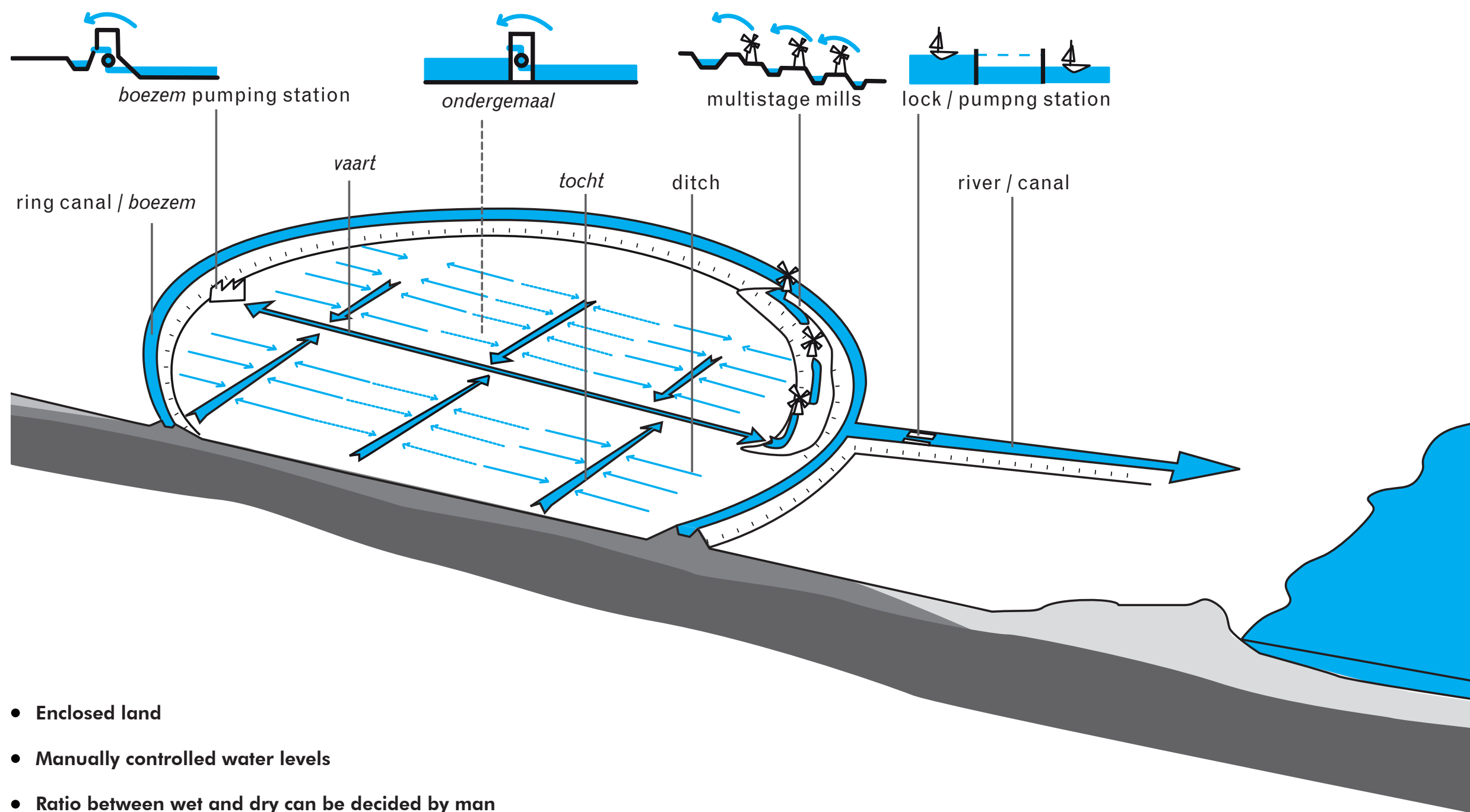
These polder landscapes of the Netherlands are characterised by **vast, open stretches of grasslands** and **sustained economically through dairy farming**.

This spatially unique constructed landscape is **an important aspect of the Dutch national identity**.



3.2 THE POLDER-BOEZEM SYSTEM

THE POLDERS *

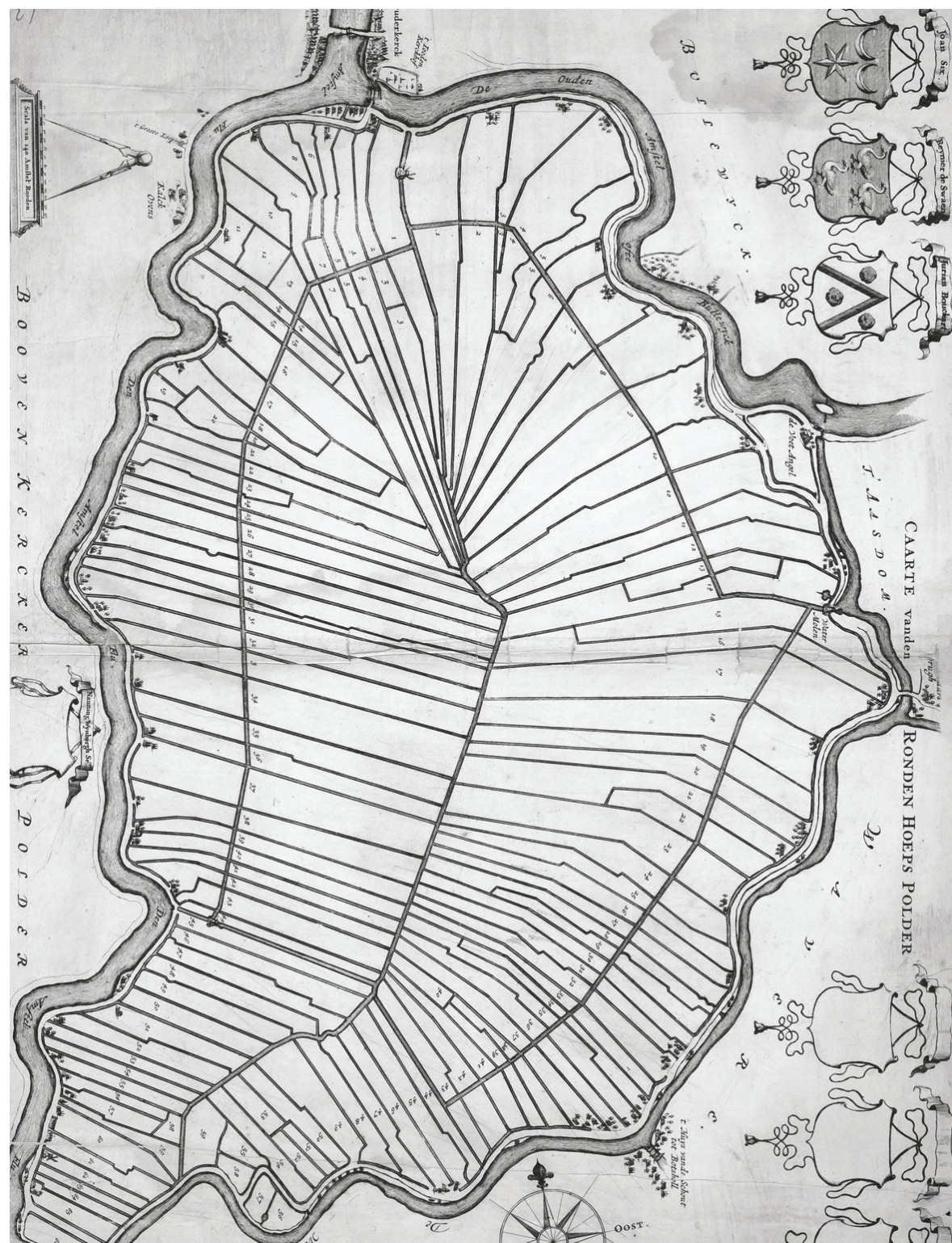


- **Enclosed land**
- **Manually controlled water levels**
- **Ratio between wet and dry can be decided by man**

* Bobbink, I., & Loen, S. (2013). *Water inSight: An exploration into landscape architectonic transformations of polder water*. TU Delft University of Technology, Architecture.

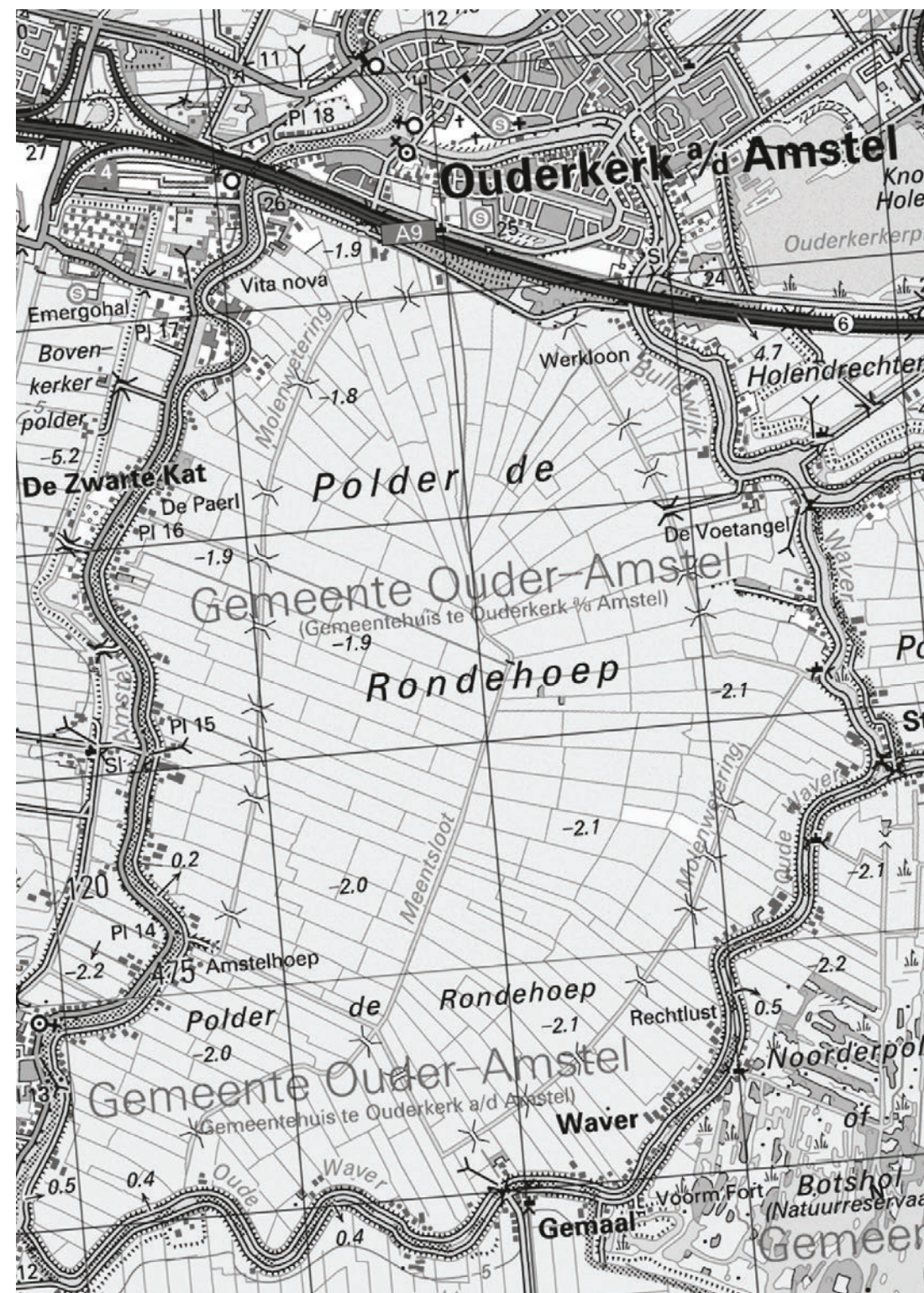
3.3 THE POLDER-BOEZEM SYSTEM DE RONDE HOEP POLDER EXAMPLE *

De Ronde Hoep Polder in 17th Century



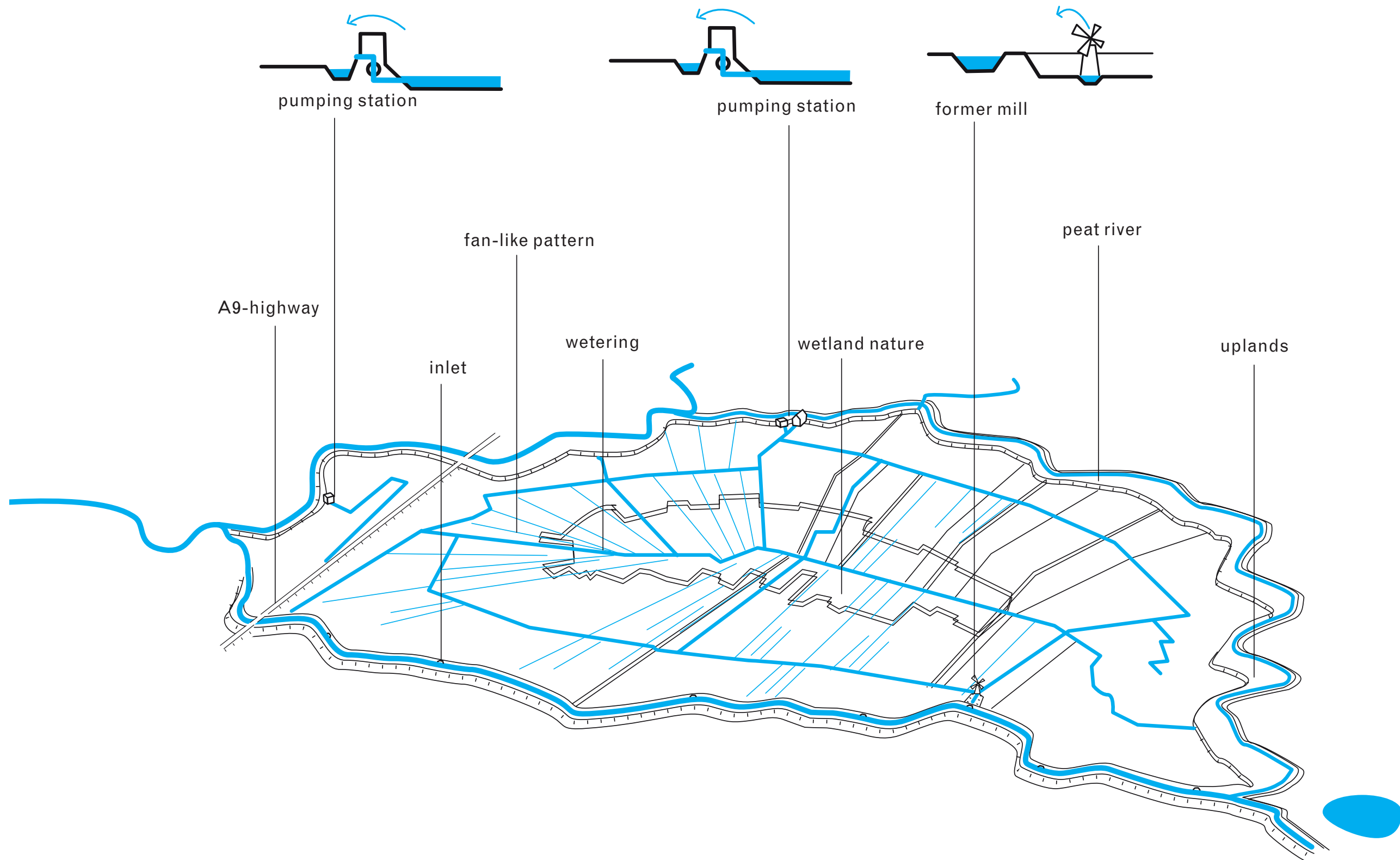
▲ N
1:30,000

De Ronde Hoep Polder in 2007



* Bobbink, I., & Loen, S. (2013). *Water inSight: An exploration into landscape architectonic transformations of polder water*. TU Delft University of Technology, Architecture.

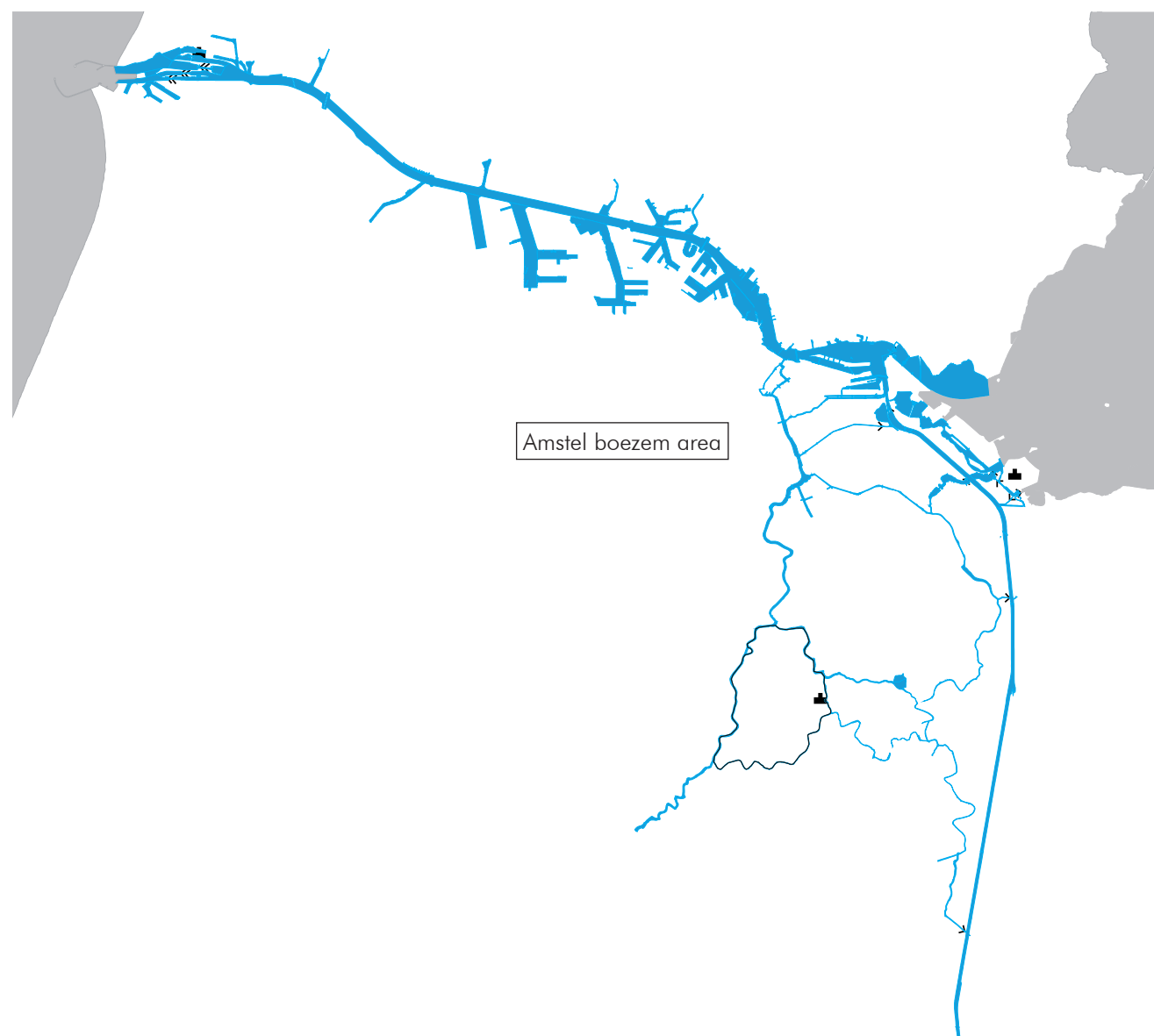
3.3 THE POLDER-BOEZEM SYSTEM DE RONDE HOEP POLDER EXAMPLE *



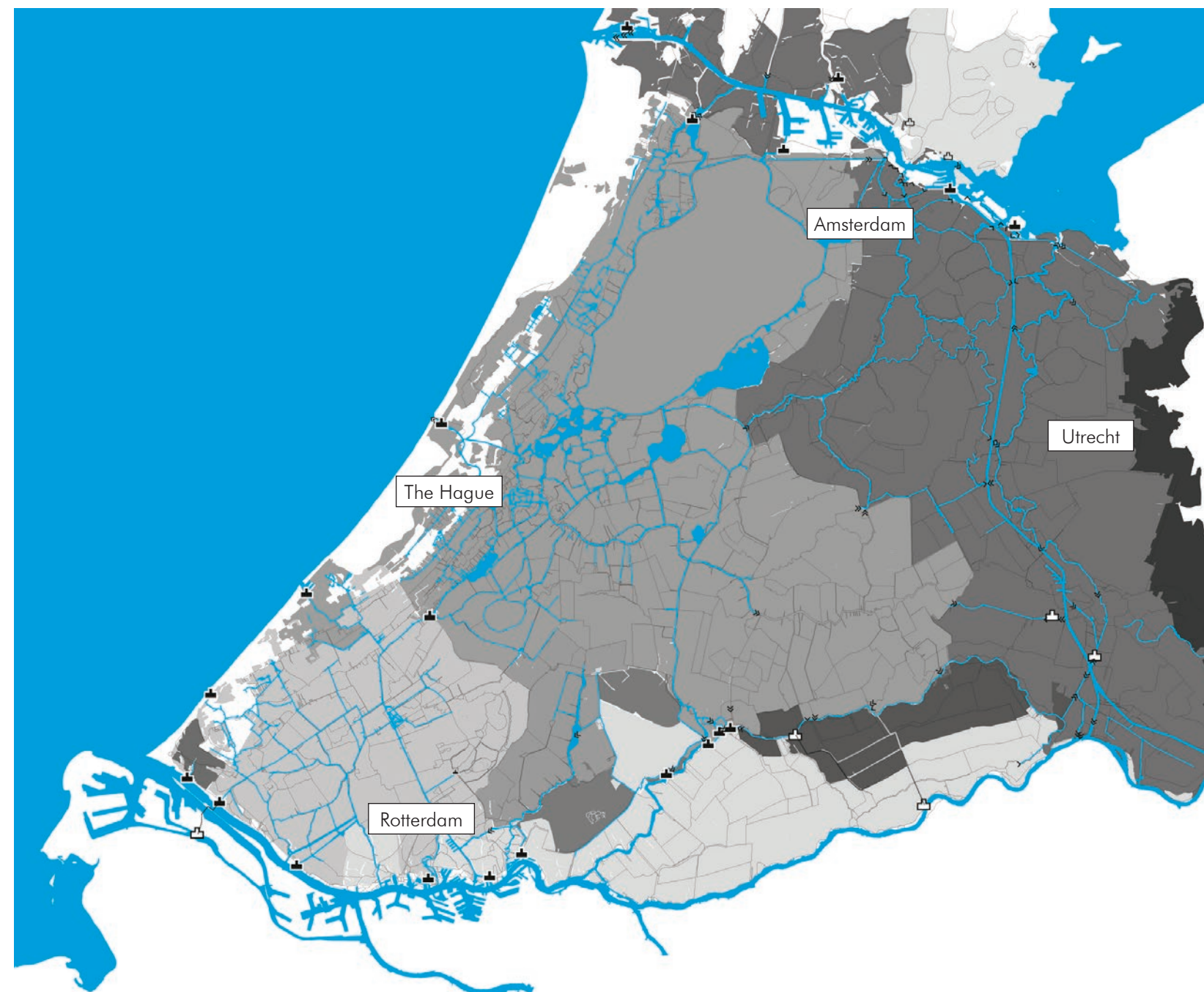
* Bobbink, I., & Loen, S. (2013). *Water inSight: An exploration into landscape architectonic transformations of polder water*. TU Delft University of Technology, Architecture.

3.4 THE POLDER-BOEZEM SYSTEM

THE BOEZEM *



Discharge System of De Ronde Hoep

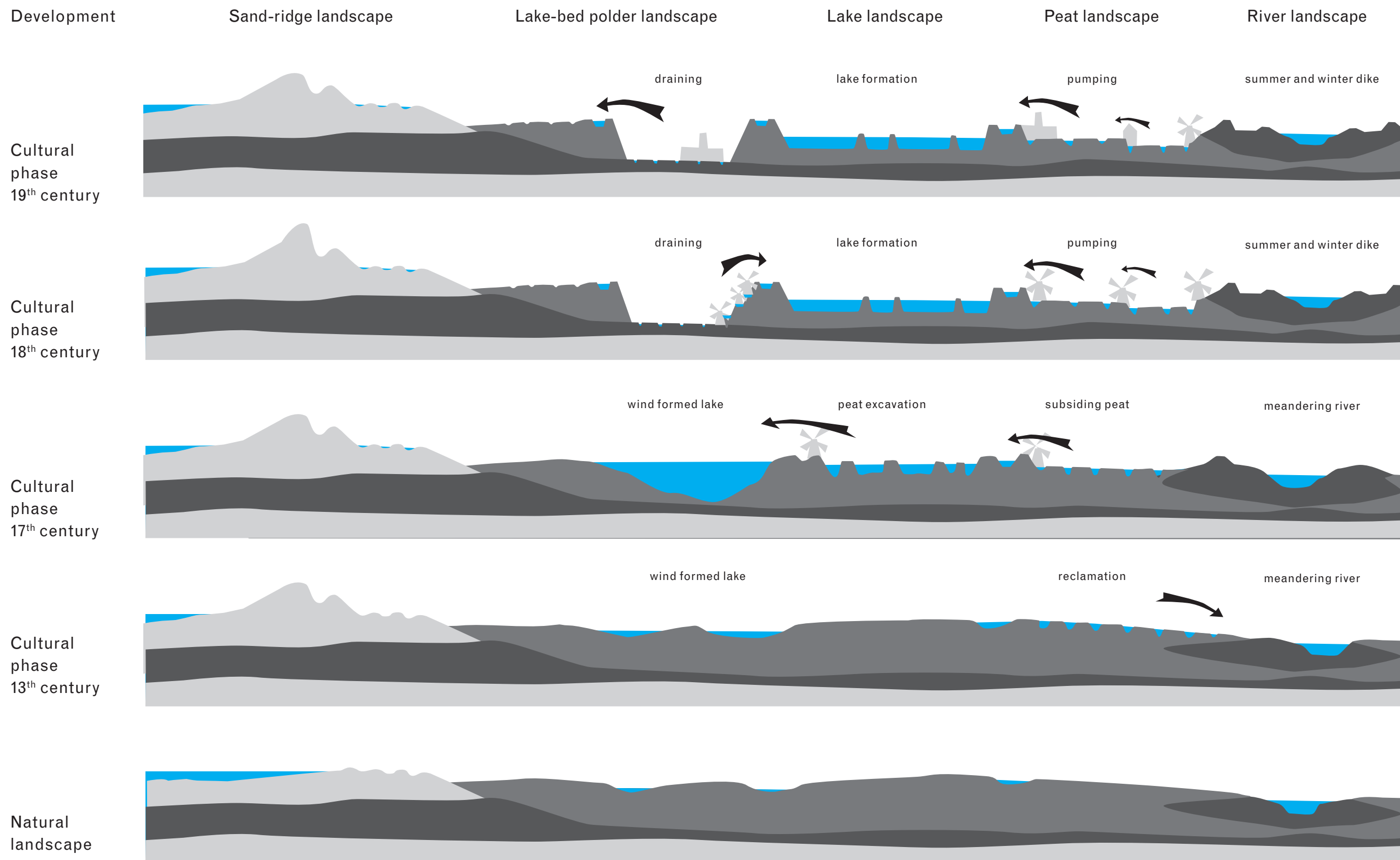


Boezem System in Randstad Area

* Bobbink, I., & Loen, S. (2013). *Water inSight: An exploration into landscape architectonic transformations of polder water*. TU Delft University of Technology, Architecture.

