

# lab book.

A GUIDE FOR INNOVATIVE MATERIALS



EDITED BY  
**NICLA GUARINO**

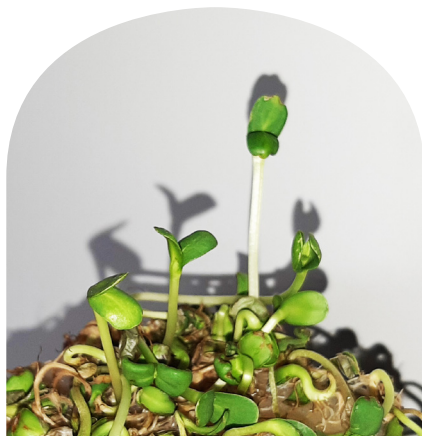




**POLITECNICO**  
MILANO 1863  
DIPARTIMENTO DI DESIGN

# lab book.

A GUIDE FOR INNOVATIVE MATERIALS



This lab book is a tinkering diary developed during the research thesis for the Master of Science Degree in *Design for the Fashion System* at Politecnico di Milano.

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**April 2022**



# content



INTRODUCTION



BIO-BASED  
MATERIALS



GROWING  
MATERIALS



MATERIALS  
TESTING

*01*

**Part**

# INTRODUCTION

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bio-based materials overview	9
growing materials overview	13
testings overview	17





# abstract.

This lab book is born from the idea to share the personal knowledge derived from my Master of Science Thesis' experimentation. It can be considered as a guide of experiments and testings that explore the innovative materials area. Specifically, the world of bioplastics and plants was the focus of the material research.

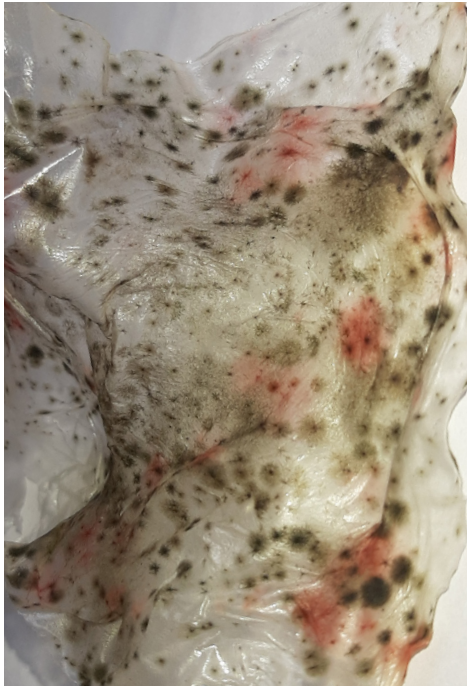
**Part 01** proposes a general introduction of the following sections, providing an overview of investigated materials and the tools utilised to create them.

Bio-based materials testings and particularly bioplastics are deepened in **Part 02**. The 'recipe' of each sample will be offered with its composition, notes, suggestions and more.

Living design and growing materials will be the subject of **Part 03**. Effectively, the attention is given a definite group of living sources, plants. Thus, different seeds have been tested in combination with several substrates.

**Part 04** is about three main testings made for the final project of the Master's thesis, *reGrowth*, with the aim to show bio-based materials' behaviour in certain contexts. In particular, the biodegradability and the resistance of the final samples have been verified and outlined to define some results.





# overview.

## BIO-BASED MATERIALS

### main components

#### AGAR



Agar is a gelling agent, originally used in Asian cuisines and now is common all over the world.

#### GELATINE



Gelatine is the most known plasticizer in the production of jelly-based foods such as aspic or desserts.

#### SODIUM ALGINATE



Sodium alginate, also identified as E401, is used a lot in molecular gastronomy as spherification.

#### CHARCOAL



Activated charcoal is a useful material, especially applicable in biomaterials, thanks to its conductive and purifying properties.

#### STARCH



Starch is a natural polymer used especially in cooking and other applications such as injection molding, or extrusion.

#### PECTIN



Pectin is a natural polysaccharide extracted from plants and fruits for different applications, i.e. food packaging.



results:

50 TOTAL  
RECIPES

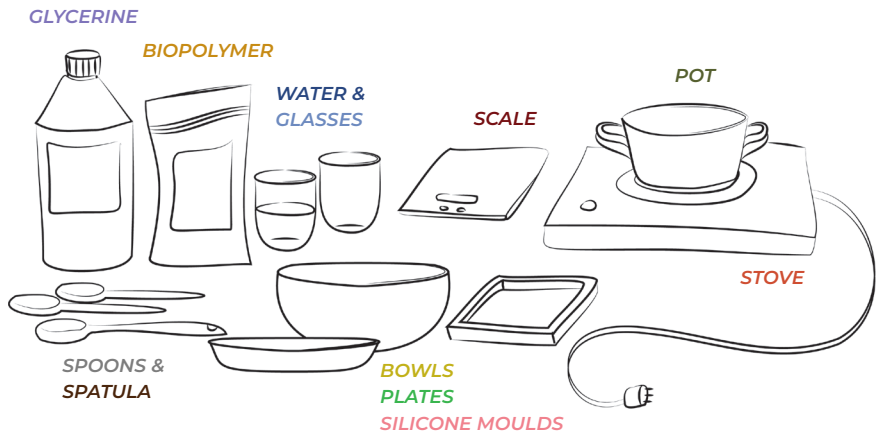
13 SELECTED  
MATERIALS  
FOR THE  
FASHION FIELD

5 SELECTED  
MATERIALS  
FOR THE  
PROJECT

# results & tools.

## BIO-BASED MATERIALS

### main tools & ingredients





# overview.

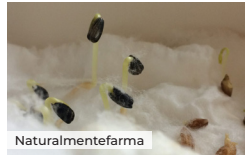
## GROWING MATERIALS

### textiles and materials

#### COTTON PADS



#### COTTON WOOL



#### COTTON CANVAS



#### PAPER TOWEL



#### COTTON YARN



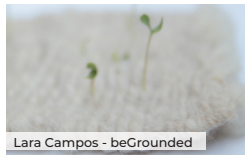
#### WOOL FELT



#### AGAR SUBSTRATE



#### KNIT WOOL



### easy to grow seeds

#### CATNIP

GERMINATION:  
7-10 days



#### CHIA

GERMINATION:  
3-14 days



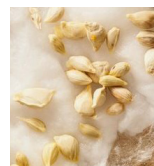
#### LAVENDER

GERMINATION:  
15-30 days



#### LEMON

GERMINATION:  
7-9 days



#### SUNFLOWER

GERMINATION:  
10-14 days

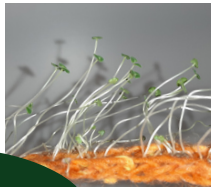


results:

16 TOTAL TRIALS



BEST SEEDS:



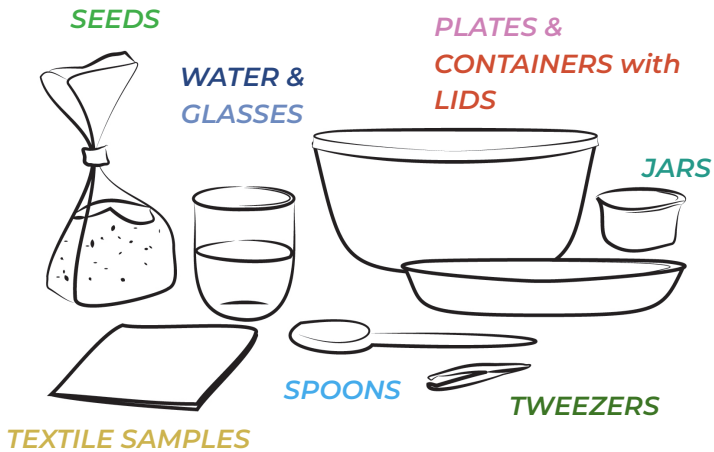
CHIA SEEDS



# results & tools.

## GROWING MATERIALS

### main tools & ingredients



## selected bio-based materials



● recipe n.3  
AGAR-BASED



● recipe n.19  
GELATINE-BASED



● recipe n.27  
ALGINATE-BASED



● recipe n.39  
POTATO STARCH-  
BASED



● recipe n.45  
CORN STARCH-  
BASED



## selected seeds



● chia seeds

on the top  
of the substrate

A

B

inside  
the substrate

# overview.

## MATERIALS TESTINGS



## final bio-based materials

### AGAR



#1A



#1B

DATE OF PRODUCTION  
04/12/2021

### GELATINE

DATE OF PRODUCTION  
04/12/2021



#2A



#2B

### ALGINATE



#3A



#3B

DATE OF PRODUCTION  
05/12/2021

# overview.

## MATERIALS TESTINGS

### POTATO STARCH

DATE OF  
PRODUCTION  
01/12/2021



#4A



#4B

### CORN STARCH



#5A



#5B

DATE OF  
PRODUCTION  
01/12/2021

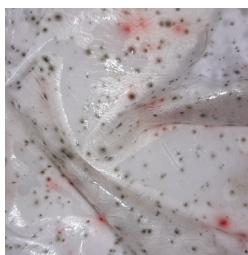
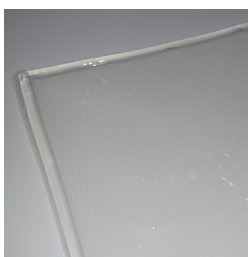
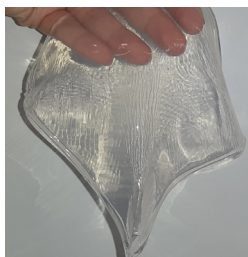
02

# Part

# BIO-BASED MATERIALS

agar	22
gelatine	50
sodium alginate	68
activated charcoal	92
starch	96
pectin	116

# recipe n.1



## ● Composition

Water	200 ml
Agar-agar powder	1 teaspoon

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it in a mould and leave it dry in a place with air flow.

## General info

DATE

27/09/2021

PREPARATION TIME

30 minutes

PROCESSING TIME

7-10 days

MOULD

Square plastic plate

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

23%

THICKNESS

8%

## Tools

Stove

Scale

Bowls

Pot

Plate

Spatula

Spoon



Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	100 mm x 100 mm
THICKNESS	6 mm	0.5 mm
STRENGTH	None	None
FLEXIBILITY	None	Low
ELASTICITY	None	Low
WEIGHT	Medium	Light
COLOUR	Uncoloured	Whitish with mold spots
TRANSPARENCY	High	High
GLOSSINESS	High	Medium
TEXTURE	Smooth	Wrinkled
ODOR	None	None
STICKINESS	High	None
RUBBERINESS	High	None
WATER REPELLENCY	Low	Low
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

- The material was not properly dried: mold grew on the surface → the surface could be treated with vinegar
- Once dried, the material shrinks and became opaque and less flexible

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Creating Edible Bioplastic Bags from Agar - Organic Chemistry Project by Monavi Barthakur* <https://www.youtube.com/watch?v=asfZzra-hqw&t=171s>

## recipe n.2



### ● Composition

Water	200 ml
Agar-agar powder	1 teaspoon

### ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a baking paper foil and leave it dry in a place with air flow.

### General info

DATE  
27/09/2021

PREPARATION TIME  
30 minutes

PROCESSING TIME  
3-6 days

MOULD  
Baking paper sheet

PHYSICAL FORM  
Sheet

### Shrinkage

WIDTH/LENGTH  
8-10%

THICKNESS  
5%

### Tools

Stove  
Scale  
Bowls  
Pot  
Baking paper foil  
Spatula  
Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Uneven	Uneven
THICKNESS	4 mm (Uneven)	0.2 mm
STRENGTH	Low	None
FLEXIBILITY	Low	Low
ELASTICITY	None	Low
WEIGHT	Light	Light
COLOUR	Uncoloured	Whitish
TRANSPARENCY	High	High
GLOSSINESS	High	Medium
TEXTURE	Smooth	Slightly smooth
ODOR	None	None
STICKINESS	High	None
RUBBERINESS	High	None
WATER REPELLENCY	Low	Low
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

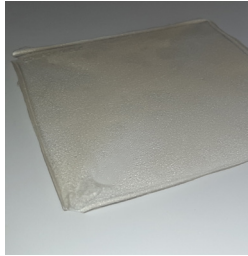
- Once dried, the material shrinks and becomes very fragile and a little opaque

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Creating Edible Bioplastic Bags from Agar - Organic Chemistry Project by Monavi Barthakur* <https://www.youtube.com/watch?v=asfZzra-hqw&t=171s>

## recipe n.3



### ● Composition

Water	40 ml
Agar-agar powder	2 g
Glycerine	8 g

### ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a plate and leave it dry in a place with air flow.

### General info

DATE  
27/09/2021

PREPARATION TIME  
20 minutes

PROCESSING TIME  
5-8 days

MOULD  
Square plastic plate

PHYSICAL FORM  
Sheet

### Shrinkage

WIDTH/LENGTH  
25%

THICKNESS  
56%

### Tools

Stove  
Scale  
Bowls  
Pot  
Plate  
Spatula  
Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	95 mm x 100 mm
THICKNESS	4 mm	1.2 mm
STRENGTH	Medium	Medium
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	Uncoloured	Yellowish
TRANSPARENCY	High	Medium
GLOSSINESS	Medium	Medium
TEXTURE	Smooth	Grainy
ODOR	None	None
STICKINESS	High	Low
RUBBERINESS	High	None
WATER REPELLENCY	Low	Low
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

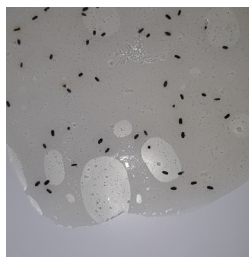
- Once dried, the material shrinks and becomes a little opaque, grainy and yellowish

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cook Book* by Margaret Dunne [https://issuu.com/hat\\_arc/docs/bioplastic\\_cook\\_book\\_3](https://issuu.com/hat_arc/docs/bioplastic_cook_book_3)

## recipe n.4



### ● Composition

Water	40 ml
Agar-agar powder	2 g
Glycerine	8 g
Lavender seeds	q.s.

### ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, add some lavender seed, stir the solution and pour it on a mould.

Leave it dry in a place with air flow.

### General info

DATE

13/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

5-8 days

MOULD

Silicone surface

PHYSICAL FORM

Sheet

### Shrinkage

WIDTH/LENGTH

8-10%

THICKNESS

10%

### Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Uneven	Uneven
THICKNESS	2 mm	1.2 mm
STRENGTH	Low	Low
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Light	Light
COLOUR	Uncoloured	With yellowish halos
TRANSPARENCY	High	High
GLOSSINESS	High	High
TEXTURE	Smooth	Grainy
ODOR	None	None
STICKINESS	High	Low
RUBBERINESS	High	None
WATER REPELLENCY	Low	Low
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

- Once dried, the material shrinks and becomes grainy and a little yellowish
- Lavender seeds released light yellowish halos

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cook Book* by Margaret Dunne [https://issuu.com/hat\\_arc/docs/bioplastic\\_cook\\_book\\_3](https://issuu.com/hat_arc/docs/bioplastic_cook_book_3)

# recipe n.5



## ● Composition

Water	160 ml
Agar-agar powder	2 g
Glycerine	8 g

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved. Heat the solution while stirring gently. Remove bubbles on the top with a spoon to obtain an even surface. When the solution starts to boil and slightly thicken, pour it on a mould and leave it dry in a place with air flow.

## General info

DATE

13/10/2021

PREPARATION TIME

30 minutes

PROCESSING TIME

7-10 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

25%

THICKNESS

80%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon



Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 112 mm
THICKNESS	5 mm	1 mm
STRENGTH	Low	Low
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	Uncoloured	Yellowish
TRANSPARENCY	Medium	High
GLOSSINESS	High	High
TEXTURE	Smooth	Slightly grainy
ODOR	None	None
STICKINESS	High	Low
RUBBERINESS	High	None
WATER REPELLENCY	Low	Low
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

- Once dried, it shrinks and becomes grainy and yellowish

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cook Book* by Margaret Dunne [https://issuu.com/hat\\_arc/docs/bioplastic\\_cook\\_book\\_3](https://issuu.com/hat_arc/docs/bioplastic_cook_book_3)

## recipe n.6



### • Composition

Water	60 ml
Agar-agar powder	2.5 g
Lavender buds	q.s.

### • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, add a small quantity of lavender buds and stir the solution.

Pour it on a plate and leave it dry in a place with air flow.

### General info

DATE

28/09/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

7-10 days

MOULD

Square plastic plate

PHYSICAL FORM

Sheet

### Shrinkage

WIDTH/LENGTH

19%

THICKNESS

80%

### Tools

Stove

Scale

Bowls

Pot

Plate

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	105 mm x 105 mm
THICKNESS	5 mm	1 mm
STRENGTH	Medium	Medium
FLEXIBILITY	None	None
ELASTICITY	High	None
WEIGHT	Medium	Light
COLOUR	Uncoloured	With yellowish halos
TRANSPARENCY	Medium	Low
GLOSSINESS	Medium	Low
TEXTURE	Smooth	Wrinkled
ODOR	Low	None
STICKINESS	High	None
RUBBERINESS	High	None
WATER REPELLENCY	Low	Low
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

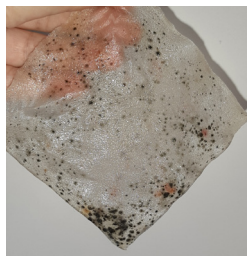
- The material was not properly dried: mold grew on the surface → the surface could be treated with vinegar
- Once dried, the material shrinks and become opaque and lavender buds released brownish halos

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cook Book* by Margaret Dunne [https://issuu.com/hat\\_arc/docs/bioplastic\\_cook\\_book\\_3](https://issuu.com/hat_arc/docs/bioplastic_cook_book_3)

# recipe n.7



## ● Composition

Water	60 ml
Agar-agar powder	2.5 g
Glycerine	6 g

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved. Heat the solution while stirring gently. Remove bubbles on the top with a spoon to obtain an even surface. When the solution starts to boil and slightly thicken, pour it on a plate and leave it dry in a place with air flow.

