Department of Architecture: «Sustainable Architecture and Landscape Design» 2022

MASTER THESIS THEME:

«Applying Sustainable Methods in Renovation of the Historical building in Tver, Russia.»

THESIS QUESTION «How to apply sustainable renovation technique to a protected historical building?»

> **KEY WORDS:** Renovation, Restoration, Sustainable architecture, Preservation

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To deeply understand the borders of the thesis topic, it is necessary to clarify the mean of key words.

TERMS:

Renovation - the act or process of repairing and **improving** something, especially a building.

(Cambridge Advanced Learner's Dictionary & Thesaurus, United Kingdom 2022)

Restoration - the process of a highly specialized operation. Its aim is to **preserve** and reveal the aesthetic and **historic value** of the monument or building and is based on respect for original material and authentic documents. It must stop at the point where conjecture begins.

Sustainable architecture - is architecture that seeks to minimize the negative environmental impact of buildings through improved efficiency and moderation in the use of materials, energy, development space and the ecosystem at large. Sustainable architecture uses a conscious approach to energy and ecological conservation in the design of the built environment.

(«Sustainable Architecture and Simulation Modelling», Dublin Institute of Technology, 2013)

Preservation - is an endeavor that seeks to safe, conserve and **protect** buildings, objects, landscapes or other artifacts of **historical significance**. It is a philosophical concept that became popular in the twentieth century, which maintains that cities as products of centuries' development should be obligated to protect their patrimonial legacy.

(«Encyclopedia of the City. Routledge», Caves, R. W., 2004)

(Venice Charter, 1964)

THESIS QUESTION

How the historic building can be restorated with all respect to a history and area, and at the same time having sustainable renovation stratagies implemented to the building?

How we can mediate both of this different ways of building repair?

ABSTRACT

In the traditional architectural practice of restoration in Russia, historical buildings are restorated in accordance with historical documents without allowing any modern innovations. It is hard to find restoration design project with modern: walls sturcture, glazing, ventilation system and etc. After, it turns out that restorated buildings are not used with full efficiency.

Lack of different architecture practisies and realized solutions coming from architectural rules and laws, which are mostly not as modern as they could be. Usually, restoration is carried out only on historical significant objects, which are now beginning to be classified more every year.

On the other hand, many renovated buildings losing their link with their history. Efficiency and economy - the main aim. New glass facades appear and the building changes in such a way that it is difficult to remember what was here before it. It is clear, that both sides are completely different.

But what will happen if, using the methods and laws of restoration, we apply to the former appearance of these buildings and at the same time use to modernize structures and technologies?

In this project, I will study all these questions on the example of one building, which is located in Russia, in the city of Tver. This is a historic building, which is already 165 years old.

INTRODUCTION

«The issue is no longer about new versus old, but about nature of the vitial relationship between the two» [1]

Studying the construction and plans of the building, which were obtained from the city archives by myself, I will figure out how to restore a completely historical building and preserve the value of its facades and plans. Same time modernizing it into a sustainable building, using different technologies and recyclable materials.

I will determine the new development of the courtyard, pedestrian connections and the organization of new elements on the area. Also, taking into account economic opportunities after renovation.

Overall, my aim is to create a hybrid historic building project, fully consistent with the historical look and modern building, with strong economic profitability and modern technological and sustainable solutions.

WHY TRADITIONAL RESTORATION METHOD IS NOT EFFICIENT?

Restoration of a building often involves returning it to its original form. The main task is to restore the lost historical appearance, both in the exterior and in the interior. Materials, structure, engineering solutions comming from existance of the building, from its history.

Traditionaly, that places becoming even more complicated to use as a property areas. Architecture laws and building practisies having not enoght opportunities to run the building economy efficient.

«Preserving both the historic architecture and the historical functions of the downtown is essential - saving just the building is not enough. The most sucsessful preservation programs retain existing businnesses, so that downtown continues to be economically viable, and avoid turning the downtown into museum.[2]»

^{[1] -} Powell, Ken. Architecture Reborn: «Converting Old Buildings for New Uses», New York, 1999.

^{[2] -} Daniel J. Levi, «Journal of Architecturaland Planning Research», 2005

Such buildings do not bring sufficient profit to the local administration or to the owner, because they do not work with full economy efficiency. Since according to a whole list of parameters they are not suitable for permanent work of people (office work, living spaces). Due to lack of modern engineering solutions, which would be in conflict with traditional restoration methods and practices.

In this regard, lately it has become difficult to find an investor for restoration of such historical buildings. Unfortunately, the city administration can not afford every restoration project. Buildings are abandoned for many years.

WHAT DOES IT MEAN SUSTAINABLE RENOVATION METHOD?

Sustainable restoration method is the integration of a building into society in a new way. This integration is proceeding in the same way as this building would be rebuilt in its original form, but taking into account the new cultural, historical and economic needs of society.

«Research by Herzog and Gale (1996) may explain why older buildings are sometimes not preferred to contemporary ones; that is, they may be less well-maintained or perceived to be not cared for. When maintenance of the building is poor, newer buildings are preferred.»[3]

In my opinion, if the building, in conditions in which it is now and not needed by anyone (investors or administration) - it is a potential question of the efficiency of rules and norms for its restoration conditions. We cannot afford to let a historic building be abandoned for years or decades without repair. A compromise is a way out of this situation, a compromise for the investor in exchange for his investment to restore the building. Since some norms and rules will be slightly different from the classic restoration ones, it is more correct to continue to call the entire process a renovation, since the truth will be somewhere in between the two (renovation and restoration).

«Comprehensive rehabilitation increases business opportunities and helps stabilize the commercial district and its surrounding neighborhood.»[4]

^{[3] -} Daniel J. Levi, «Journal of Architecturaland Planning Research», 2005

^{[4] -} Barrett, Timothy H. «The Cleveland Storefront Renovation Programm. Design Manual», 2002

The public must also be involved in the process of renovation. Views and ideas from local residents of what they would like to see in renovated area, involve them fully in the process.

Recyclable materials, energy efficient and modern technological engineering solutions - all this also takes place in the principle of sustainable renovation. Similarly, the historical component of the building is an important and integral part of the process of sustainable renovation.

Often there is a situation when it is not possible to achieve the required efficiency from the building as part of its restoration. Lack of space, there is no way to use modern centralized ventilation in the volume of the building, and etc. An excellent solution would be to organize an extension to the building, which would not touch the historical boundaries of the building and at the same time contain many technological solutions that could not fit into the volume of the historical part.

«He started designing the renovation even before the settlement was finalised, opting to replicate the house`s original 8m x 8m footprint in a new open-plan space at the rear.»[5]

All these can be attributed to the sustainable renovation of a historic building - the middle concept between traditional restoration and renovation (upgrade) of the building. Very unusual is that boundaries of this conseprt: creativity of the architect and modern technologies and tools. It means that this middle concept of sustainable renovation is a huge field in which architect should balance between strict restoration methods and moder renovation practieses and materials. The goal is to save and protect history of the building and made it modern and sustainable at the same time.

«Renovation project success is often a balancing act, a strategic evaluation of many options and a continuous efforet to find the best overall solution.»**[6]**

^{[5] -} Rachael Bernstone, «Sanctuary Modern Green Homes. Renovation special», 2017-1018

^{[6] -} Brian Duggan, «The renovation of Building 909, The Milatary Engineer», 2016

SUSTAINABLE RENOVATION - MODERN WAY OF RESTORATION

Modern architects find solutions to many complex projects every year. This trend is growing. The world is improving and often, we can not longer simply restore buildings to satisfy our nostalgic needs. Modern solutions should serve both purposes: to preserve the historic building and give it a new, modern task. That task will deal with the current social and economic needs of the city. Same time, preserved building will be perfect example of time and architecture views for the future.

The way that preserves building and saving its original meaning, can be someway sustainable renovation in terms of society. Local people remember what was mean that building for them in the past. In my opinion, it is highly important to keep that link with locals and use it. It is «sustainable thinking» during renovation process.

«Out of necessity comes invention, and conservation and rehabilitation schemes now generate some of the most innovative and intelligent work... `Saving` old building is no longer enough. The aim is not preservation but transformation, an architectural... Aproach to create new form out of old fabric»[7]

What needs to be done so that even a historical building has all the same parameters as a modern one? The two systems, the preservation of the old and the technology of the new, will work together to create a new modern technology for the sustainable renovation of historic buildings.

«We should not live in a bright shining new future, any more than we should hide in a comfortable pastiche of the past. We must inhabit an ever-evolving present, motivated by the possibilities of change, restricted by the baggage of memory and expirience»**[8]**

^{[7] -} Powell, Ken «Architecture Reborn: Converting Old Buildings for New Uses», New York, 1999.

^{[8] -} Guell, Xavier. «David Chipperfield: Recent Work. Barcelona: Watson-Guptill Pubns», 1997

- HISTORIC restoration and SUSTAINABLE design case studies -

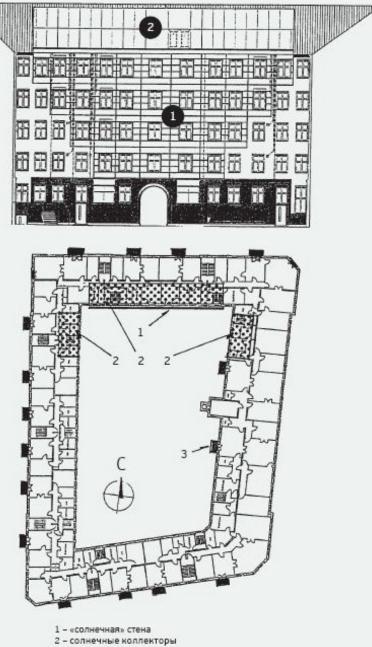
Key words:

Reuse of existing building materials New recycable materials Historical orientation

Low energy use technics







The main energy-saving measures taken during the reconstruction of the building: of heat of solar radiation for hot Use water supply. - «Solar» wall structures with an area of 178 m2 with transparent thermal insulation on the facade of the building overlooking the courtyard for heating fresh air. - Thermal insulation of walls and attic, use of windows with high heatshielding properties and glazing of balconies to reduce heat loss. - Mechanical ventilation system with supply air heating in counterflow waste heat exchangers to reduce energy costs for heating fresh air and to improve the quality of the microclimate of apartments. After the reconstruction, the energy consumption of the building decreased by 51%.

NOTES :

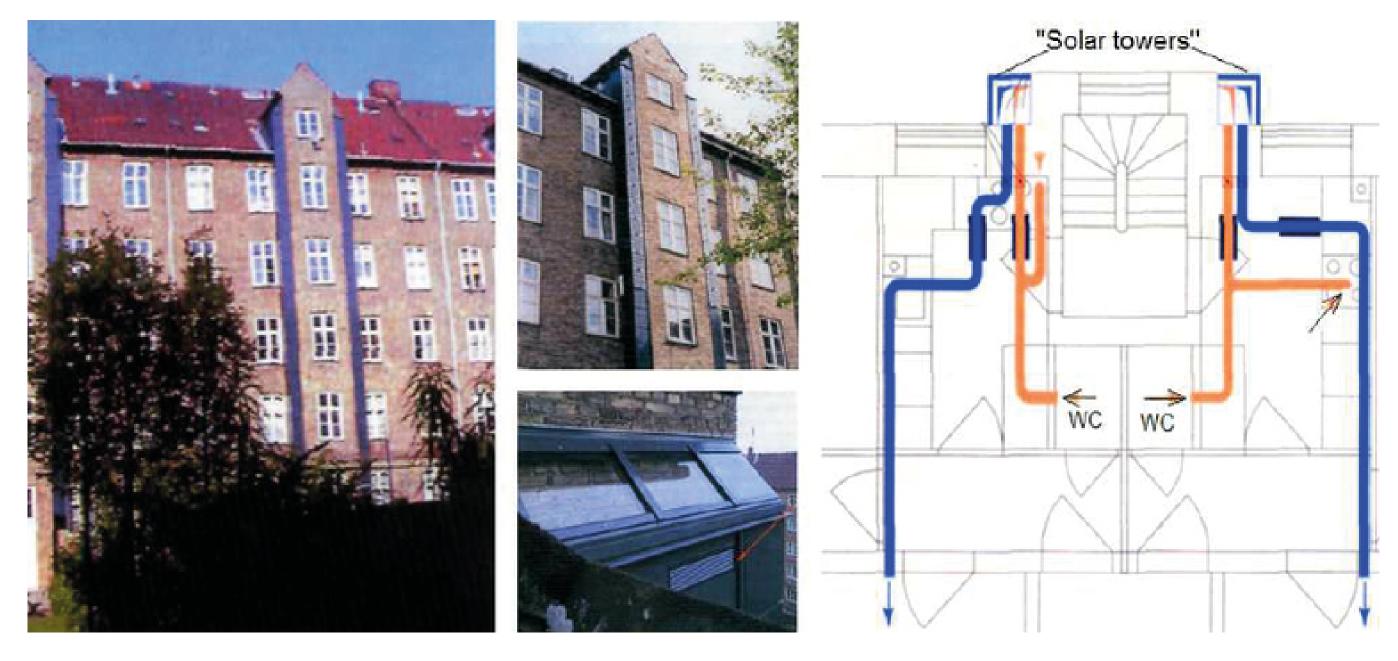
SUSTAINABLE RESTORATION :

- New water hot supply from solar radiation.

3 – застеклённые балконы

/ 1995 year

- New Solar panels surfaces on the sun facade and roof. - Glazing balconies surfases to reduce heat loses.



The aim of the project was the construction of «solar ventilation towers» and the creation of a ventilation system with heat recovery as a new element of the old residential areas. This building is an apartment building built in 1920. This project demonstrates the possibility of integrating a ventilation system using solar energy with heat recovery into an old building without significant changes in the building structure.

NOTES :

SUSTAINABLE RESTORATION :

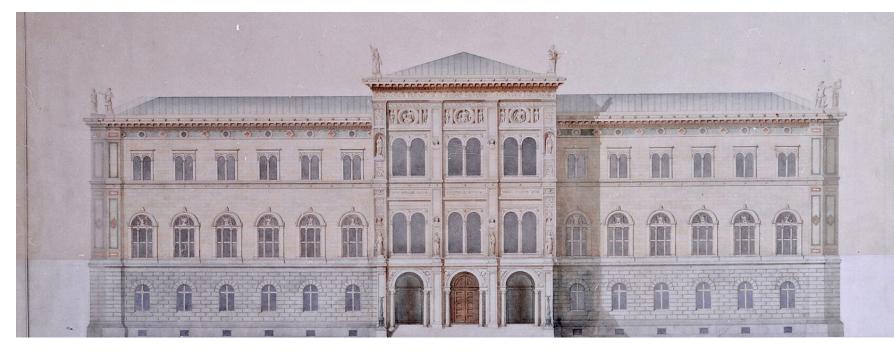
- New solar ventilation towers to decrease heating energy consuption.
- changes.