3.5 THE POLDER-BOEZEM SYSTEM

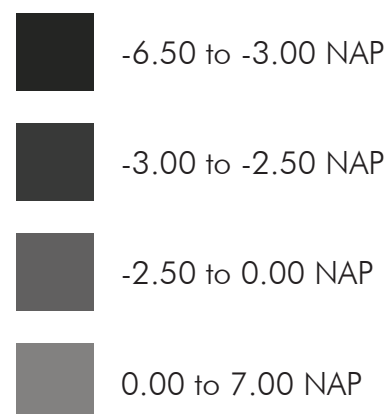
HISTORY OF LAND RECLAMATIONS & POLDERS *



* Bobbink, I., & Loen, S. (2013). *Water inSight: An exploration into landscape architectonic transformations of polder water*. TU Delft University of Technology, Architecture.

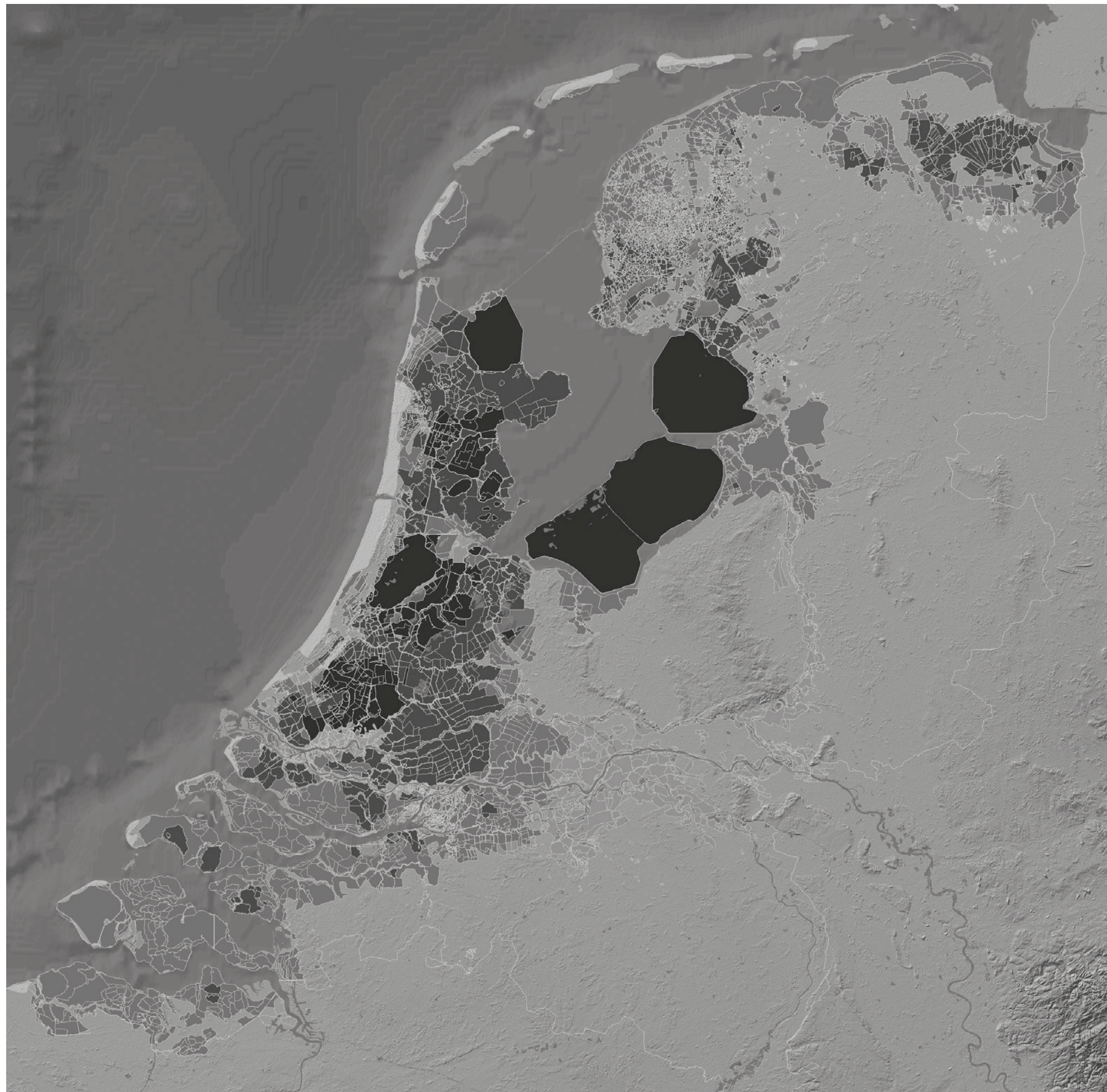
3.6 POLDER MAP OF NETHERLANDS *

In the Netherlands, there are **a total of 3891 polders**. If not drained, most of them **would fill up entirely with water**, as they lie below Amsterdam Ordnance Datum (Normaal Amsterdam Peil, NAP), the reference level which corresponds approximately to the mean sea level.



* Bobbink, I., & Loen, S. (2013). *Water inSight: An exploration into landscape architectonic transformations of polder water*. TU Delft University of Technology, Architecture.


N
1:500,000



4

A NEW PRODUCTIVE LANDSCAPE



4. A NEW PRODUCTION LANDSCAPE

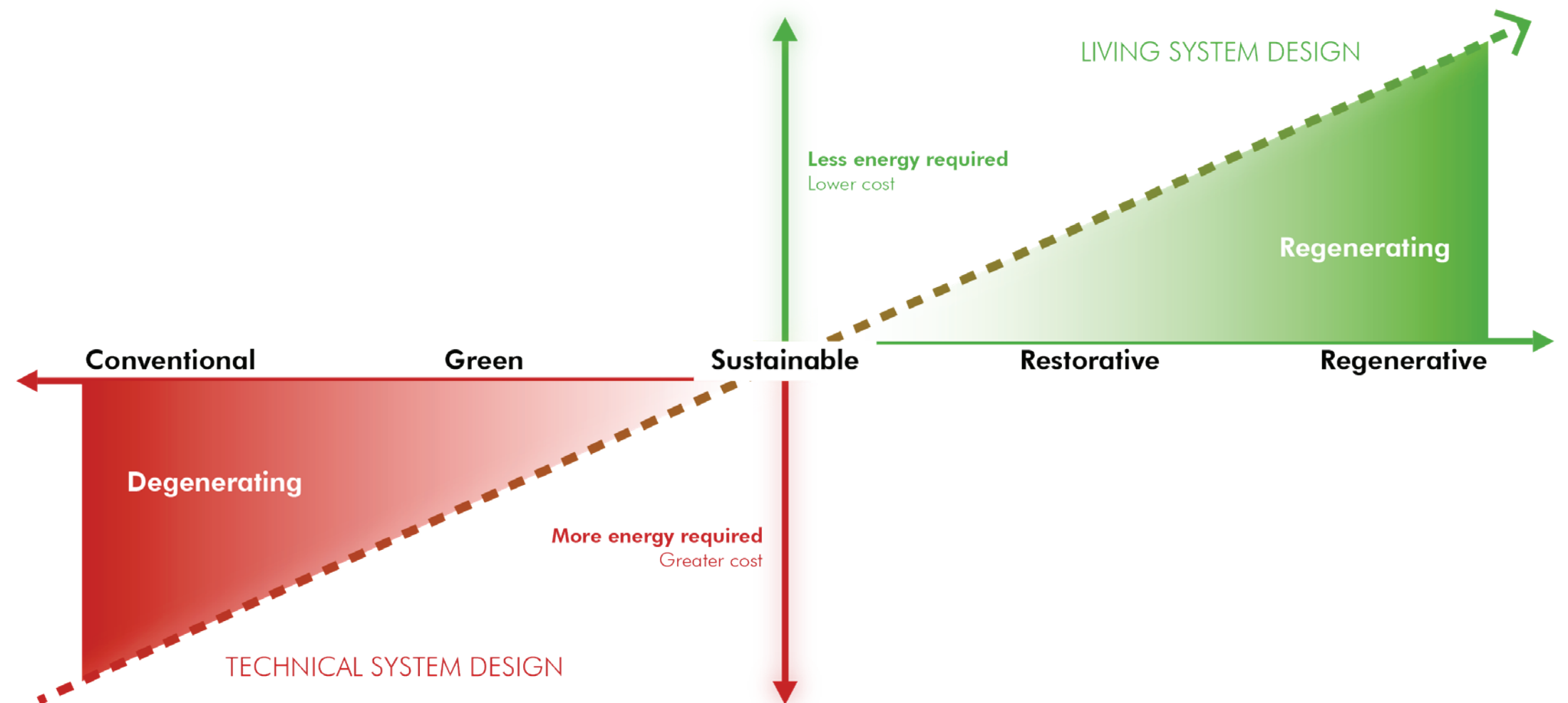
4.1 A REGENERATIVE APPROACH *

Regeneration means **“considering all dimensions of life and restoring them in parallel”**.

- conventional & green designs:
 - not involved with creation of living systems
 - concerned about **efficiency**.
- Sustainable designs:
 - neither a positive nor a negative impact on life
- Restorative & regenerative designs
 - create living systems and therefore require
 - concerned about **effectiveness**
 - **less energy**
 - **less costs**
 - **living systems evolve on their own**.

First, a restorative design approach is needed to restore this unique landscape and its ecosystem.

Next, is time to utilize the many possibilities within this living system to meet the upcoming environmental, social and economic challenges.



* Different design approaches and their relationship

Reed, B. (2010) 'From Sustainability through Regeneration: Whole and Living System Design', in Healthy Schools conference. Pittsburgh.

4.2 PALUDICULTURE AS A REGENERATIVE PRACTICE



Much of agricultural practices of today are developed since the **Mesopotamian era**, where **relatively dry soils** are common.

Cereals and grains such as wheat that are cultivated in this type of agriculture require dry soils. In places like the Netherlands, this means **draining away the native swamps and bogs**.



Paludiculture is the **productive use of wet or rewetted peatlands that preserves the peat body**.

Paludiculture ———> **Palus = Swamp, Marsh**

In paludiculture, **flood tolerant species** are used that do not require lowering the water table and therefore, **sustain and preserve the peatlands** at the same time.



5

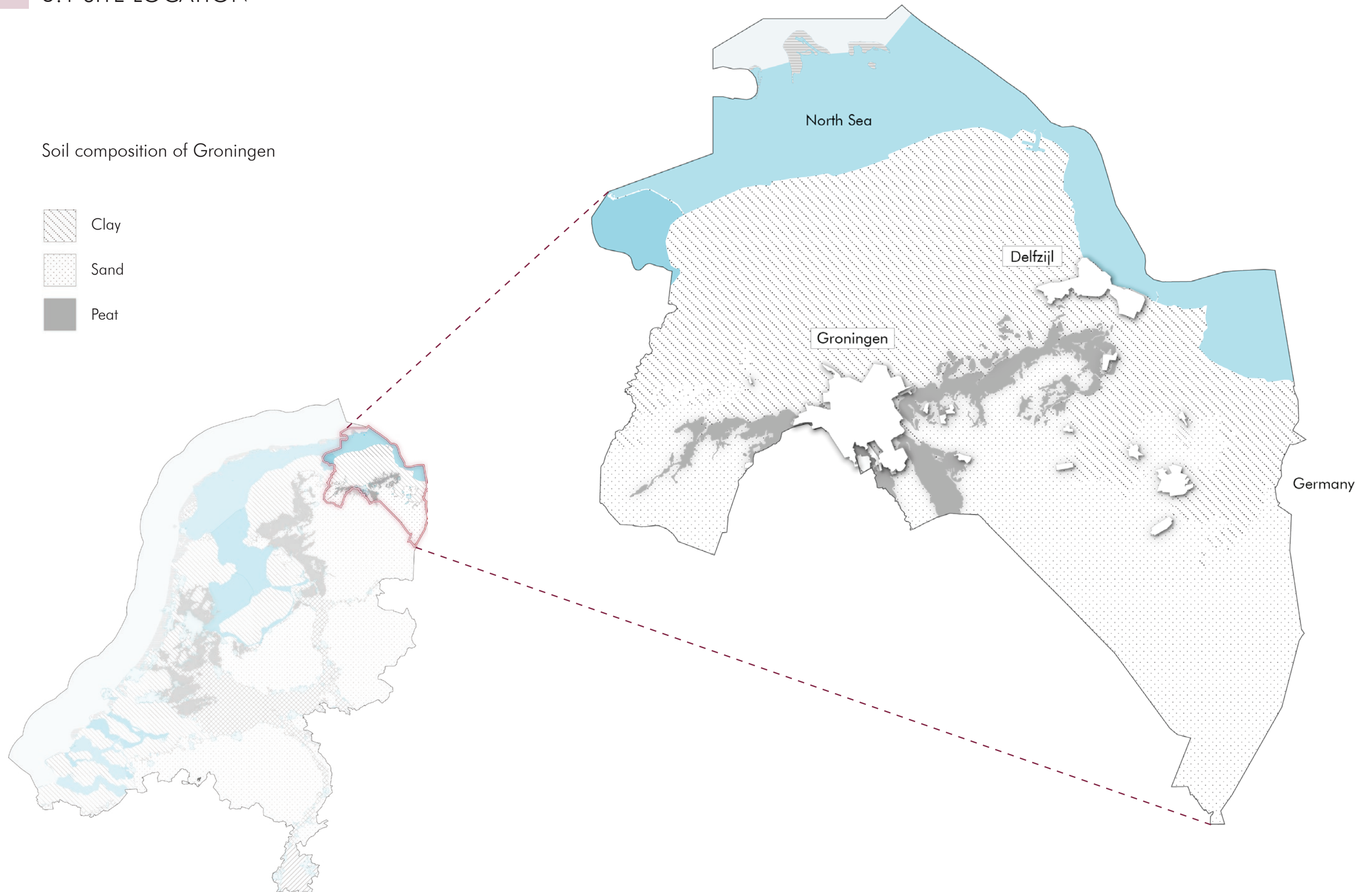
THE DESIGN

5. THE DESIGN

5.1 SITE LOCATION

Soil composition of Groningen

- Clay
- Sand
- Peat



5.2 THE LANDSCAPE PALIMPSEST

1827



1850



1870



1873 - Creation of Ems Canal



1976



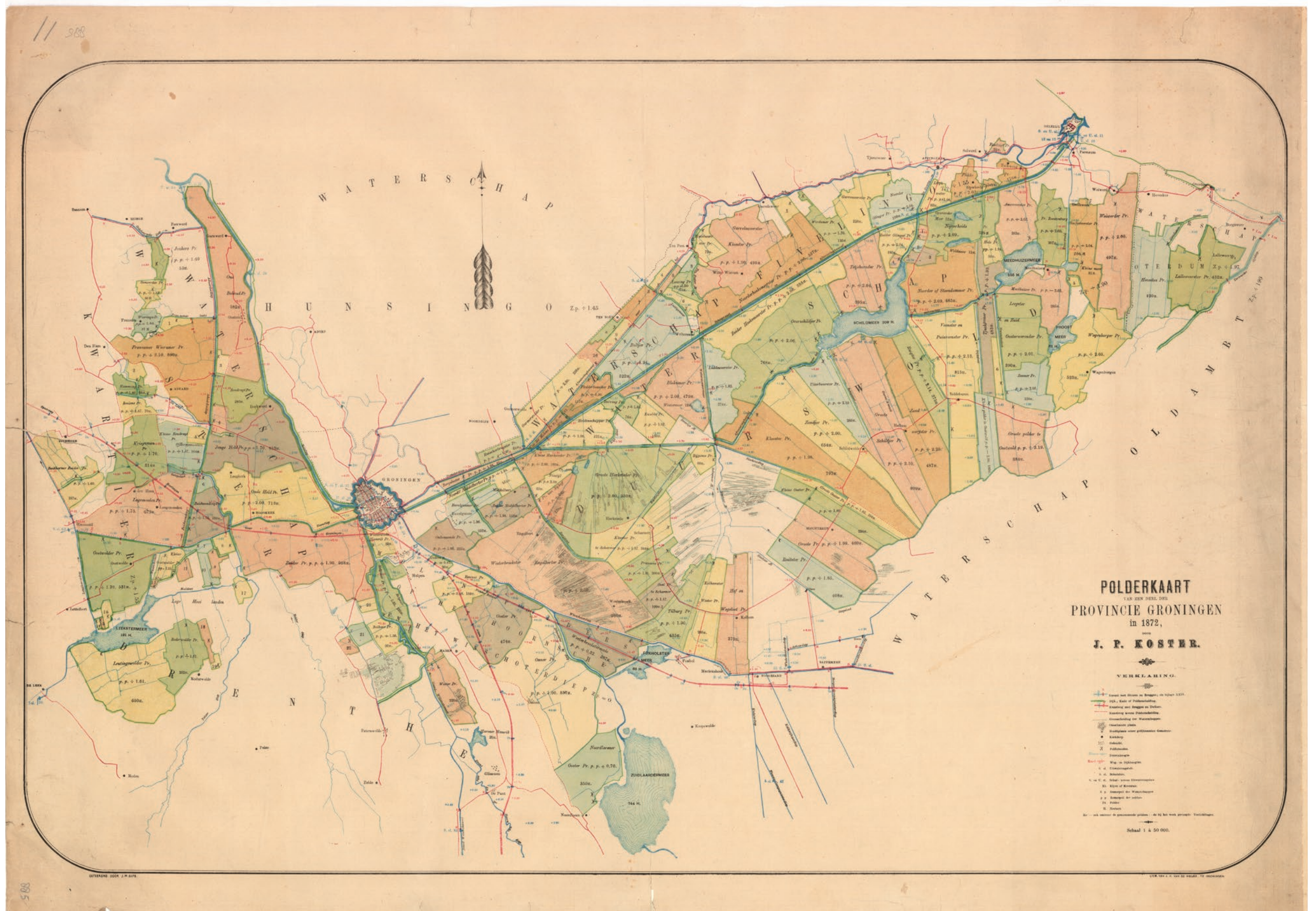
2015 - Nature Reserve formation



1:250,000

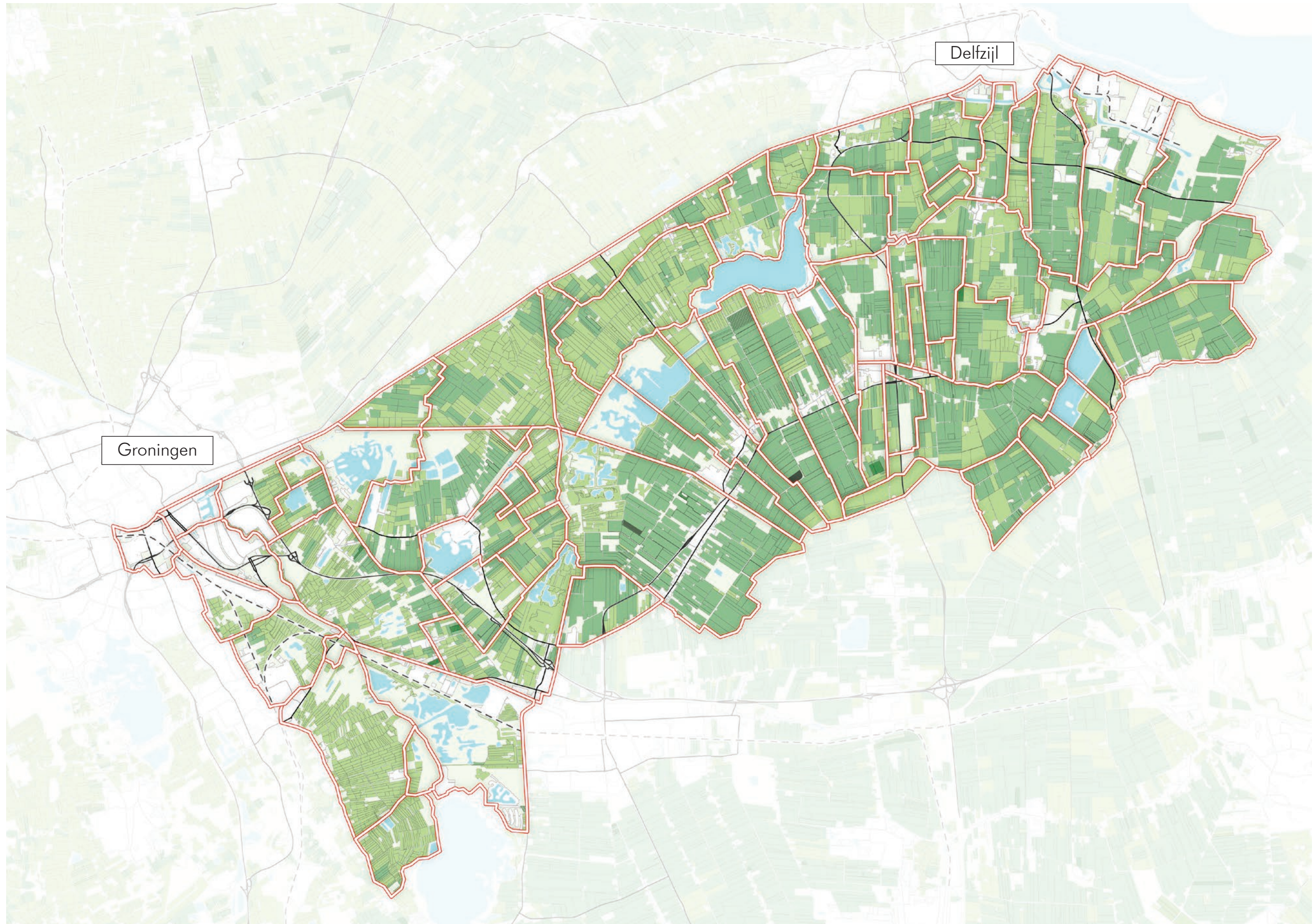
5.3 OLD POLDER STRUCTURE

Groningen Polder Map 1872



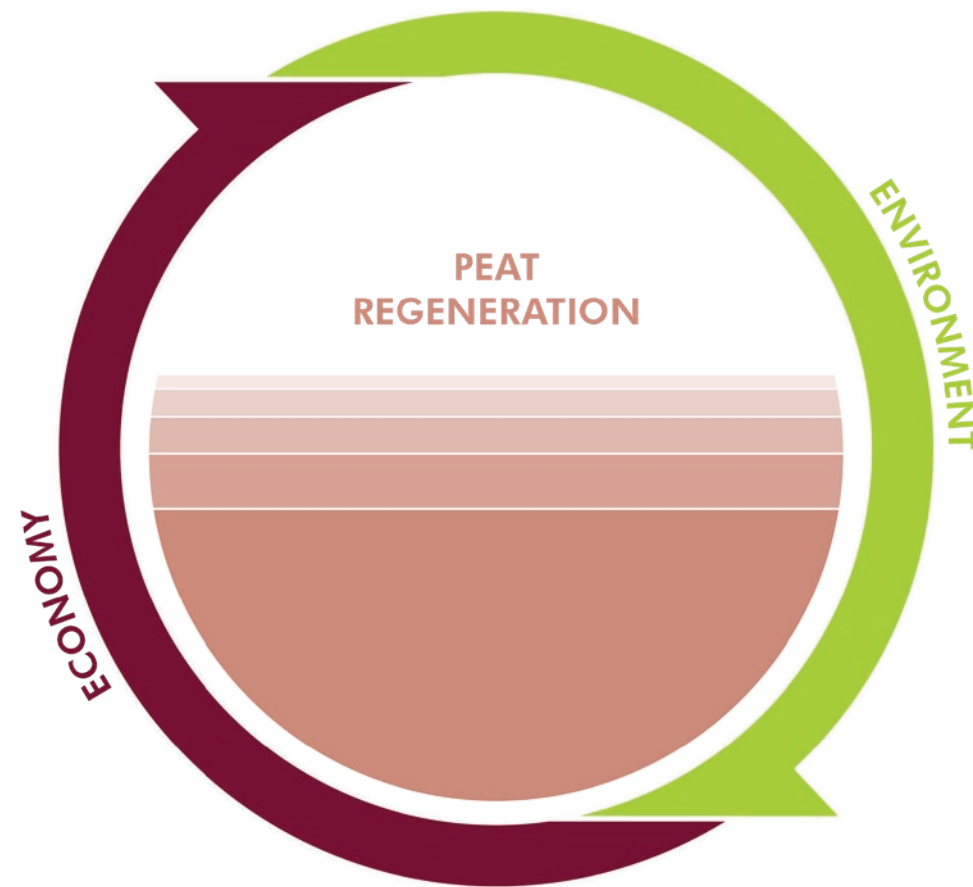
▲ N
1:150,000

5.4 PRESENT POLDER STRUCTURE
DESIGN BUILDING BLOCKS



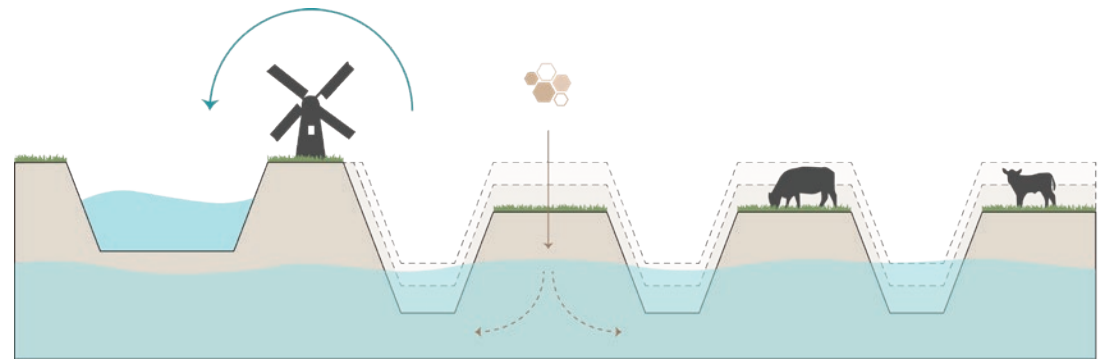
5.5 MAIN CHALLENGES

The design goal is to establish a new landscape system that **first stops the cycle of peat loss** and ultimately, **regenerates the peat in a sustainable fashion** - environmentally and economically.