## General info

DATE  
28/09/2021

PREPARATION TIME  
20 minutes

PROCESSING TIME  
7-10 days

MOULD  
Square plastic plate

PHYSICAL FORM  
Sheet

## Shrinkage

WIDTH/LENGTH  
31%

THICKNESS  
80%

## Tools

Stove  
Scale  
Bowls  
Pot  
Plate  
Spatula  
Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	90 mm x 90 mm
THICKNESS	5 mm	1 mm
STRENGTH	Medium	Medium
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	Uncoloured	Yellowish
TRANSPARENCY	Medium	Low
GLOSSINESS	Medium	Low
TEXTURE	Smooth	Grainy
ODOR	None	None
STICKINESS	High	Low
RUBBERINESS	High	Medium
WATER REPELLENCY	Low	Low
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

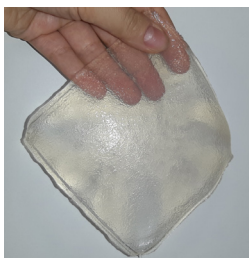
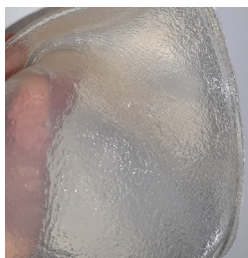
- The material was not properly dried: mold grew on the surface → the surface could be treated with vinegar
- Once dried, the material shrinks and becomes opaque and yellowish

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cook Book* by Margaret Dunne [https://issuu.com/hat\\_arc/docs/bioplastic\\_cook\\_book\\_3](https://issuu.com/hat_arc/docs/bioplastic_cook_book_3)

## recipe n.8



### ● Composition

Water	60 ml
Agar-agar powder	2.5 g
Glycerine	11 g

### ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a plate and leave it dry in a place with air flow.

### General info

DATE

28/09/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

9-12 days

MOULD

Square plastic plate

PHYSICAL FORM

Sheet

### Shrinkage

WIDTH/LENGTH

19%

THICKNESS

80%

### Tools

Stove

Scale

Bowls

Pot

Plate

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	105 mm x 105 mm
THICKNESS	5 mm	1 mm
STRENGTH	Medium	Medium
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	Uncoloured	Yellowish
TRANSPARENCY	Medium	Low
GLOSSINESS	Medium	Low
TEXTURE	Smooth	Grainy
ODOR	None	None
STICKINESS	High	Low
RUBBERINESS	High	Medium
WATER REPELLENCY	Low	Low
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

- The material was not properly dried: mold grew on the surface → the surface could be treated with vinegar
- Once dried, the material shrinks and become opaque and yellowish

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cook Book* by Margaret Dunne [https://issuu.com/hat\\_arc/docs/bioplastic\\_cook\\_book\\_3](https://issuu.com/hat_arc/docs/bioplastic_cook_book_3)

# recipe n.9



## ● Composition

Water	250 ml
Agar-agar powder	5 g
Glycerine	15 g
Lavender seeds	q.s.

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a mould and leave it dry in a place with air flow.

## General info

DATE

12/10/2021

PREPARATION TIME

45 minutes

PROCESSING TIME

7-10 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

35%

THICKNESS

64%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon



Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 98 mm
THICKNESS	5 mm	1.8 mm
STRENGTH	Medium	Medium
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Medium	Medium
COLOUR	Uncoloured	Yellowish
TRANSPARENCY	Medium	Medium
GLOSSINESS	Medium	Medium
TEXTURE	Smooth	Grainy
ODOR	None	None
STICKINESS	High	Low
RUBBERINESS	High	High
WATER REPELLENCY	Low	Low
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

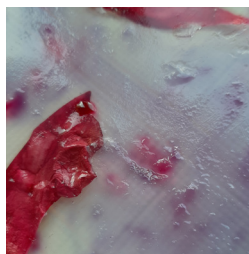
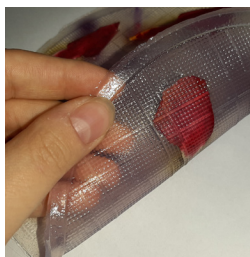
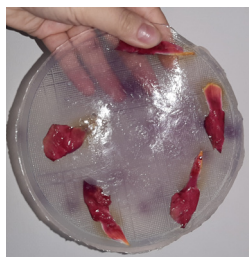
- Once dried, the material shrinks and become yellowish

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/agarfoil/>

# recipe n.10



## ● Composition

Water	80 ml
Agar-agar powder	3 g
Glycerine	11 g
Petals	5 pcs
Radish colorant powder	q.s.

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a plate and add petals and colorant powder.

Leave it dry in a place with air flow.

## General info

DATE

04/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

7-10 days

MOULD

Round plastic plate

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

29%

THICKNESS

83%

## Tools

Stove

Scale

Bowls

Pot

Plate

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 170 mm	Ø 120 mm
THICKNESS	6 mm	1 mm
STRENGTH	Medium	Medium
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	Shaded red	Shaded red & yellowish
TRANSPARENCY	Medium	Low
GLOSSINESS	High	Medium
TEXTURE	Smooth	Smooth/Checked
ODOR	None	None
STICKINESS	High	Low
RUBBERINESS	High	Medium
WATER REPELLENCY	Low	Low
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

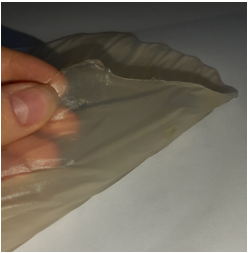
- The material was not properly dried: mold grew on the surface → the surface could be treated with vinegar
- Once the material is completely dried, it shrinks a little and becomes opaque and yellowish

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✓ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/agar-agar.html>

# recipe n.11



## ● Composition

Water	160 ml
Agar-agar powder	3 g
Gelatine powder	3 g
Glycerine	22 g

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a baking paper foil and leave it dry in a place with air flow.

## General info

DATE

04/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

7-10 days

MOULD

Baking paper sheet

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

10-15%

THICKNESS

60%

## Tools

Stove

Scale

Bowls

Pot

Baking paper foil

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Uneven	Uneven
THICKNESS	3 mm	1.2 mm
STRENGTH	Medium	Medium
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	Uncoloured	Yellowish
TRANSPARENCY	Medium	Medium
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth and waved	Smooth and waved
ODOR	Low	Low
STICKINESS	High	Low
RUBBERINESS	High	Medium
WATER REPELLENCY	Low	Low
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

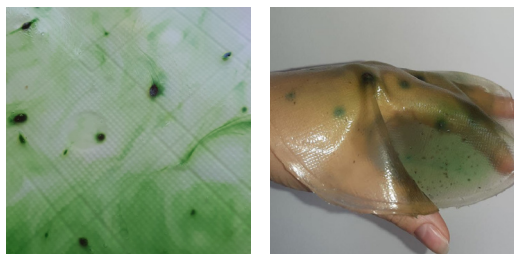
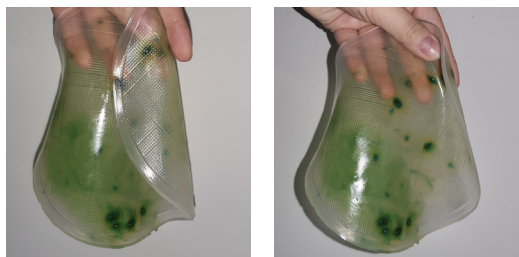
- Once dried, the material shrinks and becomes yellowish

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/agar-agar.html>

# recipe n.12



## ● Composition

Water	160 ml
Agar-agar powder	3 g
Gelatine powder	3 g
Glycerine	22 g
Safflower colorant powder	q.s.

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a plate and add some colorant powder. Leave it dry in a place with air flow.

## General info

DATE

04/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

7-10 days

MOULD

Round plastic plate

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

15%

THICKNESS

80%

## Tools

Stove

Scale

Bowls

Pot

Plate

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 170 mm	Ø 145 mm
THICKNESS	4 mm	0.8 mm
STRENGTH	Low	Low
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	Shaded green	Shaded green & yellowish
TRANSPARENCY	Medium	Medium
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth	Smooth/Checked
ODOR	Low	Low
STICKINESS	High	Low
RUBBERINESS	High	Medium
WATER REPELLENCY	Low	Low
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

- The material was not properly dried: mold grew on the surface → the surface could be treated with vinegar
- Once the material is completely dried, it shrinks a little and becomes more shaded

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/agar-agar.html>

# recipe n.13



## ● Composition

Water	160 ml
Agar-agar powder	3 g
Gelatine powder	3 g
Glycerine	22 g

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a mould and leave it dry in a place with air flow.

## General info

DATE

12/10/2021

PREPARATION TIME

25 minutes

PROCESSING TIME

7-10 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

17%

THICKNESS

16%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon



Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 124 mm
THICKNESS	1.2 mm	1 mm
STRENGTH	None	None
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Light	Light
COLOUR	Uncoloured	Yellowish
TRANSPARENCY	High	High
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth	Smooth
ODOR	Low	Low
STICKINESS	High	High
RUBBERINESS	High	High
WATER REPELLENCY	Low	Low
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

- Once the material is completely dried, it shrinks a little and becomes yellowish

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/agarfoil/>

# recipe n.14



## ● Composition

Water	160 ml
Agar-agar powder	3 g
Gelatine powder	3 g
Glycerine	22 g
Lavender seeds	q.s.

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, add lavender seeds and pour it on a mould.

Finally, leave it dry in a place with air flow.

## General info

DATE

12/10/2021

PREPARATION TIME

25 minutes

PROCESSING TIME

7-10 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

20%

THICKNESS

60%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 120 mm
THICKNESS	5 mm	2 mm
STRENGTH	Low	Low
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	Uncoloured	Yellowish
TRANSPARENCY	High	High
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth	Smooth
ODOR	Low	Low
STICKINESS	High	High
RUBBERINESS	High	High
WATER REPELLENCY	Low	Low
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

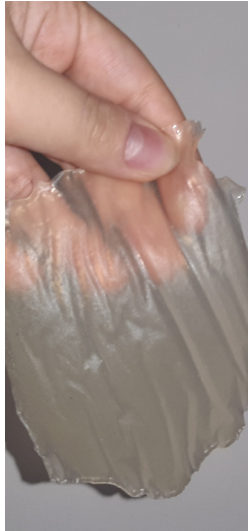
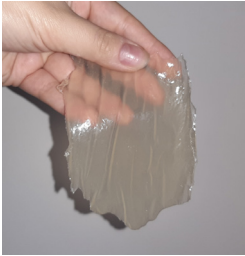
- Once the material is completely dried, it shrinks a little and becomes yellowish

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/agarfoil/>

# recipe n.15



## • Composition

Water	80 ml
Gelatine powder	12 g
Glycerine	7.2 g

## • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a baking paper foil and leave it dry in a place with air flow.

## General info

DATE

04/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

5-8 days

MOULD

Baking paper sheet

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

20-35%

THICKNESS

50%

## Tools

Stove

Scale

Bowls

Pot

Baking paper foil

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Uneven	Uneven
THICKNESS	5 mm	2.5 mm
STRENGTH	Medium	Medium
FLEXIBILITY	High	Medium
ELASTICITY	High	Medium
WEIGHT	Medium	Light
COLOUR	Yellowish	Yellowish
TRANSPARENCY	Medium	Low
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth and waved	Smooth and waved
ODOR	Medium	Low
STICKINESS	High	None
RUBBERINESS	High	Medium
WATER REPELLENCY	None	None
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

- Once the material is completely dried, it shrinks a little and becomes opaque and yellowish

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/gelatin.html>

# recipe n.16



## • Composition

Water	80 ml
Gelatine powder	12 g
Glycerine	7.2 g
Dried leaves	q.s.
Lemon colorant powder	q.s.

## • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it inside the mould and leave it dry in a place with air flow.

## General info

DATE

04/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

5-8 days

MOULD

Rectangle plastic mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

21%

THICKNESS

56%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	110 mm x 80 mm	85 mm x 65 mm
THICKNESS	5 mm	2.2 mm
STRENGTH	Medium	Medium
FLEXIBILITY	High	Medium
ELASTICITY	High	Medium
WEIGHT	Medium	Light
COLOUR	Yellow with red leaves	Yellow with red leaves
TRANSPARENCY	Low	Low
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Rough	Rough
ODOR	Medium	Low
STICKINESS	High	None
RUBBERINESS	High	Medium
WATER REPELLENCY	None	None
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

- Once the material is completely dried, it shrinks making the surface very rough

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✓ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/gelatin.html>

# recipe n.17



## • Composition

Water	120 ml
Gelatine powder	24 g
Glycerine	4 g

## • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved. Heat the solution while stirring gently. Remove bubbles on the top with a spoon to obtain an even surface. When the solution starts to boil and slightly thicken, pour it inside the mould and leave it dry in a place with air flow.

## General info

DATE

12/10/2021

PREPARATION TIME

30 minutes

PROCESSING TIME

5-14 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

23%

THICKNESS

50%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon



Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 110 mm
THICKNESS	6-2 mm (Uneven)	3-1 mm (Uneven)
STRENGTH	High	High
FLEXIBILITY	Low	None
ELASTICITY	Low	None
WEIGHT	Medium	Light
COLOUR	Yellow	Yellow
TRANSPARENCY	Medium	Medium
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth	Smooth
ODOR	Medium	Low
STICKINESS	Low	None
RUBBERINESS	Medium	None
WATER REPELLENCY	None	None
TEMPERATURE	Slightly cool	Slightly cool

### NOTES & IMPROVEMENTS

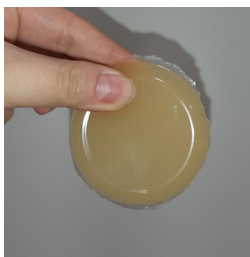
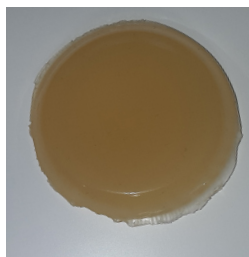
- Once the material is completely dried, it shrinks a lot
- The material is very strong and resistant, a good substitute to chemical resins

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/bioresin/>

# recipe n.18



## • Composition

Water	120 ml
Gelatine powder	24 g
Glycerine	4 g

## • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it inside the mould and leave it dry in a place with air flow.

## General info

DATE

12/10/2021

PREPARATION TIME

30 minutes

PROCESSING TIME

5-14 days

MOULD

Aluminum mould

PHYSICAL FORM

Solid

## Shrinkage

WIDTH/LENGTH

27%

THICKNESS

20%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 55 mm	Ø 40 mm
THICKNESS	10 mm	8 mm
STRENGTH	High	High
FLEXIBILITY	Low	None
ELASTICITY	Low	None
WEIGHT	Medium	Light
COLOUR	Yellow	Yellow
TRANSPARENCY	Medium	Medium
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth	Smooth
ODOR	Medium	Low
STICKINESS	Low	None
RUBBERINESS	Medium	None
WATER REPELLENCY	None	None
TEMPERATURE	Slightly cool	Slightly cool

### NOTES & IMPROVEMENTS

- Once the material is completely dried, it shrinks a lot
- The material is very strong and resistant, a good substitute to chemical resins

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/bioresin/>

# recipe n.19



## • Composition

Water	120 ml
Gelatine powder	24 g
Glycerine	4 g

## • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

Let the solution boil and thicken. When it becomes thick and caramel-like in its texture, pour it inside the mould and leave it dry in a place with air flow.

## General info

DATE

13/10/2021

PREPARATION TIME

50 minutes

PROCESSING TIME

5-14 days

MOULD

Aluminum mould

PHYSICAL FORM

Solid

## Shrinkage

WIDTH/LENGTH

10%

THICKNESS

25%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 55 mm	Ø 5 mm
THICKNESS	8 mm	6 mm
STRENGTH	High	High
FLEXIBILITY	None	None
ELASTICITY	None	None
WEIGHT	Medium	Light
COLOUR	Yellow-amber	Amber
TRANSPARENCY	None	None
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth and bubblish	Smooth and bubblish
ODOR	Medium	Low
STICKINESS	Low	None
RUBBERINESS	Low	Medium
WATER REPELLENCY	None	None
TEMPERATURE	Slightly cool	Slightly cool

### NOTES & IMPROVEMENTS

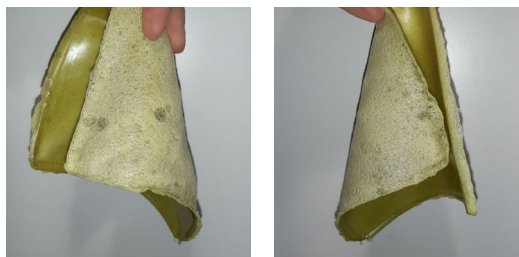
- Once the material is completely dried, it shrinks a lot
- The material is very strong and resistant, a good substitute to chemical resins

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/bioresin/>

# recipe n.20



## • Composition

Water	60 ml
Gelatine powder	12 g
Glycerine	7 g
Soap	4 g
Safflower colorant powder	1 g

## • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved. Heat the solution while stirring gently. Remove bubbles on the top with a spoon to obtain an even surface. When the solution starts to boil and slightly thicken, pour it inside the plate and leave it dry in a place with air flow.