/ 1998 year

- Modern upgrade in ventilation system without any significant

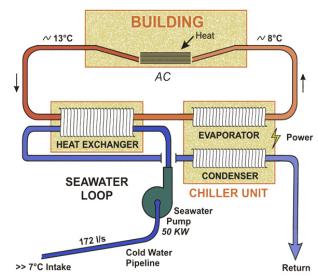
NATIONALMUSEUM RENOVATION, Stokholm, Sweden





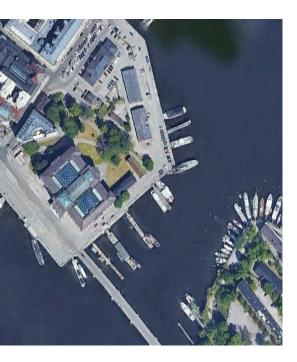
During the restoration of the national museum in Sweden, it was decided to apply an interesting solution to the use of salty sea water in the ventilation air system.

This solution was effective, as it significantly reduces the system's energy needs and, in addition, it has the ability to produce energy itself using the principle of seawater evaporation.



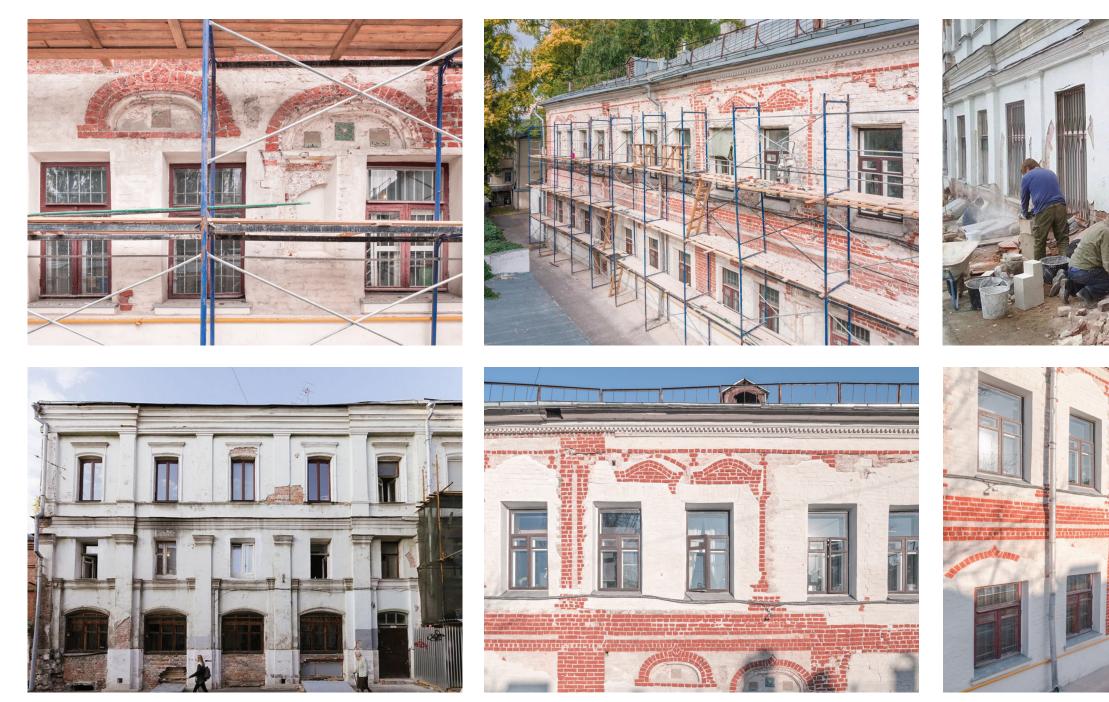
NOTES :

SUSTAINABLE RESTORATION : - Additional new experemental ventilation seawater system, which decreses energy consuption and can produse energy by using seawater air vaporation method.



/ 2013 year

HOUSE OF YAROSHENKO, THE OLDEST RESIDENT BUILDING OF MOSCOW - XVII century



NOTES :

SUSTAINABLE RESTORATION :

CLASSIC RESTORATION:

- structures

During the repair and restoration work in one of the apartments on the second floor, it became clear that not only the first, but also the second floor was preserved from the chambers. There was a lot of work to explore all parts of the building.

Before the revolution, this part of the house looked completely different - at the level of the first floor there were shopping arcades with shutters, and not apartments. Then the restorers made special recesses in the white stone in order to set the bases.





/ 2018 year

- Usage of existing brick stones in renovation. - Leaving not finished facade walls, to show original material under plaster cover.

- Use of modern materials inside the building

- The modern facade of the building must fully comply with the historical one.

MOSCOW LAND SYRVEY OFFICE, 400 years old building building in Moscow



The restoration of the 400-year-old office building was very difficult. Architects first carefully beat off the plaster in search of original traces of past centuries. The chancery was rebuilt several times, so it was not easy to look for the original brick decor.

NOTES :

SUSTAINABLE RESTORATION : original material under plaster cover in

- Leaving not finished facade walls, to show interior and exterior.

CLASSIC RESTORATION : - The modern facade, interior spases of the building must fully comply with the historical

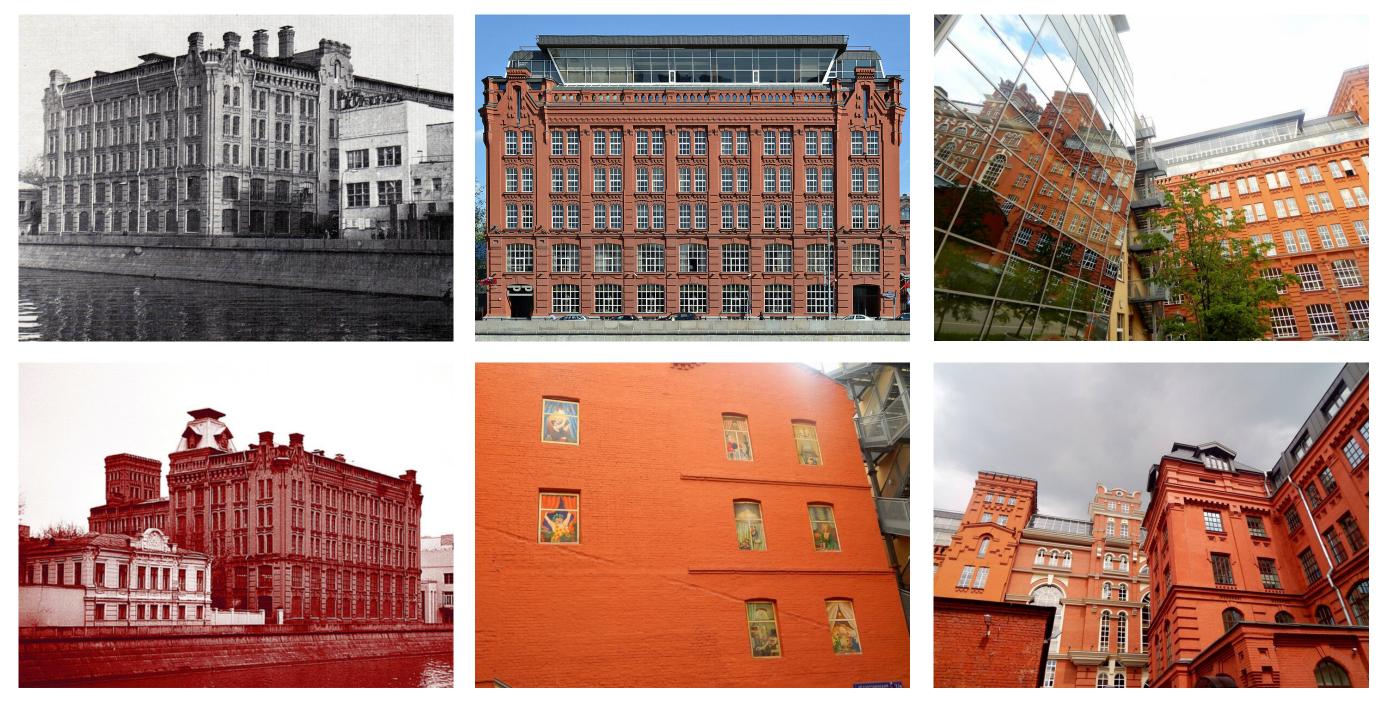
one.





/ 2021 year

GOLUTVINSKAYA MANUFACTORY AND TRADING HOUSE, one of the largest textile factories and trading houses in Russia- XIX century



The factory belonged to the Istomins until the revolution, and they managed it even until 1919. Since 1921, the factory was called «Red Textile Workers», and in the 1990s it became one of the first (if not the first) object of the old industrial architecture, converted into a business center. It was redone, on the one hand, it was not so bad, on the other hand, due to the fact that the alteration was carried out in the 90s, the old details were practically not preserved inside the buildings.

Several buildings of the Golutvinskaya manufactory were built by the well-known architect Alexander Kalmykov, who is famous primarily for industrial buildings.

NOTES :

SUSTAINABLE RESTORATION :

- Additional roof spases to increase economy capability and profitability of the building.
- Designing art objects, which provides verbal communication about history of the place.
- New role of the building, determined by economical efficiency and possible profitability.

CLASSIC RESTORATION :

- The modern facade, interior spases of the building must fully comply with the historical one.
- The way of building usage stirctly determined by local autorities

/ 2013 year

e economy capability and vides verbal communication ned by economical efficiency ses of the building must fully

- RENOVATION courtyard case studies -

Key words:

Sustainable reorganization of space and Search for a solution with the addition of connections with the pedestrian street parking spaces

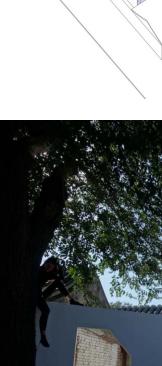
Reorientation of the inner courtyard



WHITE PAGODA TEMPLE, Courtyard Renovation in China









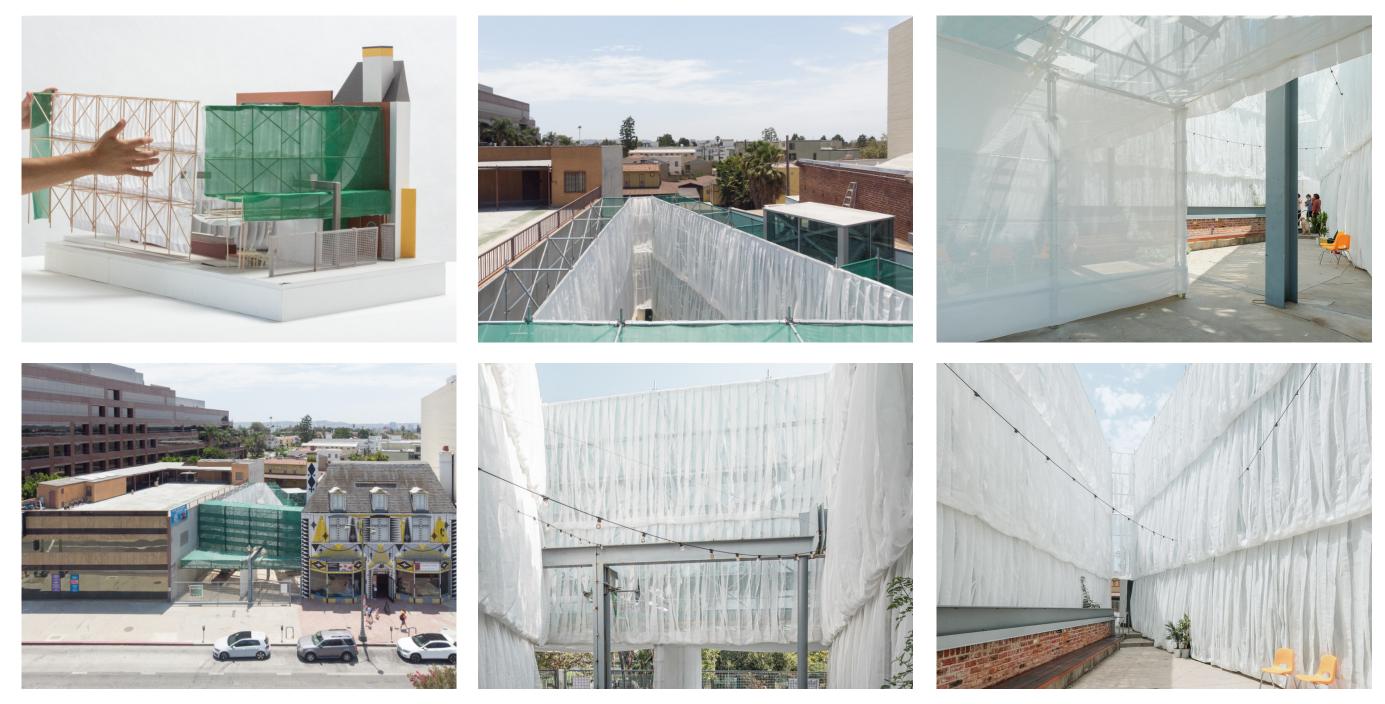






/2017 year

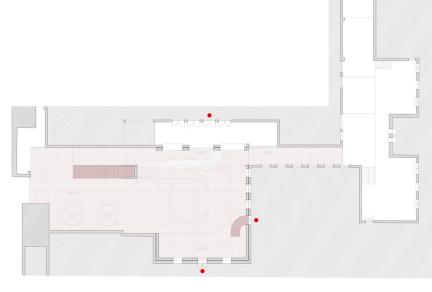
LANDCAPE INSTALLATIONS and ARCHITECTURE STRUCTURES «Veli Craft», Courtyard Reorganisation in US