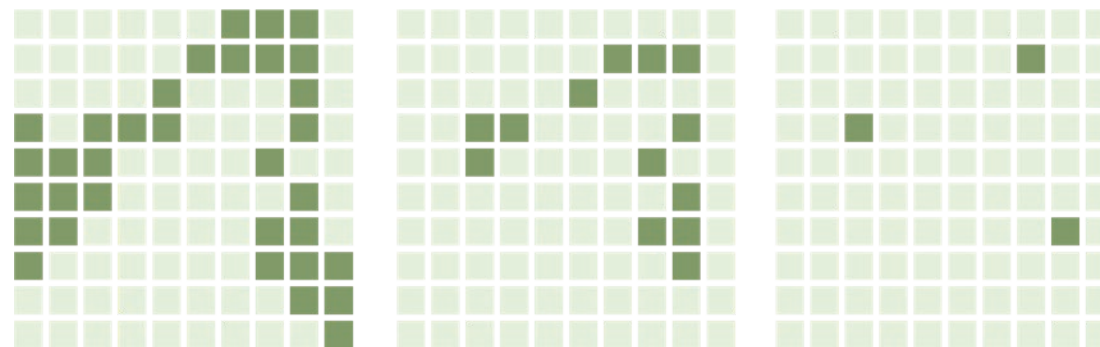
5.5 MAIN CHALLENGES

GENERAL PROBLEMS
related to peat loss



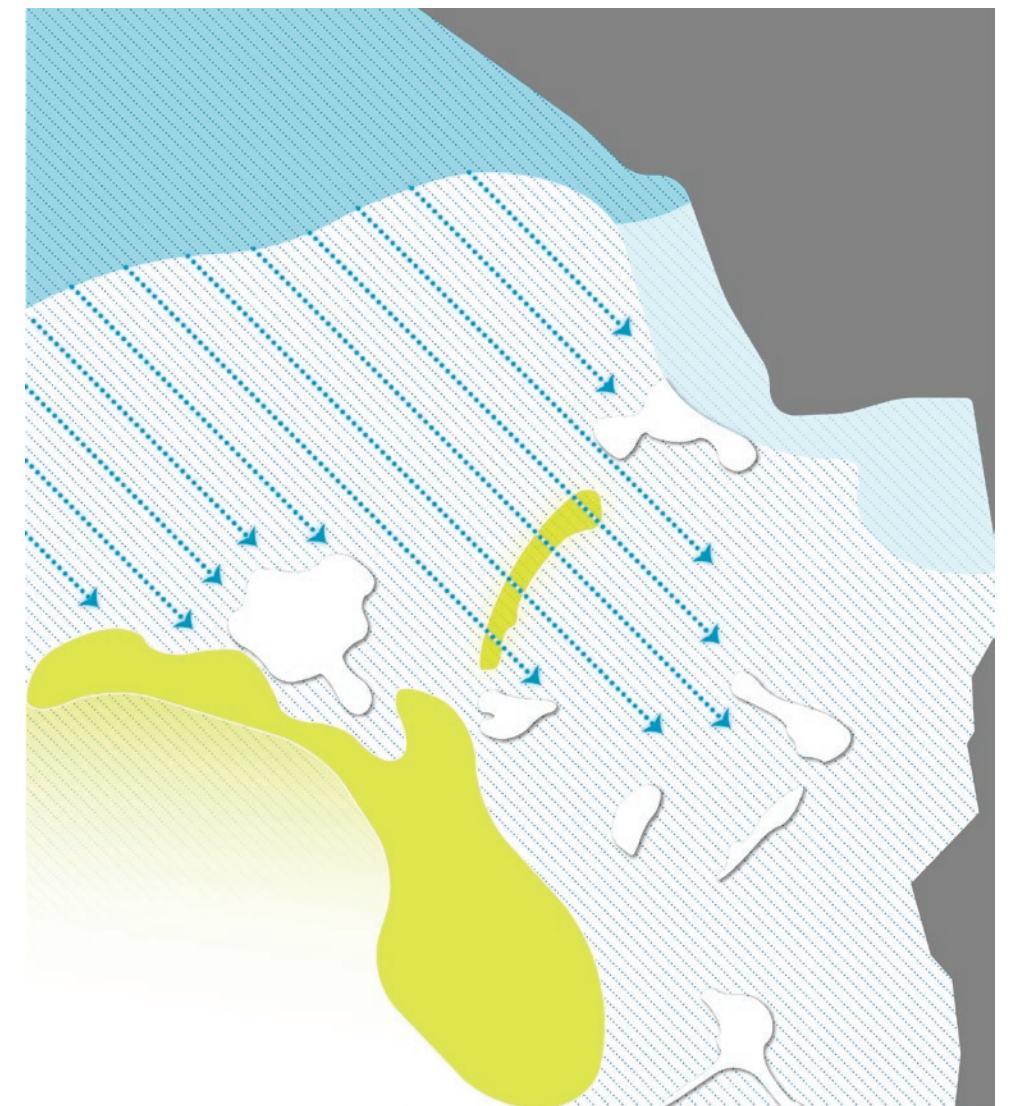
- Constant Drainage
- Nutrient Overload
- Land Subsidence

- Becoming Too Isolated

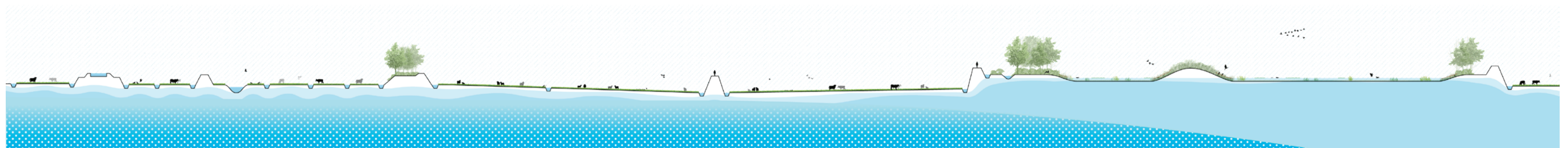


CONTEXT SPECIFIC PROBLEM
related to Groningen

- Saline Seepage from the North Sea



5.6 THE SALINITY PROBLEM

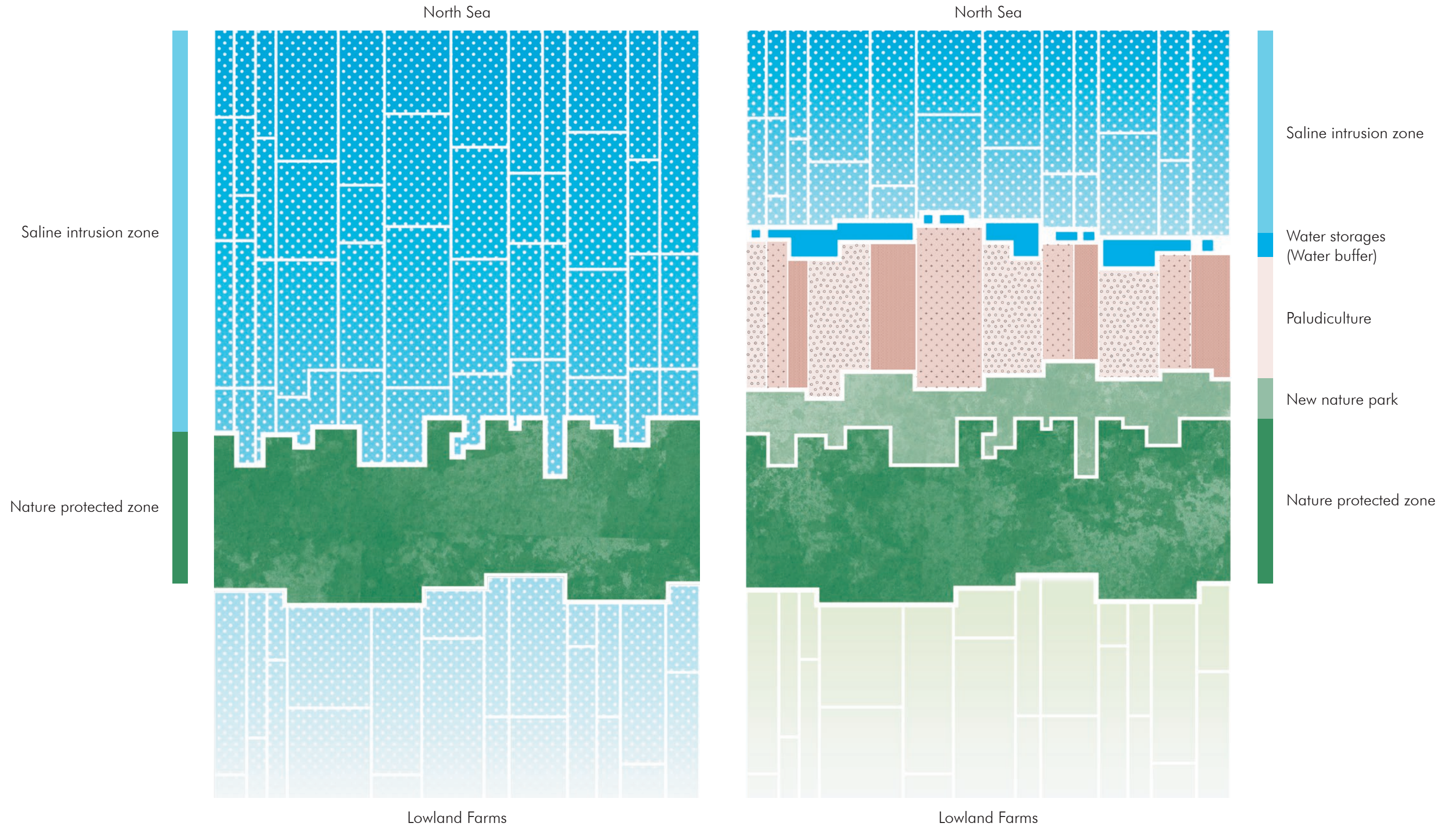


Section A - A

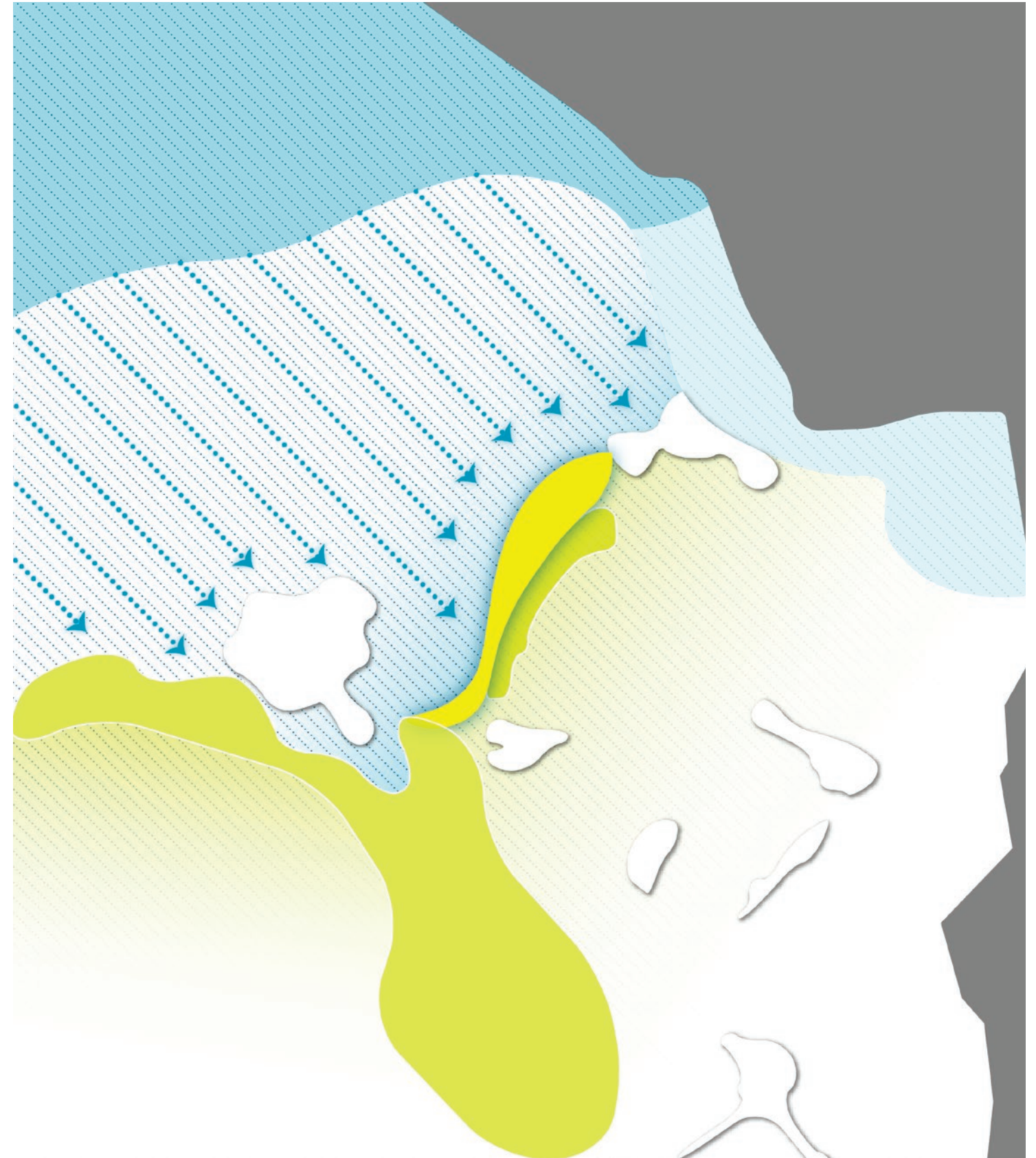
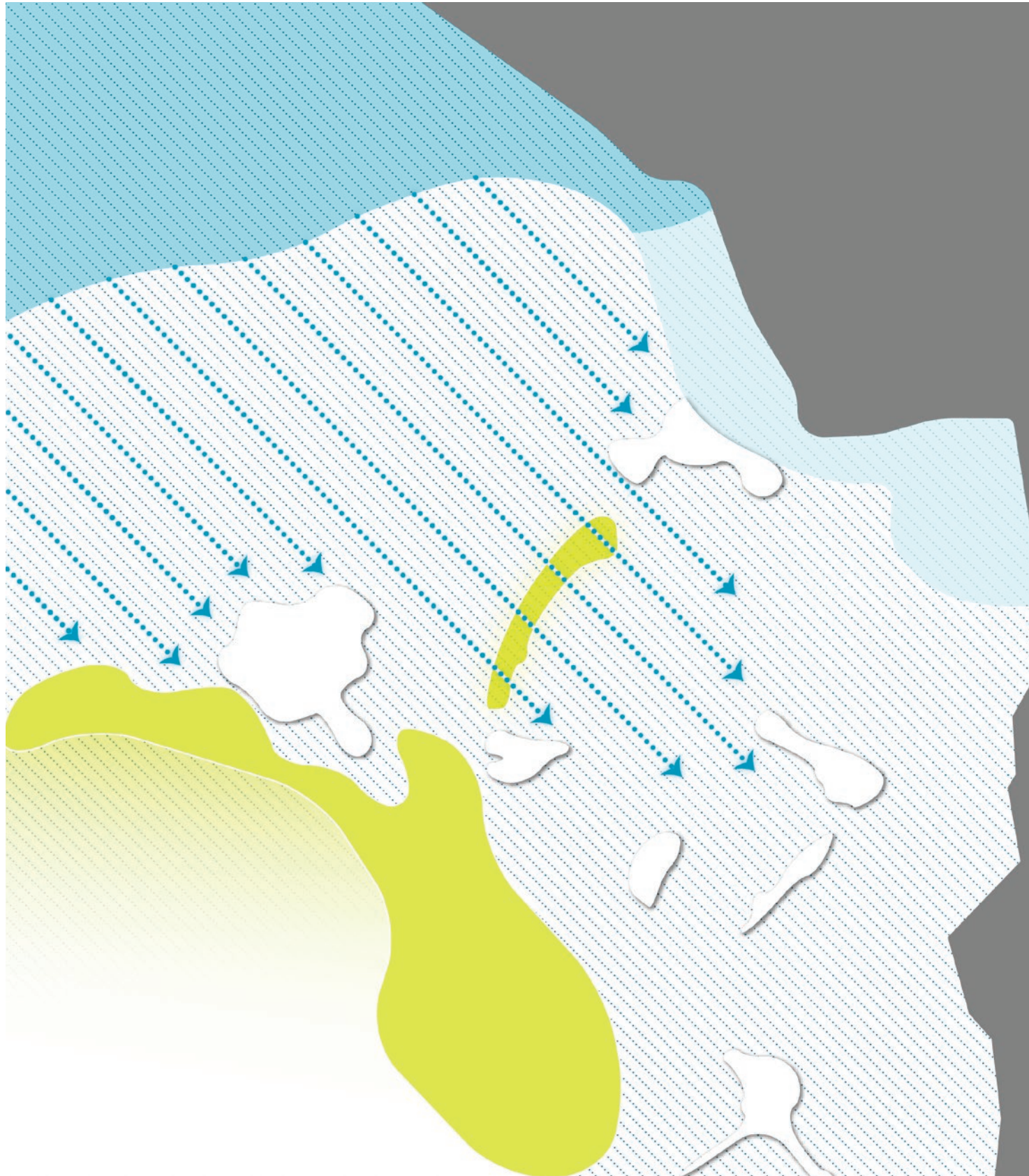
1:12,500

5.7 THE DESIGN CONCEPT:

PROTECTING LOWLAND AGRICULTURE - PRODUCTIVE DEFENCE LAYERS



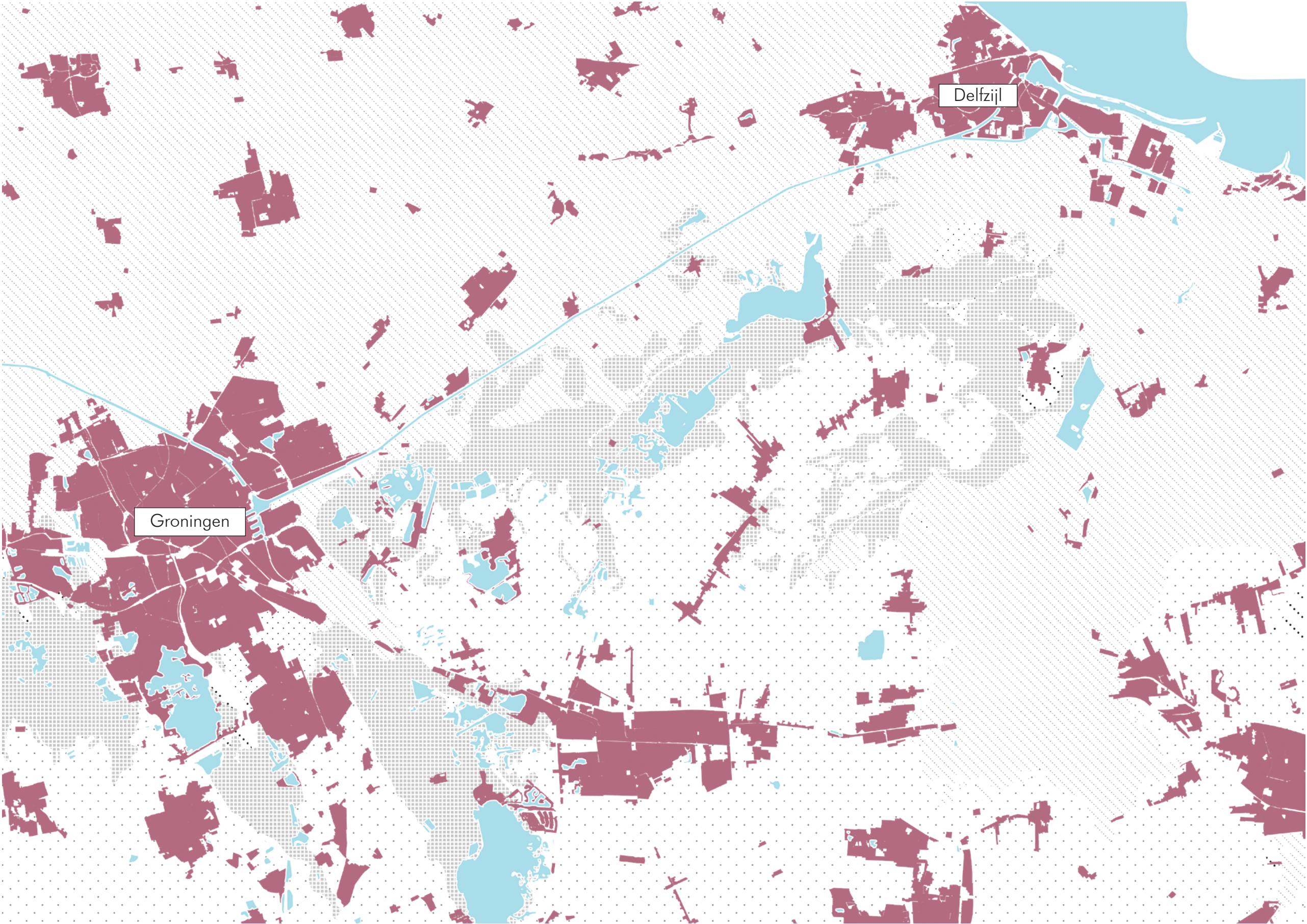
5.7 THE DESIGN CONCEPT:
CLOSING NATURE GAPS - SALINITY SHIELD



5.8 UNDERSTANDING THE LANDSCAPE

Settlements

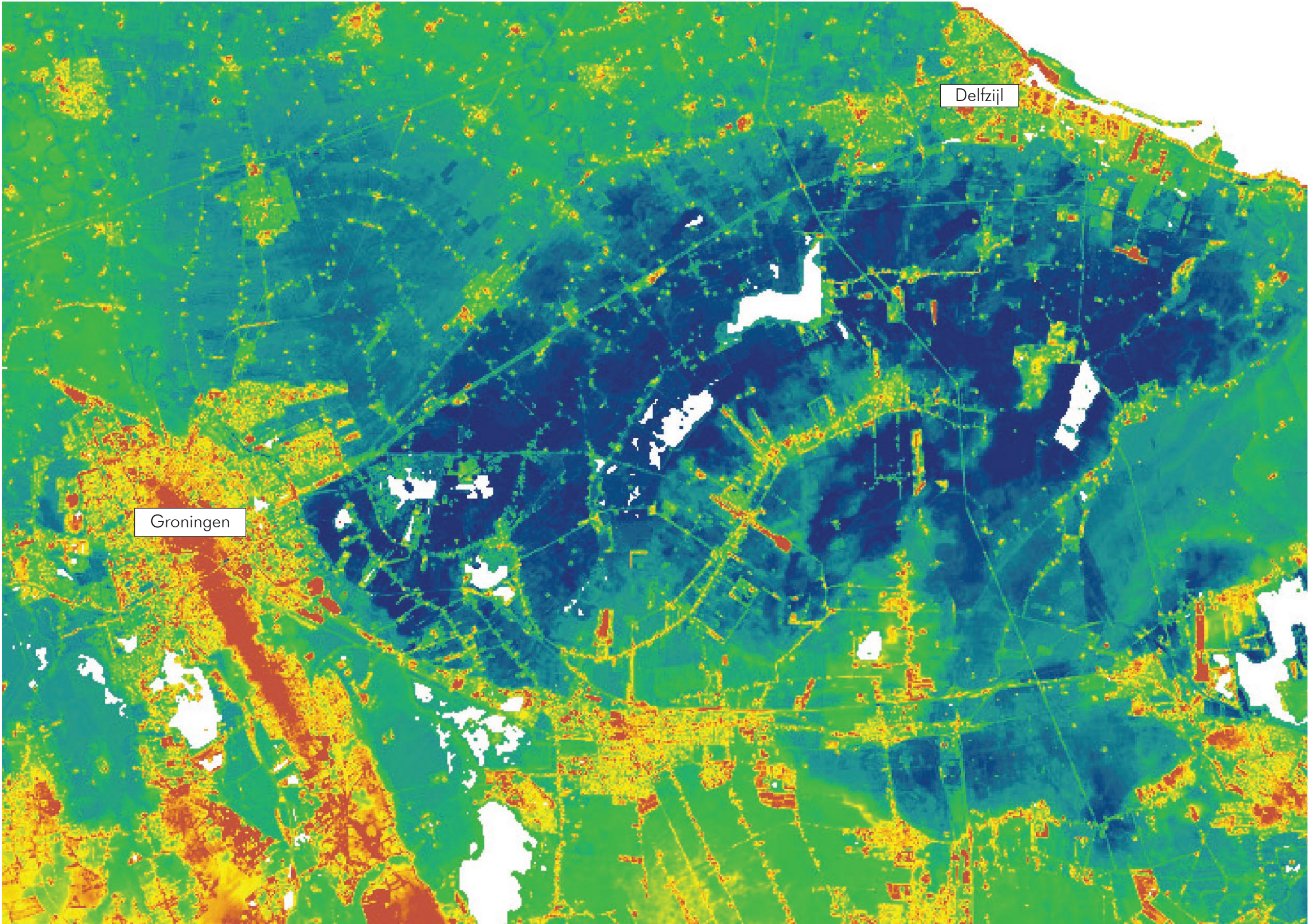
- Clay
- Peat
- Sand
- Settlements
- Water Bodies