## General info

DATE

28/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

5-8 days

MOULD

Square plastic plate

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

4%

THICKNESS

4%

## Tools

Stove

Scale

Bowls

Pot

Plate

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	125 mm x 125 mm
THICKNESS	6 mm	3.5 mm
STRENGTH	High	High
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	White & green	White & green
TRANSPARENCY	None	None
GLOSSINESS	Glossy/Foamy	Glossy/Foamy
TEXTURE	Smooth and foamy	Smooth and foamy
ODOR	Medium	Low
STICKINESS	Low	None
RUBBERINESS	Medium	Medium
WATER REPELLENCY	None	None
TEMPERATURE	Slightly cool	Slightly cool

### NOTES & IMPROVEMENTS

- Once the material is completely dried, the foam shrinks a little

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cook Book* by Margaret Dunne [https://issuu.com/hat\\_arc/docs/bioplastic\\_cook\\_book\\_3](https://issuu.com/hat_arc/docs/bioplastic_cook_book_3)

# recipe n.21



## • Composition

Water	60 ml
Gelatine powder	12 g
Glycerine	7 g
Safflower colorant powder	q.s.

## • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved. Heat the solution while stirring gently. Remove bubbles on the top with a spoon to obtain an even surface. When the solution starts to boil and slightly thicken, pour it inside the plate and leave it dry in a place with air flow.

## General info

DATE  
28/10/2021

PREPARATION TIME  
20 minutes

PROCESSING TIME  
5-8 days

MOULD  
Square plastic plate

PHYSICAL FORM  
Sheet

## Shrinkage

WIDTH/LENGTH  
13%

THICKNESS  
38%

## Tools

Stove  
Scale  
Bowls  
Cutter  
Pot  
Plate  
Spatula  
Spoon



Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	113 mm x 113 mm
THICKNESS	4 mm	2.5 mm
STRENGTH	High	High
FLEXIBILITY	High	Medium
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	Green	Green
TRANSPARENCY	Medium	Medium
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth & embroidered	Smooth & embroidered
ODOR	Medium	Low
STICKINESS	Low	None
RUBBERINESS	Medium	Low
WATER REPELLENCY	None	None
TEMPERATURE	Slightly cool	Slightly cool

### NOTES & IMPROVEMENTS

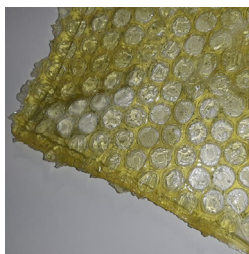
- The final piece has been adorned with an embroidery after four days of drying process

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cook Book* by Margaret Dunne [https://issuu.com/hat\\_arc/docs/bioplastic\\_cook\\_book\\_3](https://issuu.com/hat_arc/docs/bioplastic_cook_book_3)

# recipe n.22



## • Composition

Water	60 ml
Gelatine powder	12 g
Glycerine	7 g
Safflower colorant powder	q.s.

## • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

During the cooking process, place a piece of bubble-wrap on the plate.

When the solution starts to boil and slightly thicken, pour it on the bubble-wrap and leave it dry in a place with air flow.

## General info

DATE

28/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

5-8 days

MOULD

Square plastic plate

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

7%

THICKNESS

50%

## Tools

Stove

Scale

Bowls

Bubble-wrap

Pot

Plate

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	120 mm x 120 mm
THICKNESS	6-3 mm (Uneven)	3-0.1 mm (Uneven)
STRENGTH	Medium	Medium
FLEXIBILITY	High	Low
ELASTICITY	High	Low
WEIGHT	Medium	Light
COLOUR	Green	Green
TRANSPARENCY	Medium	Medium
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth	Smooth
ODOR	Medium	Low
STICKINESS	None	None
RUBBERINESS	Medium	None
WATER REPELLENCY	None	None
TEMPERATURE	Slightly cool	Slightly cool

### NOTES & IMPROVEMENTS

- The bioplastic has been poured in a plate and then the bubble-wrap was added. It can be possible to put the bubble-wrap on the basis and pour the material directly on it

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastics Textures* by Clara Davis <https://clara-davis.com/albums/bioplasticstextures/>

# recipe n.23



## • Composition

Water	60 ml
Gelatine powder	12 g
Glycerine	7 g
Crushed eggshells	q.s.

## • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved. Heat the solution while stirring gently. Remove bubbles on the top with a spoon to obtain an even surface. Add crushed eggshells and stir until they are homogeneously. When the solution starts to boil and slightly thicken, pour it on the mould and leave it dry in a place with air flow.

## General info

DATE  
28/10/2021

PREPARATION TIME  
20 minutes

PROCESSING TIME  
5-8 days

MOULD  
Round silicone mould

PHYSICAL FORM  
Sheet

## Shrinkage

WIDTH/LENGTH  
13%

THICKNESS  
40%

## Tools

Stove  
Scale  
Bowls  
Pot  
Mould  
Spatula  
Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 130 mm
THICKNESS	5 mm	3 mm
STRENGTH	High	High
FLEXIBILITY	Medium	None
ELASTICITY	Medium	None
WEIGHT	Medium	Medium
COLOUR	White and pink eggshells	White and pink eggshells
TRANSPARENCY	Low	Low
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Rough	Rough
ODOR	Medium	Low
STICKINESS	None	None
RUBBERINESS	Medium	None
WATER REPELLENCY	None	None
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

- The material is very resistant thanks to the eggshelles, but during the drying process it becomes concave

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✓ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Bioplastic Cook Book* by Margaret Dunne [https://issuu.com/hat\\_arc/docs/bioplastic\\_cook\\_book\\_3](https://issuu.com/hat_arc/docs/bioplastic_cook_book_3)

# recipe n.24



## ● Composition

Water	250 ml
Sodium alginate powder	4 g
Salt	1.2 g

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved. Heat the solution while stirring gently. When the solution starts to boil and slightly thicken, pour it on the tray and leave it dry in a place with air flow.

## General info

DATE	13/10/2021
PREPARATION TIME	30 minutes
PROCESSING TIME	2-7 days
MOULD	Silicone surface
PHYSICAL FORM	Sheet

## Shrinkage

WIDTH/LENGTH	5-10%
THICKNESS	95%

## Tools

Stove  
Scale  
Bowls  
Pot  
Mould  
Spatula  
Spoon  
Sieve

Properties	Before drying	After drying
WIDTH/LENGTH	Uneven	Uneven
THICKNESS	2 mm	0.1 mm
STRENGTH	None	None
FLEXIBILITY	None	None
ELASTICITY	None	None
WEIGHT	Medium	Light
COLOUR	Whitish	Whitish
TRANSPARENCY	High	Low
GLOSSINESS	Smooth	Wrinkled
TEXTURE	Medium	Rough
ODOR	None	None
STICKINESS	None	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

- Once the material is completely dried, it shrinks a little and becomes very brittle and thin
- Curing process is very slow if the material is poured in a thick layer

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: Alginate bioplastic by Materiom <https://materiom.org/recipe/642>

# recipe n.25



## ● Composition

Water	250 ml
Sodium alginate powder	4 g
Salt	1.2 g
Safflower colorant powder	2 g

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.  
Heat the solution while stirring gently.  
When the solution starts to boil and slightly thicken, pour it on the tray and leave it dry in a place with air flow.

## General info

DATE	13/10/2021
PREPARATION TIME	30 minutes
PROCESSING TIME	2-7 days
MOULD	Silicone surface
PHYSICAL FORM	Sheet

## Shrinkage

WIDTH/LENGTH	5-10%
THICKNESS	94%

## Tools

Stove  
Scale  
Bowls  
Pot  
Mould  
Spatula  
Spoon  
Sieve



Properties	Before drying	After drying
WIDTH/LENGTH	Uneven	Uneven
THICKNESS	1.8 mm	0.1 mm
STRENGTH	None	None
FLEXIBILITY	None	None
ELASTICITY	None	None
WEIGHT	Medium	Light
COLOUR	Green	Green
TRANSPARENCY	High	Low
GLOSSINESS	Smooth	Wrinkled
TEXTURE	Medium	Rough
ODOR	None	None
STICKINESS	None	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

- Once the material is completely dried, it shrinks a little and becomes very brittle and thin
- Curing process is very slow if the material is poured in a thick layer

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: Alginate bioplastic by Materiom <https://materiom.org/recipe/642>

# recipe n.26



## ● Composition

Water	200 ml
Sodium alginate powder	4 g
Glycerine	10 g
White vinegar	15 ml
Coffee grounds	10 g

## ● Preparation

Prepare a 2% alginate solution by mixing water with alginate and leave it to hydrate for 24 hours. Then, dry and sieve the coffee grounds to have a consistent material.

Mix the coffee grounds with 40 grams of the hydrated 2% alginate solution and glycerine. Stir the ingredients and pour in a mould, leaving it for 15 minutes to set. Add on top the vinegar to coagulate the mix. Leave it for 15 minutes and then slightly separate the mix from the mould, leaving the vinegar into the sides. Leave it to dry for 1-2 days.

**ALGINATE-BASED**

## General info

DATE  
29/10/2021

PREPARATION TIME  
24 hours + 3 hours

PROCESSING TIME  
7-10 days

MOULD  
Round silicone mould

PHYSICAL FORM  
Sheet

## Shrinkage

WIDTH/LENGTH  
27%

THICKNESS  
40%

## Tools

Scale  
Bowls  
Mould  
Spatula  
Spoon  
Sieve  
Brush

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 110 mm
THICKNESS	3 mm	1.8 mm
STRENGTH	Low	Low
FLEXIBILITY	Low	Low
ELASTICITY	None	Low
WEIGHT	Medium	Light
COLOUR	Dark brown	Dark brown
TRANSPARENCY	None	None
GLOSSINESS	High	None
TEXTURE	Smooth and grainy	Cracked and grainy
ODOR	Medium	Low
STICKINESS	None	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

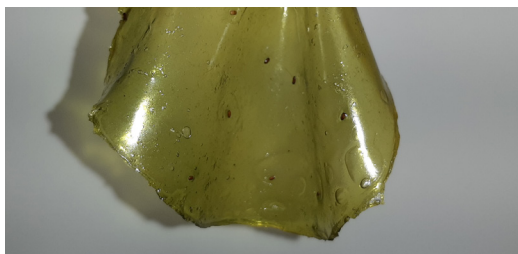
- The material is very delicate and easy to distort or break
- 40 grams of hydrated 2% alginate solution have been used for this recipe
- The surface starts to crack while drying

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✓ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Coffee Composite Co02* by Materiom <https://materiom.org/recipe/171>

## recipe n.27



### ● Composition

Water	200 ml
Sodium alginate powder	4 g
Glycerine	10 g
White vinegar	20 ml
Safflower colorant powder	q.s.
Lavender seeds	q.s.

### ● Preparation

Prepare a 2% alginate solution by mixing water with alginate and leave it to hydrate for 24 hours.

Mix 75 grams of the hydrated 2% alginate solution with seeds, colorant and glycerine. Stir the ingredients and pour in a mould, leaving it for 15 minutes to set.

Add on top the vinegar to coagulate the mix. Leave it for 15 minutes and then slightly separate the mix from the mould, leaving the vinegar into the sides. Leave it to dry for 1-2 days.

**ALGINATE-BASED**

### General info

DATE

29/10/2021

PREPARATION TIME

24 hours + 48 hours

PROCESSING TIME

9-12 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

### Shrinkage

WIDTH/LENGTH

20%

THICKNESS

64%

### Tools

Scale

Bowls

Mould

Spatula

Spoon

Sieve

Brush

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 120 mm
THICKNESS	5 mm	1.8 mm
STRENGTH	None	Low
FLEXIBILITY	None	High
ELASTICITY	None	Medium
WEIGHT	Medium	Light
COLOUR	Green	Green
TRANSPARENCY	High	High
GLOSSINESS	High	High
TEXTURE	Smooth	Smooth
ODOR	Medium	None
STICKINESS	High	High
RUBBERINESS	Low	Low
WATER REPELLENCY	None	None
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

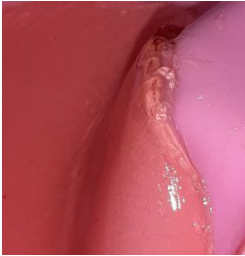
- Curing process is very slow if the material is poured in a thick layer
- 75 grams of hydrated 2% alginate solution have been used for this recipe

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Coffee Composite Co02* by Materiom <https://materiom.org/recipe/171>

# recipe n.28



## ● Composition

Water	200 ml
Sodium alginate powder	4 g
Glycerine	10 g
White vinegar	20 ml
Radish colorant powder	q.s.

## ● Preparation

Prepare a 2% alginate solution by mixing water with alginate and leave it to hydrate for 24 hours.

Mix 50 grams of the hydrated 2% alginate solution with colorant and glycerine. Stir the ingredients and pour in a mould, leaving it for 15 minutes to set.

Add on top the vinegar to coagulate the mix. Leave it for 15 minutes and then slightly separate the mix from the mould, leaving the vinegar into the sides. Leave it to dry for 1-2 days.

**ALGINATE-BASED**

## General info

DATE

29/10/2021

PREPARATION TIME

24 hours + 48 hours

PROCESSING TIME

9-12 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

13%

THICKNESS

55%

## Tools

Scale

Bowls

Mould

Spatula

Spoon

Sieve

Brush

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 130 mm (Uneven)
THICKNESS	4 mm	1.8 mm
STRENGTH	None	Low
FLEXIBILITY	None	High
ELASTICITY	None	Medium
WEIGHT	Medium	Light
COLOUR	Pink	Pink
TRANSPARENCY	High	High
GLOSSINESS	High	High
TEXTURE	Smooth	Smooth
ODOR	Medium	None
STICKINESS	High	High
RUBBERINESS	Low	Low
WATER REPELLENCY	None	None
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

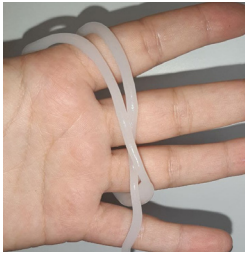
- Curing process is very slow if the material is poured in a thick layer
- 50 grams of hydrated 2% alginate solution have been used for this recipe

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Coffee Composite Co02* by Materiom <https://materiom.org/recipe/171>

# recipe n.29



## ● Composition

Water	200 ml
Sodium alginate powder	6 g
Glycerine	10 g
Sunflower oil	5 g
Water (chloride solution)	300 ml
Calcium chloride powder	30 g

## ● Preparation

Create an homogenous paste by blending oil, alginate and glycerine and adding water slowly to avoid lumps. Leave the mixture overnight. Create the calcium chloride solution in a bottle by dissolving 30 g in hot water. After night, fill the syringe with alginate plastic and extrude it continuously and uninterruptedly into a jar of calcium chloride bath. Leave the string in the solution for a few minutes and then stretch them around a jar to create a spool. Spray some extra calcium chloride to close the leaks and let it cure until totally dry.

**ALGINATE-BASED**

## General info

DATE

05/11/2021

PREPARATION TIME

20 minutes + 24 hours

PROCESSING TIME

2-7 days

MOULD

None

PHYSICAL FORM

Different shapes/Yarn

## Shrinkage

WIDTH/LENGTH

20%

THICKNESS

80%

## Tools

Scale

Bowls

Jars

Spatula

Spoon

Blender

Syringe

Brush

Bottle



Properties	Before drying	After drying
WIDTH/LENGTH	250 mm	200 mm
THICKNESS	Ø 6 mm (Uneven)	Ø 1.8 mm (Uneven)
STRENGTH	High	Medium
FLEXIBILITY	High	Medium
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	White	Yellowish
TRANSPARENCY	None	None
GLOSSINESS	High	Matte
TEXTURE	Smooth	Slightly rough
ODOR	None	None
STICKINESS	None	None
RUBBERINESS	High	None
WATER REPELLENCY	High	High
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

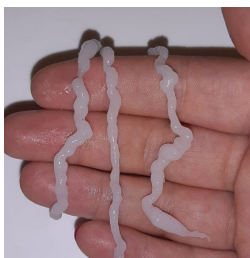
- Different shapes have been extruded in order to understand their strength (strings, grid and small bits)
- The pressure used to extrude the strings was not uniform, causing an uneven shape

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/alginatestring/>

# recipe n.30



## ● Composition

Water	200 ml
Sodium alginate powder	6 g
Glycerine	10 g
Sunflower oil	5 g
Water (chloride solution)	300 ml
Calcium chloride powder	30 g

## ● Preparation

Create an homogenous paste by blending oil, alginate and glycerine and adding water slowly to avoid lumps. Leave the mixture overnight. Create the calcium chloride solution in a bottle by dissolving 30 g in hot water. After night, fill the syringe with alginate plastic and extrude it continuously and uninterruptedly into a jar of calcium chloride bath. Leave the string in the solution for a few minutes and then stretch them around a jar to create a spool. Spray some extra calcium chloride to close the leaks and let it cure until totally dry.

**ALGINATE-BASED**

## General info

DATE

06/11/2021

PREPARATION TIME

20 minutes + 48 hours

PROCESSING TIME

2-7 days

MOULD

None

PHYSICAL FORM

Yarn

## Shrinkage

WIDTH/LENGTH

9%

THICKNESS

50%

## Tools

Scale

Bowls

Jars

Spatula

Spoon

Blender

Syringe

Brush

Bottle

Properties	Before drying	After drying
WIDTH/LENGTH	680 mm	340 mm
THICKNESS	Ø 2.5 mm (Uneven)	Ø 1.8 mm (Uneven)
STRENGTH	Low	Low
FLEXIBILITY	High	Medium
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	White	Yellowish
TRANSPARENCY	None	None
GLOSSINESS	High	Matte
TEXTURE	Slightly rough	Rough
ODOR	None	None
STICKINESS	None	None
RUBBERINESS	High	None
WATER REPELLENCY	High	High
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

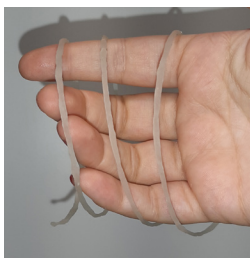
- The alginate plastic was left to rest for 2 nights becoming lumpy and doughy, thus the extruded strings are very uneven
- 70 grams of hydrated alginate plastic have been used for this recipe

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/alginatestring/>

# recipe n.31



## ● Composition

Water	200 ml
Sodium alginate powder	6 g
Glycerine	10 g
Sunflower oil	5 g
Water (chloride solution)	300 ml
Calcium chloride powder	30 g

## ● Preparation

Create an homogenous paste by blending oil, alginate and glycerine and adding water slowly to avoid lumps. Leave the mixture overnight. Create the calcium chloride solution in a bottle by dissolving 30 g in hot water. After night, fill the syringe with alginate plastic and extrude it continuously and uninterruptedly into a jar of calcium chloride bath. Leave the string in the solution for a few minutes and then stretch them around a jar to create a spool. Spray some extra calcium chloride to close the leaks and let it cure until totally dry.