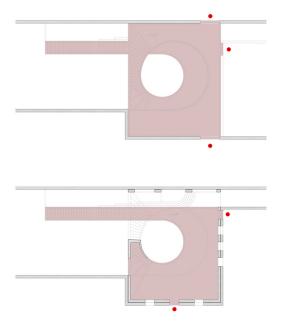
/ 2021 year

PUBLIC SPACE RENOVATION , Courtyard Reorganisation in Spain

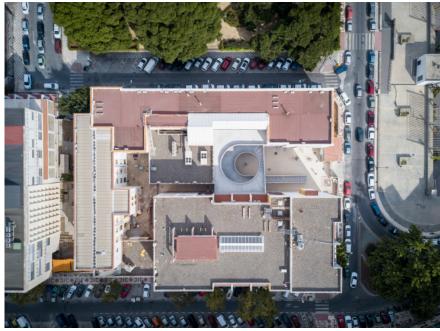






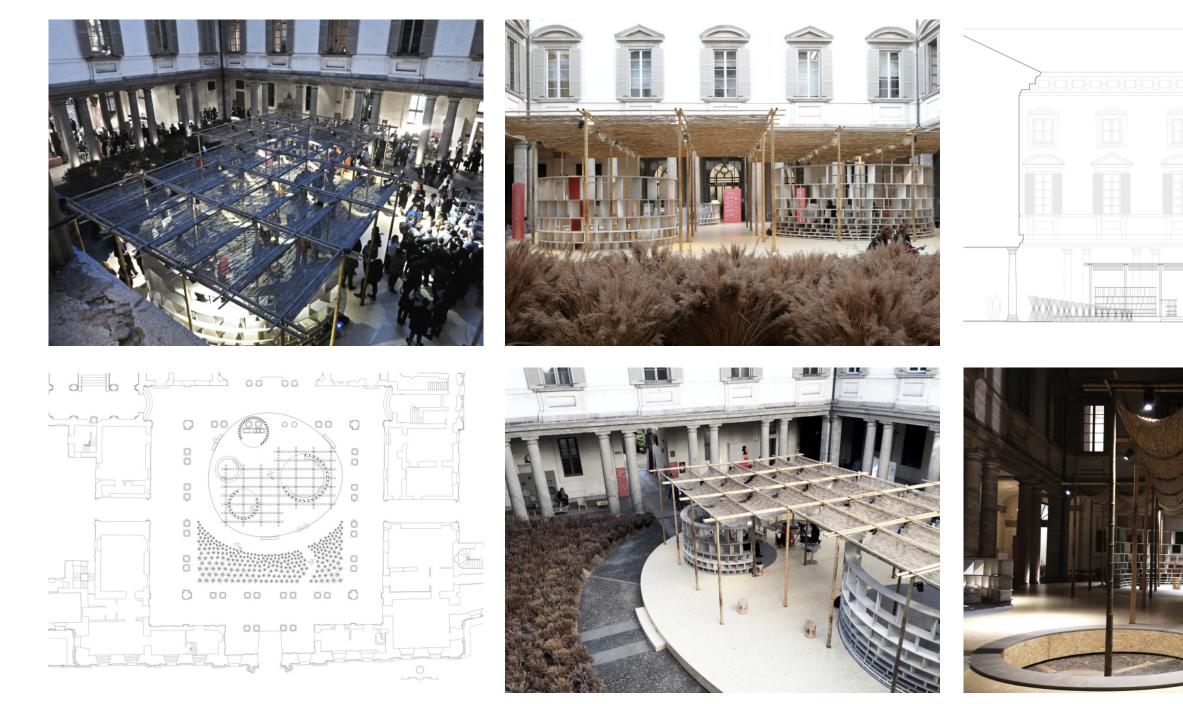






/ 2020 year

TEMPORARY COARTYARD INSTALATIONS, Courtyard Village in Milan







/ 2016 year

- EFFICIENT MODEL case studies -

Key words:

Adding additional space and making existing one more efficient

Organization of space for new jobs and business

Social connection with the city



COWORK INTERIORS, Building restoration in Chile



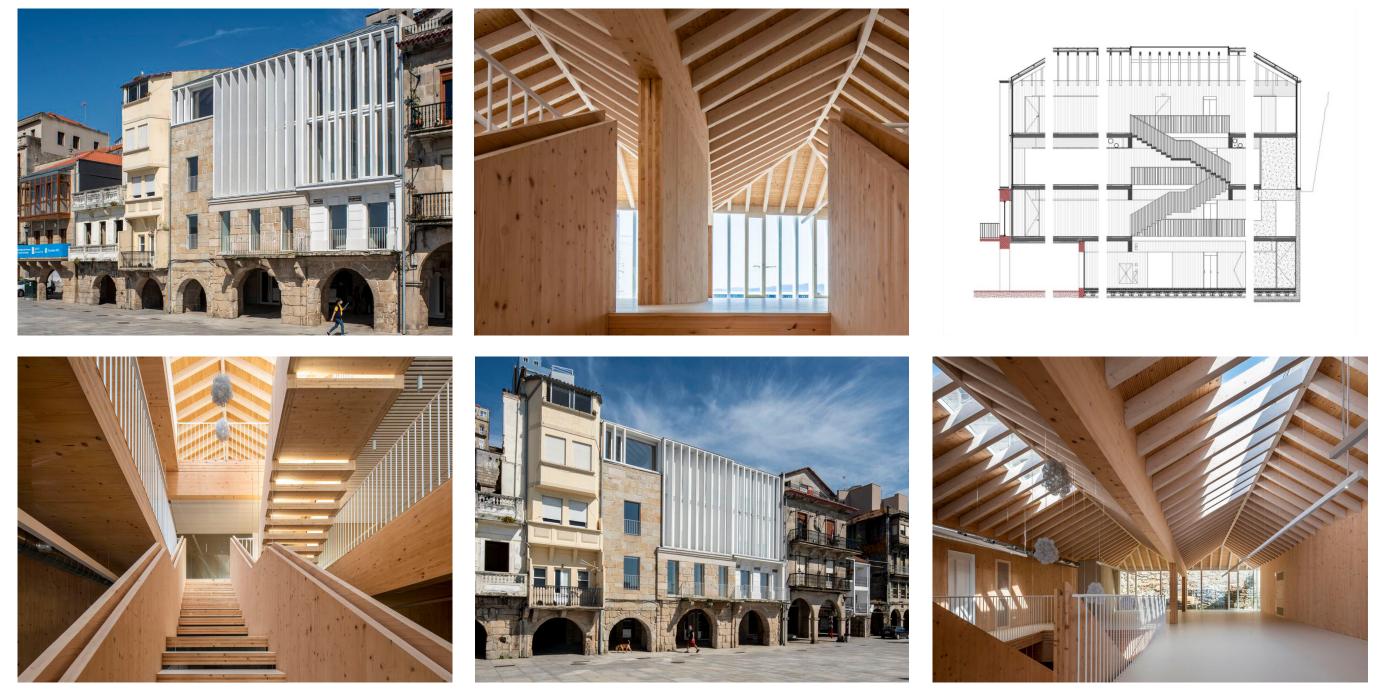
/ 2021 year

«MADE OF SAND» HOUSE EXTENTION , Building renovation in UK



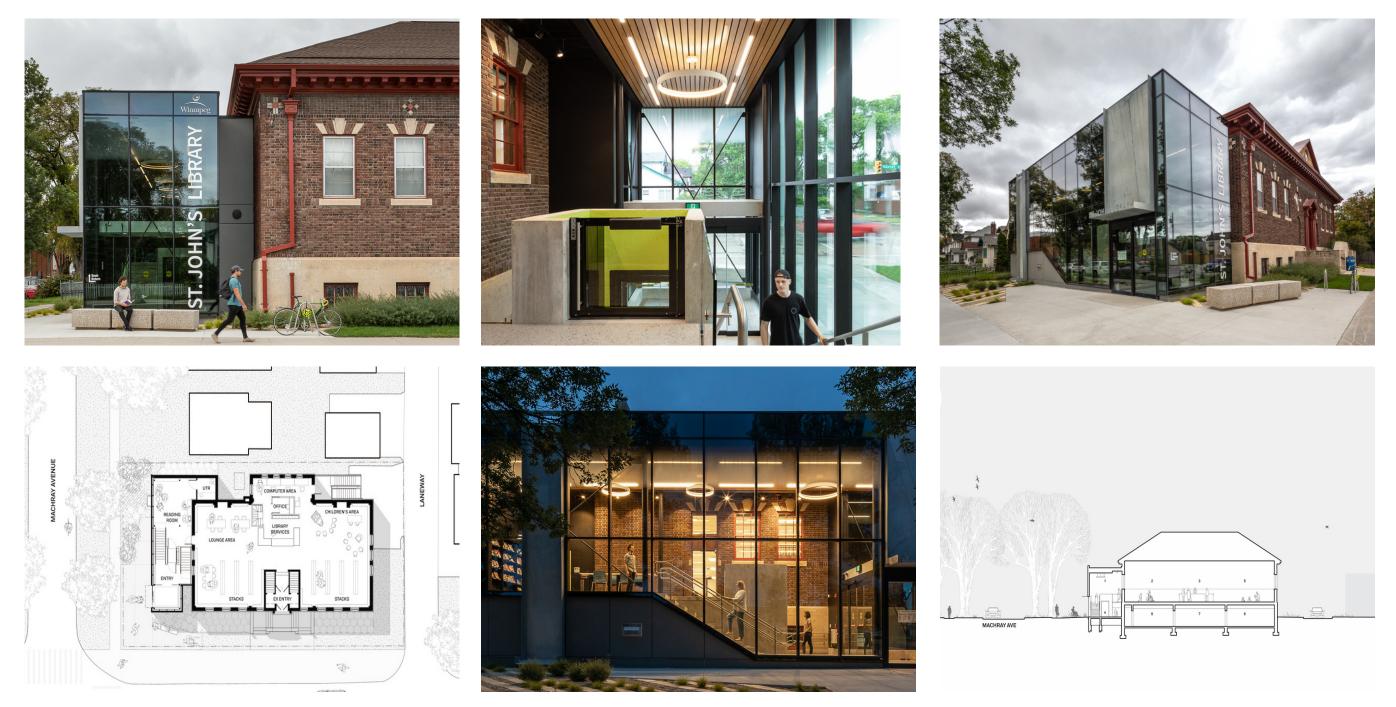
/ 2022 year

HEADQUARTERS REORGANISATION , Building of the University in Spain



/ 2020 year

LIBRARY RESTORATION , Building upgrade in Canada



/ 2019 year



SITE SELECTION

- CITY URBAN ANALYSIS
- CENTRAL AREA ANALYSIS
- PUBLIC AREA ANALYSIS



SITE SELECTION , CITY URBAN ANALYSIS

The population of Tver is 425,000 people. The city was founded in 1135. Same age as Moscow, the capital of Russia. Tver was rebuilt in 1770, after the the entire city burned to the ground in a fire.

New city plan idea of a classic «three lines» urban planning. It was taken by best Russian architects from «Italian example» the urban plan of the Rome.

117

COUNTRY: **RUSSIAN FEDERATION** REGION: **TVERSKAYA OBLAST** CITY: **TVER**

500

500

CIT HIST RAN REC SO MUS MO

CITY SENTRAL AREA: HISTORIC PART OF THE CITY

RAILWAY LINE: REGIONAL RAILWAY CONNECTION

SOCIAL AND CULTURAL PLACES: MUSEUMS, EXEBITIONS, HISTORICAL BUILDINGS, MONUMENTS and etc

DESIGN AREA: NOVOTORGSKAYA STREET, 12/5



The historical center of the city of Tver, the layout of which was designed at the end of the 17th century.



OFFICE BUILDINGS: Small office offices, areas for rent, small administrative business

COMMERCIAL ZONES: Restaurants, cafes, bars, small shops and groceries

ACCOMODATION BUILDINGS: Hotels, hostels and other accommodations for tourists

15

1000

CULTUTRE BUILDINGS: Museums, Exhibition Centers and Administration Buildings

DESIGN AREA: Novotorgskaya street, 12\5

MAIN PEDESTRIAN STREETS OF TVER: Pedestrian streets, boulevards

BOATS DOCK: For transporting tourists along the Volga River PALACE GARDEN Park of Culture and Leisure

50

50

CITY CENTRAL SQUARE Lenin memorial, Historical military burial

CITY GARDEN Amusement and Leisure Park

> CULTURAL & TURIST sites: Churches, entertainment areas

CULTURAL & EDUCATION sites: Universities, city libraries

ADMINISTRATIVE sites: Administration, courts, city administration

PUSHKIN`S SQUARE Monument «City of Military Glory»

DESIGN AREA: Novotorgskaya street, 12\5

-

-

MAIN PEDESTRIAN pathes & SOCIAL OPEN areas: Parks, squares, squares



The building is located on a pedestrian alley, the central walking city path. The place has a long history and is very valuable for the city and its inhabitants.



HISTORY

- ABSTRACT

- TIMELINE SCHEME

- CHRONICLES OF BUILDING`S RECONSTRUCTION





WHAT DO WE KNOW ABOUT DESIGN AREA?

The history of the building begins in 1803. This year, the merchant's wife A. Tatartseva building a stone twostory residential building. This building had 7 windows along the long facade and 3 windows along the short one. At that time, the building had its main (long) facade facing Novotorzhskaya Street.

In 1851, as documented, the State Councilor I.F. Lvov became the owner of the building. For 30 years, he served as provincial architect (1820-1850). In the same year (1851), a new one-story building was built close to the house. It was with 8 windows and an entrance along the coartyard alley. The two-story building itself will later be rebuilt with the addition of a third floor. Lvov I.F. family owned the building until the 1880s.

Between 1885 and 1893, F.A. Smirnov became the new owner of the house. In the following years, he will launch the most active construction activity on the territory of the building of its entire centurie-old history. As a result, in 1894, a three-story building appeared at the corner of Trekhsvyatsky Lane and Novotorzhskaya Street. It was elongated along a north-south axis. By 1902, when F.A. Smirnov acquires a neighboring (from the west) site, he decides to reconstruct the building into a hotel. From here begins the history of one of the most famous hotels in the city of Tver (That history will be almost one centure long). The facade, which the building acquires as a result of these reconstructions, will remain to this day.

(Documents claim that in the Soviet times, decor, dimensions and decor have not changed much since 1902) **[9]**

An interesting fact is that the building, with its shape, forms the red lines of the construction of Trekhsvyatsky Lane. Later, all of new architecture volumes will be arranged by this bulidng. That building is the dominant volume of the complex of residential and public commercial buildings till todays time.

The entire existing volume, rebuilt by 1902, is in the form of eclecticism with a predominance of neo-Renaissance motifs in the style of the facades. It also includes masonry arrays of the classic original twostory residential building and a one-story building.