N
1:100,000

5.8 UNDERSTANDING THE LANDSCAPE

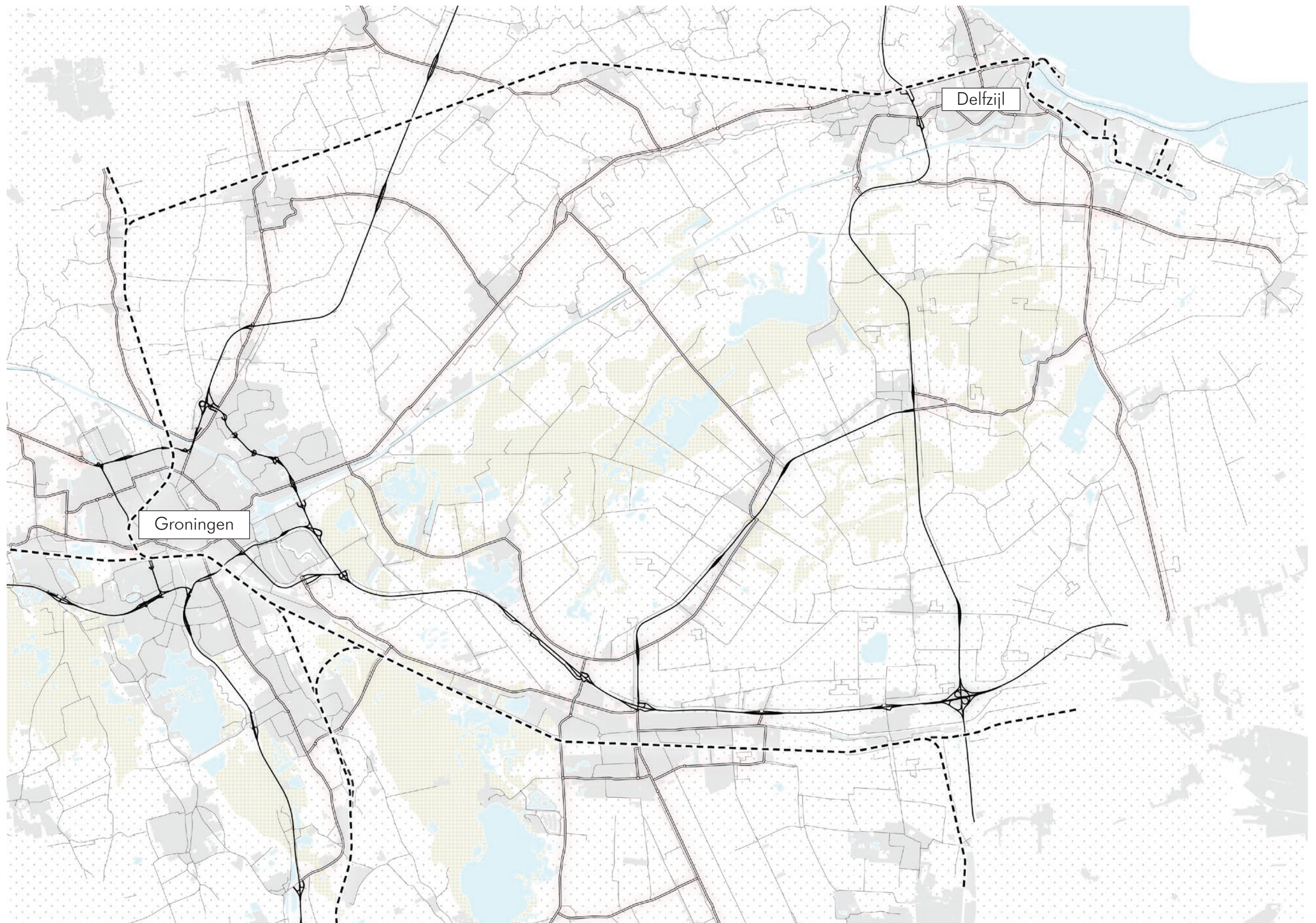
Height Map



5.8 UNDERSTANDING THE LANDSCAPE

Transportation Network

-  Railroad
-  Highway
-  Regional Roads
-  Local Roads
-  Peat

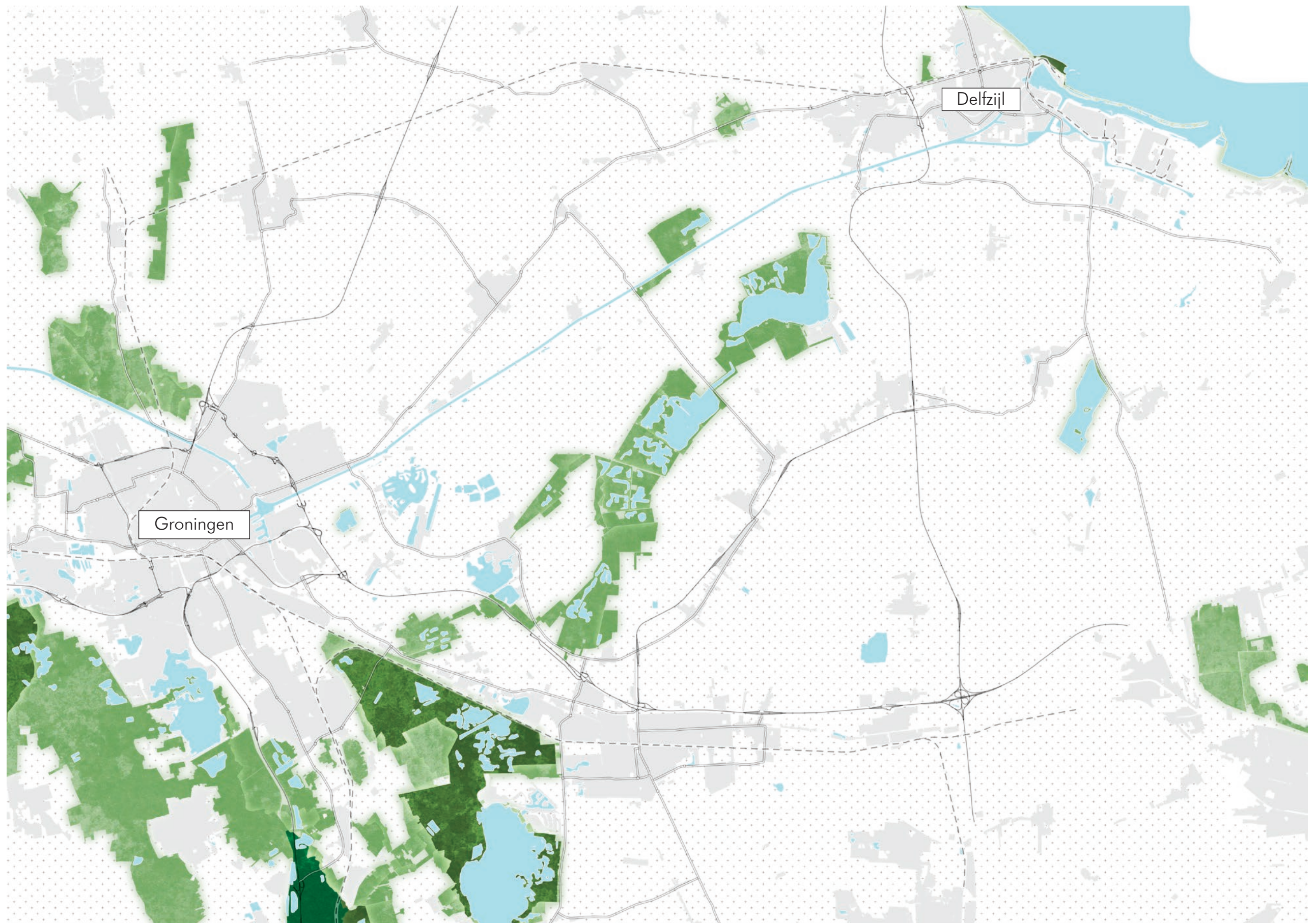


▲
N
1:100,000

5.8 UNDERSTANDING THE LANDSCAPE

Natural Network




-  Nature Network of NL
-  Natura 2000 Area
-  Settlements
-  Water Bodies

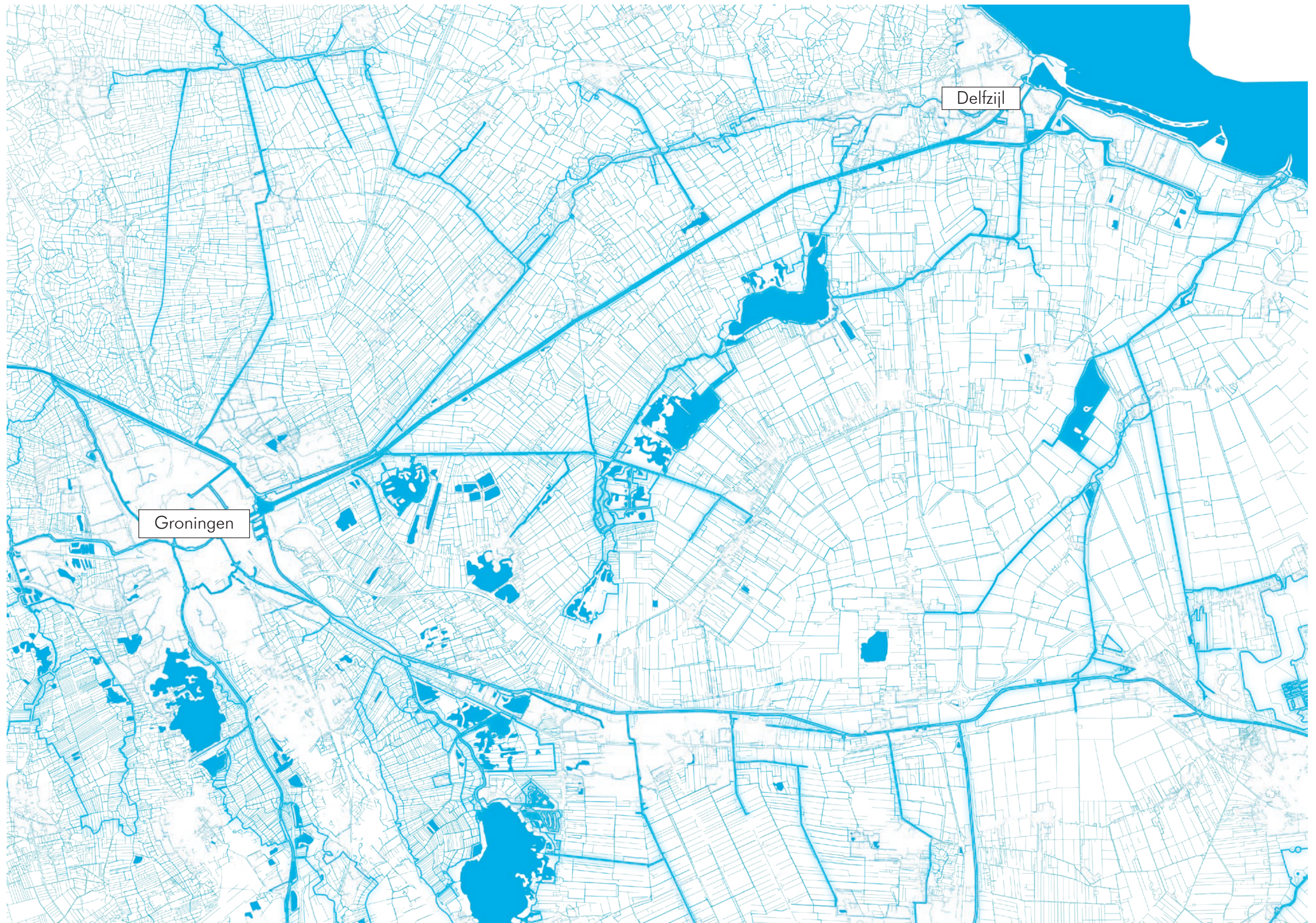


▲
N
1:100,000

5.8 UNDERSTANDING THE LANDSCAPE

Water Network

-  Boezem
-  Lakes
-  Canals & Ditches



5.8 UNDERSTANDING THE LANDSCAPE

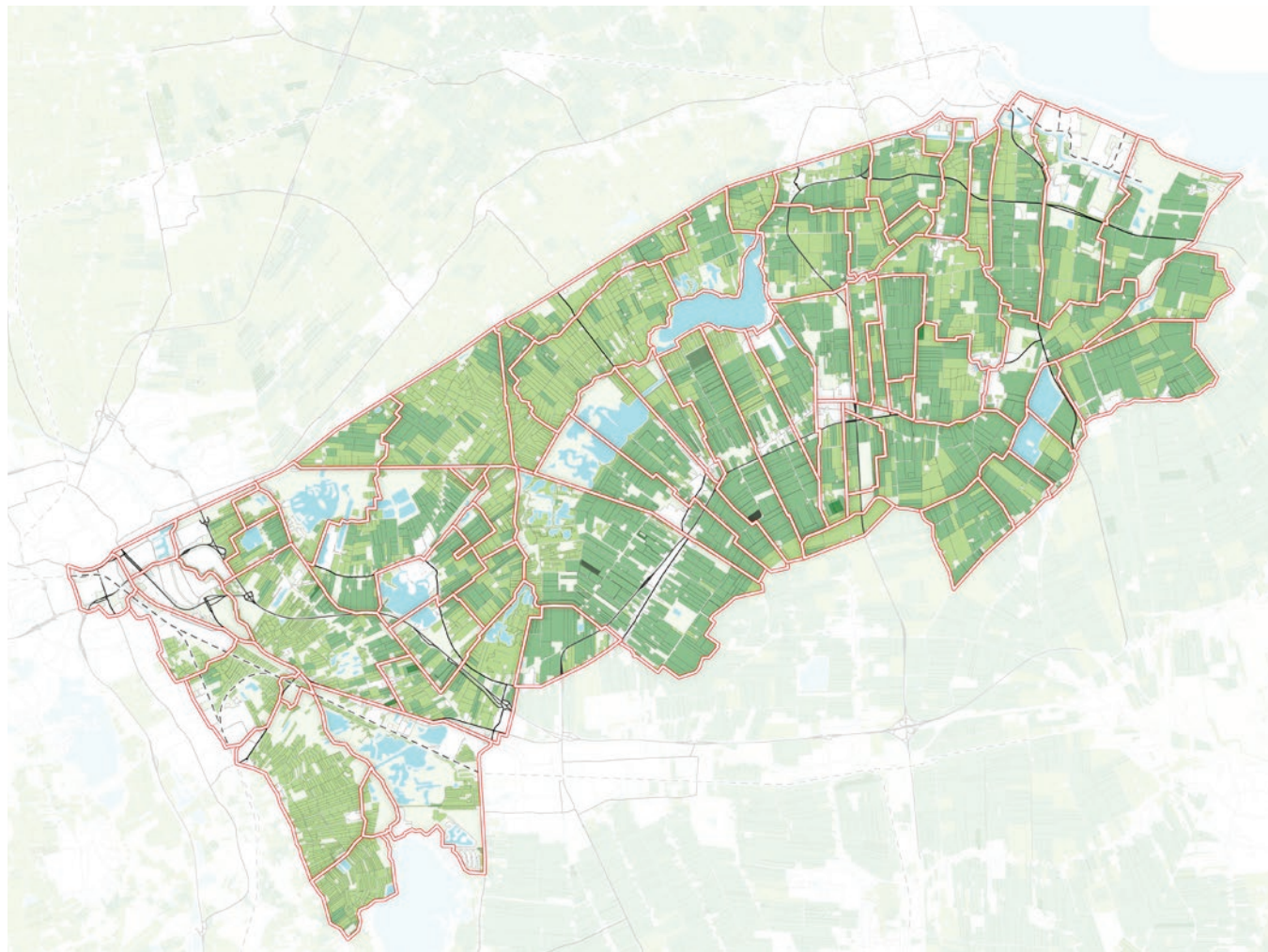
Agriculture

- Grassland
- Arable Land
- Water Bodies

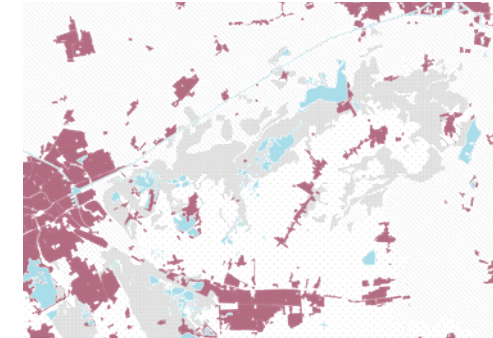


5.9 DEFINING PROJECT PERIMETERS

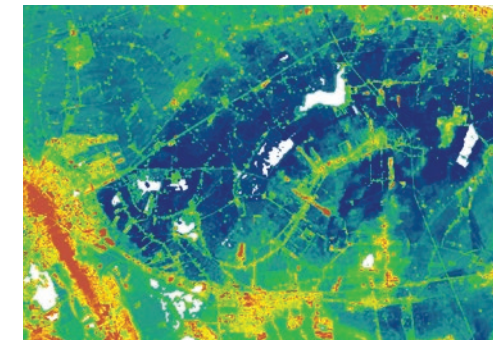
- **Building Blocks**



- **Peat Soil**

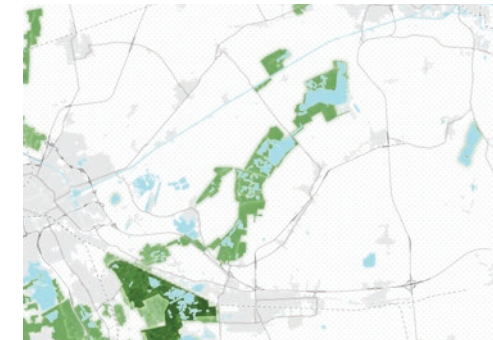


- **Height map**



+

- **Nature Network**

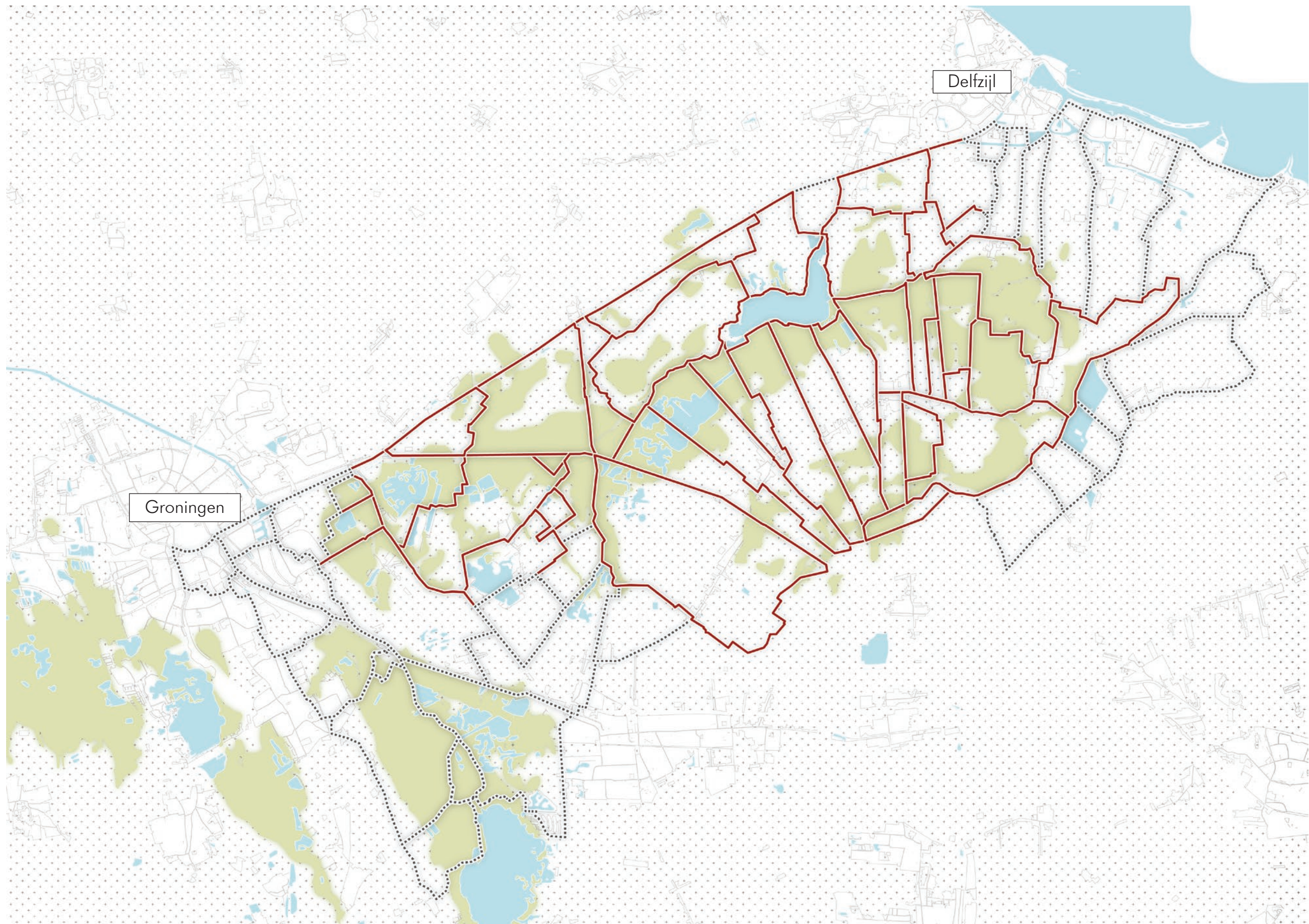


- **Agriculture**



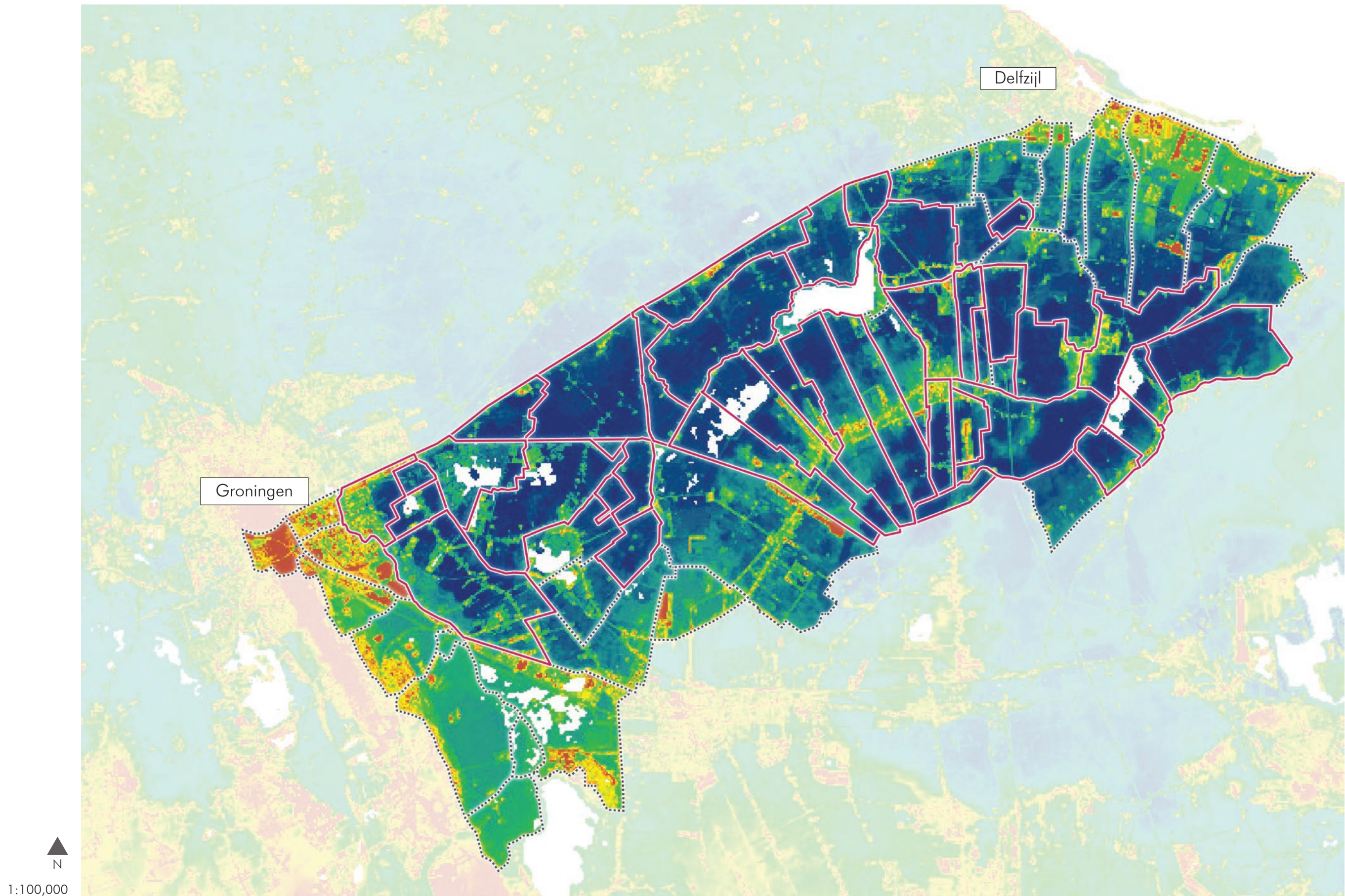
5.9 DEFINING PROJECT PERIMETERS

Polders + Peat Soil



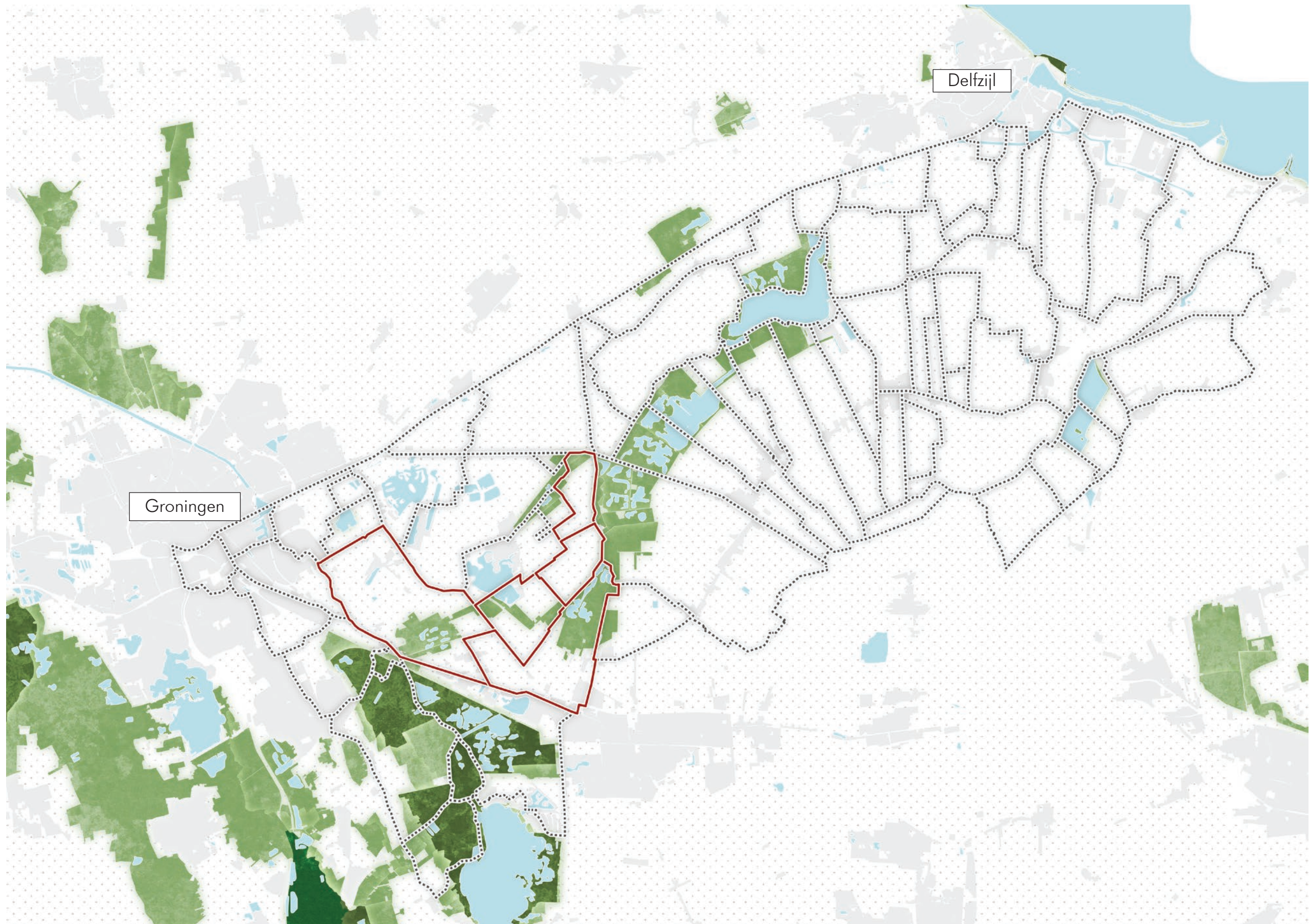
5.9 DEFINING PROJECT PERIMETERS

Polders + Heigh Map



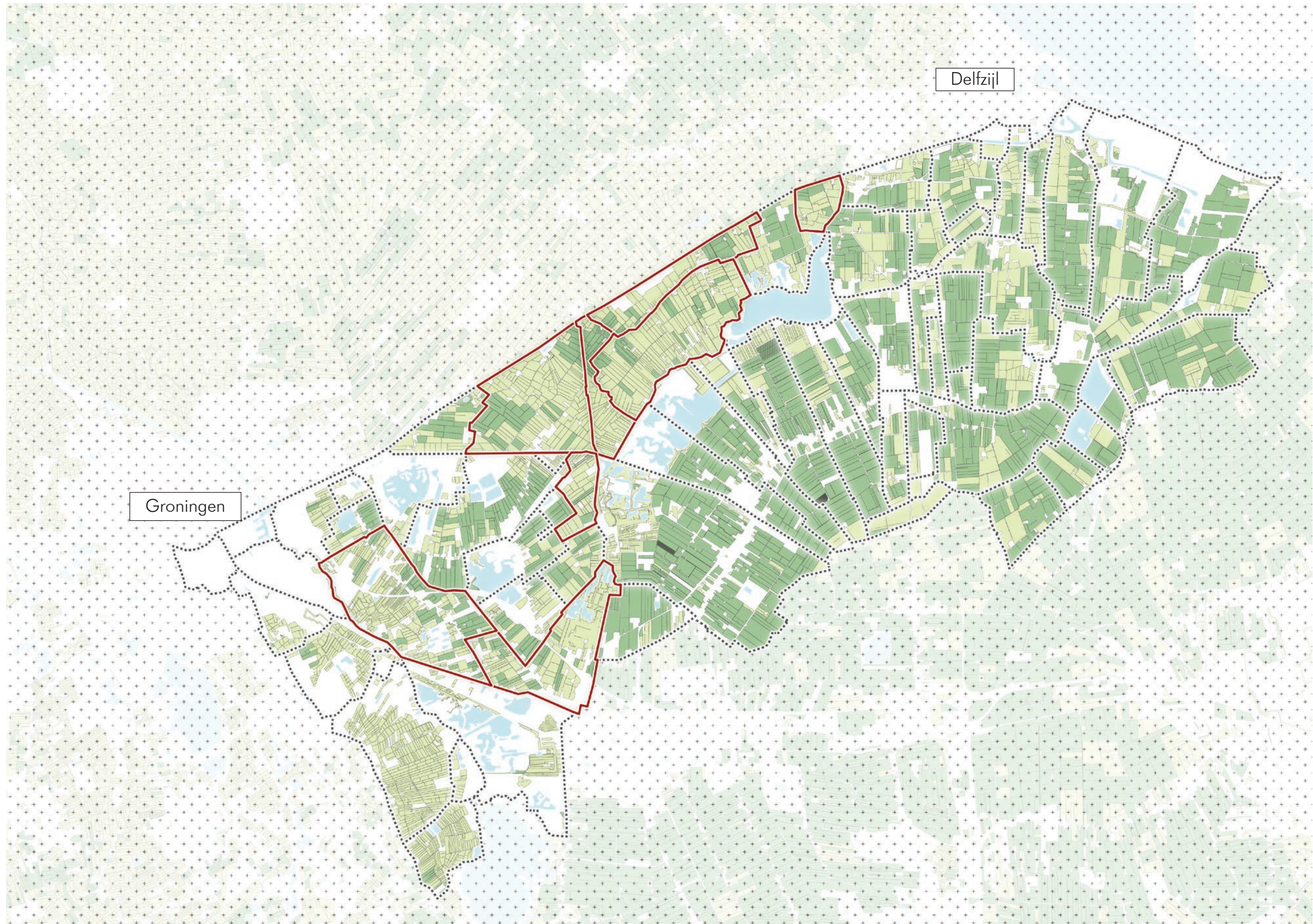
5.9 DEFINING PROJECT PERIMETERS

Polders + Nature



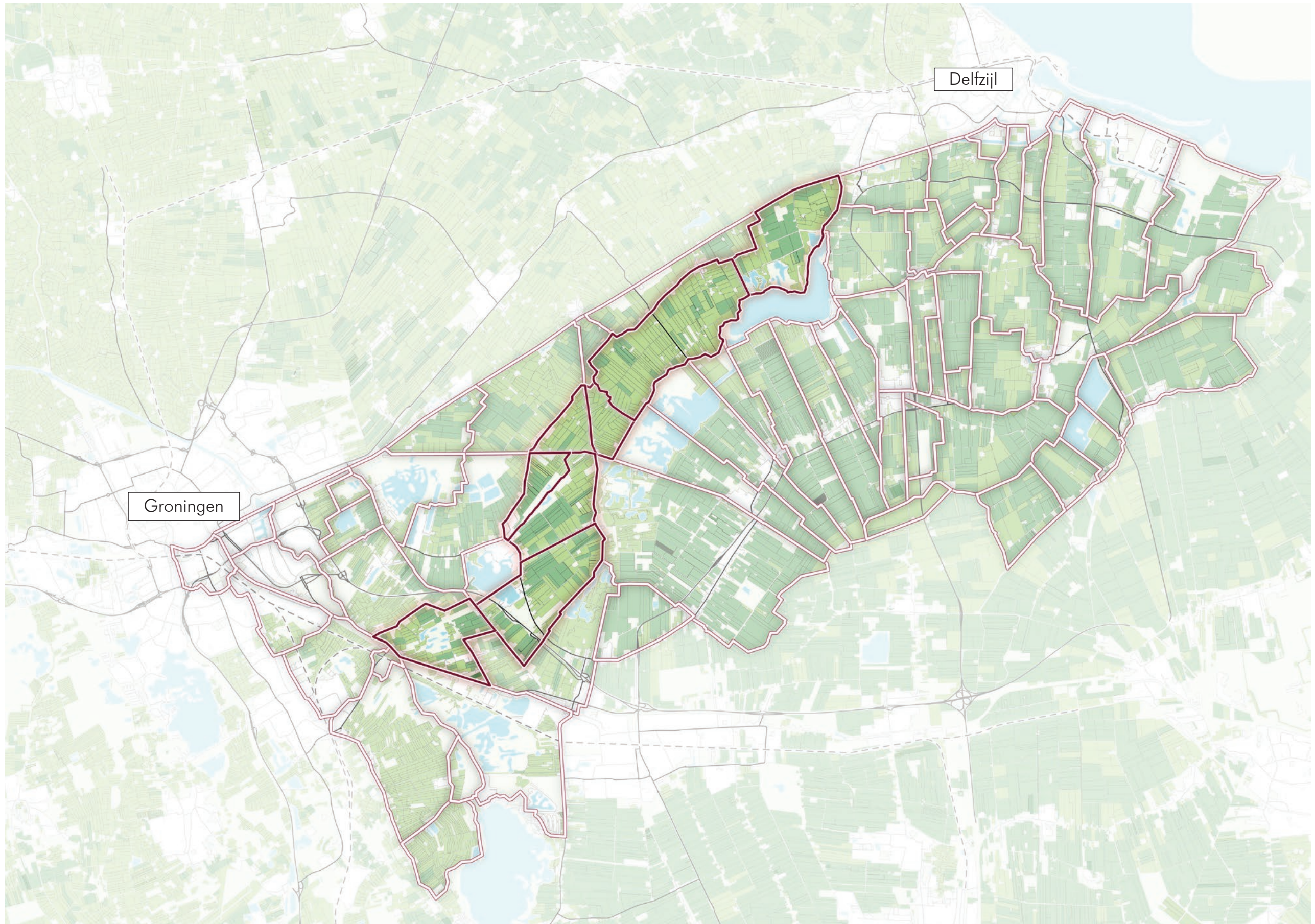
5.9 DEFINING PROJECT PERIMETERS

Polders + Agriculture



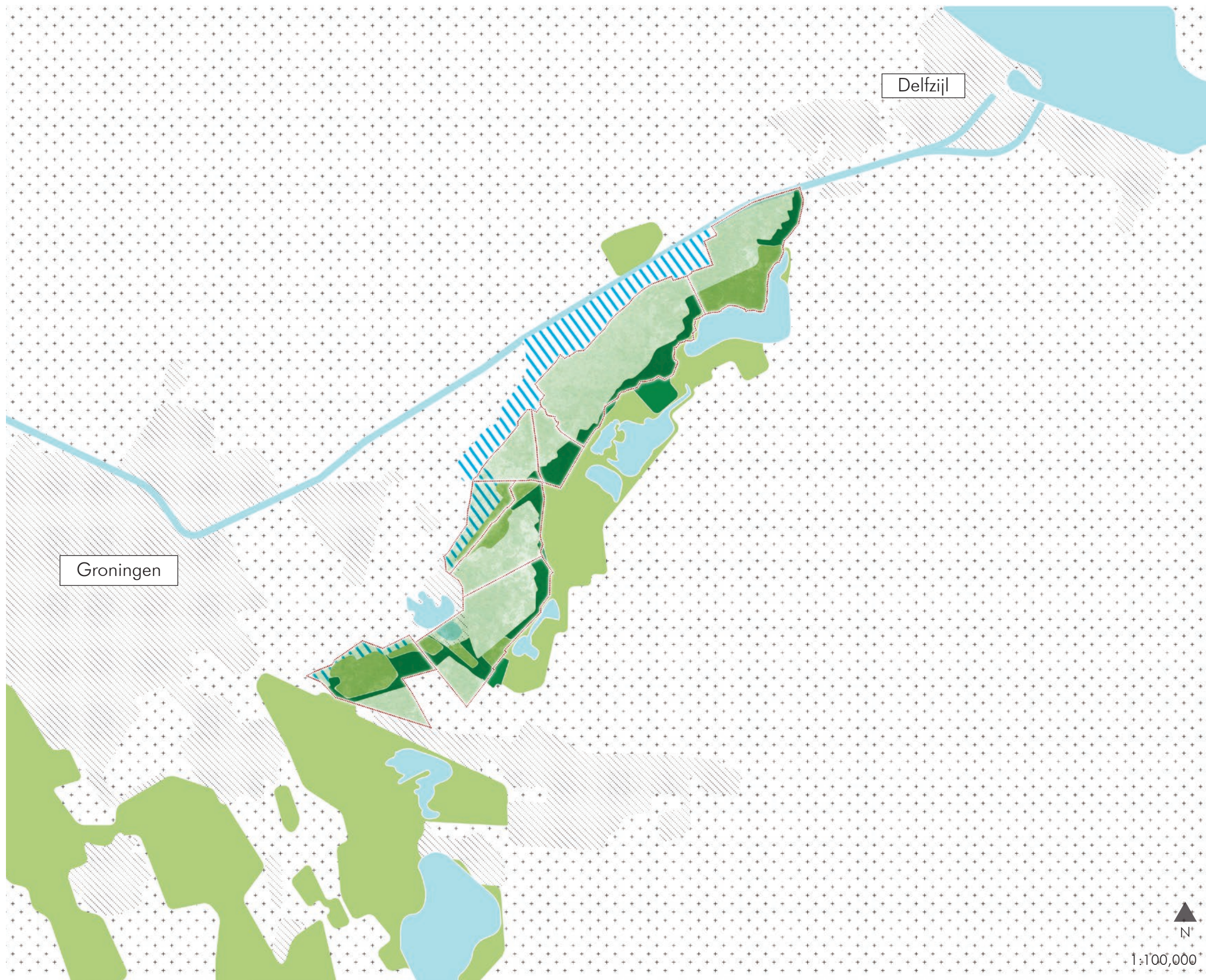
5.9 DEFINING PROJECT PERIMETERS

Project Perimeters

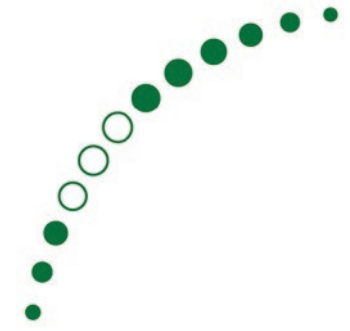


▲
N
1:100,000

5.10 LARGE-SCALE PROGRAMMING



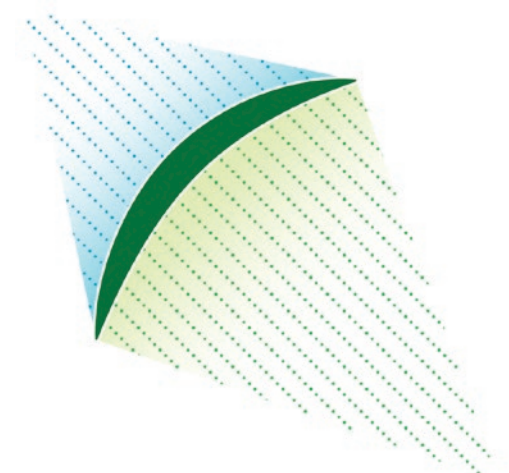
- Restoration Stage 3 Connection



- Productive Layers



- Salinity Shield



5.11 THE LANDSCAPE MASTERPLAN

LEGEND

- Paludiculture Type A: Cattails Family
- Paludiculture Type A: Cranberries
- Paludiculture Type B: Reeds, Sedges, Other Perennials
- Paludiculture Type C: Willow, Alder, Birch Trees
- New Nature Zone
- Protected Nature Area
- Water Bodies
- Water Storages



N
1:100,000

5.12 NUTRIENT REMOVAL: PALUDICULTURE