ALGINATE-BASED

## General info

DATE

06/11/2021

PREPARATION TIME

20 minutes + 48 hours

PROCESSING TIME

2-7 days

MOULD

None

PHYSICAL FORM

Yarn

## Shrinkage

WIDTH/LENGTH

50%

THICKNESS

28%

## Tools

Scale

Bowls

Jars

Spatula

Spoon

Blender

Syringe

Brush

Bottle

Properties	Before drying	After drying
WIDTH/LENGTH	900 mm	820 mm
THICKNESS	Ø 6 mm	Ø 3 mm
STRENGTH	High	Medium
FLEXIBILITY	High	Medium
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	White	Yellowish
TRANSPARENCY	None	None
GLOSSINESS	High	Matte
TEXTURE	Smooth	Slightly rough
ODOR	None	None
STICKINESS	None	None
RUBBERINESS	High	None
WATER REPELLENCY	High	High
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

- The alginate plastic was left to rest for 2 nights becoming lumpy and doughy, thus the extruded strings are very uneven
- 30 grams of hydrated alginate plastic have been used for this recipe

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/alginatestring/>

# recipe n.32



## ● Composition

Water	200 ml
Sodium alginate powder	6 g
Glycerine	10 g
Sunflower oil	5 g
Water (chloride solution)	300 ml
Calcium chloride powder	30 g
Lavender seeds	q.s.

## ● Preparation

Create an homogenous paste by blending oil, alginate and glycerine and adding water slowly to avoid lumps. Leave the mixture overnight. Create the calcium chloride solution in a bottle by dissolving 30 g in hot water. After night, fill the syringe with alginate plastic and seeds. Extrude the paste into calcium chloride bath and leave the strings in it for a few minutes. Wrap them around a jar to create a spool. Spray some extra calcium chloride to close the leaks and let it cure until totally dry.

## General info

DATE

06/11/2021

PREPARATION TIME

20 minutes + 48 hours

PROCESSING TIME

2-7 days

MOULD

None

PHYSICAL FORM

Yarn

## Shrinkage

WIDTH/LENGTH

15%

THICKNESS

53%

## Tools

Scale

Bowls

Jars

Spatula

Spoon

Blender

Syringe

Brush

Bottle

Properties	Before drying	After drying
WIDTH/LENGTH	700 mm	590 mm
THICKNESS	Ø 6 mm	Ø 2.8 mm
STRENGTH	High	Medium
FLEXIBILITY	High	Medium
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	White & black seeds	Yellowish & black seeds
TRANSPARENCY	None	None
GLOSSINESS	High	Matte
TEXTURE	Smooth	Slightly rough
ODOR	None	None
STICKINESS	None	None
RUBBERINESS	High	None
WATER REPELLENCY	High	High
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

- The alginate plastic was left to rest for 2 nights becoming lumpy and doughy, thus the extruded strings are very uneven
- 30 grams of hydrated alginate plastic have been used for this recipe

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/alginatestring/>

# recipe n.33



## ● Composition

Water	200 ml
Sodium alginate powder	6 g
Glycerine	10 g
Sunflower oil	5 g
Water (chloride solution)	300 ml
Calcium chloride powder	30 g
Lavender seeds	q.s.

## ● Preparation

Create an homogenous paste by blending oil, alginate and glycerine and adding water slowly to avoid lumps. Leave the mixture overnight. Create the calcium chloride solution in a bottle by dissolving 30 g in hot water. After night, mix some alginate plastic with seeds and them put a small quantity in the calcium chloride bath. Then, spray or brush some extra calcium chloride to close the leaks and let it cure until totally dry.

## General info

DATE

06/11/2021

PREPARATION TIME

20 minutes + 48 hours

PROCESSING TIME

7-11 days

MOULD

Aluminum mould

PHYSICAL FORM

Solid

## Shrinkage

WIDTH/LENGTH

40%

THICKNESS

25%

## Tools

Scale

Bowls

Mould

Spatula

Spoon

Blender

Syringe

Brush

Bottle



Properties	Before drying	After drying
WIDTH/LENGTH	Ø 55 mm	Ø 35 mm
THICKNESS	20 mm	15 mm
STRENGTH	Low	Low
FLEXIBILITY	Low	None
ELASTICITY	Low	None
WEIGHT	Medium	Light
COLOUR	White & black seeds	Brownish & black seeds
TRANSPARENCY	None	None
GLOSSINESS	High	Matte
TEXTURE	Smooth	Grainy
ODOR	None	None
STICKINESS	None	None
RUBBERINESS	High	None
WATER REPELLENCY	High	High
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

- The alginate plastic was left to rest for 2 nights becoming lumpy and doughy, thus the extruded strings are very uneven
- 70 grams of hydrated alginate plastic have been used for this recipe

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/alginatestring/>

# recipe n.34



## ● Composition

Water	200 ml
Sodium alginate powder	6 g
Glycerine	10 g
Sunflower oil	5 g
Water (chloride solution)	300 ml
Calcium chloride powder	30 g

## ● Preparation

Create an homogenous paste by blending oil, alginate and glycerine and adding water slowly to avoid lumps. Leave the mixture overnight. Create the calcium chloride solution in a bottle by dissolving 30 g in hot water. After night, fill the syringe with alginate plastic and extrude it continuously and uninterruptedly into a jar of calcium chloride bath. Leave the string in the solution for a few minutes and then stretch them around a jar to create a spool. Spray some extra calcium chloride to close the leaks and let it cure until totally dry.

ALGINATE-BASED

## General info

DATE

07/11/2021

PREPARATION TIME

20 minutes + 24 hours

PROCESSING TIME

2-14 days

MOULD

None

PHYSICAL FORM

Yarn

## Shrinkage

WIDTH/LENGTH

27%

THICKNESS

44%

## Tools

Scale

Bowls

Jars

Spatula

Spoon

Blender

Syringe

Brush

Bottle

Properties	Before drying	After drying
WIDTH/LENGTH	520 mm	380 mm
THICKNESS	Ø 7.5 mm	Ø 4.2 mm
STRENGTH	High	Medium
FLEXIBILITY	High	Low
ELASTICITY	High	Medium
WEIGHT	Medium	Light
COLOUR	White	Yellowish
TRANSPARENCY	None	None
GLOSSINESS	High	Matte
TEXTURE	Smooth	Slightly rough
ODOR	None	None
STICKINESS	None	None
RUBBERINESS	High	None
WATER REPELLENCY	High	High
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

- 70 grams of hydrated alginate plastic have been used for this recipe
- The knitting test of the bio-yarns was carried out 24 hours after their extrusion

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/alginatestrig/>

# recipe n.35



## ● Composition

Water	200 ml
Sodium alginate powder	6 g
Glycerine	10 g
Sunflower oil	5 g
Water (chloride solution)	300 ml
Calcium chloride powder	30 g

## ● Preparation

Create an homogenous paste by blending oil, alginate and glycerine and adding water slowly to avoid lumps. Leave the mixture overnight. Create the calcium chloride solution in a bottle by dissolving 30 g in hot water. After night, put 100 g of alginate plastic in the calcium chloride bath. Then, spray or brush some extra calcium chloride to close the leaks and let it cure until totally dry.

## General info

DATE

07/11/2021

PREPARATION TIME

20 minutes + 24 hours

PROCESSING TIME

2-14 days

MOULD

Round plastic plate

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

50%

THICKNESS

70%

## Tools

Scale

Bowls

Mould

Spatula

Spoon

Blender

Syringe

Brush

Bottle

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 120 mm	Ø 60 mm
THICKNESS	10-6 mm (Uneven)	3-1.8 mm (Uneven)
STRENGTH	High	High
FLEXIBILITY	High	Low
ELASTICITY	Medium	None
WEIGHT	Medium	Light
COLOUR	White	Yellowish
TRANSPARENCY	None	None
GLOSSINESS	High	Matte
TEXTURE	Smooth	Smooth and waved
ODOR	None	None
STICKINESS	None	None
RUBBERINESS	High	None
WATER REPELLENCY	High	High
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

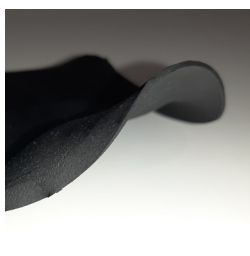
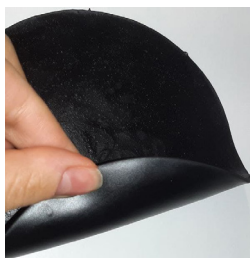
- 100 grams of hydrated alginate plastic have been used for this recipe

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipes by Loes Bogers* <https://class.textile-academy.org/2020/loes.bogers/files/recipes/alginatestring/>

# recipe n.36



## ● Composition

Water	75 ml
Gelatine powder	12.5 g
Activated charcoal powder	7.5 g

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it inside a mould and leave it dry in a place with air flow.

## General info

DATE

14/10/2021

PREPARATION TIME

25 minutes

PROCESSING TIME

2-5 days

MOULD

Round silicone mould

PHYSICAL FORM

Solid

## Shrinkage

WIDTH/LENGTH

22%

THICKNESS

70%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 117 mm
THICKNESS	4 mm	1.2 mm
STRENGTH	High	Medium
FLEXIBILITY	High	None
ELASTICITY	Medium	None
WEIGHT	Medium	Light
COLOUR	Black	Black
TRANSPARENCY	None	None
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth and bubblish	Smooth and bubblish
ODOR	Low	None
STICKINESS	None	None
RUBBERINESS	Low	None
WATER REPELLENCY	None	None
TEMPERATURE	Slightly cool	Slightly cool

### NOTES & IMPROVEMENTS

- Once the material is completely dried, it shrinks a lot
- One side is bubblish and more glossy and the other is matte

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Biofilter bioplastic activated charcoal* by Fabtextiles and Clara Davis <http://fabtextiles.org/bio-filter-bioplastic-activated-charcoal/>

## recipe n.37



### ● Composition

Water	75 ml
Gelatine powder	12.5 g
Activated charcoal powder	7.5 g
Glycerine	12.5 g

### ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it inside a mould and leave it dry in a place with air flow.

### General info

DATE

14/10/2021

PREPARATION TIME

25 minutes

PROCESSING TIME

2-5 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

### Shrinkage

WIDTH/LENGTH

21%

THICKNESS

56%

### Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon



Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 118 mm
THICKNESS	5 mm	2.2 mm
STRENGTH	High	Medium
FLEXIBILITY	High	Medium
ELASTICITY	High	Medium
WEIGHT	Medium	Light
COLOUR	Black	Black
TRANSPARENCY	None	None
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth and bubblish	Smooth and bubblish
ODOR	Low	None
STICKINESS	None	None
RUBBERINESS	Low	Low
WATER REPELLENCY	None	None
TEMPERATURE	Slightly cool	Slightly cool

#### NOTES & IMPROVEMENTS

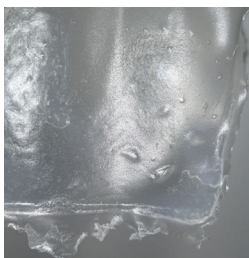
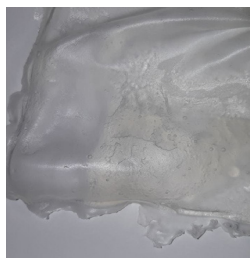
- Once the material is completely dried, it shrinks a lot
- One side is bubblish and more glossy and the other is matte

#### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Biofilter bioplastic activated charcoal* by *Fabtextiles* and *Clara Davis* <http://fabtextiles.org/bio-filter-bioplastic-activated-charcoal/>

# recipe n.38



## Composition

Water	100 ml
Potato starch powder	7.5 g
Glycerine	12.5 g
White vinegar	15 ml

## Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a plate and leave it dry in a place with air flow.

## General info

DATE

13/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

3-7 days

MOULD

Square plastic plate

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

8%

THICKNESS

50%

## Tools

Stove

Scale

Bowls

Pot

Plate

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	120 mm x 120 mm
THICKNESS	2 mm	1 mm
STRENGTH	None	Low
FLEXIBILITY	High	High
ELASTICITY	Low	High
WEIGHT	Medium	Light
COLOUR	Whitish	Uncoloured
TRANSPARENCY	Medium	High
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth and bubblish	Smooth and bubblish
ODOR	High	Medium
STICKINESS	High	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

- Drying process is very slow if the material is poured in a thick layer

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Starch-based Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/starch.html>

# recipe n.39



## Composition

Water	100 ml
Potato starch powder	7.5 g
Glycerine	12.5 g
White vinegar	15 ml
Radish colorant powder	q.s.
Lemon colorant powder	q.s.

## Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a plate and leave it dry in a place with air flow.

## General info

DATE

13/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

3-7 days

MOULD

Square plastic plate

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

8%

THICKNESS

50%

## Tools

Stove

Scale

Bowls

Pot

Plate

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	120 mm x 120 mm
THICKNESS	2 mm	1 mm
STRENGTH	None	Low
FLEXIBILITY	High	High
ELASTICITY	Low	High
WEIGHT	Medium	Light
COLOUR	Pale orange	Orange-amber
TRANSPARENCY	Medium	High
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth and bubblish	Smooth and bubblish
ODOR	High	Medium
STICKINESS	High	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

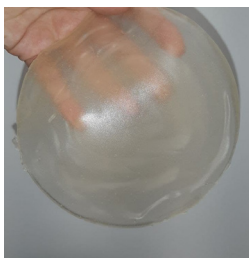
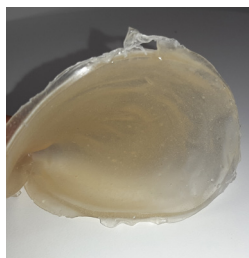
- Drying process is very slow if the material is poured in a thick layer

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Starch-based Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/starch.html>

# recipe n.40



## ● Composition

Water	100 ml
Gelatine powder	7.5 g
Potato starch powder	12.5 g
Glycerine	50 g
White vinegar	7.5 g

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it in a mould and leave it dry in a place with air flow.

## General info

DATE

14/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

5-8 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

13%

THICKNESS

42%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 130 mm
THICKNESS	6 mm	3.5 mm
STRENGTH	High	High
FLEXIBILITY	High	High
ELASTICITY	High	High
WEIGHT	Medium	Light
COLOUR	White-yellow	Yellowish
TRANSPARENCY	Medium	Medium
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth	Smooth
ODOR	High	Medium
STICKINESS	High	None
RUBBERINESS	High	High
WATER REPELLENCY	None	None
TEMPERATURE	Cool	Cool

#### NOTES & IMPROVEMENTS

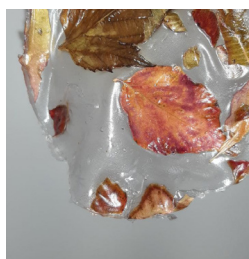
- Once dried, the material shrinks and becomes yellowish
- The smell is strong and permanent

#### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Biorubber Recipe* by Loes Bogers <https://class.textile-academy.org/2020/loes.bogers/files/recipes/biorubber/>

# recipe n.41



## Composition

Water	100 ml
Potato starch powder	7.5 g
Glycerine	12.5 g
White vinegar	15 ml
Dried leaves	q.s.

## Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved. Heat the solution while stirring gently. Remove bubbles on the top with a spoon to obtain an even surface. Place some dried leaves on the mould surface. When the solution starts to boil and slightly thicken, pour it on the mould and leave it dry in a place with air flow.

## General info

DATE

29/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

2-6 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

20%

THICKNESS

66%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon



Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 120 mm (Uneven)
THICKNESS	3 mm	1 mm
STRENGTH	None	Low
FLEXIBILITY	High	High
ELASTICITY	Low	High
WEIGHT	Medium	Light
COLOUR	Whitish + red leaves	Uncoloured + red leaves
TRANSPARENCY	Medium	High
GLOSSINESS	Medium	Medium
TEXTURE	Smooth and rough	Smooth and rough
ODOR	High	Medium
STICKINESS	High	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

- Drying process is very slow if the material is poured in a thick layer

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✓ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Starch-based Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/starch.html>

# recipe n.42



## ● Composition

Water	100 ml
Potato starch powder	7.5 g
Glycerine	12.5 g
White vinegar	15 ml
Jersey textile scrap	q.s.

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved. Heat the solution while stirring gently. During the cooking process, place a piece of jersey scrap on the plate. When the solution starts to boil and slightly thicken, pour it on the mould and leave it dry in a place with air flow.

## General info

DATE  
29/10/2021

PREPARATION TIME  
20 minutes

PROCESSING TIME  
2-6 days

MOULD  
Square plastic plate

PHYSICAL FORM  
Sheet

## Shrinkage

WIDTH/LENGTH  
0%

THICKNESS  
66%

## Tools

Stove  
Scale  
Pot  
Plate  
Spatula  
Spoon  
Jersey scrap

Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	130 mm x 130 mm
THICKNESS	3 mm + 0.8 mm	1 mm + 0.8 mm
STRENGTH	Low	Low
FLEXIBILITY	High	High
ELASTICITY	Low	High
WEIGHT	Medium	Light
COLOUR	Uncoloured + Burgundy	Uncoloured + Burgundy
TRANSPARENCY	None	None
GLOSSINESS	Matte	Matte
TEXTURE	Smooth and mesh	Smooth and mesh
ODOR	High	Medium
STICKINESS	High	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

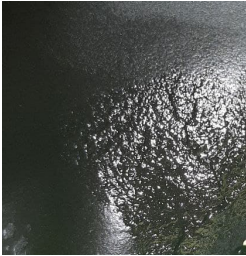
- The material could be poured on the textile scrap to make it more rough
- The smell is strong and permanent

### SUSTAINABLE TAGS

- ✗ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✓ WASTE COMPONENTS
- ✗ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Starch-based Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/starch.html>

# recipe n.43



## ● Composition

Water	100 ml
Potato starch powder	7.5 g
Glycerine	12.5 g
White vinegar	15 ml
Activated charcoal powder	7.5 g

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it in a plate and leave it dry in a place with air flow.