^{[9] -} Passport «Manor city. Main house. Hotel Central». Monuments of history and culture of the USSR. Ministry of Culture of the USSR.



I.F. Lvov is a provincial architect who owned the 1857-1880. until building

1851

In 1803, the merchant A.Tatarintseva built a stone two-story house «8 sazhens down the street and 5 in the yard.»

1803

ARCHITECTURAL CHANGES

State architect F.A. Smirnov started a large construction activity by rebuilding the building in 1885.

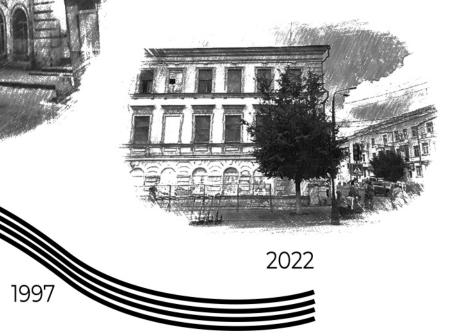
1920

1885

1994-1997, The building is already half-abandoned, the first floor and partially the second are actively used. The photo shows the London Cafe, which was popular at that time.



1960-1973, Hotel «Volga», former «Central».

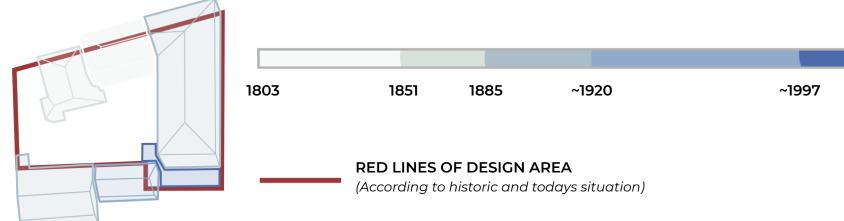


TIMELINE, YEARS

1970-1973, Restaurant «Volga» left from the former hotel. Very famous and tourist place.

2022, today the building has been abandoned for more than 20 years.





2022



Hotel «London», 1903. (Throughout history, the hotel has changed its name three times.)

/ 1903 year



Provincial conference of workers, 1920. Facade of the building of the future hotel «Central».



/ 1920 year



Hotel «Central», 1935



/ 1930 year



/ 1960 year

Hotel «Volga», 1935



View of the hotel building from the roof of a neighboring building, 1975.

/ 1960 year



/ 1995 year

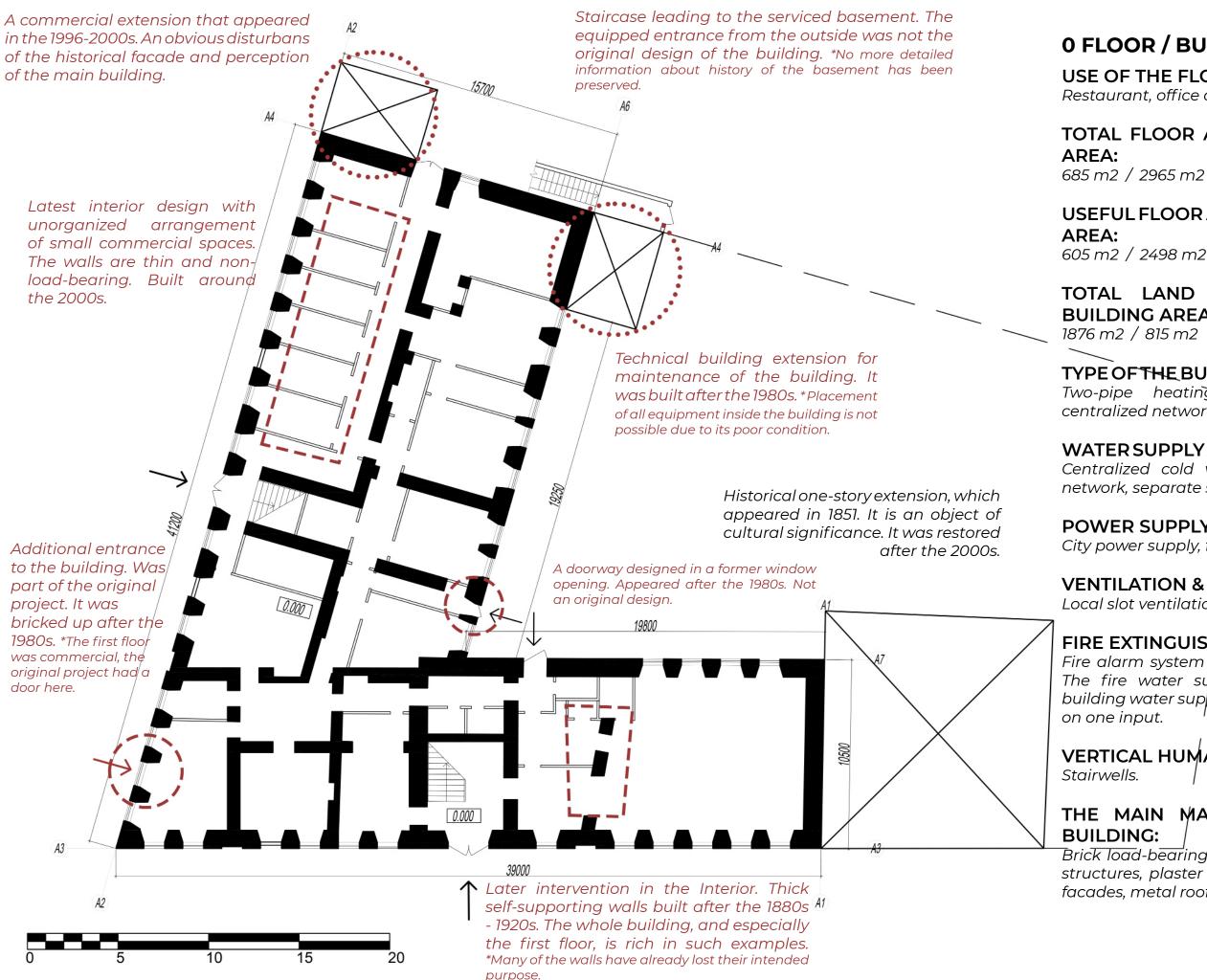
Cafe «London», according to locals, a very popular and inexpensive place, 1995. (It can be seen that the building has not been renovated for a long time.)



BUILDING CONDITION

- SURFACES and OTHER PARAMETERS
- FACADES DETAILS OVERVIEW
- PHOTO ACRHIVE OVERVIEW





0 FLOOR / BUILDING PARAMETERS

USE OF THE FLOOR:

Restaurant, office and other commercial needs.

TOTAL FLOOR AREA / TOTAL BUILDING

USEFUL FLOOR AREA/USEFUL BUILDING

605 m2 / 2498 m2

TOTAL LAND AREA / FREE FROM **BUILDING AREA:**

TYPE OF THE BUILDING HEATING SYSTEM:

Two-pipe heating independent from the centralized network.

WATER SUPPLY AND SEWERAGE SYSTEM:

Centralized cold water supply, from the city network, separate sewerage to the city network.

POWER SUPPLY SOURCE:

City power supply, from the nearest substation.

VENTILATION & AIR COOLING:

Local slot ventilation (window openings).

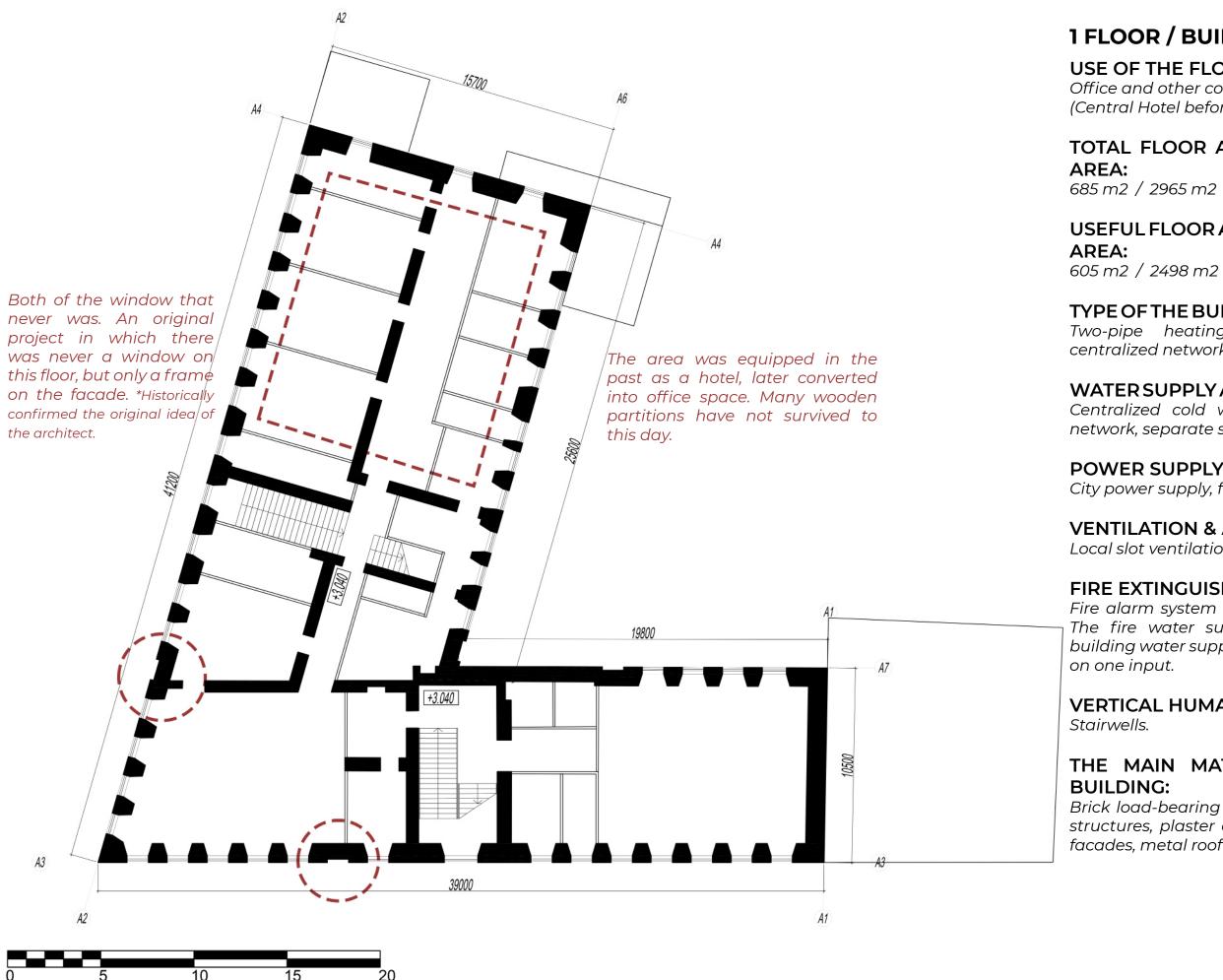
FIRE EXTINGUISHING SYSTEM:

Fire alarm system with people warning system. The fire water supply is combined with the building water supply. Water supply is carried out

VERTICAL HUMAN CONNECTIONS:

THE MAIN MATERIALS USED IN THE

BUILDING CONDITION, 1st FLOOR M1:200



1 FLOOR / BUILDING PARAMETERS

USE OF THE FLOOR:

Office and other commercial needs untill 2000s. (Central Hotel before)

TOTAL FLOOR AREA / TOTAL BUILDING

USEFUL FLOOR AREA/USEFUL BUILDING

TYPE OF THE BUILDING HEATING SYSTEM:

Two-pipe heating independent from the centralized network.

WATER SUPPLY AND SEWERAGE SYSTEM:

Centralized cold water supply, from the city network, separate sewerage to the city network.

POWER SUPPLY SOURCE:

City power supply, from the nearest substation.

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Local slot ventilation (window openings).

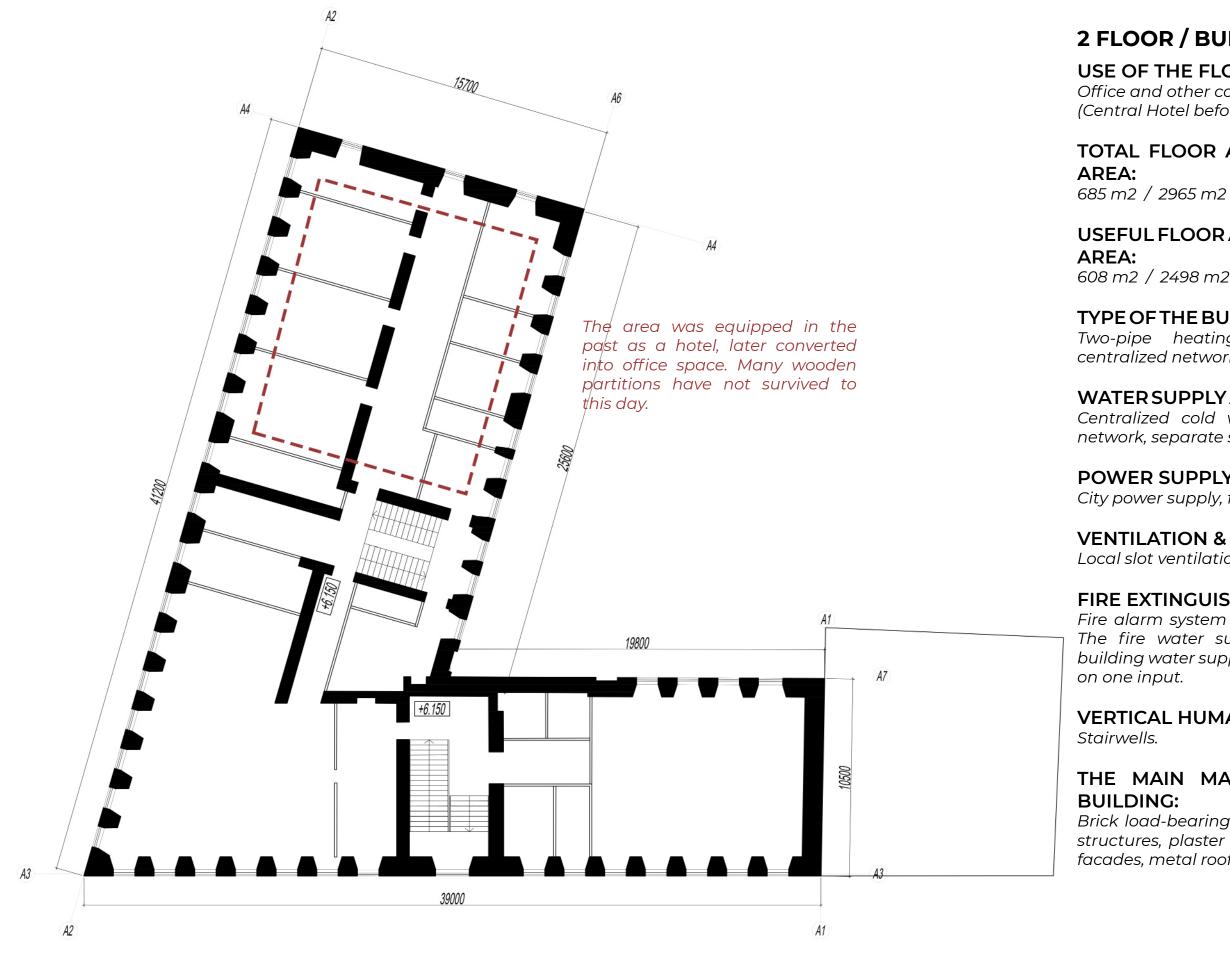
FIRE EXTINGUISHING SYSTEM:

Fire alarm system with people warning system. The fire water supply is combined with the building water supply. Water supply is carried out

VERTICAL HUMAN CONNECTIONS:

THE MAIN MATERIALS USED IN THE

BUILDING CONDITION, 2nd FLOOR M1:200





2 FLOOR / BUILDING PARAMETERS

USE OF THE FLOOR:

Office and other commercial needs untill 2000s. (Central Hotel before)

TOTAL FLOOR AREA / TOTAL BUILDING

USEFUL FLOOR AREA/USEFUL BUILDING

608 m2 / 2498 m2

TYPE OF THE BUILDING HEATING SYSTEM:

Two-pipe heating independent from the centralized network.