Nutrient removal is the second step in the process of peat restoration.

In this project, **nutrient removal, building up the peat soil, and economic productivity** go hand in hand in the form of paludiculture.

A set of paludiculture crops are **cultivated sequentially**. This new paludiculture system is allowed to **follow its natural course** from a nutrient rich to a nutrient poor environment, instead of fast methods such as complete top soil removal that is harmful to the system.

The different paludiculture types provide **a diverse palette of crops** that replace the monoculture grassland. This diversification **promotes the biodiversity** and brings in **flows of revenue from a variety of markets:**

- **Building and Construction**

Timber, Insulation



- **Energy**

Biomass



- **Agriculture**

Haymaking



- **Medicine**

Many species



- **Horticulture**

Sphagnum moss as growing media



- **Research**

Living laboratory







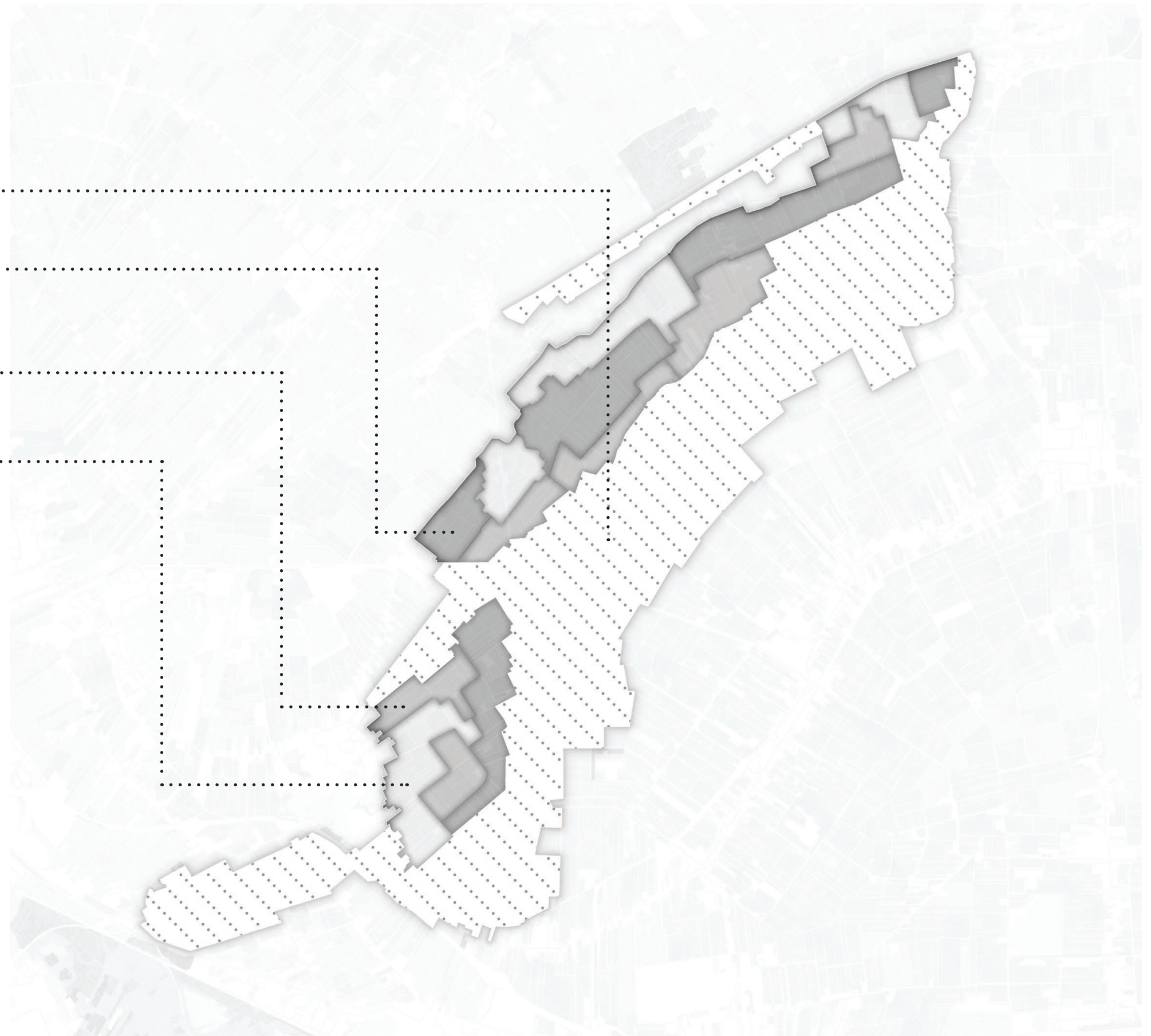
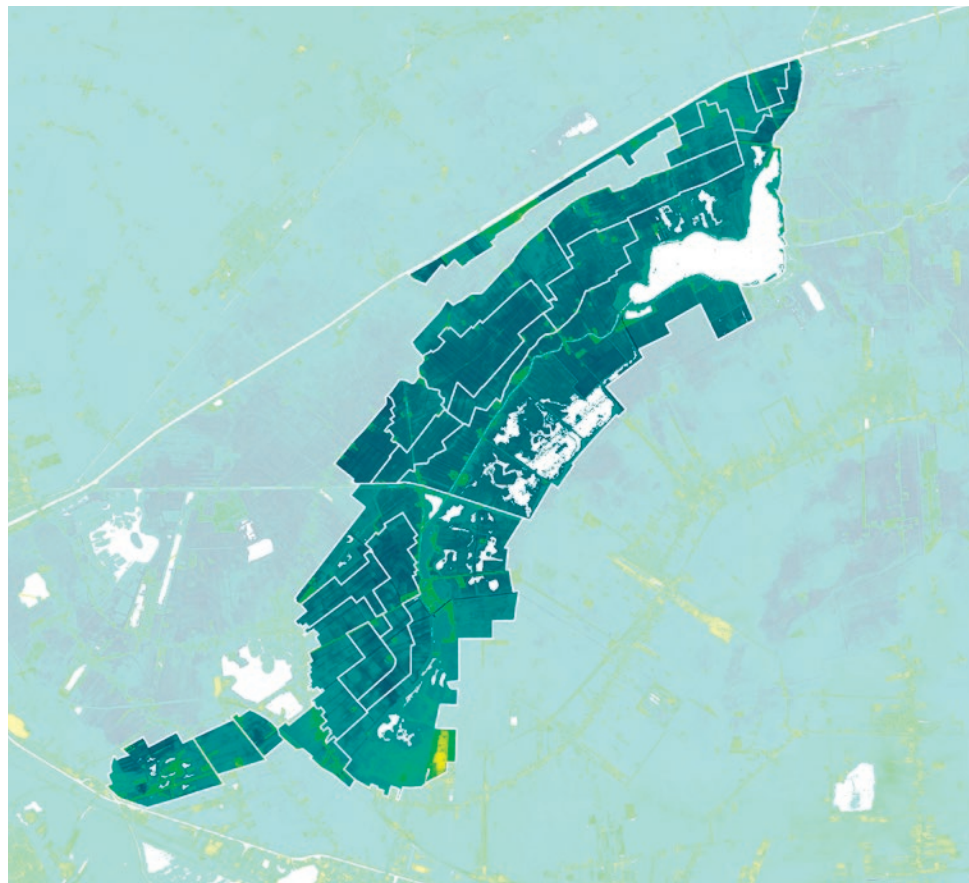
- **Biodiversity & Tourism**

Agritourism, Ecotourism



5.13 NUTRIENT REMOVAL: PALUDICULTURE TYPES & ZONES

-  **Nature Zone**
Height not relevant for paludiculture
-  **Deepest Areas**
-2.50m to -2.20m
Paludiculture Type A
-  **Middle Areas**
-2.20m to -1.70m
Paludiculture Type B
-  **Highest Areas**
-1.70m to -1.00m
Paludiculture Type C

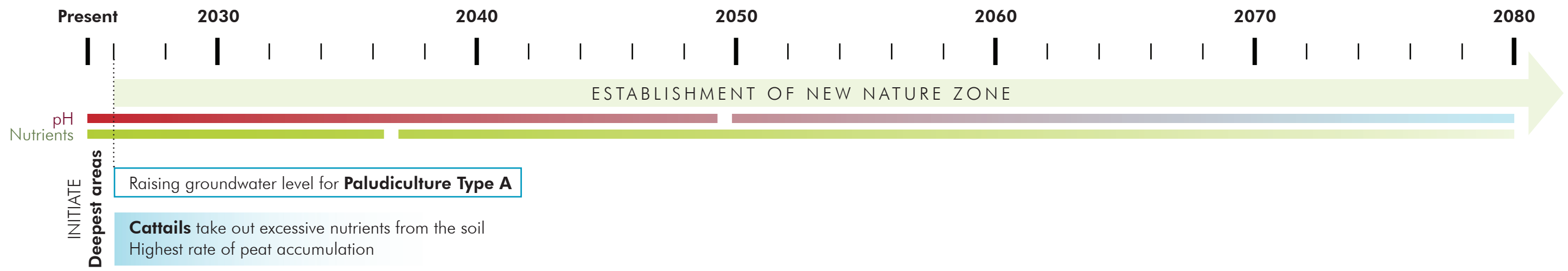


5.13 NUTRIENT REMOVAL:
STAGE 0 - EXISTING SITUATION

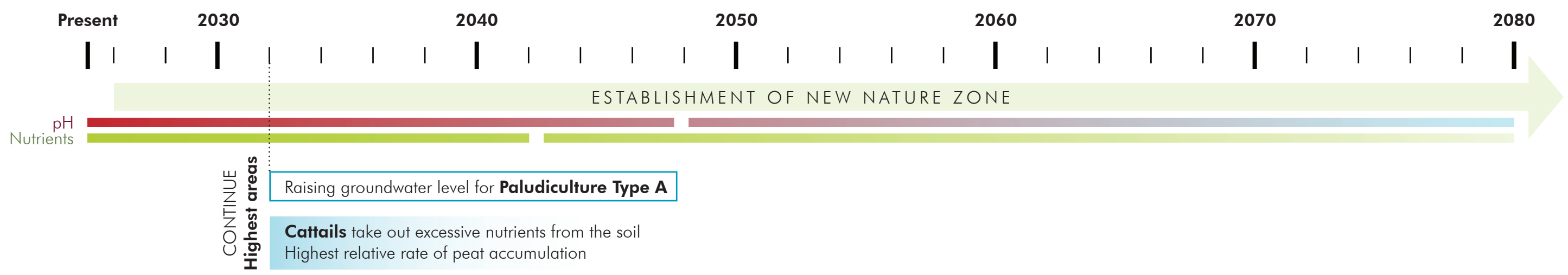


CURRENT
SITUATION

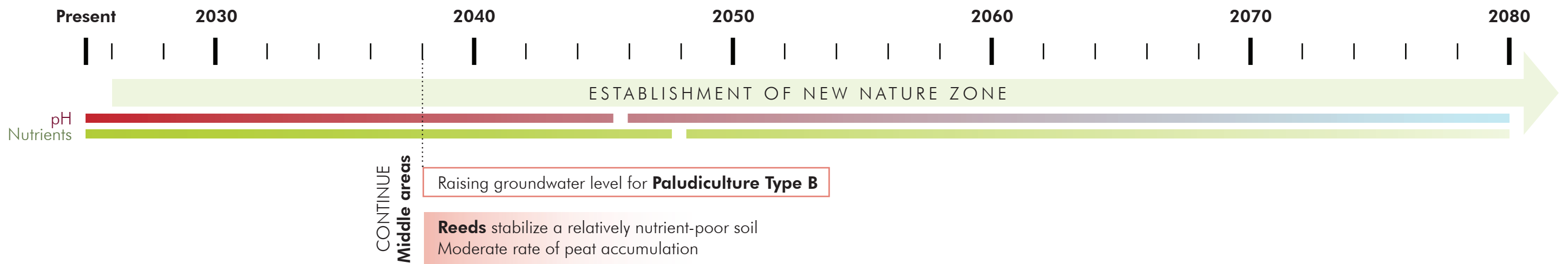
5.13 NUTRIENT REMOVAL:
STAGE 1 - PALUDICULTURE TYPE A



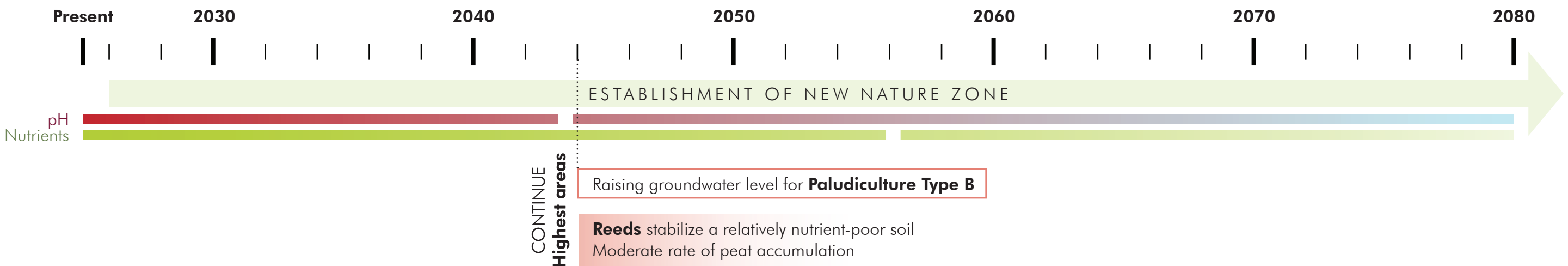
5.13 NUTRIENT REMOVAL:
STAGE 2 - PALUDICULTURE TYPE A



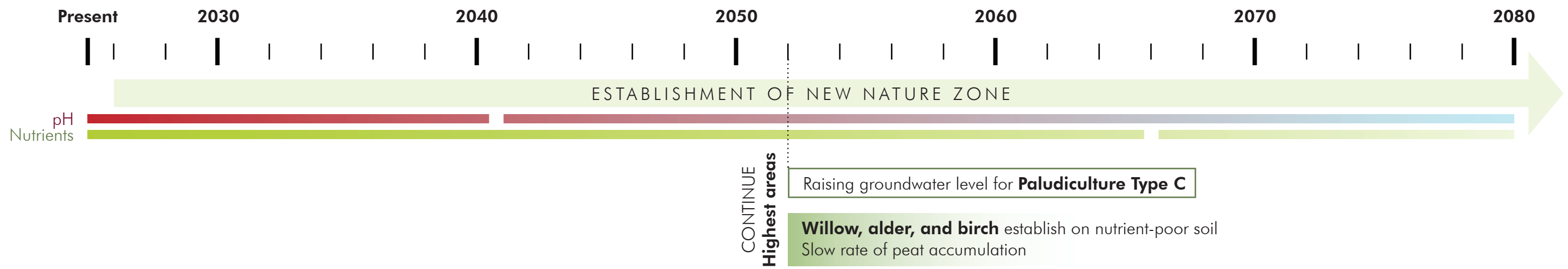
5.13 NUTRIENT REMOVAL:
STAGE 3 - PALUDICULTURE TYPE A+B



5.13 NUTRIENT REMOVAL:
STAGE 4 - PALUDICULTURE TYPE A+B



5.13 NUTRIENT REMOVAL:
STAGE 5 - PALUDICULTURE TYPE A+B+C



5.14 HYDROLOGY:

WATER STORAGES AND WATER SOURCES

Restoring the hydrology is the first step in the process of peat restoration.