## General info

DATE

29/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

2-6 days

MOULD

Square plastic plate

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

7%

THICKNESS

80%

## Tools

Stove

Scale

Bowls

Pot

Plate

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	120 mm x 120 mm (Uneven)
THICKNESS	4 mm	0.8 mm
STRENGTH	None	None
FLEXIBILITY	High	High
ELASTICITY	Low	High
WEIGHT	Medium	Light
COLOUR	Black	Black
TRANSPARENCY	None	None
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth	Smooth
ODOR	High	Medium
STICKINESS	High	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Slightly cool	Slightly cool

### NOTES & IMPROVEMENTS

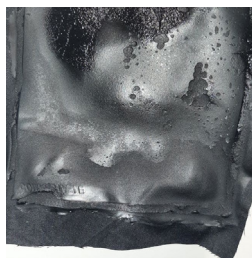
- The material shrinks a lot during its drying process

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Starch-based Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/starch.html>

# recipe n.44



## ● Composition

Water	100 ml
Potato starch powder	7.5 g
Glycerine	12.5 g
White vinegar	15 ml
Activated charcoal powder	7.5 g
Cotton fabric scrap	q.s.

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved. Heat the solution while stirring gently. During the cooking process, place a piece of cotton fabric scrap on the plate. When the solution starts to boil and slightly thicken, pour it on the fabric and leave it dry in a place with air flow.

## General info

DATE

29/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

2-6 days

MOULD

Square plastic plate

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

0%

THICKNESS

66%

## Tools

Stove

Scale

Pot

Plate

Spatula

Spoon

Cotton scrap

Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	130 mm x 130 mm
THICKNESS	3 mm + 0.8 mm	1 mm + 0.8 mm
STRENGTH	Low	Low
FLEXIBILITY	High	High
ELASTICITY	Low	Medium
WEIGHT	Medium	Light
COLOUR	Black	Black
TRANSPARENCY	None	None
GLOSSINESS	Glossy	Matte
TEXTURE	Smooth and woven	Smooth and woven
ODOR	High	Medium
STICKINESS	High	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

- The material could be poured on the textile scrap to make it more rough
- The smell is strong and permanent

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✓ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Starch-based Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/starch.html>

# recipe n.45



## Composition

Water	100 ml
Corn starch powder	7.5 g
Glycerine	12.5 g
White vinegar	15 ml
Dried rose buds	q.s.

## Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, add rose buds and pour it on the mould and leave it dry in a place with air flow.

## General info

DATE

05/11/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

5-8 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

21%

THICKNESS

48%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon



Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 118 mm
THICKNESS	4 mm	3-0.8 mm (Uneven)
STRENGTH	Low	Low
FLEXIBILITY	Low	High
ELASTICITY	None	High
WEIGHT	Medium	Light
COLOUR	Whitish + roses	Uncoloured + roses
TRANSPARENCY	Low	High
GLOSSINESS	Medium	High
TEXTURE	Rough	Rough
ODOR	High	Medium
STICKINESS	High	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

- Drying process is very slow as the material was poured in a thick layer and the sides started to crack
- The scent of dried roses helps to cover up the strong smell of vinegar

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✓ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Starch-based Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/starch.html>

# recipe n.46



## ● Composition

Water	100 ml
Corn starch powder	7.5 g
Glycerine	12.5 g
White vinegar	15 ml
Activated charcoal powder	7.5 g

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it in a mould and leave it dry in a place with air flow.

## General info

DATE

05/11/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

5-8 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

13%

THICKNESS

50%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 130 mm (Uneven)
THICKNESS	4 mm	2 mm (Uneven)
STRENGTH	High	Low
FLEXIBILITY	High	Medium
ELASTICITY	None	None
WEIGHT	Medium	Light
COLOUR	Black	Black
TRANSPARENCY	None	None
GLOSSINESS	Glossy/Matte	Glossy/Matte
TEXTURE	Smooth	Smooth
ODOR	High	Medium
STICKINESS	High	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Cool	Cool

### NOTES & IMPROVEMENTS

- The surface cracked a lot during its drying process, despite the margins have been separated from the mould

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Starch-based Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/starch.html>

# recipe n.47



## ● Composition

Water	100 ml
Corn starch powder	7.5 g
Glycerine	12.5 g
White vinegar	15 ml
Activated charcoal powder	7.5
Cotton fabric scrap	q.s.

## ● Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved. Heat the solution while stirring gently. During the cooking process, place a piece of cotton fabric scrap on the plate. When the solution starts to boil and slightly thicken, pour it on the fabric and leave it dry in a place with air flow.

## General info

DATE

05/11/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

5-8 days

MOULD

Square plastic plate

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

0%

THICKNESS

55%

## Tools

Stove

Scale

Pot

Plate

Spatula

Spoon

Cotton scrap

Properties	Before drying	After drying
WIDTH/LENGTH	130 mm x 130 mm	130 mm x 130 mm (Uneven)
THICKNESS	4 mm + 0.8 mm	1.8 mm + 0.8 mm (Uneven)
STRENGTH	Low	High
FLEXIBILITY	High	Low
ELASTICITY	High	None
WEIGHT	Medium	Light
COLOUR	Black	Black
TRANSPARENCY	None	None
GLOSSINESS	Glossy	Matte
TEXTURE	Smooth and woven	Smooth and woven
ODOR	High	Medium
STICKINESS	High	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Medium	Medium

### NOTES & IMPROVEMENTS

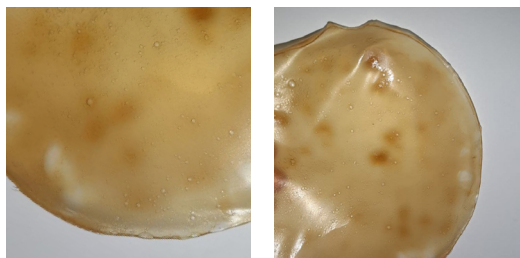
- The material could be poured on the textile scrap to make it more rough
- The smell is strong and permanent
- The material shrinks a lot during its drying process

### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✓ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Starch-based Cookbook* by Tiare Ribeaux <http://bioplastic-cookbook.schloss-post.com/starch.html>

# recipe n.48



## • Composition

Water	120 ml
Pectin powder	6 g
Glycerine	2.5 g

## • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a mould and leave it dry in a place with air flow.

## General info

DATE

27/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

2-6 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

7%

THICKNESS

80%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 140 mm
THICKNESS	4 mm	0.8 mm
STRENGTH	Low	Low
FLEXIBILITY	Low	None
ELASTICITY	Low	None
WEIGHT	Light	Light
COLOUR	Uncoloured	Orange-amber
TRANSPARENCY	Medium	Medium
GLOSSINESS	Medium	Glossy/Matte
TEXTURE	Smooth and lumpy	Smooth and lumpy
ODOR	None	None
STICKINESS	High	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Slightly cool	Slightly cool

#### NOTES & IMPROVEMENTS

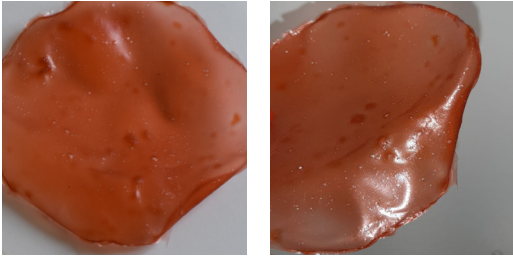
- Lumps are easy to form during preparation

#### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipe 4 Bioplastics n.05 by Stefano Parisi*

# recipe n.49



## • Composition

Water	60 ml
Pectin powder	6 g
Glycerine	2.5 g
Radish colorant powder	q.s.

## • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved. Heat the solution while stirring gently. Remove bubbles on the top with a spoon to obtain an even surface. When the solution starts to boil and slightly thicken, pour it on a mould and leave it dry in a place with air flow.

## General info

DATE

27/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

2-6 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

7%

THICKNESS

73%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon



Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 140 mm
THICKNESS	3 mm	0.8 mm
STRENGTH	Low	Low
FLEXIBILITY	Low	None
ELASTICITY	Low	None
WEIGHT	Light	Light
COLOUR	Pink	Pink
TRANSPARENCY	Medium	Medium
GLOSSINESS	Medium	Glossy/Matte
TEXTURE	Smooth	Smooth
ODOR	None	None
STICKINESS	High	None
RUBBERINESS	None	None
WATER REPELLENCY	None	None
TEMPERATURE	Slightly cool	Slightly cool

#### NOTES & IMPROVEMENTS

- The material shrinks a lot during its drying process

#### SUSTAINABLE TAGS

- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

REFERENCE: *Recipe 4 Bioplastics n.05 by Stefano Parisi*

# recipe n.50



## • Composition

Water	60 ml
Pectin powder	6 g
Glycerine	2.5 g
Sugar	25 g.

## • Preparation

Weight and mix the ingredients together in a pot until they are fully dissolved.

Heat the solution while stirring gently.

Remove bubbles on the top with a spoon to obtain an even surface.

When the solution starts to boil and slightly thicken, pour it on a mould and leave it dry in a place with air flow.

## General info

DATE

27/10/2021

PREPARATION TIME

20 minutes

PROCESSING TIME

2-6 days

MOULD

Round silicone mould

PHYSICAL FORM

Sheet

## Shrinkage

WIDTH/LENGTH

10%

THICKNESS

38%

## Tools

Stove

Scale

Bowls

Pot

Mould

Spatula

Spoon

Properties	Before drying	After drying
WIDTH/LENGTH	Ø 150 mm	Ø 135 mm
THICKNESS	4 mm	2.5 mm
STRENGTH	Low	Medium
FLEXIBILITY	High	None
ELASTICITY	High	None
WEIGHT	Medium	Light
COLOUR	Yellow-amber	Yellow-amber
TRANSPARENCY	Low	Low
GLOSSINESS	Medium	Glossy/Matte
TEXTURE	Smooth	Smooth
ODOR	None	None
STICKINESS	High	Low
RUBBERINESS	Low	None
WATER REPELLENCY	None	None
TEMPERATURE	Slightly cool	Slightly cool

#### NOTES & IMPROVEMENTS

- The sugar makes the material a little sticky

#### SUSTAINABLE TAGS







- ✓ RENEWABLE INGREDIENTS
- ✓ VEGAN INGREDIENTS
- ✗ WASTE COMPONENTS
- ✓ BIODEGRADABLE INGREDIENTS
- ✓ RE-USE

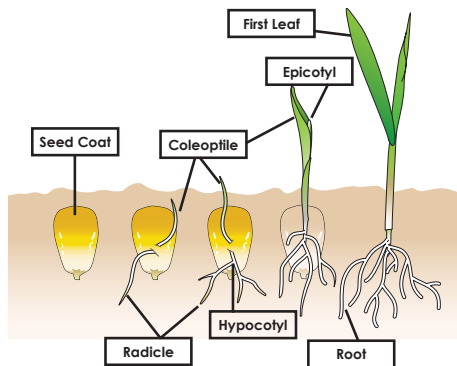
REFERENCE: *Recipe 4 Bioplastics n.05 by Stefano Parisi*

03

# Part I

# GROWING MATERIALS

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 lavender _____	127
 lemon _____	133
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 sunflower _____	189



Parts of an Emerging Corn Plant, K-STATE, KSU CROPS, KANSAS CORN, 09/2017

REFERENCE: *Anatomy of Flowering Plants*  
*The Seed* by Toppr  
<https://www.toppr.com/guides/biology/anatomy-of-flowering-plants/the-seed/>

*Parts of a Seed and Their Functions* by ScienceFacts.net  
<https://www.sciencefacts.net/parts-of-a-seed.html>

*What is the Difference Between Cotyledons and True Leaves* by Pediaa.com  
<https://pediaa.com/what-is-the-difference-between-cotyledons-and-true-leaves/>

# seeds structure.

## seed coat

It is the outer part of the seed, composed of an hard, thick and protective cover of the embryonic plant.

## radicle

It is the primary root of the plant, that usually blooms out of the seed coat during germination.

## seminal roots

They are all the secondary roots that push the way out of the seed. Their function is to provide external nutrients.

## coleoptile

It is the covering region and protective sheath of the epicotyl.

## cotyledons

They are the embryonic leaves, known also as seed leaves.

## hypocotyl

It is the embryonic stem that pushes the cotyledons to the surface.

## epicotyl

It is the tiny shoot of an embryo that gives rise to the stem and leaves

## true or primary leaf

It is first foliage leaf of the flowering plants. They are thinner and softer than cotyledons.



Klara Kuikova - Unsplash



# lavender.

## General info

BOTANICAL NAME:	<i>Lavanda officinalis, Lavandula angustifolia</i>
GERMINATION:	<i>15-20 days</i>
LIFE CYCLE:	<i>Perennial</i>
PLANTING PERIOD:	<i>April - may</i>
HARVEST PERIOD:	<i>June - september</i>
WATERING FREQUENCY:	<i>1-2 times/week</i>
SUITABLE FOR POTS:	<i>Yes</i>
SEEDS SHAPE:	<i>Oval</i>
SEEDS COLOR:	<i>Black</i>
SEEDS DIMENSIONS:	<i>LENGTH: 2 mm    THICKNESS: 1.5-2 mm</i>
LIGHT REQUIREMENT:	<i>Full sun</i>
TEMPERATURE REQUIREMENT:	<i>10-30 °C</i>
HUMIDITY REQUIREMENT:	<i>Not specified</i>
DISTANCE REQUIREMENT:	<i>SPACING: 30 cm    DEPTH: 30 mm</i>
USE:	<i>Fragrance, ornamental, medicinal purposes</i>

# trial n.1



**Date**

09/11/2021

**Tools**

Cotton pads  
Lavender seeds  
Water  
Plate or container  
Plastic wrap or lid

## • Preparation



Place some cotton pads on a plate



Soak the cotton pads with water to make them damp



Take one lavender seed at time and place it on a cotton pad



Go on and place max 3 or 4 seeds per each cotton pad



Cover the plate and leave it in an appropriate space

LAVENDER SEEDS

## Lifecycle



**DAY 0-1**  
DORMANCY

09/11-10/11/2021

Lavender seeds are in a dormancy phase.



**DAY 2-3**  
OPENING SEEDS

11/11-12/11/2021

White-orange shaded radicles grow from lavender's seeds coat.



**DAY 4-5**  
GROWTH

13/11-14/11/2021

Translucent white hypocotyl bloom out of the cotton pads and push the seeds upwards.



**DAY 6**  
GROWTH

15/11/2021

White-orange radicles are intertwined in the cotton pads. Hypocotyls' length is about 2-3 cm. The small cotyledons are more visible and green.

16/11/2021

**DAY 7**  
GROWTH

Hypocotyls get longer and waved.  
Some radicles are visible above the  
cotton pads.



17/11/2021

**DAY 8**  
TRANSPLANT

Coleoptiles are long 4-6 cm and are  
ready to be transplanted in cups with  
damp cotton wool.



18/11-22/11/2021

**DAY 9-13**  
GROWTH

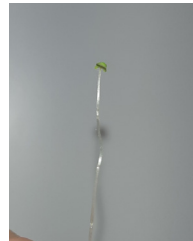
Lavender coleoptiles become longer.  
The black seeds coats fall off and first  
foliage leaves turn greener.



23/11-24/11/2021

**DAY 14-15**  
GROWTH

Coleoptiles are long around 6 cm. The  
primary leaves are completely open.



25/11/2021

**DAY 16**  
DORMANCY

Lavender coleoptiles die for lack of  
watering. Their roots become orange and  
withered.



**LAVENDER SEEDS**

• Lifecycle diagram



**Other info**

- TOTAL TIME OF MAINTENANCE: 16 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

**NOTES & IMPROVEMENTS**

Lavender seeds died for improper watering and hot temperature in the room

**NEED TO CONTROL BETTER THE SETTING**

**PERSONAL COMMENTS**

Lavender seeds needs a lot of care and maintenance. Different trials have been made putting the seeds inside and on the top of the cotton pads and, unfortunately, some of the lavender seeds never bloomed out.