WATER SUPPLY AND SEWERAGE SYSTEM:

Centralized cold water supply, from the city network, separate sewerage to the city network.

POWER SUPPLY SOURCE:

City power supply, from the nearest substation.

VENTILATION & AIR COOLING:

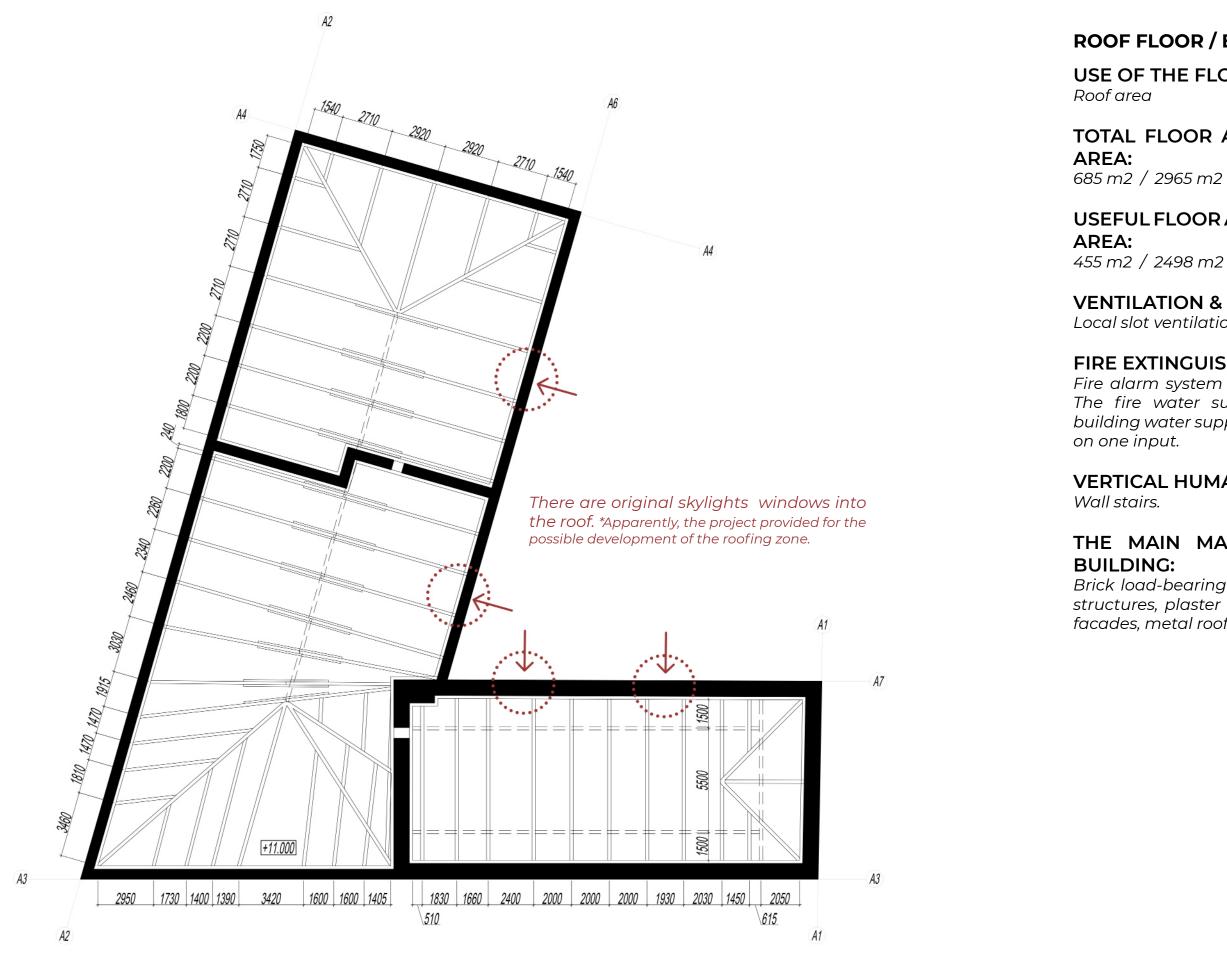
Local slot ventilation (window openings).

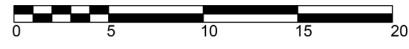
FIRE EXTINGUISHING SYSTEM:

Fire alarm system with people warning system. The fire water supply is combined with the building water supply. Water supply is carried out

VERTICAL HUMAN CONNECTIONS:

THE MAIN MATERIALS USED IN THE





ROOF FLOOR / BUILDING PARAMETERS USE OF THE FLOOR:

TOTAL FLOOR AREA / TOTAL BUILDING

USEFUL FLOOR AREA/USEFUL BUILDING

455 m2 / 2498 m2

VENTILATION & AIR COOLING:

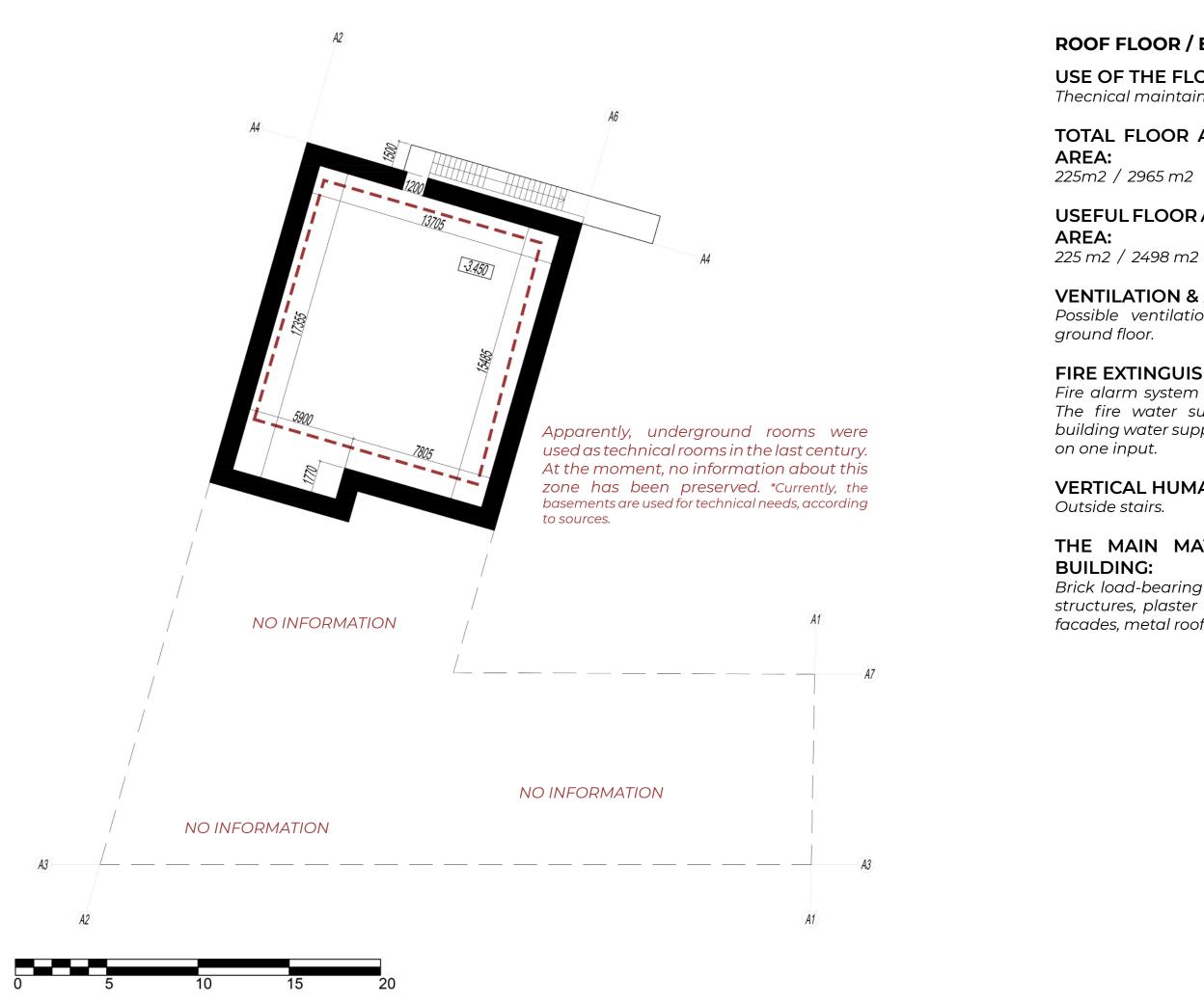
Local slot ventilation (window openings).

FIRE EXTINGUISHING SYSTEM:

Fire alarm system with people warning system. The fire water supply is combined with the building water supply. Water supply is carried out

VERTICAL HUMAN CONNECTIONS:

THE MAIN MATERIALS USED IN THE



ROOF FLOOR / BUILDING PARAMETERS

USE OF THE FLOOR:

Thecnical maintainanse of the building.

TOTAL FLOOR AREA / TOTAL BUILDING

USEFUL FLOOR AREA/USEFUL BUILDING

VENTILATION & AIR COOLING:

Possible ventilation shafts connected to the

FIRE EXTINGUISHING SYSTEM:

Fire alarm system with people warning system. The fire water supply is combined with the building water supply. Water supply is carried out

VERTICAL HUMAN CONNECTIONS:

THE MAIN MATERIALS USED IN THE

Exposing building structures. A chipped/ lost layer of plaster and top coat.

В

Loss of the architectural and stylistic element of the facade.

C1

The opening is laid with brickwork, according to the history and project.

C2

Opening laid with brickwork, not according to the history and project.

D

Element clogged / boarded up with a wooden protective sheet (plywood).

F1

A hole in the wall, not according to the project (from previous temporary structures or supports).

F2



BUILDING CONDITION, NORTH FACADE M 1:50

Α

Exposing building structures. A chipped/ lost layer of plaster and top coat.

В

Loss of the architectural and stylistic element of the facade.

C1

The opening is laid with brickwork, according to the history and project.

C2

Opening laid with brickwork, not according to the history and project.

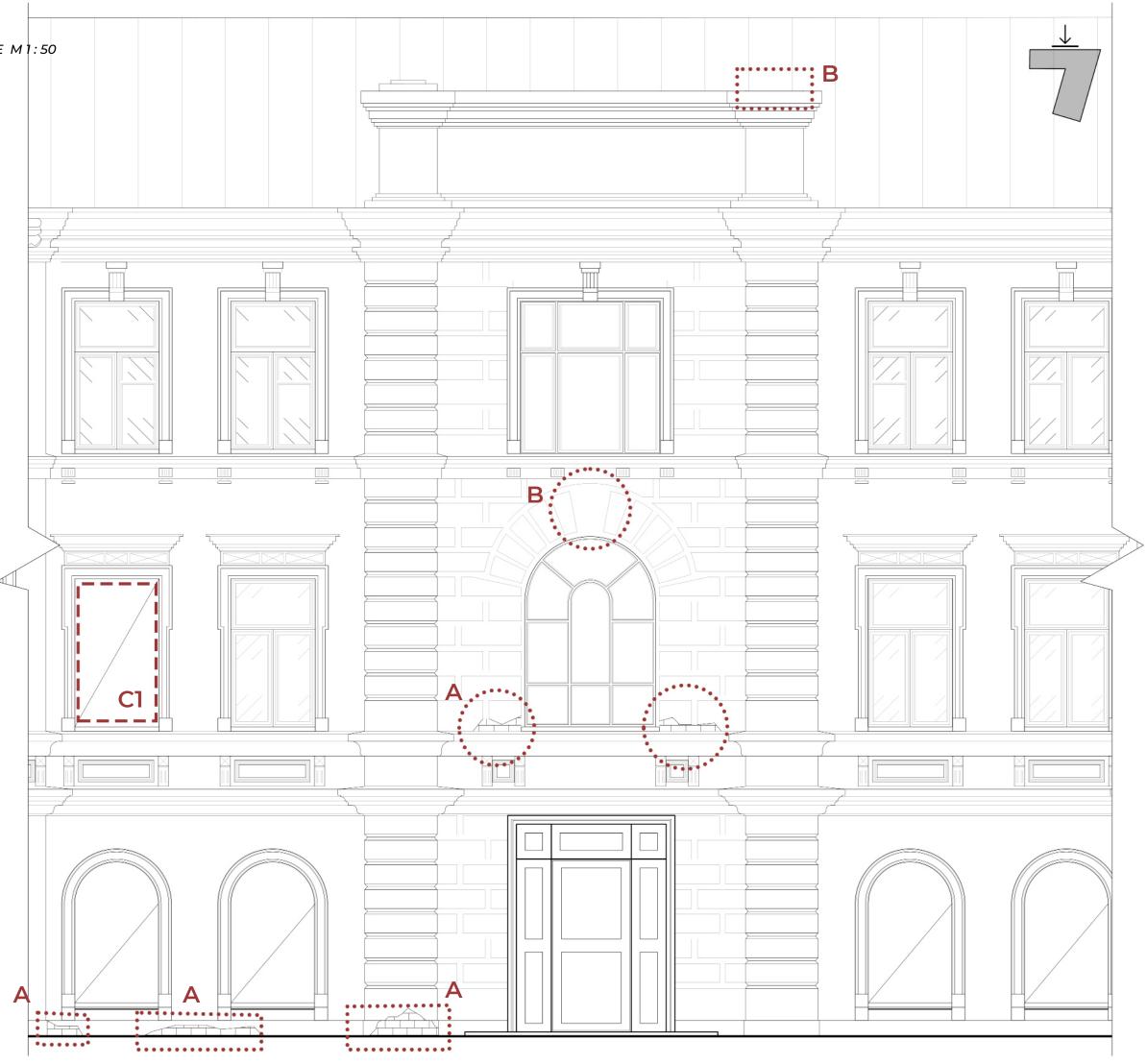
D

Element clogged / boarded up with a wooden protective sheet (plywood).