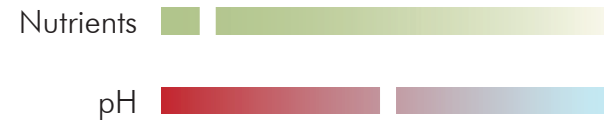
The new hydrology system **is isolated from the rest of the landscape** and is an inherently different system that:

- is supplied by **several water storages,**
- with **varying nutritional profiles.**

These water storages compose **the first defence layer** against saline intrusion, and **support all the other layers.**

5.14 HYDROLOGY:
WATER SOURCES AND FLOWS

• **Surface Water**
feeds cattails

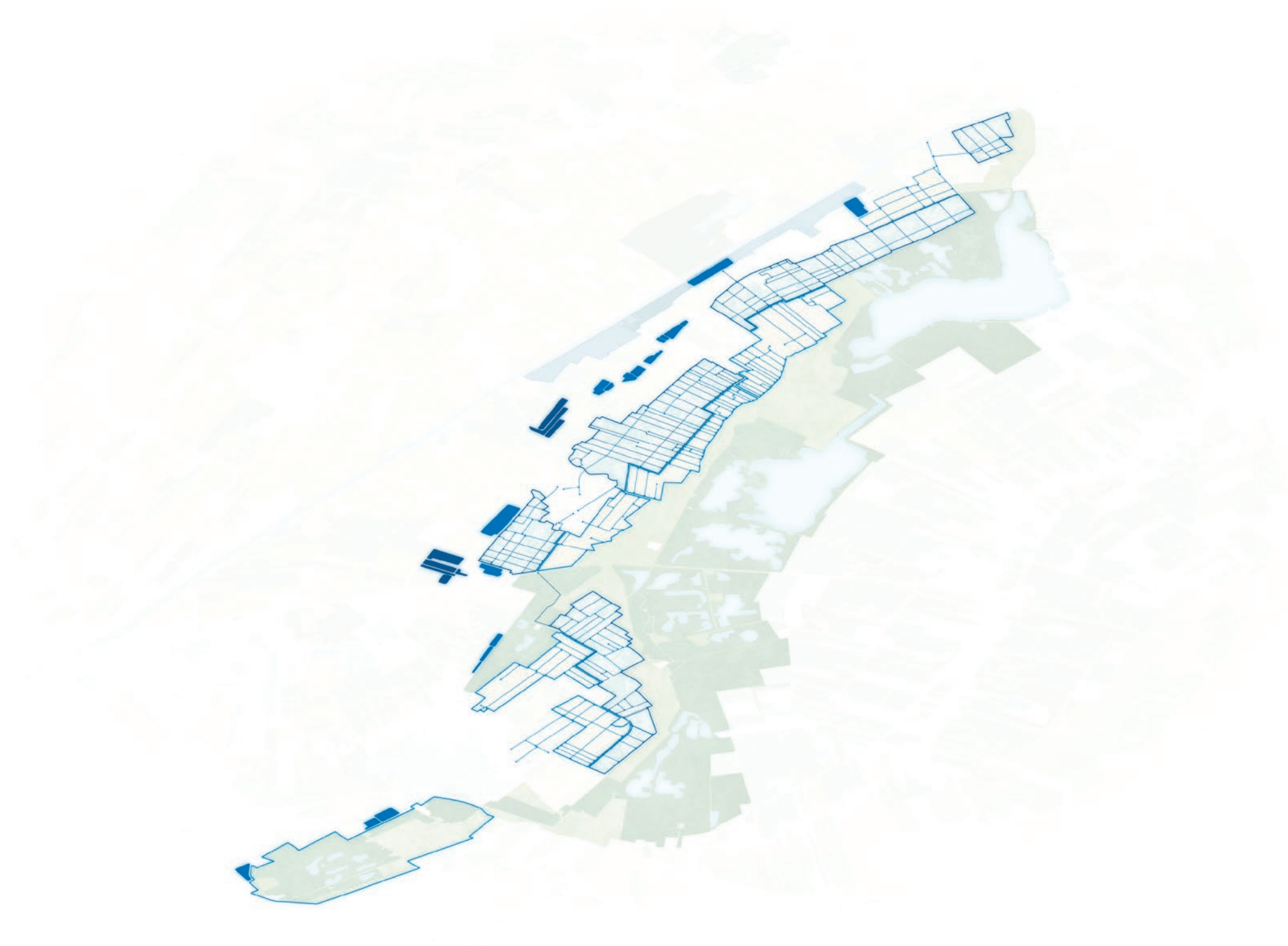


5.14 HYDROLOGY:
WATER SOURCES AND FLOWS

- **Surface Water**
feeds cattails



- **Ground Water**
feeds reeds & sedges

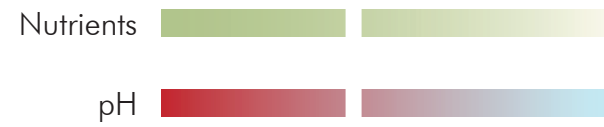


5.14 HYDROLOGY:
WATER SOURCES AND FLOWS

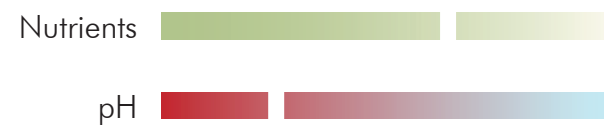
• **Surface Water**
feeds cattails



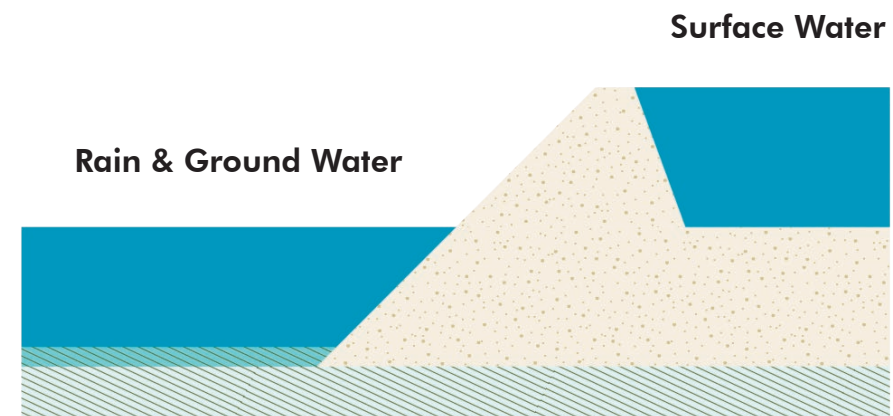
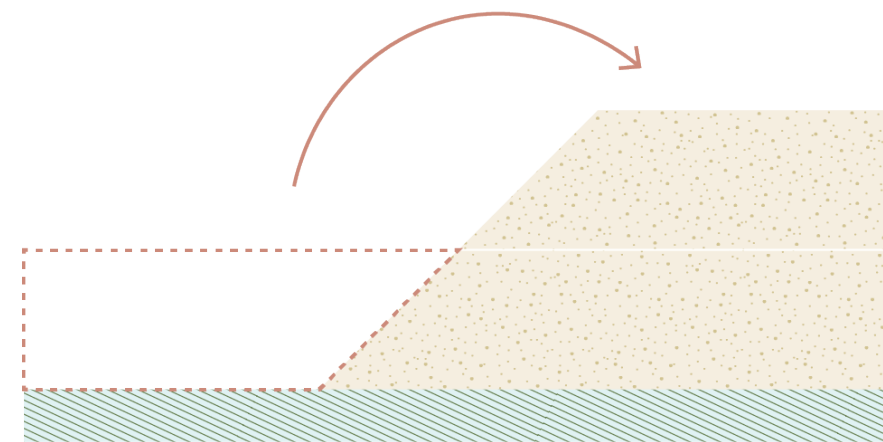
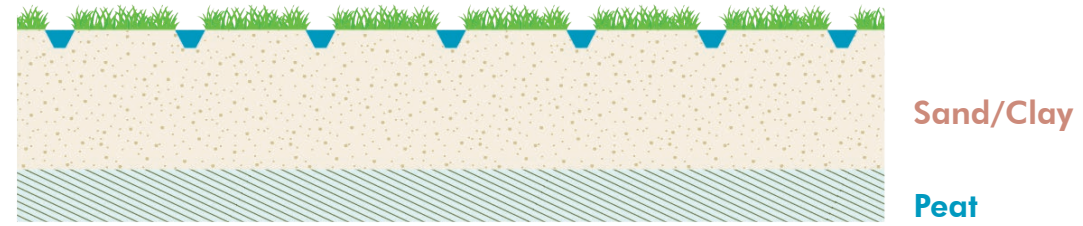
• **Ground Water**
feeds reeds & sedges



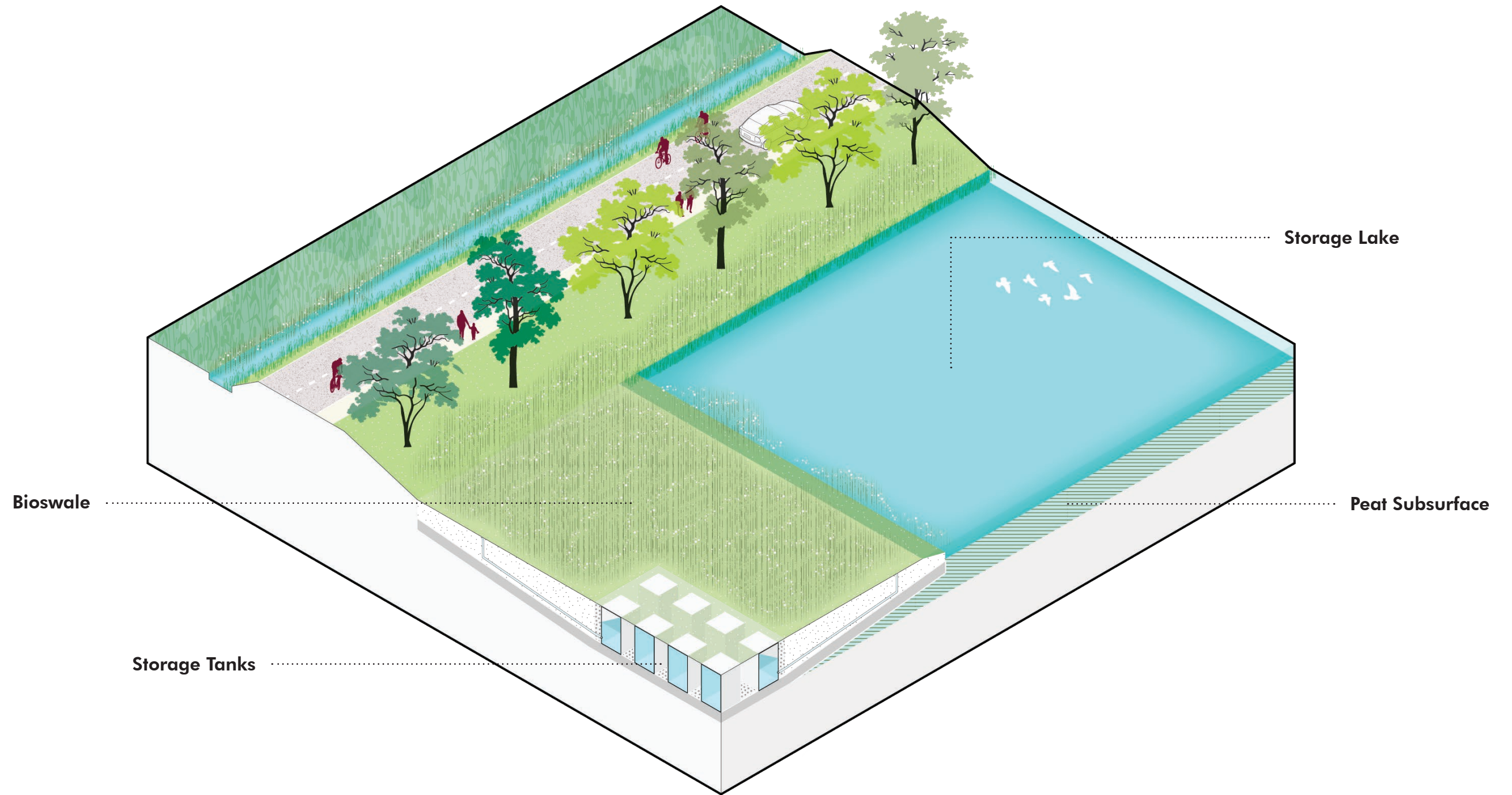
• **Rain Water**
feeds swamp forests & bog reserve



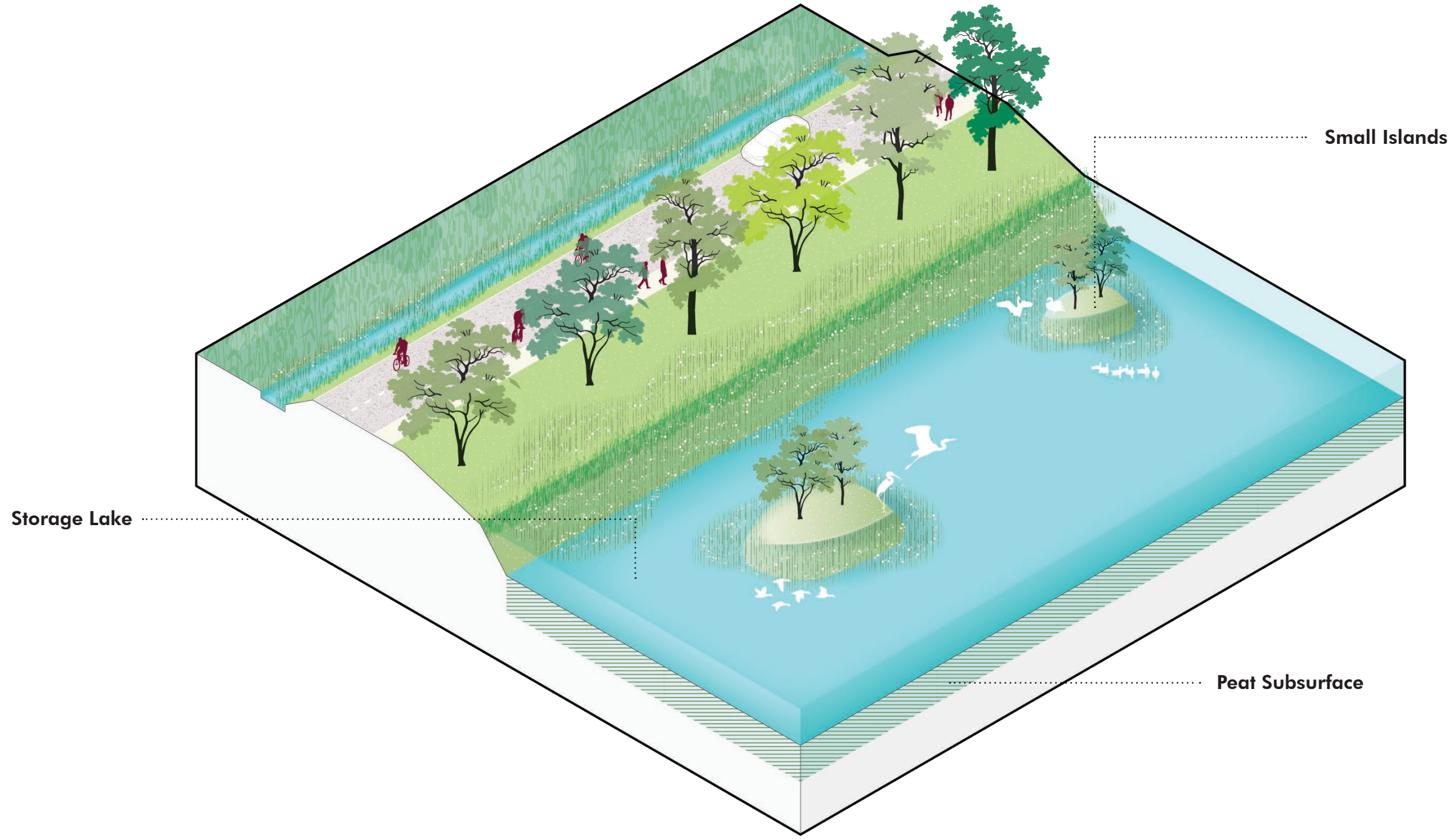
5.14 HYDROLOGY:
WATER SOURCES AND FLOWS



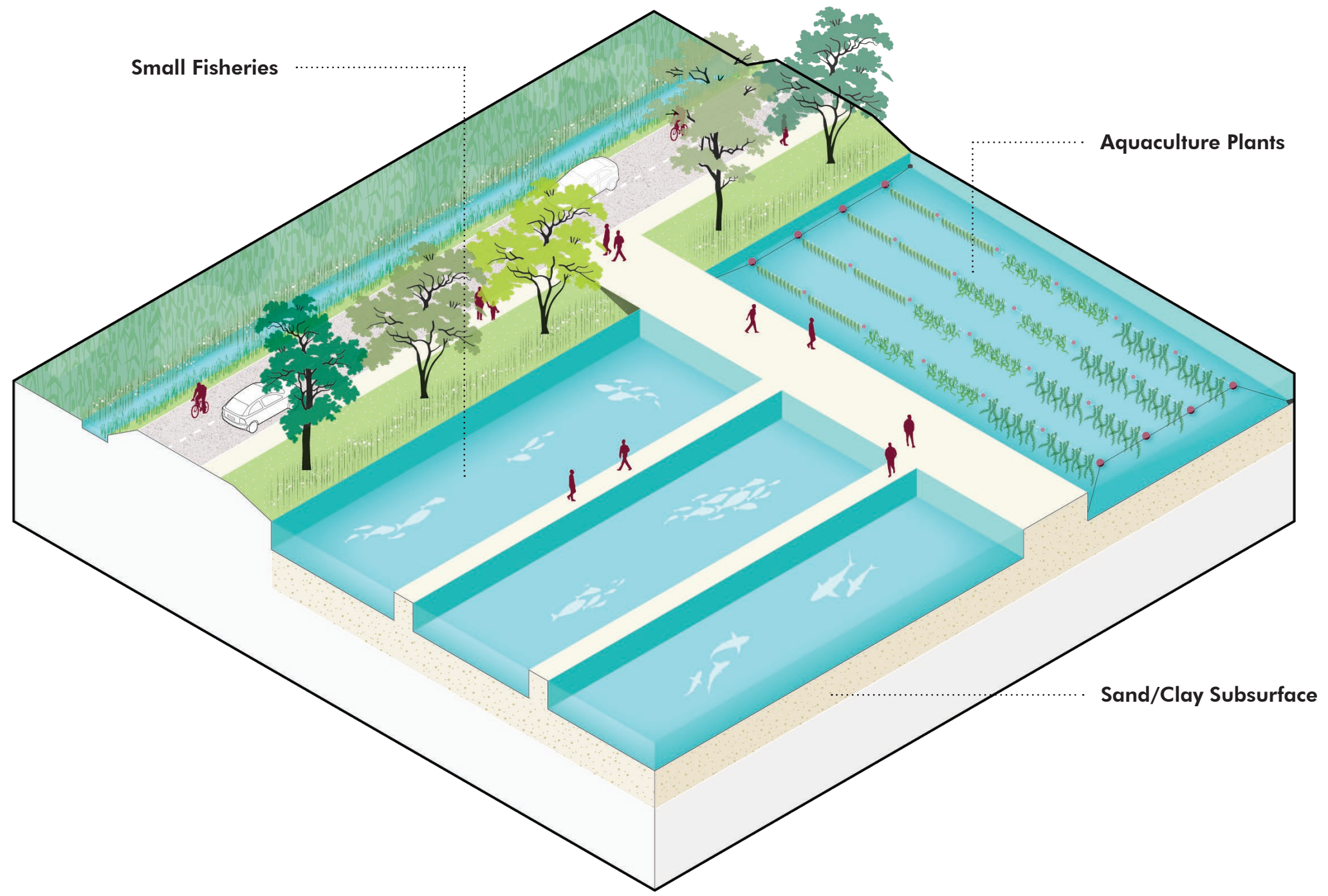
5.14 HYDROLOGY:
RAIN WATER STORAGE



5.14 HYDROLOGY:
GROUND WATER STORAGE

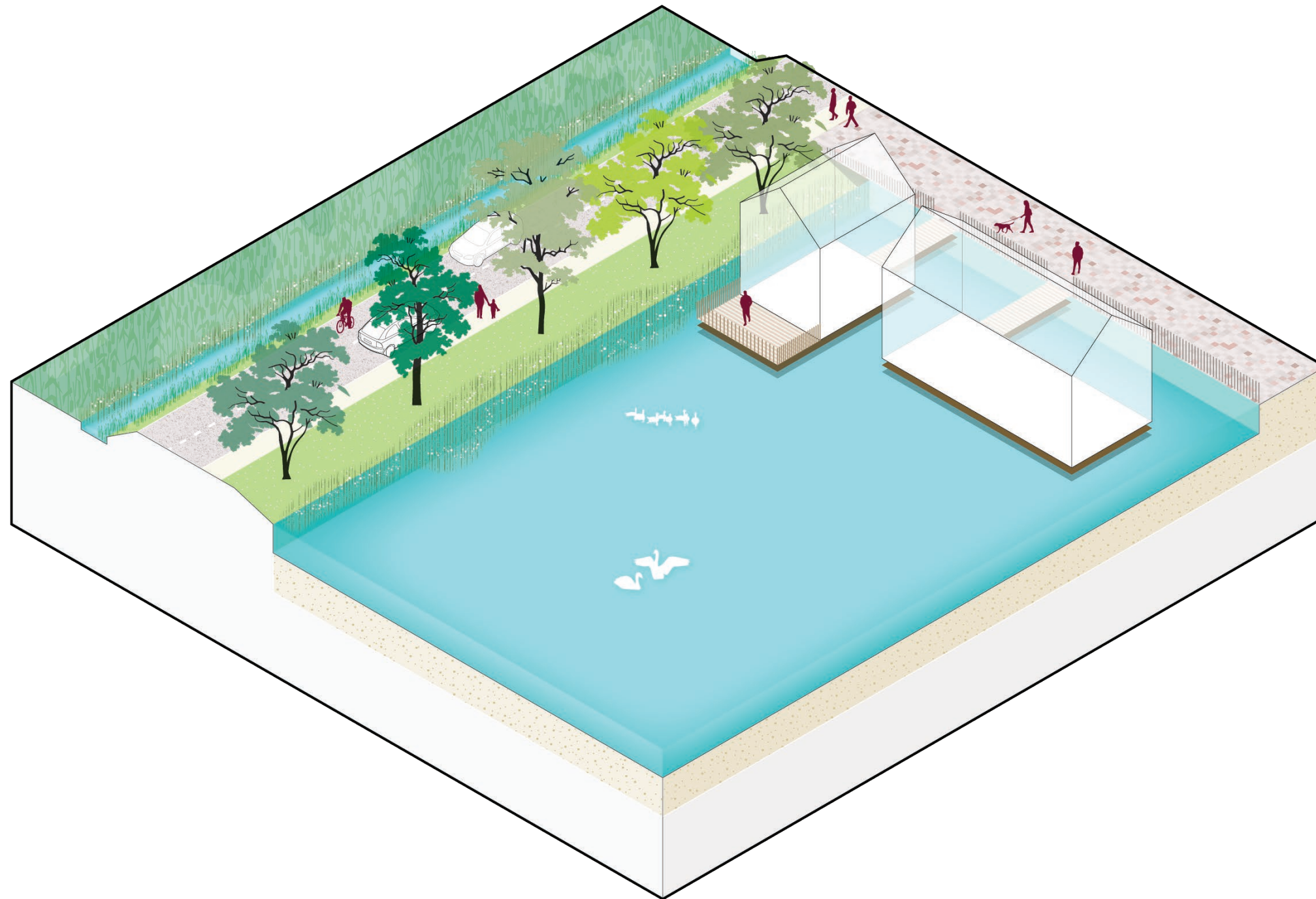


5.14 HYDROLOGY:
SURFACE WATER STORAGE

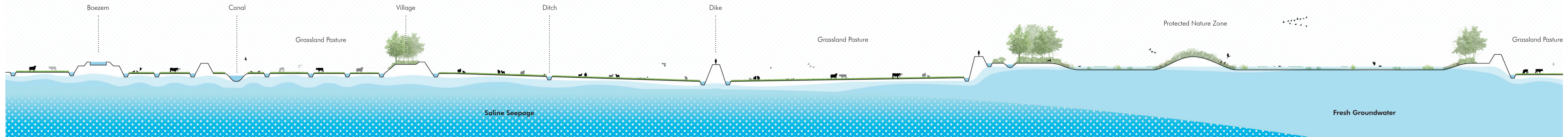


5.14 HYDROLOGY:
SURFACE WATER STORAGE

Storage Lake + Housing, Leisure, etc.