REFERENCE: LAVENDER SEEDS. *Lavandula angustifolia* facts by EdenBrothers

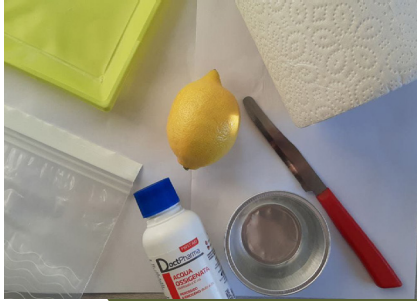


# lemon.

## General info

BOTANICAL NAME:	<i>Citrus trifoliata</i>
GERMINATION:	<i>7-9 days</i>
LIFE CYCLE:	<i>Perennial</i>
PLANTING PERIOD:	<i>February - june</i>
HARVEST PERIOD:	<i>July - December</i>
WATERING FREQUENCY:	<i>1 time/day in summer, 1 time/week in winter</i>
SUITABLE FOR POTS:	<i>Yes</i>
SEEDS SHAPE:	<i>Drop-like</i>
SEEDS COLOR:	<i>White/yellowish</i>
SEEDS DIMENSIONS:	<i>LENGTH: 6-8 mm    THICKNESS: 5-6 mm</i>
LIGHT REQUIREMENT:	<i>Full sun</i>
TEMPERATURE REQUIREMENT:	<i>20-30 °C</i>
HUMIDITY REQUIREMENT:	<i>Not specified</i>
DISTANCE REQUIREMENT:	<i>SPACING: n/s    DEPTH: n/s</i>
USE:	<i>Fragrance, culinary, medicinal purposes</i>

# trial n.2



Date

05/11/2021

Tools

Lemon

Water

Hydrogen Peroxide

Paper Towel

Plate & Containers

Knife Sealed Bag

## Preparation



Cut the lemon in half, squeeze it and remove the seeds under the pulp



Place the seeds on a quarter of paper towel, leaving some space between them



Fold the paper towel in four



Imbibit the paper towel with a dash of hydrogen peroxide



Imbibit the paper towel with a dash of water



Let the paper towel soak and put it in a sealed bag, labelling it with the date

LEMON SEEDS



Lifecycle



**DAY 0-20**  
DORMANCY

05/11-25/11/2021

Lemon seeds are still in dormancy. Their activation process is made by mixing hydrogen peroxide and water. The back of the seeds has a dark shade. The coat is still covered by a jell-like veil.



**DAY 21-24**  
TRANSPLANT

26/11-29/11/2021

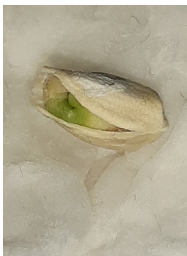
The lemon seeds seem to be in dormancy. As a second trial, they have been transplanted in another substrate, cotton wool.



**DAY 25**  
OPENING SEEDS

30/11/2021

One of the seed's coat is opening, therefore it has been moved in another paper cup.



**DAY 26-39**  
OPENING SEEDS

01/12-14/12/2021

The hatched lemon seed creates a larger opening to allow the green and white root to spring up. The seed's coat becomes fragile and brownish.

15/12-24/12/2021

**DAY 40-50**  
GROWTH

The white tip is now long about 4-5 mm. The seed inside the coat becomes greener.



25/12/2021-  
12/01/2022

**DAY 51-70**  
GROWTH

The seed grows and the epicotyl reaches a length of 10 cm. The radicle is about 2-3 cm.



13/01-15/01/2022

**DAY 71-73**  
WITHERING

The seedling shows lack of proper nutrients and the radicle starts to wither.



16/01-18/01/2022

**DAY 74-76**  
DEACTIVATION

The lemon stops its growth and slowly becomes darker. In few hours it is totally shrunken, fragile and dies.



• Lifecycle diagram



**Other info**

- TOTAL TIME OF MAINTENANCE: 76 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

**NOTES & IMPROVEMENTS**

Lemon seeds died for improper nutrients

**PERSONAL COMMENTS**

This growing experimentation was the longest one, but it was extremely satisfying to see the seed's coat opening and then growing so quickly.

REFERENCE: *How to grow lemon tree by MyGardenChannel on Youtube*



# catnip.

## General info

BOTANICAL NAME:	<i>Nepeta cataria</i>
GERMINATION:	<i>7-10 days</i>
LIFE CYCLE:	<i>Perennial</i>
PLANTING PERIOD:	<i>All seasons, best in spring</i>
HARVEST PERIOD:	<i>All seasons</i>
WATERING FREQUENCY:	<i>1-2 times/day</i>
SUITABLE FOR POTS:	<i>Yes</i>
SEEDS SHAPE:	<i>Oval</i>
SEEDS COLOR:	<i>Black</i>
SEEDS DIMENSIONS:	<i>LENGTH: 2-3 mm    THICKNESS: 2 mm</i>
LIGHT REQUIREMENT:	<i>Full sun</i>
TEMPERATURE REQUIREMENT:	<i>10-30 °C</i>
HUMIDITY REQUIREMENT:	<i>Not specified</i>
DISTANCE REQUIREMENT:	<i>SPACING: 50 mm    DEPTH: 30 mm</i>
USE:	<i>Cat medicine, flavor teas</i>

## trial n.3



Date

04/11/2021

Tools

Catnip seeds  
Water  
Cotton Wool  
Plate/Container  
Plastic wrap/Lid

### • Preparation



Spread a layer of cotton wool over the bottom of a plate



Imbibit the cotton wool with water until it is evenly damp



Pull the cotton wool apart to break up the fibers and eventually remove extra water



Nestle the seeds into the top of the cotton wool leaving enough space between them



Cover the plate with plastic wrap, label it and place it in a proper location

CATNIP SEEDS

## Lifecycle



**DAY 0-2**  
DORMANCY

04/11-06/11/2021

Catnip seeds are activated by placing them on the cotton wool and soaking them with water.



**DAY 3**  
OPENING SEEDS

07/11/2021

Seeds' coat start to open, allowing radicles to germinate above the cotton wool.



**DAY 4-6**  
GROWTH

08/11-10/11/2021

White radicles grow inside the cotton wool and coleoptiles bloom out of the seeds' coat with a color gradient from dark red to white at the tip of the root



**DAY 7**  
TRANSPLANT

11/11/2021

Primary leaves reach a length of 4,5-5 cm and are ready to be transplanted in paper cups.

12/11-25/11/2021

**DAY 8-21**  
GROWTH

Catnip leaves are 6-8 cm long.  
Some seeds are still in dormancy phase.



26/11-27/11/2021

**DAY 22-23**  
GROWTH

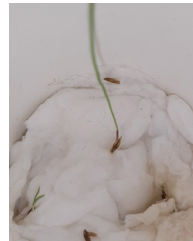
The still-in-dormancy seeds start their growth process, opening and leaving the coleoptiles to grow.



28/11-29/11/2021

**DAY 24-25**  
GROWTH

The green leaf is growing longer (around 9-10 cm). The small coleoptile on the left is showing its epicotyls. The other one is 2.5 cm long.



30/11-04/12/2021

**DAY 26-30**  
WILTING

One of the leaves is absolutely withered.  
The newer ones, on the other hand, grow green and strong.



05/12-06/12/2021

**DAY 31-32**  
DEACTIVATION

The last two leaves are permanently withered due to the lack of nutrients and the improper temperature.





● Lifecycle diagram



### Other info

- TOTAL TIME OF MAINTENANCE: 32 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

### PERSONAL COMMENTS

Catnip was very easy to activate and grow but it would have been more interesting to sow more of them on the surface.

REFERENCE: *How to grow catnip by The Spuce*

## trial n.4



### Date

04/11/2021

### Tools

Catnip seeds  
Water  
Cotton pads  
Plate/Container  
Plastic wrap/Lid

### Preparation



Start putting the cotton pads over the bottom of a plate



Create a whole layer of cotton pads



Create a whole layer of cotton pads



Remove extra water and leave it soak for a bit



Nestle the seeds into the centre of the cotton pads



Cover the plate with plastic wrap, label it and place it in a proper location.

CATNIP SEEDS

## Lifecycle



**DAY 0-2**  
DORMANCY

04/11-06/11/2021

Catnip seeds are activated by placing them on cotton pads and soaking them with water.



**DAY 3**  
OPENING SEEDS

07/11/2021

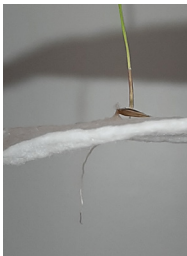
Seeds' coat start to open, allowing radicles to germinate above the cotton.



**DAY 4-6**  
GROWTH

08/11-10/11/2021

White radicles grow above the cotton pads and coleoptiles bloom out of the seeds' coat with a color gradient from yellow to pink and white. They reach 1-3.5 cm.



**DAY 7**  
TRANSPLANT

11/11/2021

Primary leaves reach a length of 4,5-5 cm and their radicles don't have enough cotton for interwine and search nutrients.

12/11-17/11/2021

**DAY 8-13**  
GROWTH

Catnip leaves are 6-8 cm long.  
Some seeds are still in dormancy phase.  
Epicotyls become visible and have a  
length of 1 to 2 cm.



18/11-19/11/2021

**DAY 14-15**  
GROWTH

Epicotyls grow slowly and take a intense  
green shade.



20/11-27/11/2021

**DAY 16-23**  
GROWTH

Some green epicotyls keep growing.  
Others grow but become shrunken and  
weak.



28/11-02/12/2021

**DAY 24-28**  
WILTING

Catnip leaves appear weak but still alive,  
therefore they have been trimmed.



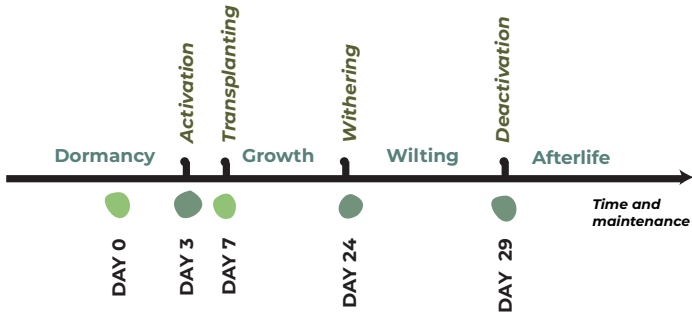
03/12/2021

**DAY 29**  
DEACTIVATION

The last withered leaf is definitely dead.



• Lifecycle diagram



### Other info

- TOTAL TIME OF MAINTENANCE: 29 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

### PERSONAL COMMENTS

Catnip was very easy to be activated and grow but it would have been more interesting to sow more of them on the surface.

REFERENCE: *How to grow catnip by The Spuce*

# trial n.5



## Date

04/11/2021

## Tools

Catnip seeds  
100 ml of water  
1 g of Agar Powder  
Pot  
Spoon  
Container With lid  
Stove

## Preparation



Prepare 1% agar solution by dissolving 1 g of agar powder in 100 ml of water



Cook over a medium heat and stir until the solution starts to boil and becomes viscose



Cool the solution slightly and pour into a container



Place the seeds equidistantly on the surface of the agar



The thickness of the substrate should be twice the thickness of the seeds



Cover the container with its lid and place it in an appropriate location

CATNIP SEEDS

## Lifecycle



**DAY 0-3**  
DORMANCY

04/11-07/11/2021

Catnip seeds are activated by placing them on the agar solution.



**DAY 4**  
OPENING SEEDS

08/11/2021

Seeds' coat start to open, allowing radicles to bloom.



**DAY 5**  
GROWTH

09/11/2021

White shaded radicles grow out of the seeds' coat with 4 mm of length  
One small and shaded coleoptile starts to bloom vertically.



**DAY 6-8**  
GROWTH

10/11-12/11/2021

One primary leaf sprouts and grows of 1 cm vertically. All the white roots penetrate inside the solution and new coleoptiles start to sprout.

13/11/2021

**DAY 9**  
GROWTH

The longest leaf is 3 cm long.  
One of the two still-closed seeds shows white mold on its surface, that has been removed with a cutter



14/11-17/11/2021

**DAY 10-13**  
GROWTH

Green epicotyls emerge from the coleoptiles, with a length of 6-7 mm.



18/11-23/11/2021

**DAY 14-19**  
GROWTH

Catnip epicotyls keep growing.  
Some orange spots and mold appear on the agar substrate and the seeds.  
Mold has been removed from the top of the seeds.



24/11-28/11/2021

**DAY 20-24**  
WILTING

Some radicles come off the agar substrate, thus some catnips epicotyls become deactivated. The agar composite shrinks and can be unmold from the container.



29/11-30/11/2021

**DAY 25-26**  
DEACTIVATION

Agar is completely dry and shrunken.  
Seedlings are totally withered.  
New seeds are in search of nutrients and water. This could be the right moment to let the agar compost in the soil.



**CATNIP SEEDS**



• Lifecycle diagram



**Other info**

- TOTAL TIME OF MAINTENANCE: 26 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

**NOTES & IMPROVEMENTS**

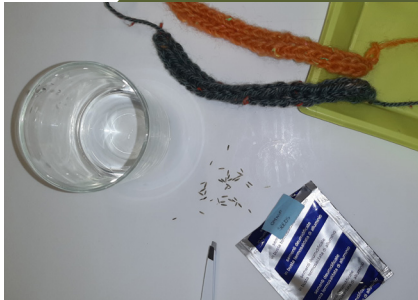
Agar is an interesting substrate for seeds. However when it becomes completely dried, seedlings must be already planted somewhere.

**PERSONAL COMMENTS**

This technique was new to me but very interesting to combine bioplastic concept with growing materials as seeds.

REFERENCE: *Agar Germination Method* by Cropgenebank

## trial n.6



### Date

13/11/2021

### Tools

Catnip seeds  
Water  
Knit Wool Samples  
Plate/Container  
Plastic Wrap  
Tweezers

### ● Preparation



Place one or more wool samples lying flat on the plate



Soak them with enough water to make them moist



Take one seed at a time and place it in the damp wool with tweezers



Go ahead leaving 1-2 cm spacing between seeds until all the surface is covered



Use some plastic wrap to cover the seeds and place it in a proper space

**CATNIP SEEDS**

## Lifecycle



**DAY 0-3**  
DORMANCY

13/11-16/11/2021

Catnip seeds are activated by placing them on knitted wool.



**DAY 4**  
OPENING SEEDS

17/11/2021

Seeds' coat start to open, allowing radicles to bloom.



**DAY 5-10**  
GROWTH

17/11-22/11/2021

White shaded radicles grow out of the seeds' coat. Coleoptiles sprout vertically and are long 0.5-4 cm. Their color gradient goes from white to pink.



**DAY 11-12**  
GROWTH

23/11-24/11/2021

Some leaves are strong and vertical. Others show a undulating silhouette and become darker.

26/11-27/11/2021

**DAY 13-14**  
GROWTH

Some of the withered catnips become stronger by watering them. One of the seedlings' epicotyl is now visible. It is long 5 mm and its color gradient goes from white to light green.



28/11-29/11/2021

**DAY 15-16**  
GROWTH

The catnip seedlings keep growing and reach 4-5 cm of length.



30/11-16/12/2021

**DAY 17-34**  
WILTING

Catnip epicotyls keep growing. Some orange spots and mold appear on the agar substrate and the seeds. Mold has been removed from the top of the seeds.



17/12-18/12/2021

**DAY 35-36**  
DEACTIVATION

The last catnip is wilting and fall off on the wool surface. In few hours it dies.



• Lifecycle diagram



**Other info**

- TOTAL TIME OF MAINTENANCE: 36 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

**NOTES & IMPROVEMENTS**

Wool is perfect to let seeds grow. This test was a starting point for the thesis' project.

**PERSONAL COMMENTS**

The process of wilting was slow and not linear. Knitting wool for this test was so soothing and stimulating.

REFERENCE: *Seeds in knitted wool* by Lara Campos for her project *beGrounded*



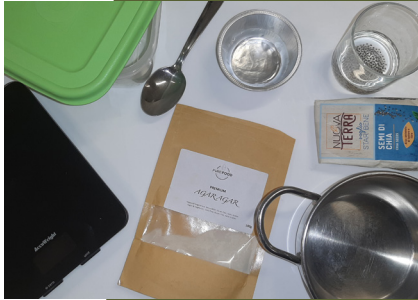
Pickels & Honey

# chia.

## General info

BOTANICAL NAME:	<i>Salvia hispanica</i>
GERMINATION:	<i>3-14 days</i>
LIFE CYCLE:	<i>Annual</i>
PLANTING PERIOD:	<i>All seasons, better spring</i>
HARVEST PERIOD:	<i>All seasons, better summer</i>
WATERING FREQUENCY:	<i>2-3 times/day</i>
SUITABLE FOR POTS:	<i>Yes</i>
SEEDS SHAPE:	<i>Oval</i>
SEEDS COLOR:	<i>Dark brown, grey, creamy</i>
SEEDS DIMENSIONS:	<i>LENGTH: 1-2 mm    THICKNESS: 1.5-2 mm</i>
LIGHT REQUIREMENT:	<i>Full sun</i>
TEMPERATURE REQUIREMENT:	<i>15-20 °C</i>
HUMIDITY REQUIREMENT:	<i>Prefers dried soils</i>
DISTANCE REQUIREMENT:	<i>SPACING: 15-20 cm    DEPTH: 6 mm</i>
USE:	<i>Culinary, medicinal purposes, ornamental</i>

# trial n.7



Date

13/11/2021

Tools

Hydrated chia seeds

100 ml of water

1 g of Agar Powder

Pot

Spoon

Container With lid

Stove

## ● Preparation



● Prepare 1% agar solution by dissolving 1 g of agar powder in the water



● Cook over a medium heat and stir until the solution starts to boil and becomes viscose



● Cool the solution slightly and pour into a container.



● The thickness of the substrate should be twice the thickness of the seeds



● Pour hydrated chia seeds on the substrate. Some may fall on the bottom.

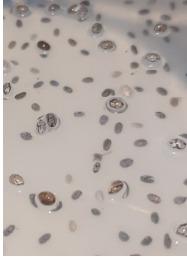


● Cover the container with its lid and place it in an appropriate location

CHIA SEEDS



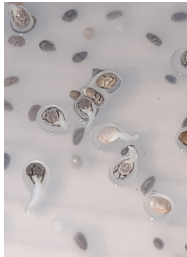
## Lifecycle



**DAY 0**  
DORMANCY

13/11/2021

Some chia seeds are on the bottom and others are stuck to the surface, depending on their density and the reaction with the agar solution.



**DAY 1**  
OPENING SEEDS

14/11/2021

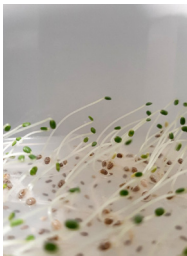
Some white small radicles start to bloom out of the coats. Those seeds settled on the bottom of the container seem to be in dormancy.