F1

A hole in the wall, not according to the project (from previous temporary structures or supports).

F2



Exposing building structures. A chipped/ lost layer of plaster and top coat.

В

Loss of the architectural and stylistic element of the facade.

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The opening is laid with brickwork, according to the history and project.

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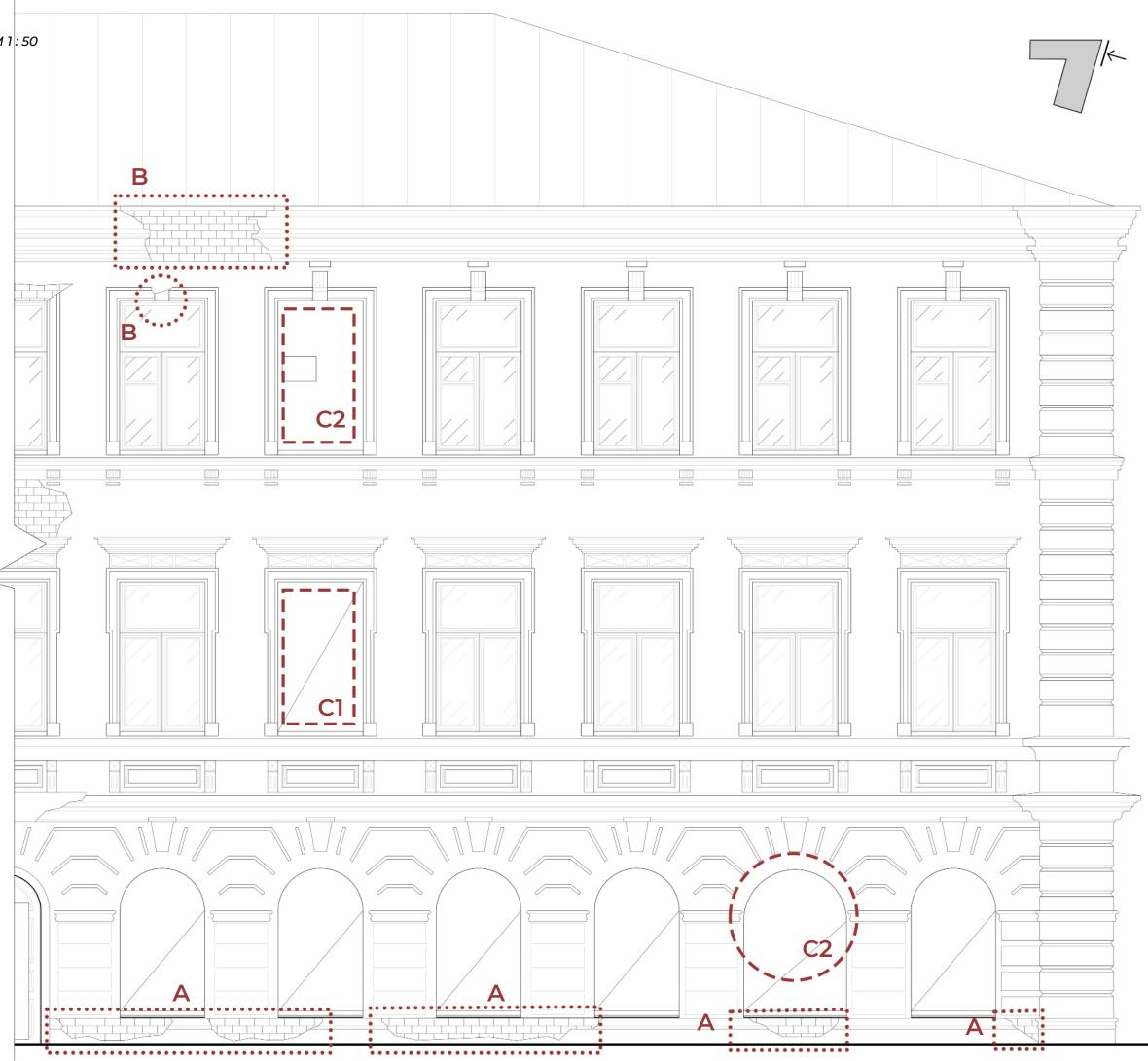
D

Element clogged / boarded up with a wooden protective sheet (plywood).

F1

A hole in the wall, not according to the project (from previous temporary structures or supports).

F2



Exposing building structures. A chipped/ lost layer of plaster and top coat.

В

Loss of the architectural and stylistic element of the facade.

C1

The opening is laid with brickwork, according to the history and project.

C2

Opening laid with brickwork, not according to the history and project.

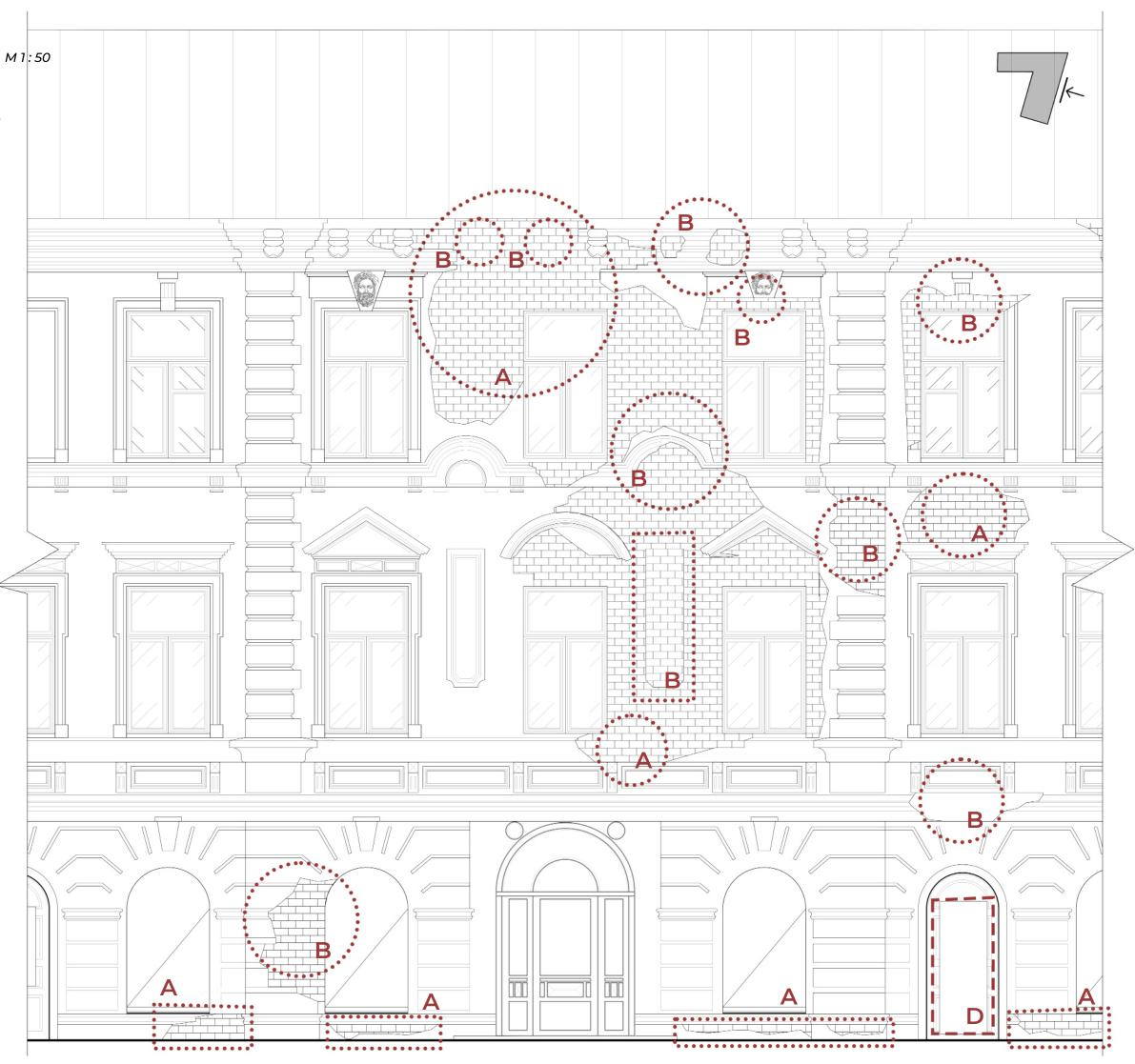
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Element clogged / boarded up with a wooden protective sheet (plywood).

F1

A hole in the wall, not according to the project (from previous temporary structures or supports).

F2



Exposing building structures. A chipped/ lost layer of plaster and top coat.

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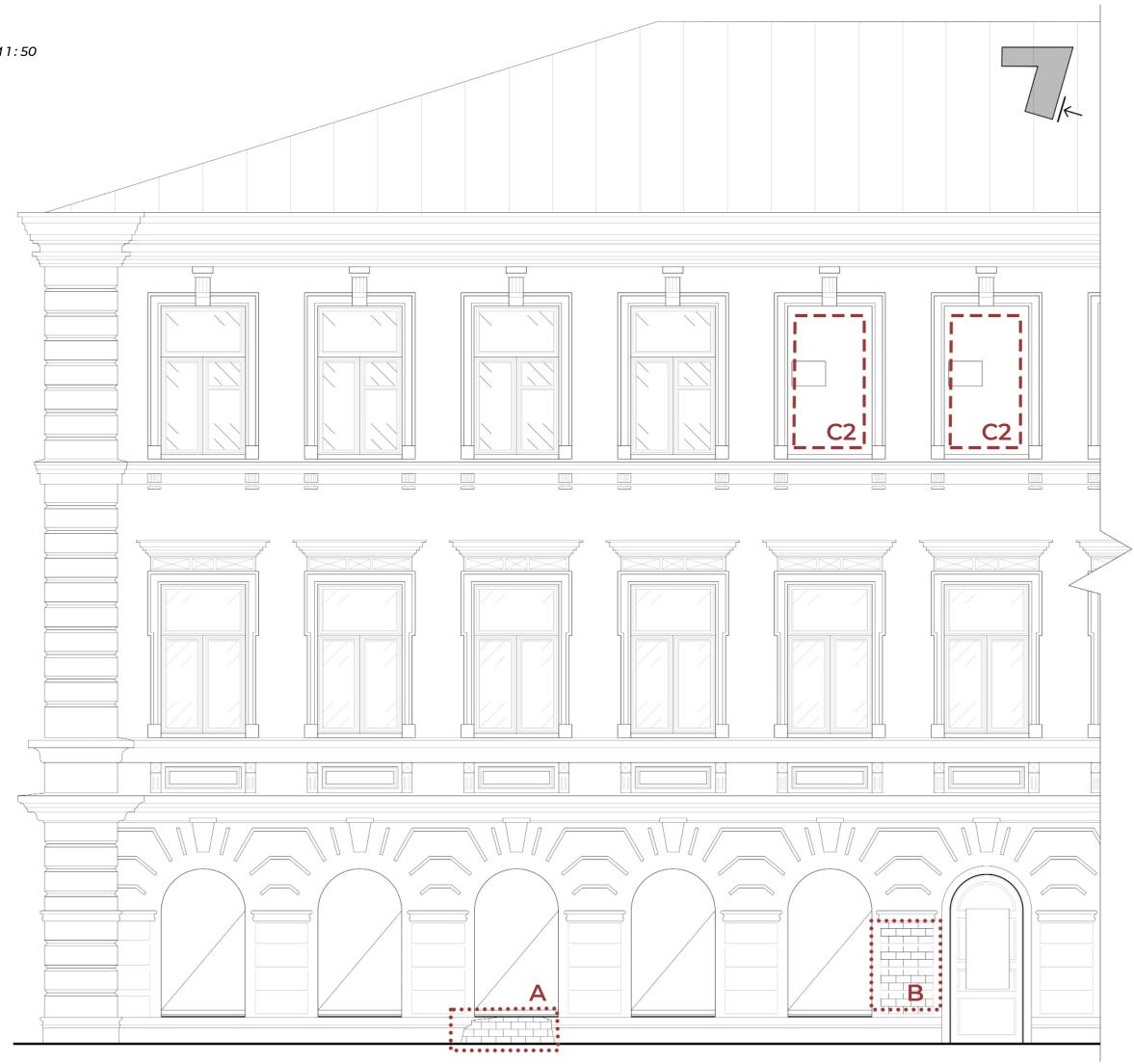
D

Element clogged / boarded up with a wooden protective sheet (plywood).

F1

A hole in the wall, not according to the project (from previous temporary structures or supports).

F2



Exposing building structures. A chipped/lost layer of plaster and top coat.

В

Loss of the architectural and stylistic element of the facade.

C1

The opening is laid with brickwork, according to the history and project.

C2

Opening laid with brickwork, not according to the history and project.