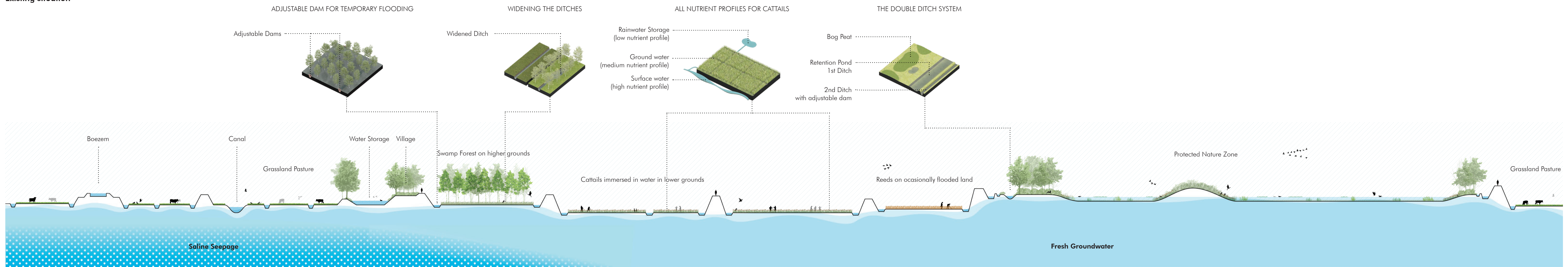


5.15 EXPANDING FRESHWATER THRESHOLD



Section A - A
Existing situation

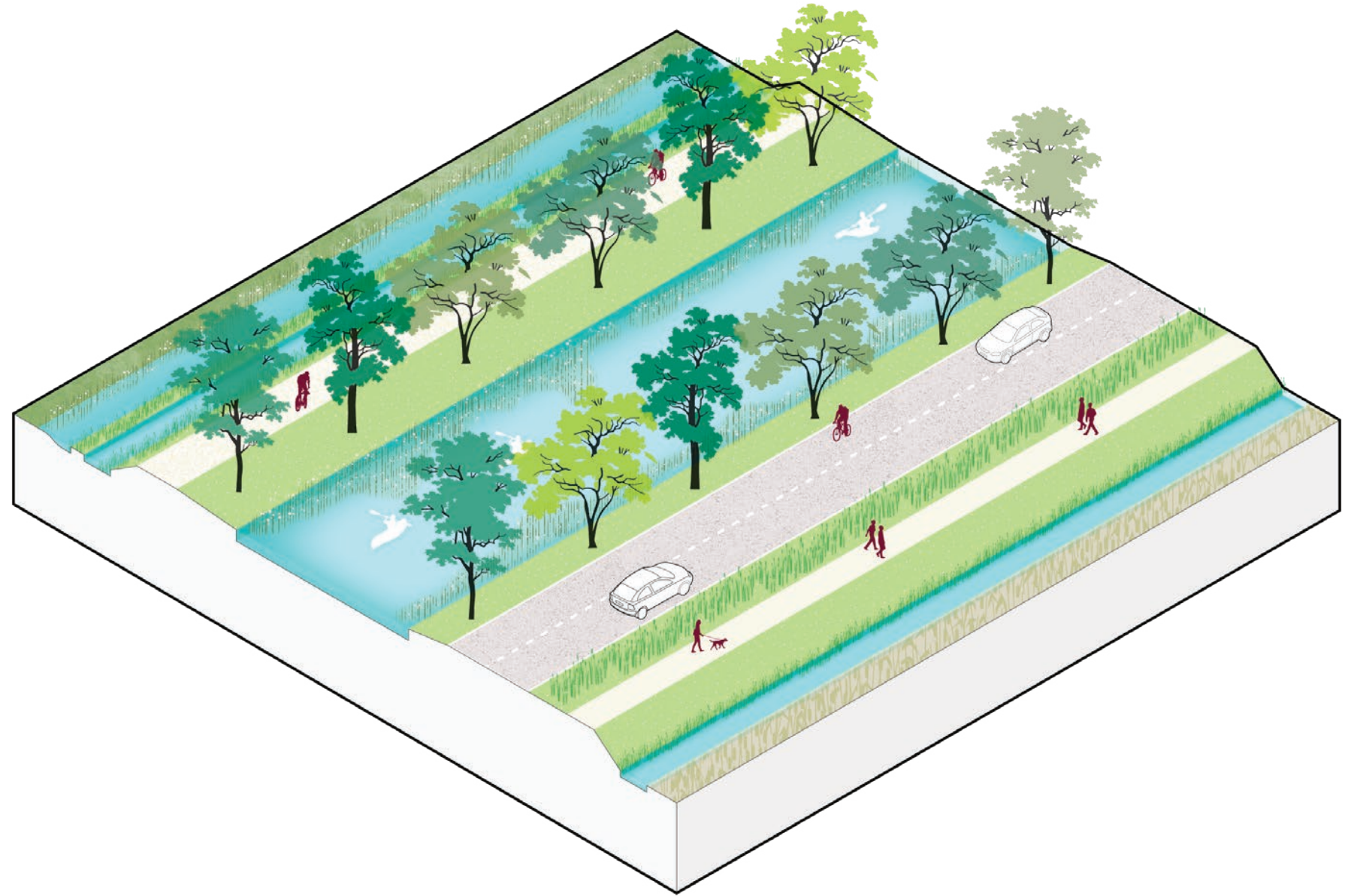
1:5,000



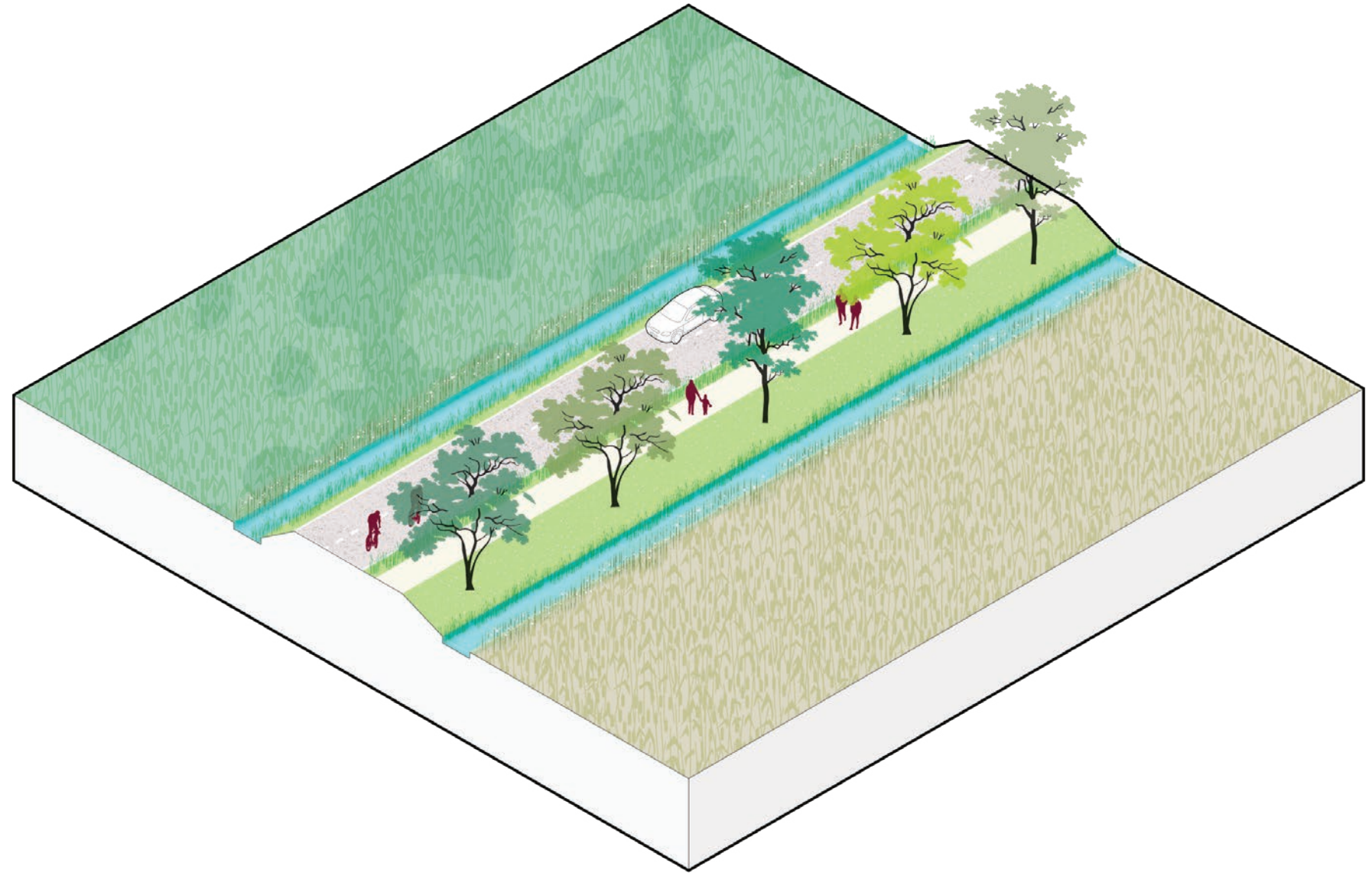
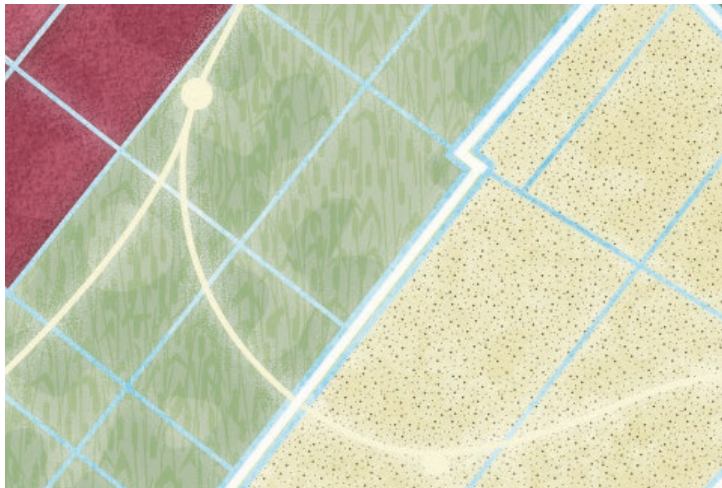
Section A - A
Design Proposal

1:5,000

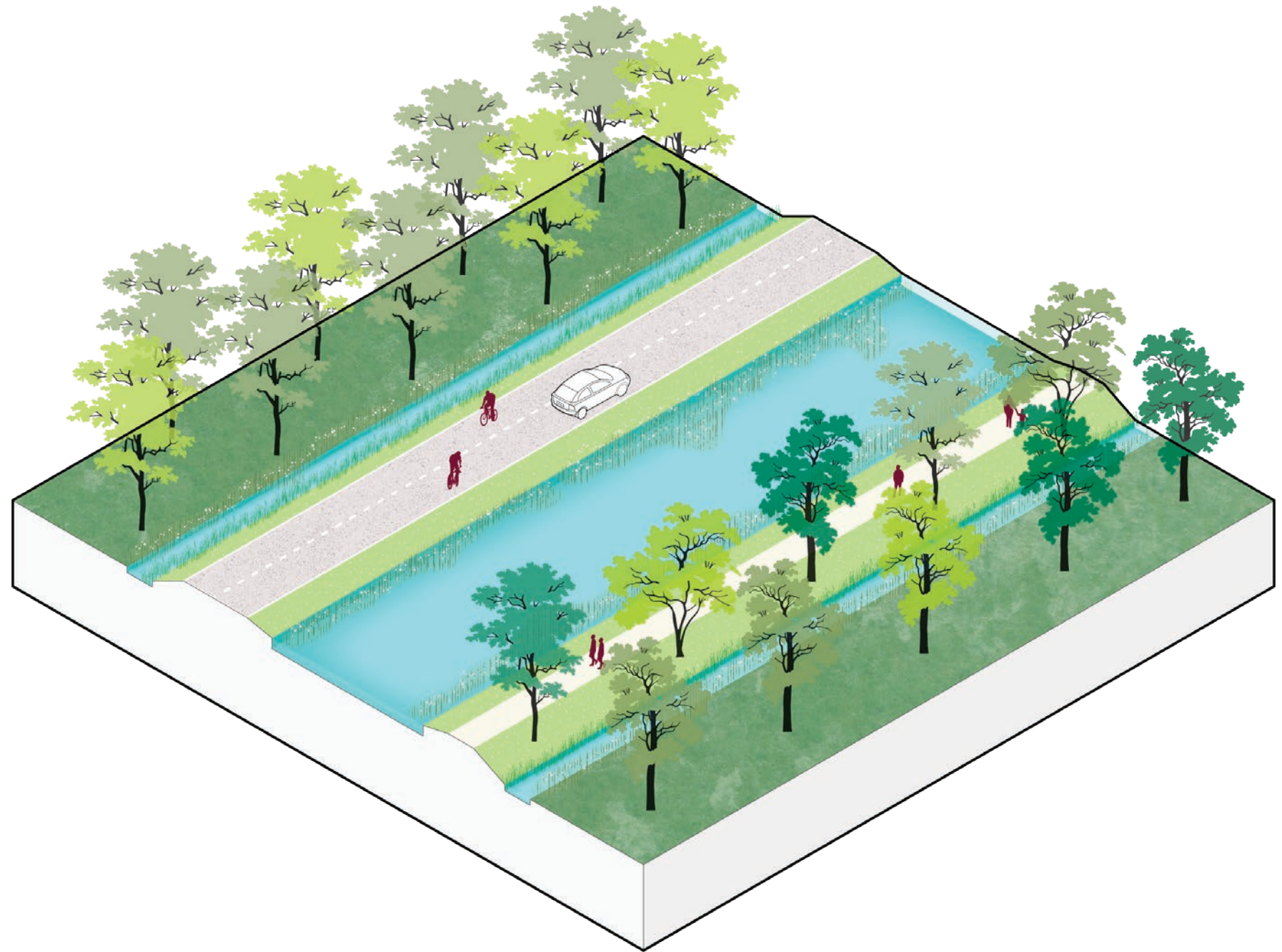
5.16 DIKE TYPOLOGIES:
TYPE 1 - ALONG THE BOEZEM



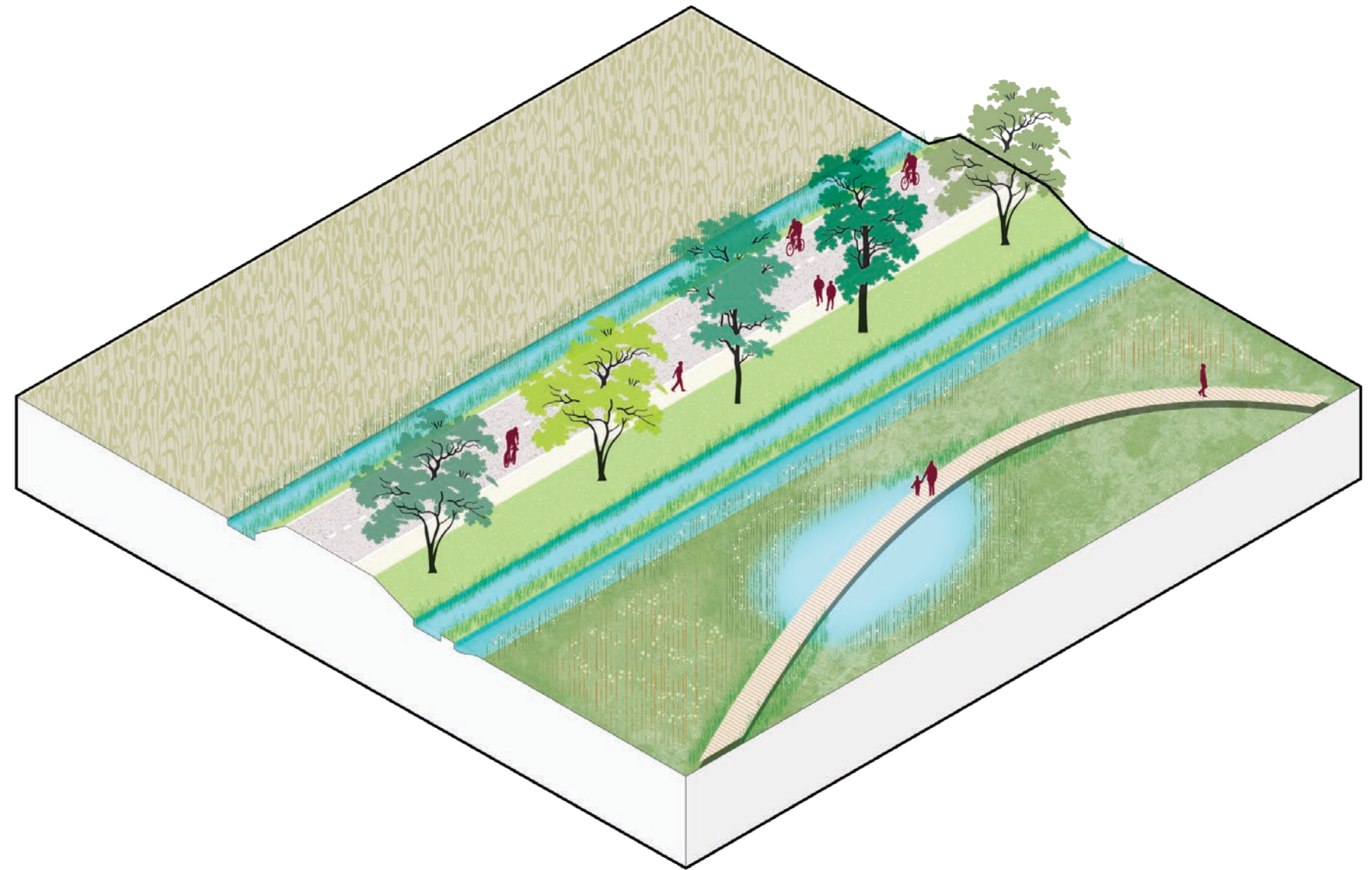
5.16 DIKE TYPOLOGIES:
TYPE 2 - REGULAR DIKES



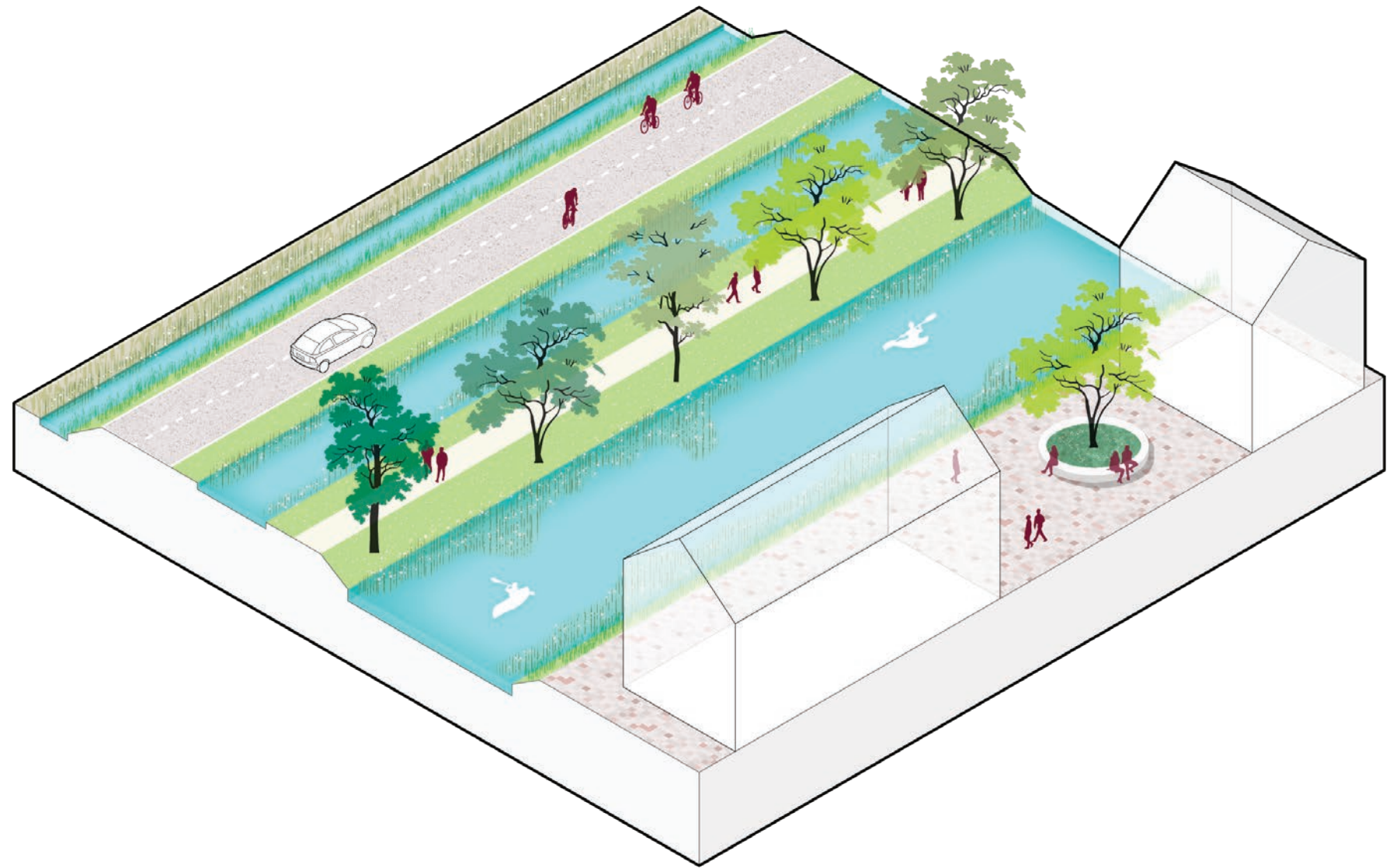
5.16 DIKE TYPOLOGIES:
TYPE 3 - WITH A MIDDLE CANAL



5.16 DIKE TYPOLOGIES:
TYPE 4 - ON THE NATURE RESERVE BORDER



5.16 DIKE TYPOLOGIES:
TYPE 5 - ON THE SETTLEMENTS BORDER



5.17 SUCCESSION IN THE NEW NATURE

The new nature zone **reinforces** the existing protected raised bog area and **closes the gap between two main natural patches.**

This new zone focuses on **restoring the peat ecosystem.** However, unlike the existing protected area, it **offers a diverse palette of habitats of the lowland and highland peat meadow.**

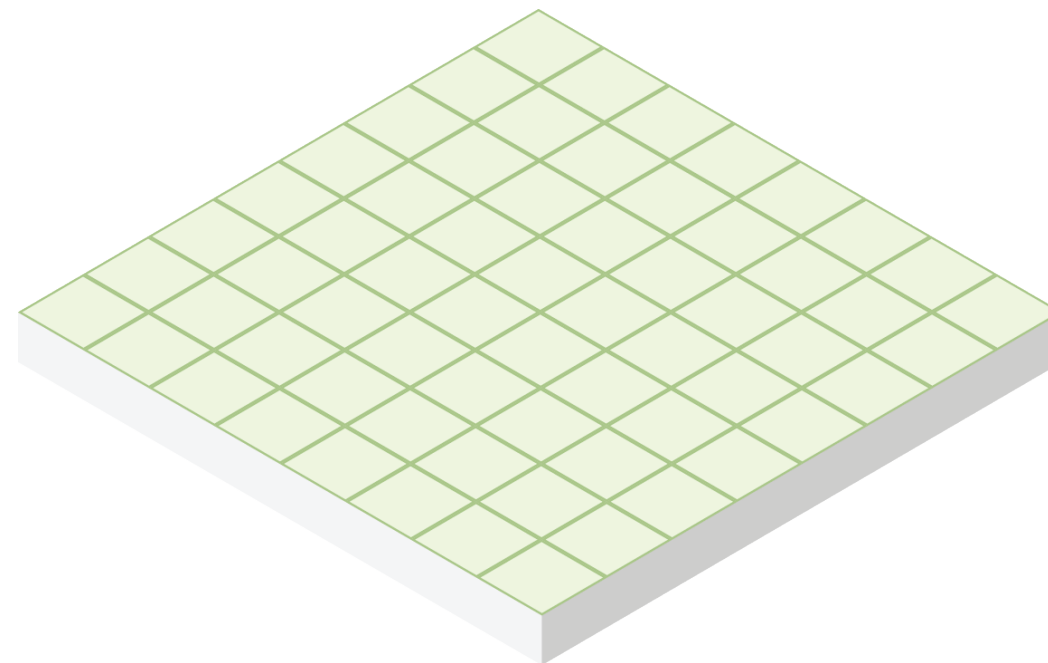
This is a shifting, **dynamic landscape** in which **sucession can be resetted** and experienced in all its stages. **It is a living laboratory to be explored.**

Grazors (cows, sheep, and goats) are introduced from time to time to **maintain this dynamic.** Therefore, this land parcel maintains to some level its **agricultural productivity.**