**DAY 2**  
GROWTH

15/11/2021

White radicles become longer (6-7 mm) and furry. Small and green coleoptiles bloom out out of the tip of the radicles.



**DAY 3-8**  
GROWTH

16/11-21/11/2021

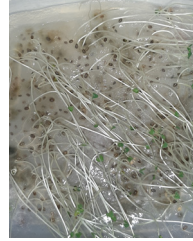
Coleoptiles become white and longer (around 2-8 cm). At the tip of them some small and bright green foliages appear. Agar substrate has a sweet smell.

Seedlings are following the light and grow in the same direction.

23/11-24/11/2021

**DAY 10-11**  
GROWTH

Coleoptiles are long about 8-9 cm and follows the direction of the sunlight, giving them an extremely inclined shape. The chia seeds at the bottom of the agar solution become darker and browner.



25/11/2021

**DAY 12**  
GROWTH

Brown halos grow at the bottom of the agar substrate. Chia primary leaves are completely open and have an intense green color.



26/11-28/11/2021

**DAY 13-15**  
GROWTH

The radicles move inside the agar substrate to search for nutrients. Mold spots become darker. The agar sheet is dried enough to come off the mold. Its thickness is about 4 mm.



29/11/2021

**DAY 16**  
WILTING

As the sheet shrinks and dries out, on its bottom the seeds with brown halos emerge, open and let long and white radicles bloom out of the coats.



30/11-01/12/2021

**DAY 17-18**  
DEACTIVATION

Agar shrinks and dries up. Seedlings are totally withered. New seeds are in search of nutrients and water. The dead sample is dark, strong and inflexible.



● Lifecycle diagram



**Other info**

- TOTAL TIME OF MAINTENANCE: 18 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

**NOTES & IMPROVEMENTS**

The seeds on the bottom, starting to grow when the material is shrinking, show the possibility to integrate them in bioplastics.

**PERSONAL COMMENTS**

The process was extremely stimulating and fascinating since the seeds on the bottom showed to be still alive and to support my thesis idea.

REFERENCE: *Agar Germination Method by Cropgenebank*

# trial n.8



Date

13/11/2021

Tools

Hydrated chia seeds

Water

Knit Wool Samples

Plate/Container

Plastic Wrap

Tweezers

## ● Preparation



● Place the wool samples lying flat on the plate



● Soak them with enough water to make them moist



● Take some hydrated chia seeds and place them in the moist wool with tweezers



● Go ahead, leaving some space between seeds until all the surface is covered



● Use some plastic wrap to cover the seeds and place it in a proper space

**CHIA SEEDS**

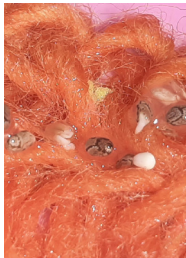
Lifecycle



**DAY 0**  
DORMANCY

13/11/2021

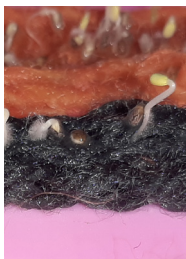
Chia seeds are activated by placing them inside the wool and their white halos become bigger.



**DAY 1**  
OPENING SEEDS

14/11/2021

Seeds' coat start to open, allowing white radicles to bloom.



**DAY 2**  
GROWTH

15/11/2021

The small radicles grow out of the seeds' coat with 3-4 mm of length and become hairy. Small and green coleoptiles bloom out of the tip of the radicles.



**DAY 3-5**  
GROWTH

16/11-18/11/2021

Coleoptiles become white and longer (around 2 cm). Small and intense green foliage leaves appear. White and translucent radicles are growing beyond the samples.

19/11-23/11/2021

**DAY 6-10**  
GROWTH

The dicotyledons show the small pair of green primary leaves. Then, the primary leaves completely open and take on a darker green color. The coleoptiles are long 8 cm and get tangled up by following the sunlight.



24/11-26/11/2021

**DAY 11-13**  
GROWTH

The roots move in search of nutrients and are characterized by a white-orange gradient. Some seedlings are entirely dried, becoming shrunken and withered.



27/11-29/11/2021

**DAY 14-16**  
WILTING

Chia seedlings appear increasingly weak and fall off on the sides. Those already dead and withered have reduced their diameter (that is about 0.1 mm), are very shriveled and dark.



30/11-05/12/2021

**DAY 17-22**  
WILTING

The living leaves are strong and their coleoptiles are thicker. The roots of the dead seedlings are brownish at the bottom of the wool samples.



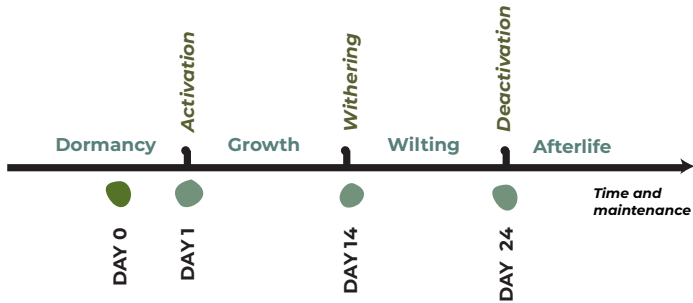
06/12-07/12/2021

**DAY 23-24**  
DEACTIVATION

The last coleoptiles are weak and withered. The wool sample is completely dry and shows thin and dark seedlings. On its back the radicles are wrinkled and brown.



● Lifecycle diagram



### Other info

- TOTAL TIME OF MAINTENANCE: 24 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

#### NOTES & IMPROVEMENTS

This test on knitted wool worked better than that of catnip seeds.

#### PERSONAL COMMENTS

The process of wilting was slow. Knitting wool for this test was funny and stimulating. The effect of chia seeds on wool was so lovely!

REFERENCE: *Seeds in knitted wool* by Lara Campos for her project *beGrounded*

# trial n.9



## Date

26/11/2021

## Tools

Hydrated chia seeds  
Water  
2 Cotton Fabric Samples  
(10X10 cm)  
Two Plates  
Tweezers

## ● Preparation



Cut two samples of cotton and place the first one on a plate to soak it with water



Place the second sample on the first one



Soak the samples with enough water



Place hydrated chia seeds, helping you with tweezers



Go on placing the chia seeds until the surface is covered (around 20-25)



Cover the plate with another plate and place it in an appropriate location

**CHIA SEEDS**



## Lifecycle



**DAY 0**  
DORMANCY

26/11/2021

Chia seeds are activated by placing them on the cotton samples and their jelly halos become bigger.



**DAY 1**  
OPENING SEEDS

27/11/2021

White small radicles bloom out of the coats to anchor the seedlings.



**DAY 2**  
GROWTH

28/11/2021

White radicles become more long and curly, searching for nutrients.



**DAY 3-4**  
GROWTH

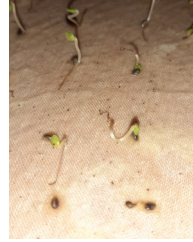
29/11-30/11/2021

Coleoptiles grow a little. White and translucent radicles are growing on the samples.

01/12-02/12/2021

**DAY 5-6**  
GROWTH

Few dicotyleons are growing, making visible embryonic leaves.  
The radicles struggle to find stability and collect nutrients.  
Some seeds are still in dormancy.



03/12-04/12/2021

**DAY 7-8**  
WILTING

The seedlings are still growing but they are laying on the cotton fabric and looks darker. Some coleoptiles are almost dead and come off the surface easily.



05/12-07/12/2021

**DAY 9-11**  
WILTING

The long seedlings keep growing stronger.  
Some of the seeds show small foliages opening inside the coat even though their radicles are very short.



08/12/2021

**DAY 12**  
DEACTIVATION

The radicles cannot reach more nutrients without going under the fabric.  
They rapidly shrink and die.



• Lifecycle diagram



**Other info**

- TOTAL TIME OF MAINTENANCE: 12 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

**NOTES & IMPROVEMENTS**

Comparing this growing test with test n.#12 of chia seeds on paper towel, it can be assumed that the cotton fabric make the process slower.

**PERSONAL COMMENTS**

Chia seeds struggled to be alive and it was hard to save them.

# trial n.10



**Date**

26/11/2021

**Tools**

Hydrated chia seeds  
Water  
Wool felt sample (10X10 cm)  
Two Plates  
Tweezers

## ● Preparation



● Cut the samples of wool felt and place the first it on a plate



● Soak the sample with water until it is damp



● Place hydrated chia seeds, helping you with tweezers



● Go on placing the chia seeds until the surface is covered (around 20-25)



● Cover the plate with another plate and place it in an appropriate location

**CHIA SEEDS**

## Lifecycle



**DAY 0**  
DORMANCY

26/11/2021

Chia seeds are activated by placing them on the woollen felt and their white halos become bigger.



**DAY 1**  
OPENING SEEDS

27/11/2021

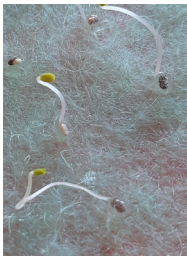
White small radicles bloom out of the coats to anchor the seedlings into the wool. Some watering is needed.



**DAY 2-3**  
GROWTH

28/11-29/11/2021

The radicles grow out of the seeds' coat with 1-2 cm of length, going inside the wool. Coleoptiles bloom out and push upwards their pale green tips.



**DAY 4**  
GROWTH

30/11/2021

Coleoptiles become white and longer (around 2 cm). Small and intense green foliage leaves appear. White and translucent radicles are growing inside the wool sample.

01/12-02/12/2021

**DAY 5-6**  
GROWTH

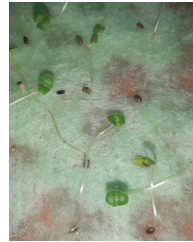
Coleoptiles follow the sunlight direction. The first two leaves are open and green. Some seeds are still in dormancy or opening.



03/12-05/12/2021

**DAY 7-9**  
GROWTH

Chia seedlings are in lack of water because of the high indoor temperature. They fall off on the woollen surface but they are still alive. The chia seedlings keep growing stronger and their leaves turn darker.



06/12-09/12/2021

**DAY 10-13**  
WILTING

The foliage is growing stronger. Two of the seedlings are weak and withered, turning very thin and brown. Some seeds are just opening and blooming directly as primary leaves.



10/12-11/12/2021

**DAY 14-15**  
WILTING

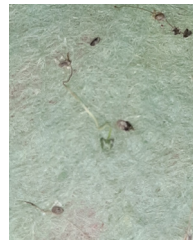
Some of the coleoptiles become weak and fall off the woollen surface. The seedlings need more watering and nutrients.



12/12-13/12/2021

**DAY 16-17**  
DEACTIVATION

The felt dries up quickly and the seedlings fall off on the surface. The next day the seedlings die definitively in need of nutrients besides water.



● Lifecycle diagram



**Other info**

- TOTAL TIME OF MAINTENANCE: 17 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

**NOTES & IMPROVEMENTS**

Comparing this growing test with tests n.#9 and n.#12, it can be inferred that the wool fabric allows a slower process than paper towel but quicker than the cotton one.

**PERSONAL COMMENTS**

Chia seeds are the quickest seeds tested and they show to grow easily on wool surfaces. This is a good news for the fashion system!

REFERENCE: *Seeds in wool felt* by Paula Ulargui Escalona

# trial n.11



Date

11/03/2021

Tools

Hydrated chia seeds

Water

Wool felt sample (10X10 cm)

Two Plates

Tweezers

## ● Preparation



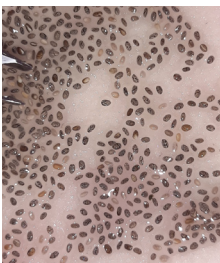
Place the wool felt sample on a plate or container



Soak the sample with water until it is damp



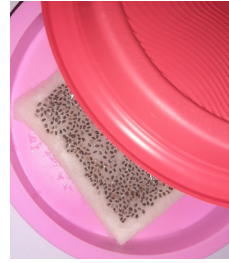
Pour a good quantity of chia seeds on the surface with the help of tweezers



Cover the entire surface with chia seeds, using the tweezers



Make the seeds surface even in order to make them grow easily

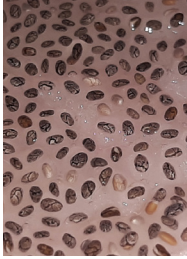


Cover the plate with another plate and place it in an appropriate location

CHIA SEEDS



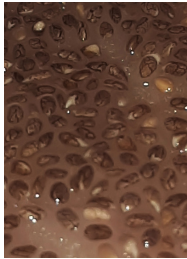
## Lifecycle



**DAY 0**  
DORMANCY

11/03/2022

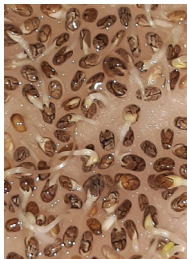
Chia seeds are activated by placing them on the woollen felt and their white halos become bigger.



**DAY 1**  
OPENING SEEDS

11/03/2022

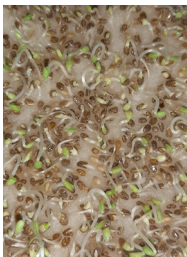
White small radicles bloom out of the coats to anchor the seedlings.



**DAY 2**  
GROWTH

12/03/2022

White radicles become longer (6-7 mm) and furry.



**DAY 3**  
GROWTH

13/03/2022

The radicles grow out of the seeds' coat with 3-4 cm of length. They can't penetrate in the paper so they grow on the surface.

Coleoptiles bloom out and push upwards their pale green tips.

14/03-18/03/2022

**DAY 4-7**  
GROWTH

Coleoptiles follow the sunlight direction. The first two leaves are open and green. Some seeds are still in dormancy or opening.



19/03-20/03/2022

**DAY 8-9**  
GROWTH

Chia seedlings are in lack of water because of the high indoor temperature. They fall off on the woollen surface but they are still alive. The chia seedlings keep growing stronger and their leaves turn darker.



21/03-22/03/2022

**DAY 10-11**  
GROWTH

The foliage is growing stronger. Two of the seedlings are weak and withered, turning very thin and brown. Some seeds are just opening and blooming directly as primary leaves.



23/03-26/03/2022

**DAY 12-15**  
WILTING

Some of the coleoptiles become weak and fall off the woollen surface. The seedlings need more watering and nutrients.



27/03-28/03/2022

**DAY 16-17**  
DEACTIVATION

The felt dries up quickly and the seedlings fall off on the surface. The next day the seedlings die definitively in need of nutrients besides water.



**CHIA SEEDS**

● Lifecycle diagram



**Other info**

- TOTAL TIME OF MAINTENANCE: 17 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

**NOTES & IMPROVEMENTS**

This test showed the feasibility of combining wool felt with chia seeds. In particular, it is visible how the quantity of chia seeds can change the final effect of the sample,

**PERSONAL COMMENTS**

This sample is the one used to simulate the final prototype an undstand the timing. I love the contrast between green plants and white felt!

REFERENCE: *Seeds in wool felt* by Paula Ulargui Escalona

# trial n.12



**Date**

26/11/2021

**Tools**

Hydrated chia seeds

Water

Paper towel

Two Plates

Tweezers

## ● Preparation



● Fold two veil of paper towel in fou



● Place it on the centre of a plate



● Soak the paper towel with some water



● Place hydrated chia seeds, helping you with tweezers



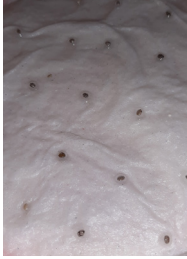
● Go on placing the chia seeds until the surface is covered (around 20-25)



● Cover the plate with another plate and place it in an appropriate location

**CHIA SEEDS**

## Lifecycle



**DAY 0**  
DORMANCY

26/11/2021

Chia seeds are activated by placing them on the paper towel and their white halos become bigger.



**DAY 1**  
OPENING SEEDS

27/11/2021

White small radicles bloom out of the coats to anchor the seedlings.



**DAY 2**  
GROWTH

28/11/2021

White radicles become longer (6-7 mm) and furry.



**DAY 3**  
GROWTH

29/11/2021

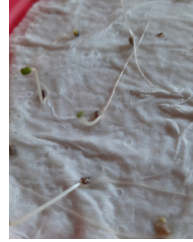
The radicles grow out of the seeds' coat with 3-4 cm of length. They can't penetrate the paper so they grow on the surface.

Coleoptiles bloom out and push upwards their pale green tips.

30/11/2021

**DAY 4**  
GROWTH

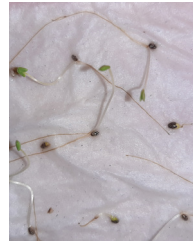
Coleoptiles become white and longer (around 4-5 cm). Small and intense green foliage leaves appear. White and translucent radicles are growing of 5-6 cm on the paper surface, in search of nutrients.



01/12/2021

**DAY 5**  
GROWTH

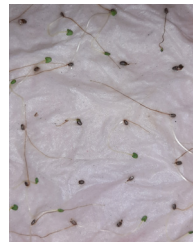
Radicles become brownish. The coleoptiles are translucent and at their tip small foliage are opening.



02/12-05/12/2021

**DAY 6-9**  
WILTING

The paper towel dries quickly. The radicles turn brown, therefore the seedlings look slightly withered, but still alive.



06/12/2021

**DAY 10**  
DEACTIVATION

The seedlings keep to dry out despite being watered day by day. This is to say that the nutrients are not enough against the high temperature of the indoor environment.



● Lifecycle diagram



### Other info

- TOTAL TIME OF MAINTENANCE: 10 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

#### NOTES & IMPROVEMENTS

Comparing this growing test with tests n.#9 and n.#10, it is clear that paper towel could be an interesting substrate just for few hours.

#### PERSONAL COMMENTS

Chia seeds struggled to keep growing. The deactivation of seeds was expactable.