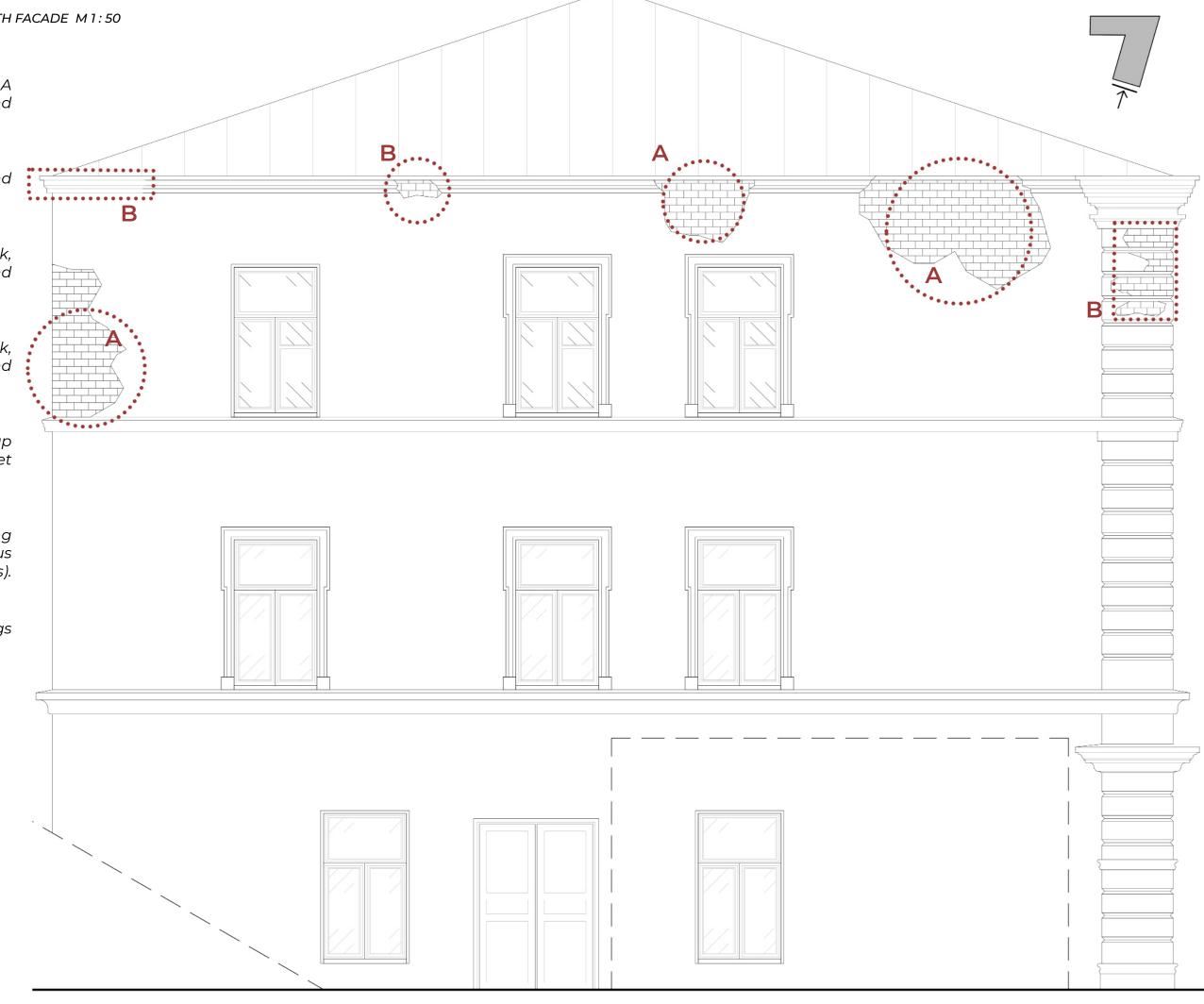
D

Element clogged / boarded up with a wooden protective sheet (plywood).

F1

A hole in the wall, not according to the project (from previous temporarystructuresorsupports).

F2



BUDILDING CONDITION, WEST COARTYARD FACADE M1:50

Α

Exposing building structures. A chipped/ lost layer of plaster and top coat.

В

Loss of the architectural and stylistic element of the facade.

C1

The opening is laid with brickwork, according to the history and project.

C2

Opening laid with brickwork, not according to the history and project.

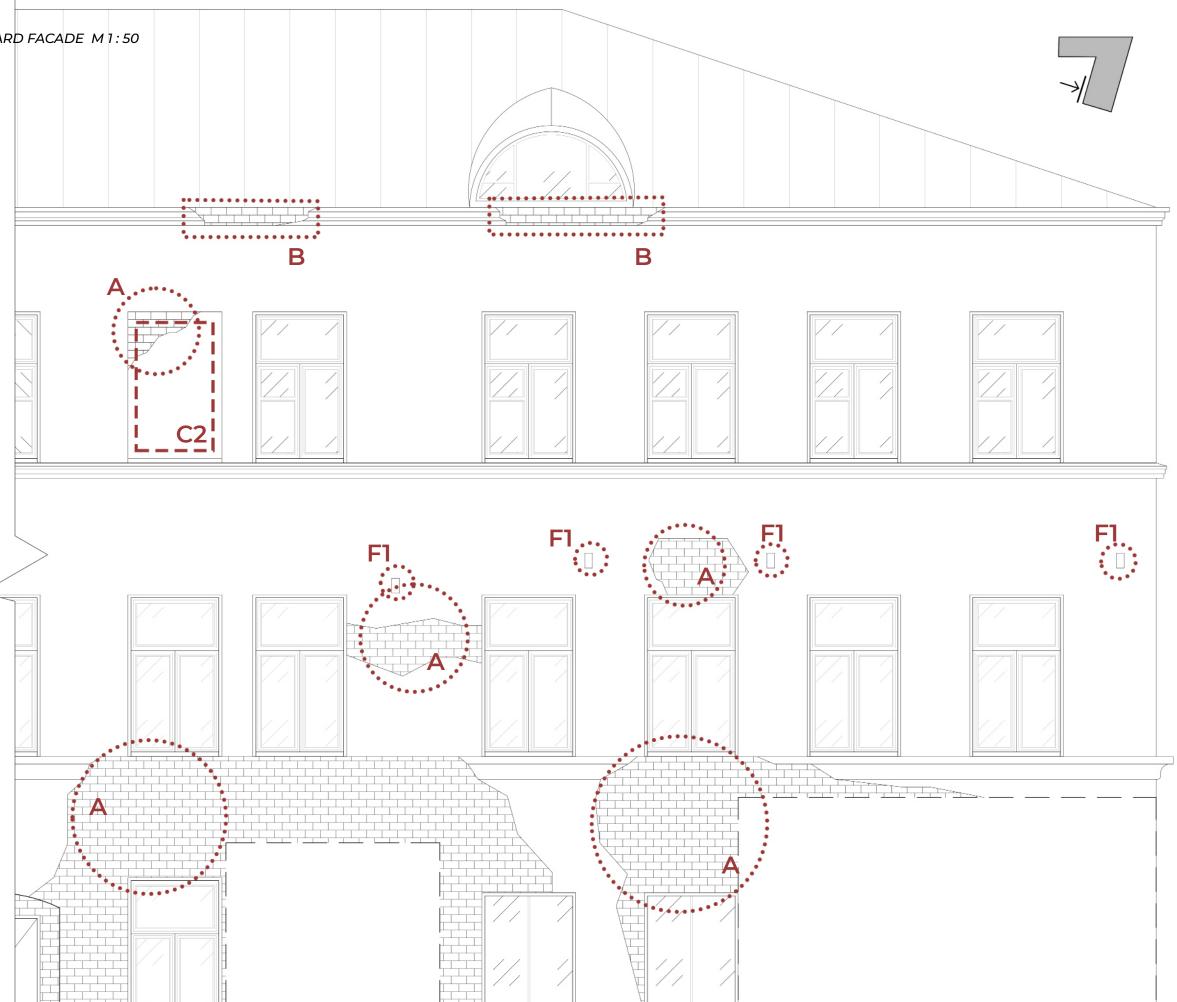
D

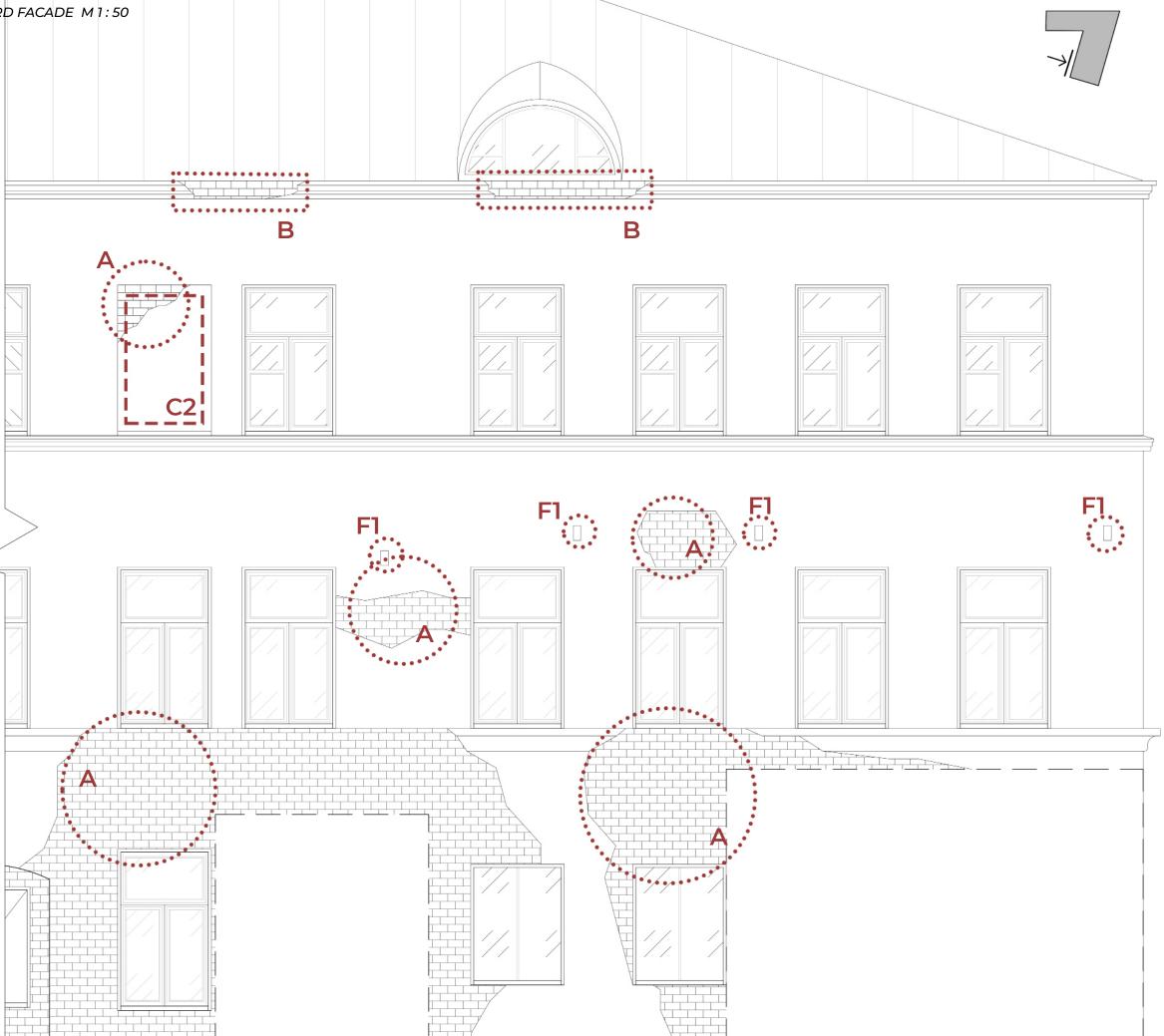
Element clogged / boarded up with a wooden protective sheet (plywood).

F1

A hole in the wall, not according to the project (from previous temporary structures or supports).

F2





BUIDLING CONDITION, WEST COARTYARD FACADE M1:50

Α

Exposing building structures. A chipped/ lost layer of plaster and top coat.

В

Loss of the architectural and stylistic element of the facade.

C1

The opening is laid with brickwork, according to the history and project.

C2

Opening laid with brickwork, not according to the history and project.

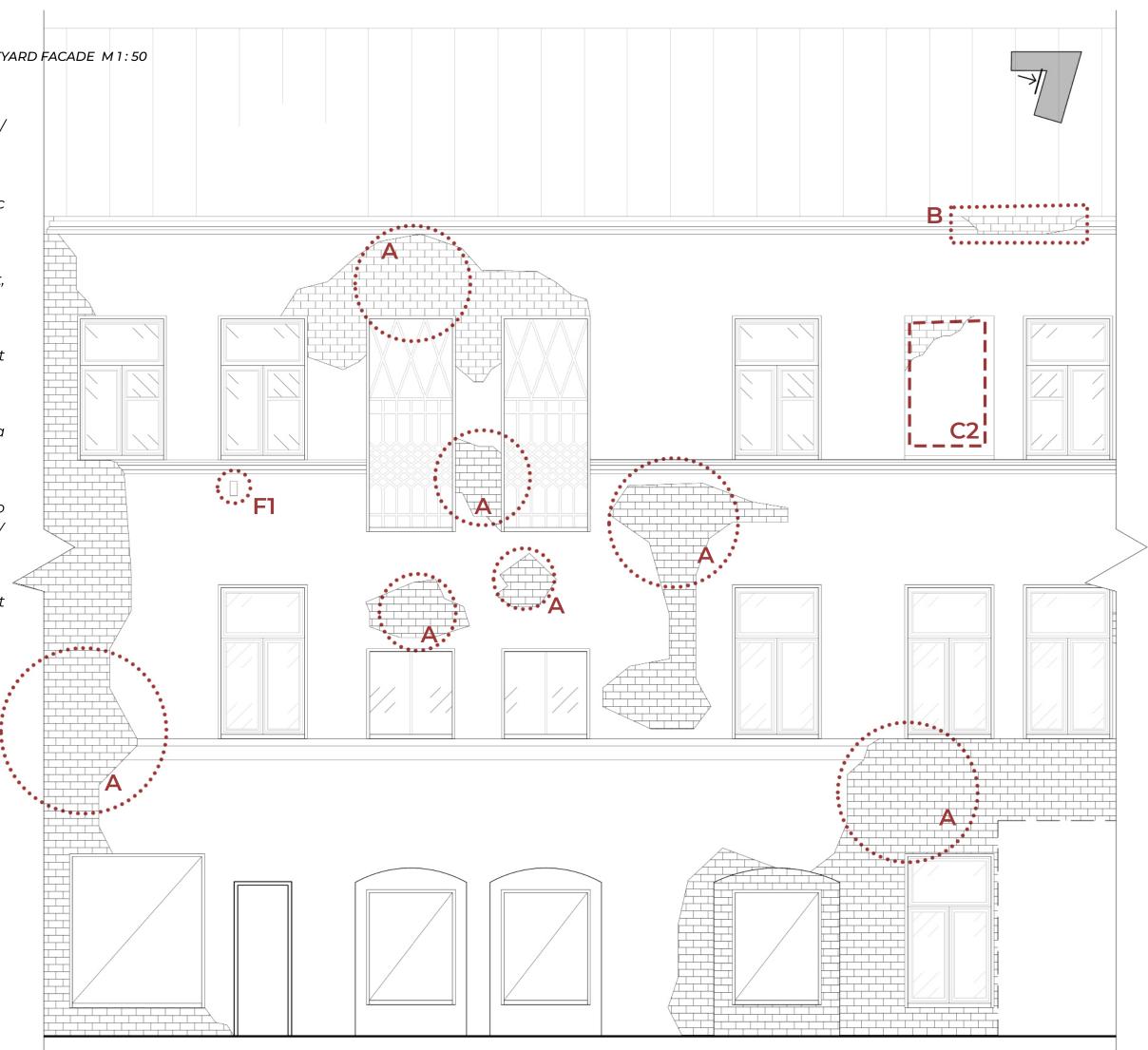
D

Element clogged / boarded up with a wooden protective sheet (plywood).