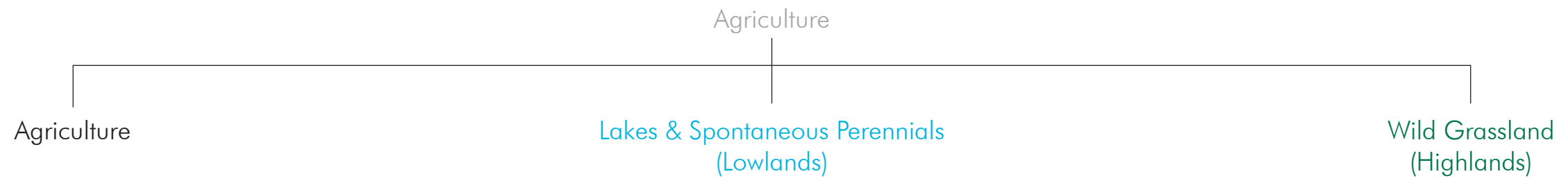
5.17 SUCCESSION IN THE NEW NATURE

Agriculture

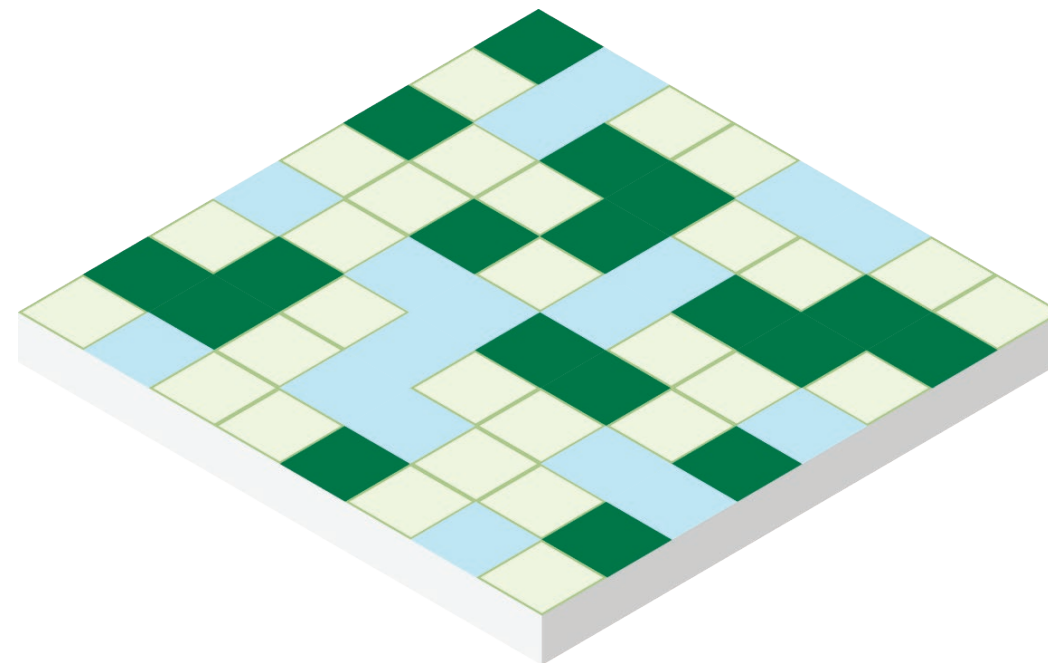
**Parcel Diversity:
monoculture grass**



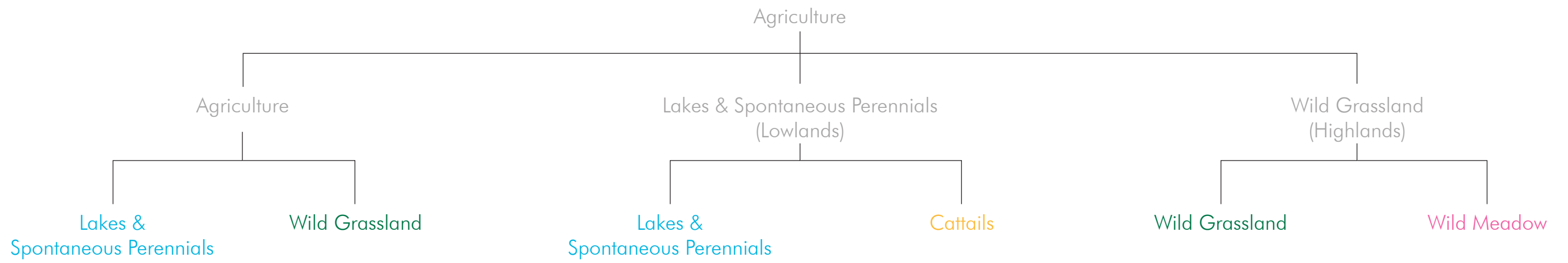
5.17 SUCCESSION IN THE NEW NATURE



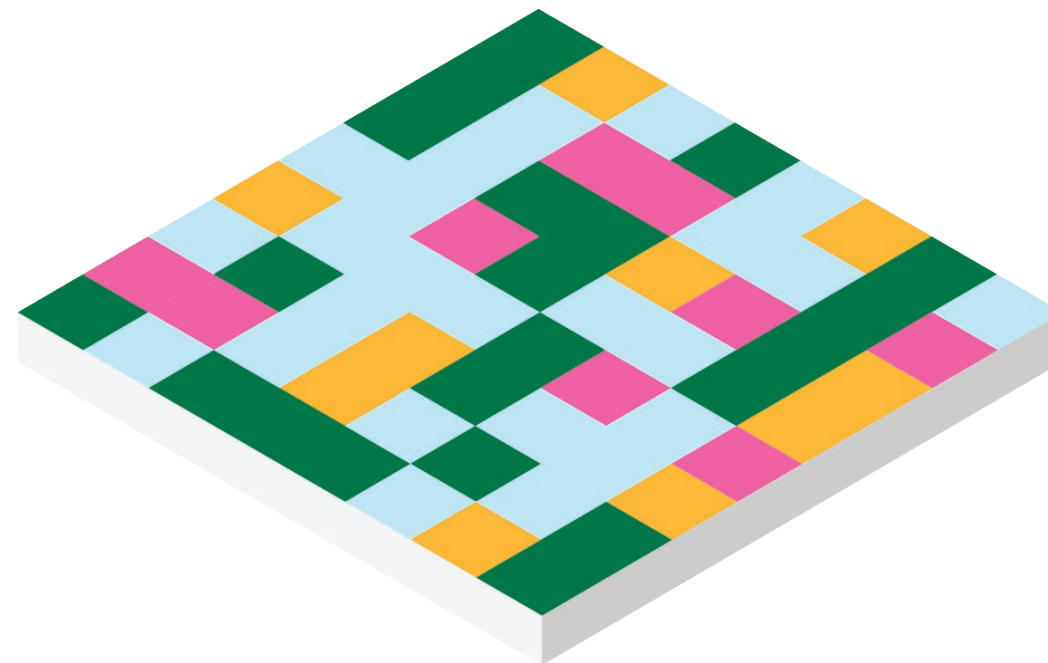
Parcel Diversity: 3



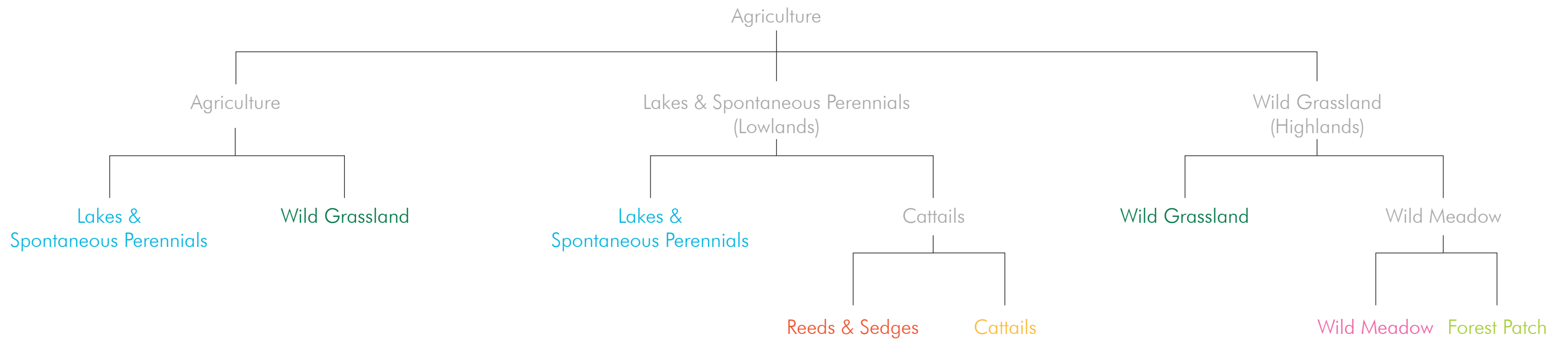
5.17 SUCCESSION IN THE NEW NATURE



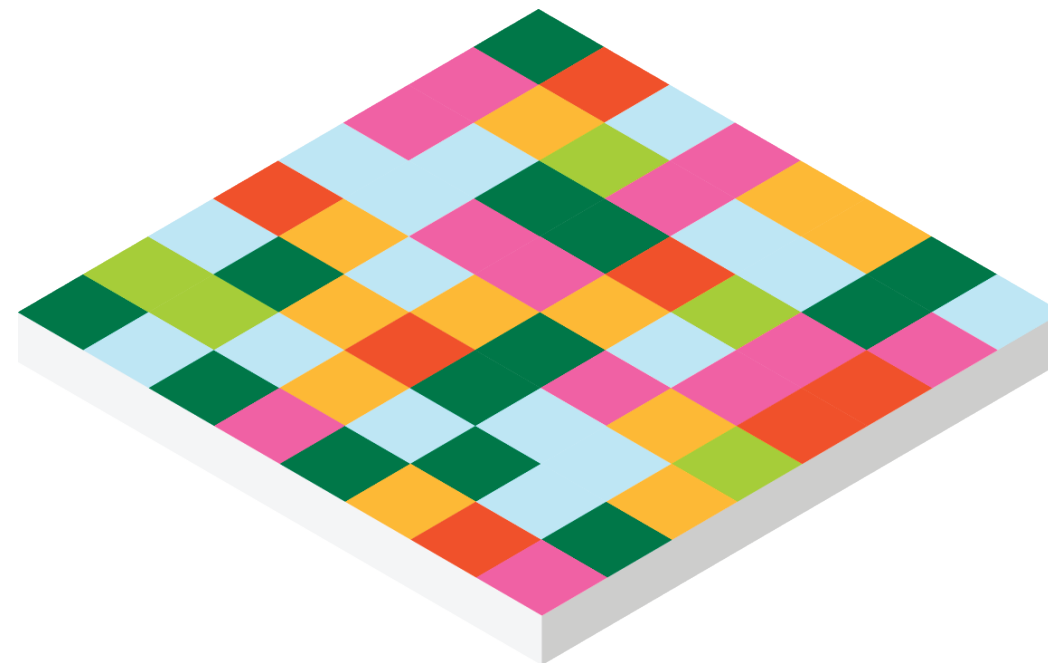
Parcel Diversity: 4



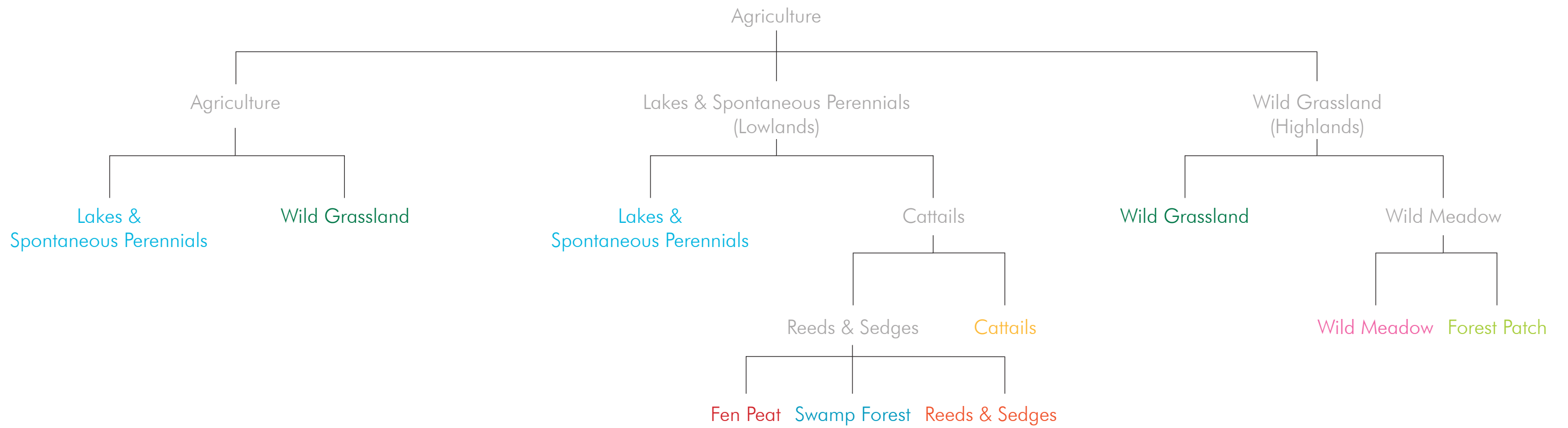
5.17 SUCCESSION IN THE NEW NATURE



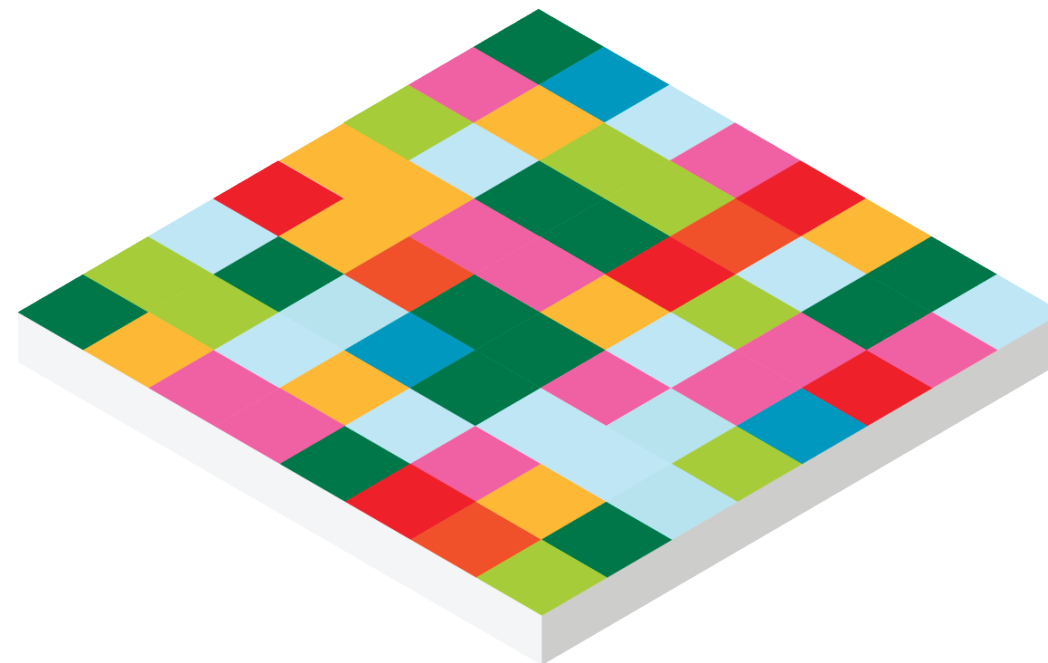
Parcel Diversity: 6



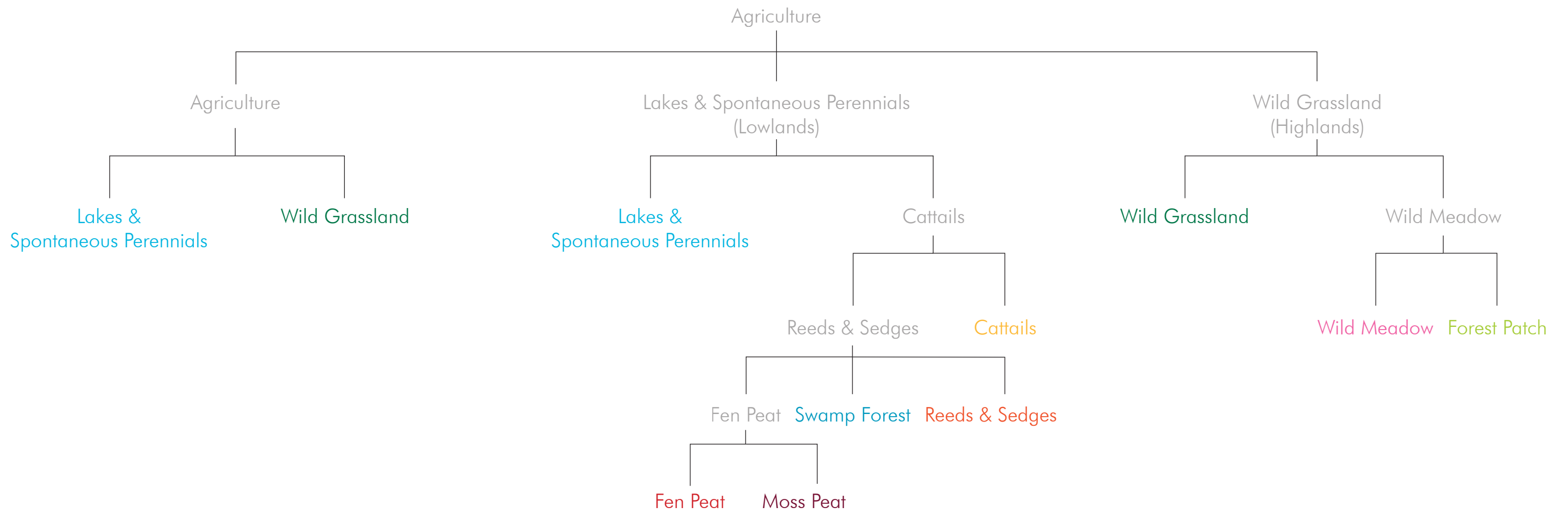
5.17 SUCCESSION IN THE NEW NATURE



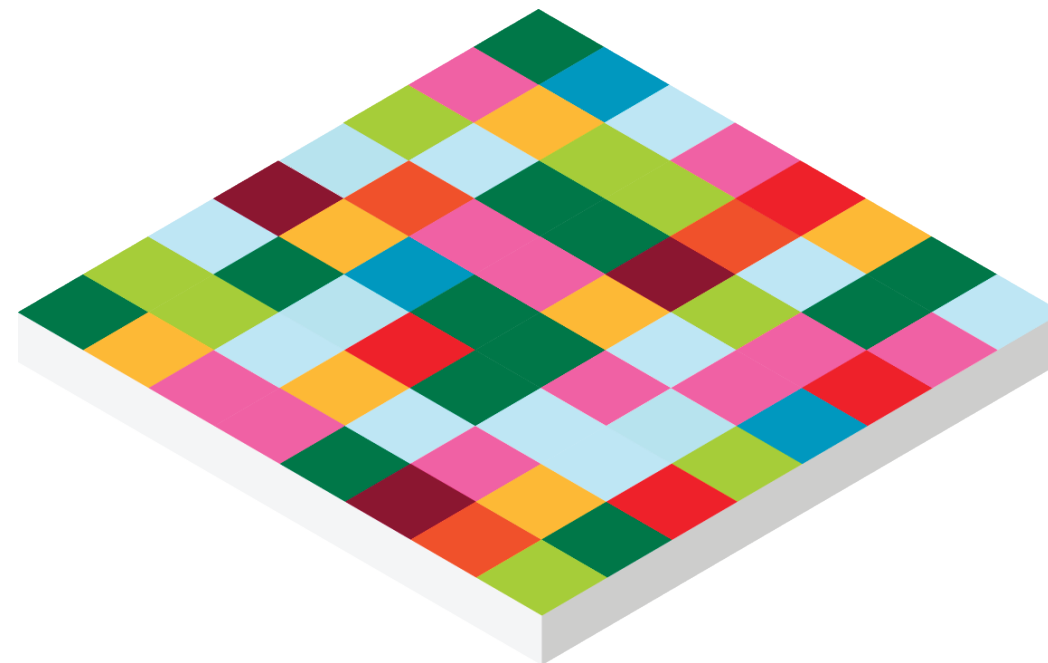
Parcel Diversity: 8



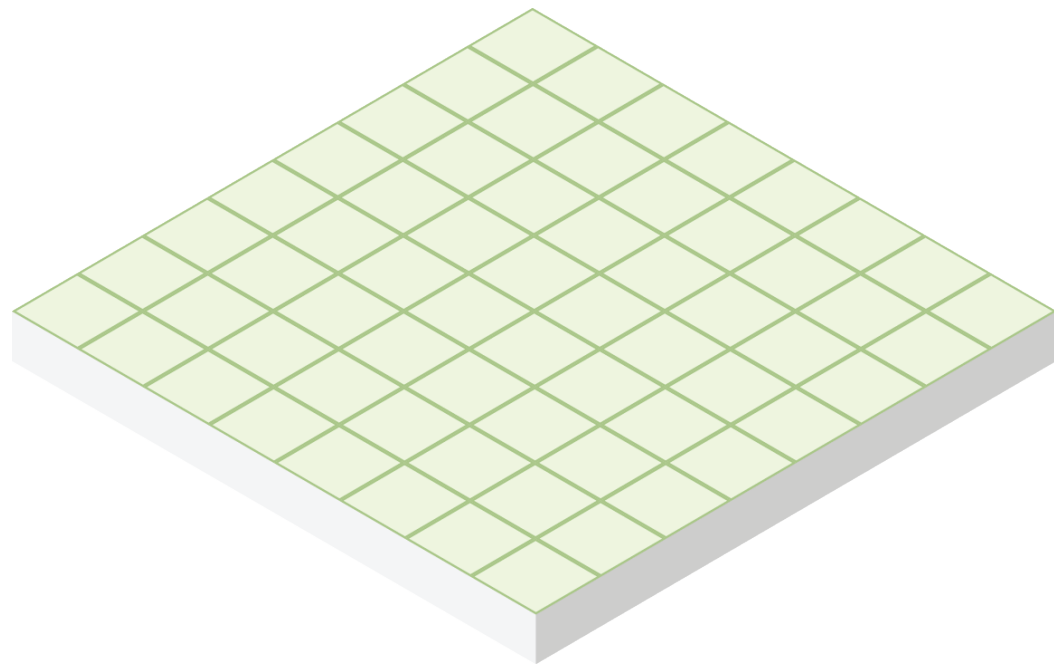
5.17 SUCCESSION IN THE NEW NATURE



Parcel Diversity: 9

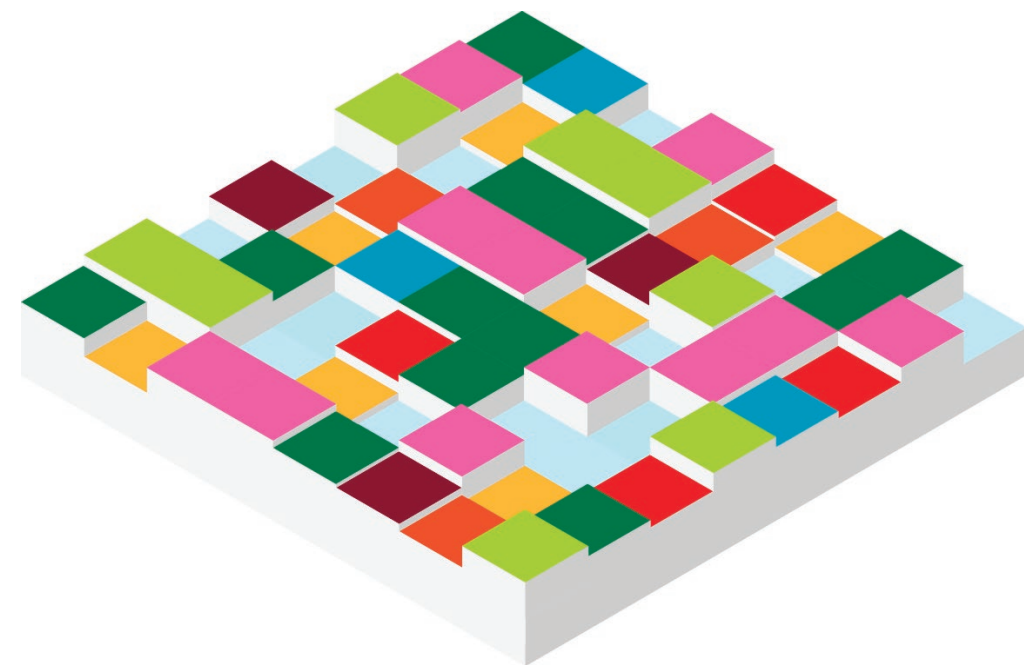


5.17 SUCCESSION IN THE NEW NATURE



Grassland Pasture

Monoculture
Mono-functional
Flat

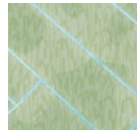


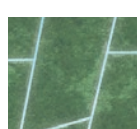






Nature Zone & Natural Succession

Diverse Patches
Multi-functional
Changing Topography

5.18 A DETAILED FRAME

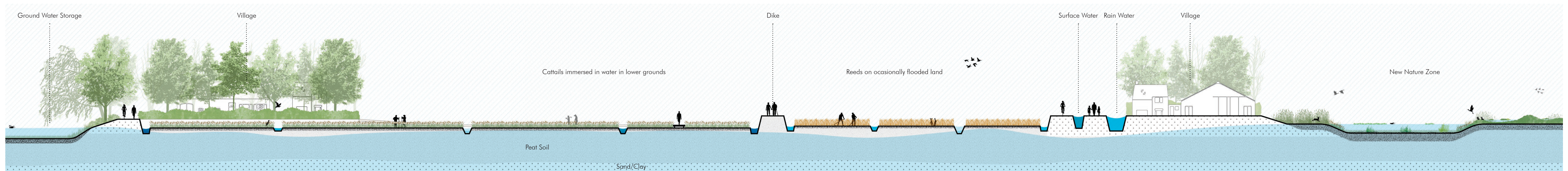
LEGEND

-  Cattails, Bluegrass
-  Cranberries
-  Reeds, Sedges
-  Willow, Alder, Birch Trees
-  New Nature Zone
-  Protected Nature Area
-  Water Storages
-  Wooden Field Paths & Platforms



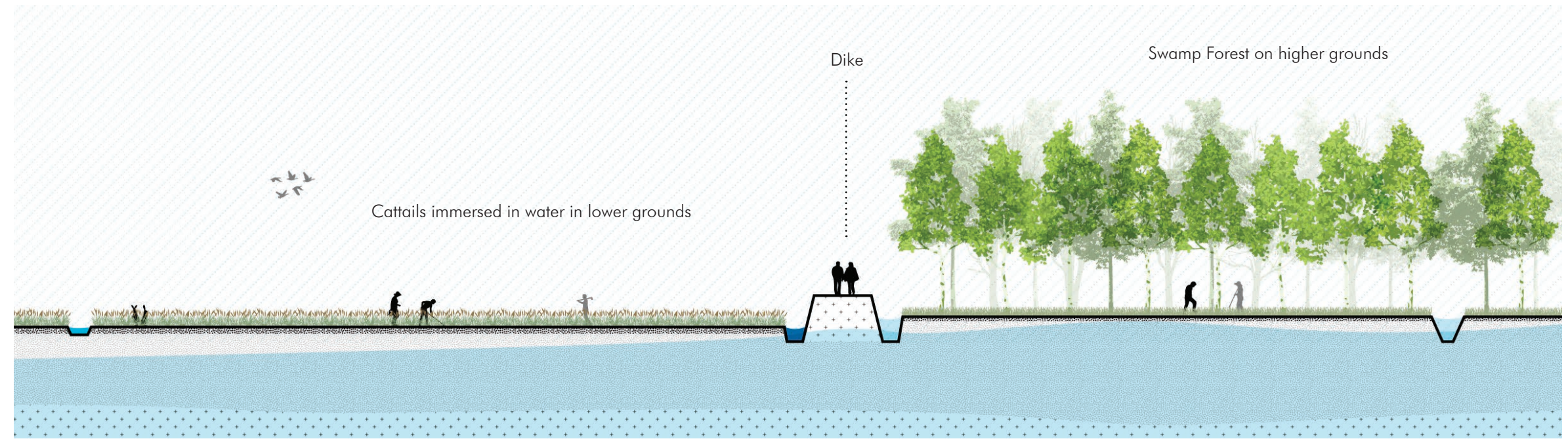
▲
N
1:15,000

5.19 SECTIONS



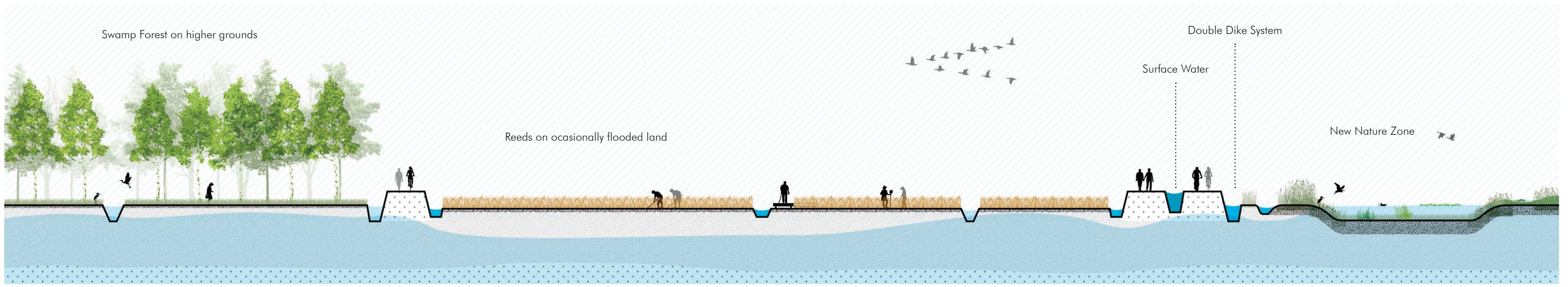
Section B - B

1:2,000



Section B - B

1:2,000



Section C - C

1:2,000

5.20 IMPRESSIONS

Kids wandering through the wooden path and platform



5.20 IMPRESSIONS

A farmer harvesting the reeds



5.20 IMPRESSIONS

Exploring the new nature park



5.20 IMPRESSIONS

Harvesting the cranberries, swamp forest on the horizon





Thank you.