# trial n.13



## Date

30/11/2021

## Tools

Hydrated Chia Seeds  
Water  
Cotton Tubular Yarn  
Plate  
Syringe  
Thick Needle  
Tweezers  
Plastic Wrap

## ● Preparation



Pick some hydrated chia seeds with the help of the tweezers



Make a hole (3 mm) inside the cotton yarn, piercing it with the tip of the needle



Put the chia seed inside the hole by helping you with the tweezers



Try to draw together and close the cotton threads to encapsulate the seed



Soak the yarn, especially on the seeds' areas, by using a syringe



Cover the plate with some plastic wrap and place it in an appropriate location

## CHIA SEEDS



## Lifecycle



**DAY 0-X**  
DORMANCY

30/11-10/12/2021

Chia seeds are placed inside the cotton yarn, but the test went wrong.

- Lifecycle diagram



### NOTES & IMPROVEMENTS

The chia seeds are probably dead because of the pressure put on them during the process. Additionally, the yarn is very tight and difficult to make it wet.

**NEED TO WORK MORE ON THIS**

REFERENCE: *Seeds in cotton yarn* by Svenja Keune for her project *On Textile Working*

# trial n.14



## Date

10/12/2021

## Tools

- Hydrated Chia Seeds
- Water
- Cotton Tubular Band
- Plate
- Syringe
- Wooden stick
- Tweezers
- Plastic Wrap

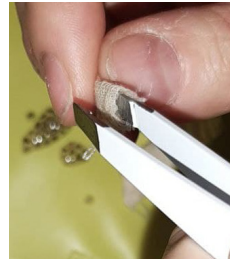
## Preparation



Pick some hydrated chia seeds with the help of the tweezers



Put chia seeds inside the cotton band with the tip of the tweezers



Put some pressure on the seeds to fill the cotton tube



Use the wooden stick to push chia seeds easily and go on filling all the length of the cotton band



Use the wooden stick to push chia seeds easily and go on filling all the length of the cotton band



Cover the plate with another plate and place it in an appropriate location

## Lifecycle



**DAY 0**  
DORMANCY

10/12/2021

The chia seeds are activated inside the tubular cotton band. They are damp and their dark color is visible under the fabric.



**DAY 1**  
OPENING SEEDS

11/12/2021

The band is still damp and looks inflated because of the seeds halos.



**DAY 2**  
GROWTH

12/12/2021

Some of the chia seeds are opening and the radicles bloom out. One of the seeds comes out the cotton band, making it more visible.



**DAY 3**  
GROWTH

13/12/2021

The cotton fabric make it difficult to understand the stages of the seeds. Some of them seem to be still in activation while some others show small openings on their coats.

13/12/2021

**DAY 3**  
GROWTH

The cotton fabric make it difficult to understand the stages of the seeds. Some of them seem to be still in activation while some others show small openings on their coats.



14/12-15/12/2021

**DAY 4-5**  
GROWTH

The chia seeds that are outsided the cotton band can grow easily. Those that are inside do not have enough space to reach water and settle down.



16/12/2021

**DAY 6**  
DEACTIVATION

The chia seeds seem to be deactivated since they do not show radicles. For those seedlings outside the band there's need of water and they die quickly without a substrate.



● Lifecycle diagram



### Other info

- TOTAL TIME OF MAINTENANCE: 6 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

#### NOTES & IMPROVEMENTS

The chia seeds are probably dead because the cotton fabric is not suitable for the growth.

**NEED TO FIND NEW COTTON SOLUTIONS**

#### PERSONAL COMMENTS

Even though the space was very neat, few chia seeds made it!

REFERENCE: *Seeds in cotton yarn* by Svenja Keune for her project *On Textile Working*

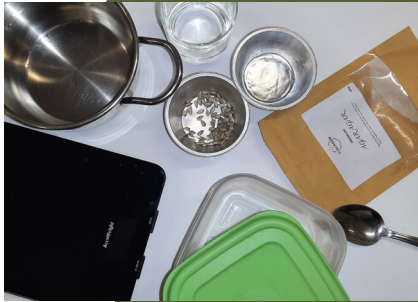


# sunflower.

## General info

BOTANICAL NAME:	<i>Helianthus annuus</i>
GERMINATION:	<i>10-14 days</i>
LIFE CYCLE:	<i>Annual</i>
PLANTING PERIOD:	<i>March - june</i>
HARVEST PERIOD:	<i>June - september</i>
WATERING FREQUENCY:	<i>1 time/day</i>
SUITABLE FOR POTS:	<i>Yes</i>
SEEDS SHAPE:	<i>Drop-like</i>
SEEDS COLOR:	<i>Dark brown/gray wiht white stripes</i>
SEEDS DIMENSIONS:	<i>LENGTH: 6-7 mm THICKNESS: 2-3 mm</i>
LIGHT REQUIREMENT:	<i>Full sun</i>
TEMPERATURE REQUIREMENT:	<i>15-20 °C</i>
HUMIDITY REQUIREMENT:	<i>Prefers draining soils</i>
DISTANCE REQUIREMENT:	<i>SPACING: 20-30 cm DEPTH: 12 cm</i>
USE:	<i>Culinary, medicinal purposes, ornamental</i>

# trial n.15



Date

03/12/2021

Tools

Hydrated sunflower seeds

100 ml of water

1 g of Agar Powder

Pot

Spoon

Container With lid

Stove

## ● Preparation



● Prepare 1% agar solution by dissolving 1 g of agar powder in the water



● Cook over a medium heat and stir until the solution starts to boil and becomes viscose



● Cool the solution slightly and pour into a container



● Once the solution seems to be jelly, pour the seeds on the top of it



● The thickness of the substrate should be twice the thickness of the seeds

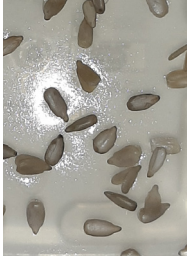


● Cover the container with its lid and place it in an appropriate location

**SUNFLOWER SEEDS**



## Lifecycle



**DAY 0**  
DORMANCY

03/12/2021

Sunflower seeds are activated by placing them on the agar solution.



**DAY 1**  
OPENING SEEDS

04/12/2021

The seeds tips elongate to become radicles. The seeds are still movable on the agar substrate. They look more white and big.



**DAY 2**  
GROWTH

05/12/2021

The radicles are white and furry and about 5-10 mm. Since the seeds are movable, some starts to penetrate into the agar substrate in search of nutrients and water. The opened parts of the seeds turn pale green.



**DAY 3**  
GROWTH

06/12/2021

The radicles grow with a length of 1-3 cm and are visibly different from the coleoptiles. All the seedlings become intensely green and try to settle vertically.

07/12-09/12/2021

**DAY 4-6**  
GROWTH

The green of the seedlings become intense and darker in some spots. The roots turn into several radicles in search of nutrients and entangle with the others. Those sunflowers that are deep-rooted are growing vertically.



10/12-11/12/2021

**DAY 7-8**  
GROWTH

The sunflower seedlings grow stronger and greener. One of them reach the length of 8.5-9 cm. Some radicles in the center of the agar substrate finally penetrate it and reach the bottom.



12/12-13/12/2021

**DAY 9-10**  
GROWTH

The agar is completely detachable from the container. This could be the right moment to transplant the substrate in a potting or garden soil. The seedlings are growing and their radicles are extremely tangled up.



14/12-18/12/2021

**DAY 11-15**  
WILTING

The sunflower seedlings looks withered and in need of water. The agar substrate shrinks more and more, showing the radicles at its bottom.



19/12/2021

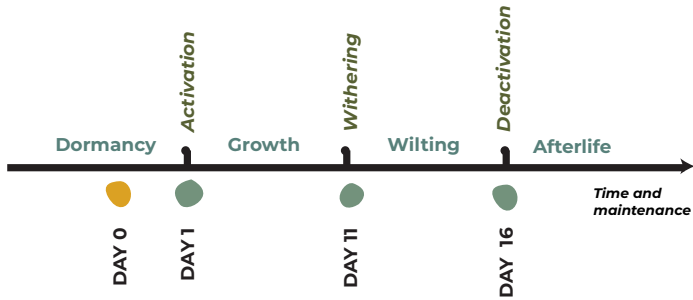
**DAY 16**  
DEACTIVATION

The sunflower seedlings are withered. The agar substrate is totally shrunken and let the seedlings in lack of water.



**SUNFLOWER SEEDS**

• Lifecycle diagram



### Other info

- TOTAL TIME OF MAINTENANCE: 16 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

### NOTES & IMPROVEMENTS

The process showed once again the effectiveness of using agar as substrate for seeds.

### PERSONAL COMMENTS

The process was satisfying to follow since the sunflower seedlings are bigger compared to the ones before.

REFERENCE: *Agar Germination Method by Cropgenebank*

# trial n.16



## Date

26/11/2021

## Tools

Hydrated sunflower seeds  
Water  
Wool felt sample (10X10 cm)  
Two Plates  
Pen  
Scissors

## • Preparation



Cut the samples of wool felt and place the first it on a plate



Soak the sample with water until it is damp



Place hydrated chia seeds, helping you with tweezers



Go on placing the sunflower seeds until the surface is covered (around 9-16)



Cover the plate with another plate and place it in an appropriate location

**SUNFLOWER SEEDS**

Lifecycle



**DAY 0**  
DORMANCY

03/12/2021

Sunflower seeds are activated by placing them on the woollen surface. Some of them are already open.



**DAY 1**  
OPENING SEEDS

04/12/2021

The seed tip begins to lengthen to become a radicle. The seeds are still movable on the felt surface.



**DAY 2**  
GROWTH

05/12/2021

The radicles are white, furry and long 3-5 mm. Some begin to settle into the holes in the wool.



**DAY 3**  
GROWTH

06/12/2021

The radicles grow with a length between 4 and 25 mm and become less furry. The coleoptiles are now visible and can be distinguished from the radicles. All the seedlings take on a pale green shade.

07/12-08/12/2021

**DAY 4-5**  
GROWTH

Two of the sunflower seedlings are growing stronger. Their radicles multiply to reach more water and nutrients.



09/12-10/12/2021

**DAY 6-7**  
GROWTH

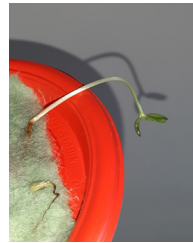
One of the last two sunflowers is weak and start to fall off on the sides. The coleoptile of the other seedling takes a shade of pink and becomes longer. It is visible a transparent patina, that breaks off from the primary leaves.



11/12-15/12/2021

**DAY 8-12**  
WILTING

The last sunflower is withering because of the lack of water. The radicles become brownish and the foliage fall off on the surface. The felt has been watered again and the seedling recovers and gets up, but it still looks weak.



16/12/2021

**DAY 13**  
WILTING

The coleoptile is totally shrunken and withered. It loses its strength and dies.



• Lifecycle diagram



**Other info**

- TOTAL TIME OF MAINTENANCE: 13 days
- LIGHT: Indoor
- TEMPERATURE: Room temperature around 25-28 °C
- NUTRITION: None
- HUMIDITY: Through insing and draining

**NOTES & IMPROVEMENTS**

Wool felt is tightly woven, thus the growth of sunflower seeds is quite difficult since they are bigger than chia seeds.

**PERSONAL COMMENTS**

Sunflower seeds create a stronger aesthetical effect compared to the other ones.

REFERENCE: *Seeds in wool felt* by Paula Ulargui Escalona

04

# Part



# MATERIALS TESTINGS

dissolution in hot water	_____	<b>200</b>
degradation in potting soil	_____	<b>204</b>
decomposition in garden soil	_____	<b>208</b>
results	_____	<b>212</b>

## TESTED BIOMATERIALS

AGAR

GELATINE

ALGINATE

POTATO  
STARCH

CORN  
STARCH

a. On the top



b. Inside



# dissolution in hot water.



## Testing tools

Selected biomaterials  
Two glass bowls  
Pot  
Water  
Other containers  
*if needed*

THE EVALUATION IS BASED ON TWO  
PARAMETERS:

### water resistance

The selection of materials will be tested to prove the waterproof property of them.

### seeds endurance

The endurance of the seeds to boiling water will be considered to prove their resistance to improper condition and their timing in biodegrading.

# final look

Pictures and notes after being soaked for 24 hours and then dried

## AGAR



12/12/2021

The sample shrinks a little and becomes more brittle, but it is still in good conditions.

#1A



12/12/2021

The sample shrinks a little and becomes more brittle, but it is still in good conditions.

#1B

🕒 46 HOURS

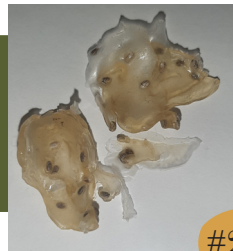
## GELATINE



12/12/2021

The sample shrinks a little but it is still in perfect conditions.

#2A



12/12/2021

The sample shrinks a little but it is still in perfect conditions.

#2B

🕒 46 HOURS

## ALGINATE



**#3A**



**12/12/2021**  
The pieces shrink a little bit and become more brittle.

**#3B**

**12/12/2021**  
The alginate breaks in few pieces. They shrink and become brittle.

**46 HOURS**

## POTATO STARCH



**#4A**

**14/12/2021**  
The material is extremely brittle and thin and becomes yellowish.

**#4B**

**14/12/2021**  
The small pieces shrink a lot and become slightly yellow. The material is very brittle.

**48 HOURS**

## CORN STARCH



**#5A**

**14/12/2021**  
The material shrinks a lot and turn into small, thin and brittle pieces.

**#5B**

**14/12/2021**  
The material breaks in small pieces and shrinks a lot, becoming yellow.

**48 HOURS**

## TESTED BIOMATERIALS

AGAR

GELATINE

ALGINATE

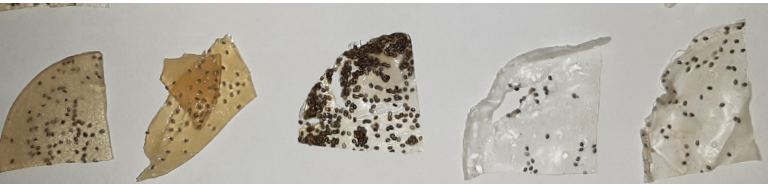
POTATO  
STARCH

CORN  
STARCH

a. On the top



b. Inside



# degradation in potting soil.



## Testing tools

Selected biomaterials  
Potting soil  
Pots  
Water  
*if needed*

THE EVALUATION IS BASED ON TWO  
PARAMETERS:

## compostability

This test will prove the eco-friendly nature of the biomaterials, following its compostability process.

## decomposition time

The timing of decomposition will be traced in order to understand the difference of these innovative materials compared to the traditional ones.

# selected biomaterials

## Planting

agar

gelatine

alginate

potato starch

corn starch



02/01/2022

10:00 AM

Biomaterials have been planted in three pots full of potting soil, then water has been added.

## Degradation

🕒 3 DAYS



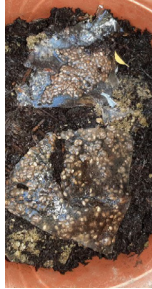
05/01/2022

10:35 AM

Water make cornstarch samples whitish and thick.



 7 DAYS



**09/01/2022**  
09:50 AM

Different temperatures cause the shrinkage of materials.

 14 DAYS



**16/01/2022**  
12:25 PM

Materials are becoming fragile but the lack of microbes and nutrients in the soil.

## TESTED BIOMATERIALS

AGAR

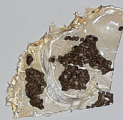
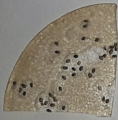
GELATINE

ALGINATE

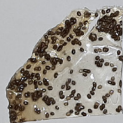
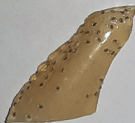
POTATO  
STARCH

CORN  
STARCH

a. On the top



b. Inside



# decomposition in garden soil.



## Testing tools

Selected biomaterials

Garden soil

*Pots if needed*

*Water if needed*

THE EVALUTION IS BASED ON TWO  
PARAMETERS:

## compostability

This test will prove the eco-friendly nature of the biomaterials, following its compostability process.

## decomposition time

The timing of decomposition will be traced in order to understand the difference of these innovative materials compared to the traditional ones.

# selected biomaterials

## Planting

agar

gelatine

alginate

potato starch

corn starch



02/01/2022

10:00 AM

Biomaterials have been planted in a unique pots full of natural garden soil, then water has been added.

## Decomposition



3 DAYS



05/01/2022

10:35 AM

Water make cornstarch samples whitish and thick.

 7 DAYS



**09/01/2022**

09:50 AM

Starch-based materials are broken and disintegrated.

 14 DAYS



**16/01/2022**

12:25 PM

Starch-based materials are almost decomposed.

Agar- and alginate-based are shrunken and fragile. Gelatin is still thick but less strong.

# results.

hot water



## GENERAL FINDINGS

- Seeds on the top of the materials come off before the ones inside them.
- Some seeds opened but hot water killed them.

AGAR

✓ waterproof

? seeds endurance

GELATINE

✗ waterproof

? seeds endurance

ALGINATE

✗ waterproof

? seeds endurance

POTATO STARCH

✗ waterproof

? seeds endurance

CORN STARCH

✗ waterproof

? seeds endurance

## potting soil



### GENERAL FINDINGS

- Decomposition is slow because potting mix is sterile.
- Seeds struggle to open their cot in low temperatures.

🕒 decomposition 40-60 DAYS

🕒 decomposition 40-80 DAYS

🕒 decomposition 40-50 DAYS

🕒 decomposition 30-40 DAYS

🕒 decomposition 30-40 DAYS

## garden soil



### GENERAL FINDINGS

- Decomposition is halved compared to the potting soil.
- Seeds struggle to open their cot in low temperatures.

🕒 decomposition 20-30 DAYS

🕒 decomposition 20-40 DAYS

🕒 decomposition 20-25 DAYS

🕒 decomposition 15-20 DAYS

🕒 decomposition 15-20 DAYS



**NICLA GUARINO**