F1

A hole in the wall, not according to the project (from previous temporary structures or supports).

F2



BUILDING CONDITION, SOUTH COARTYARD FACADE M1:50

Α

Exposing building structures. A chipped/ lost layer of plaster and top coat.

В

Loss of the architectural and stylistic element of the facade.

C1

The opening is laid with brickwork, according to the history and project.

C2

Opening laid with brickwork, not according to the history and project.

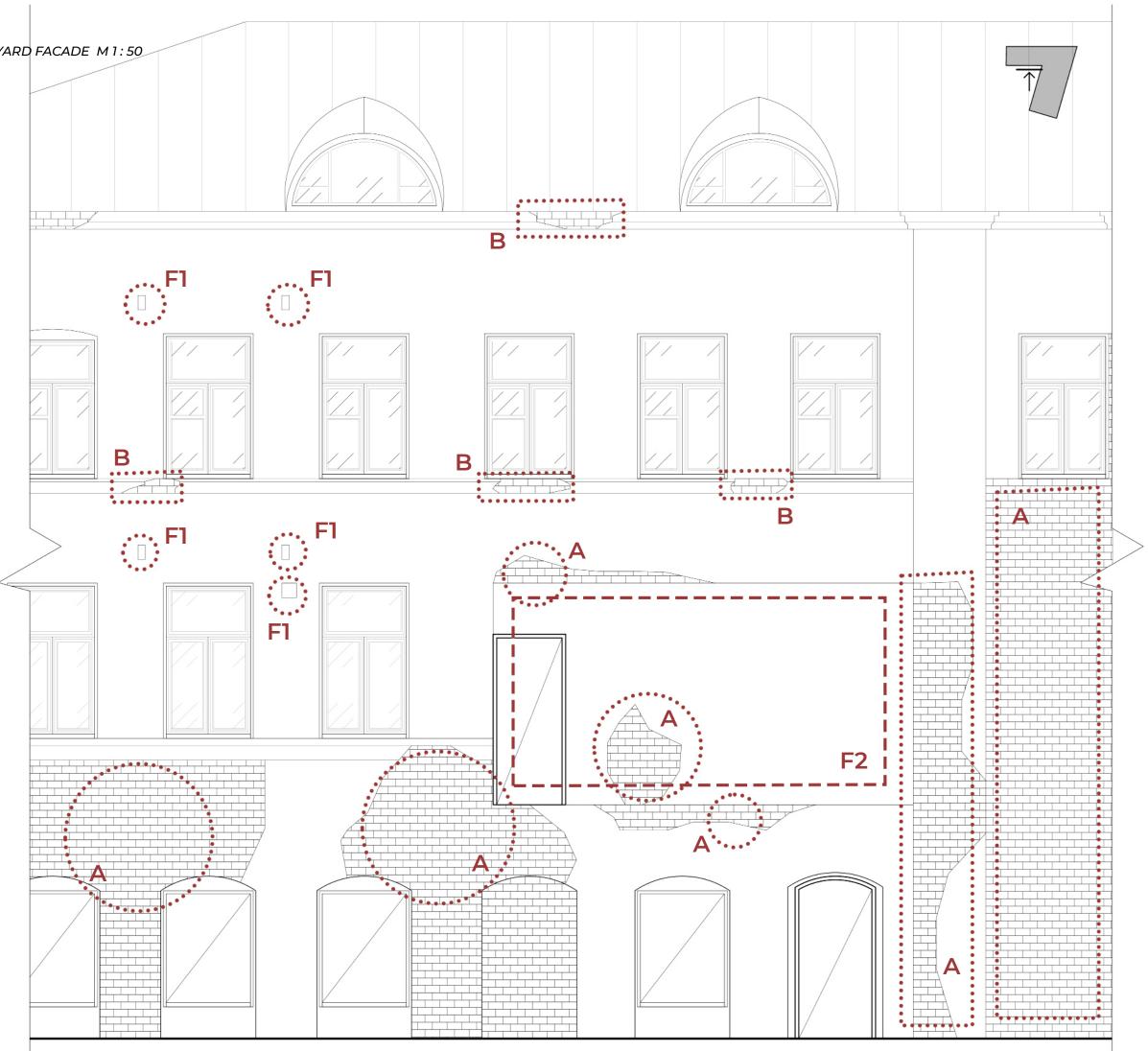
D

Element clogged / boarded up with a wooden protective sheet (plywood).

F1

A hole in the wall, not according to the project (from previous temporary structures or supports).

F2



Exposing building structures. A chipped/ lost layer of plaster and top coat.

В

Loss of the architectural and stylistic element of the facade.

C1

The opening is laid with brickwork, according to the history and project.

C2

Opening laid with brickwork, not according to the history and project.

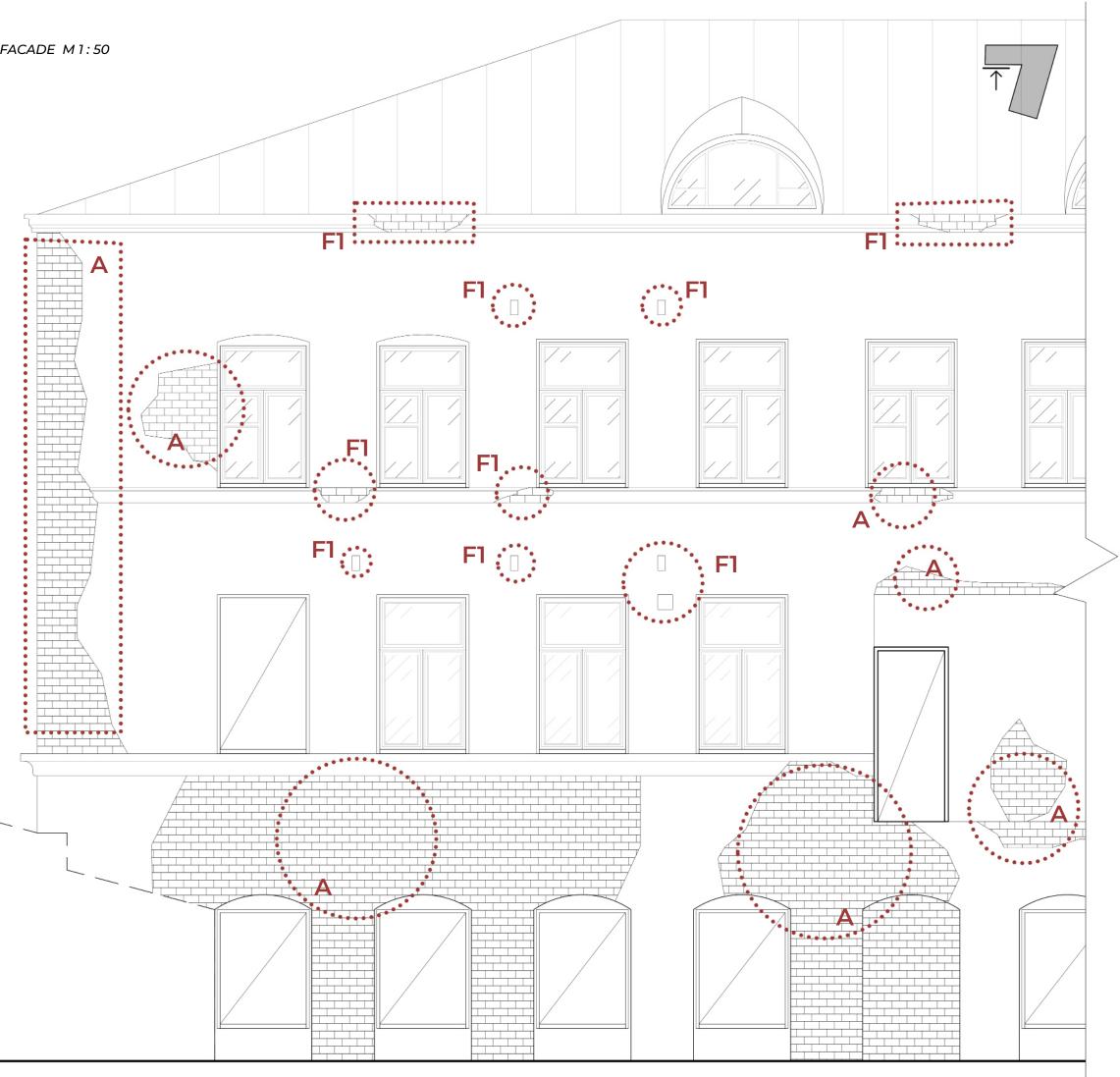
D

Element clogged / boarded up with a wooden protective sheet (plywood).

F1

A hole in the wall, not according to the project (from previous temporary structures or supports).

F2



Exposing building structures. A chipped/ lost layer of plaster and top coat.

В

Loss of the architectural and stylistic element of the facade.

C1

The opening is laid with brickwork, according to the history and project.

C2

Opening laid with brickwork, not according to the history and project.

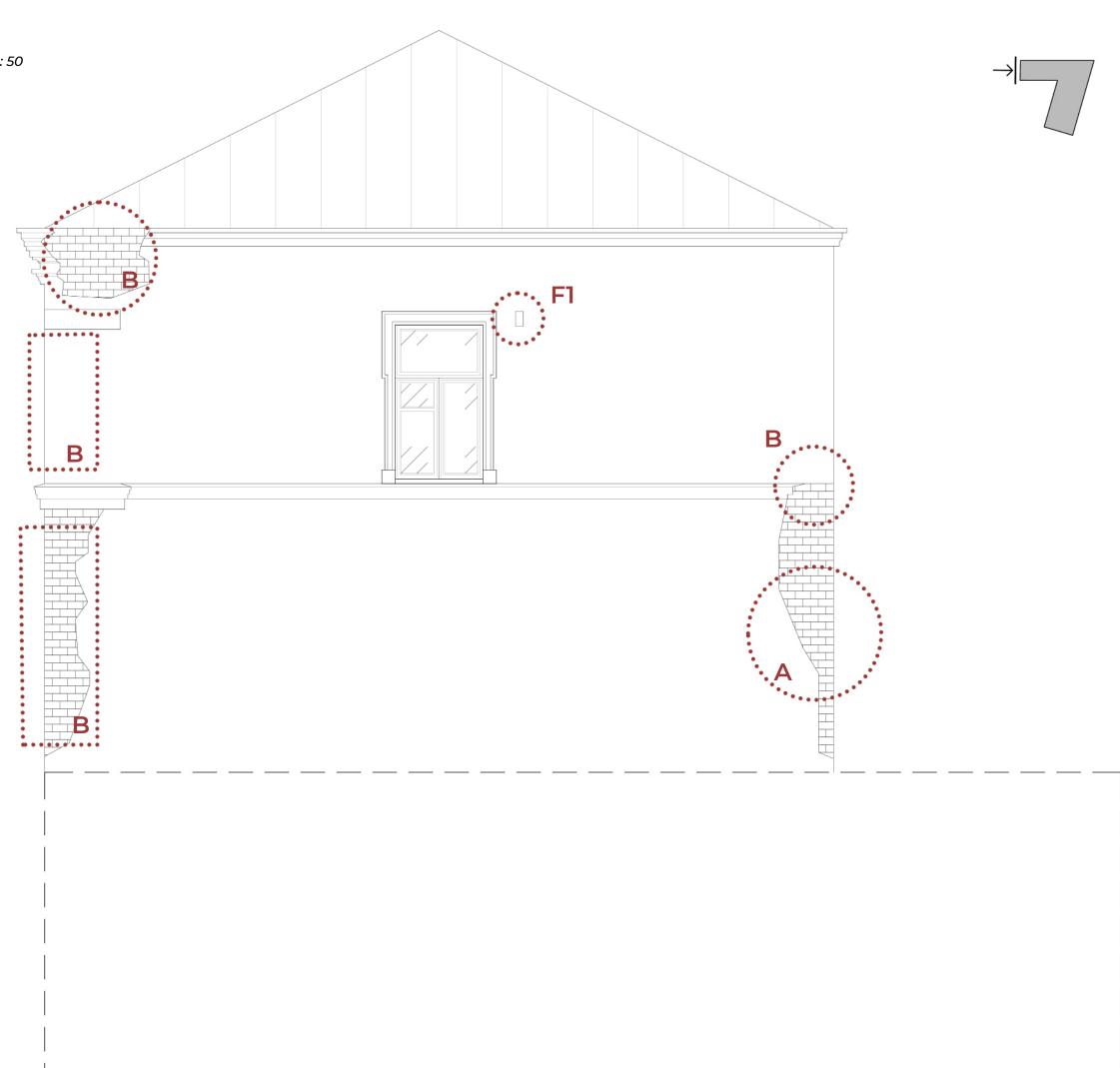
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Element clogged / boarded up with a wooden protective sheet (plywood).

F1

A hole in the wall, not according to the project (from previous temporary structures or supports).

F2





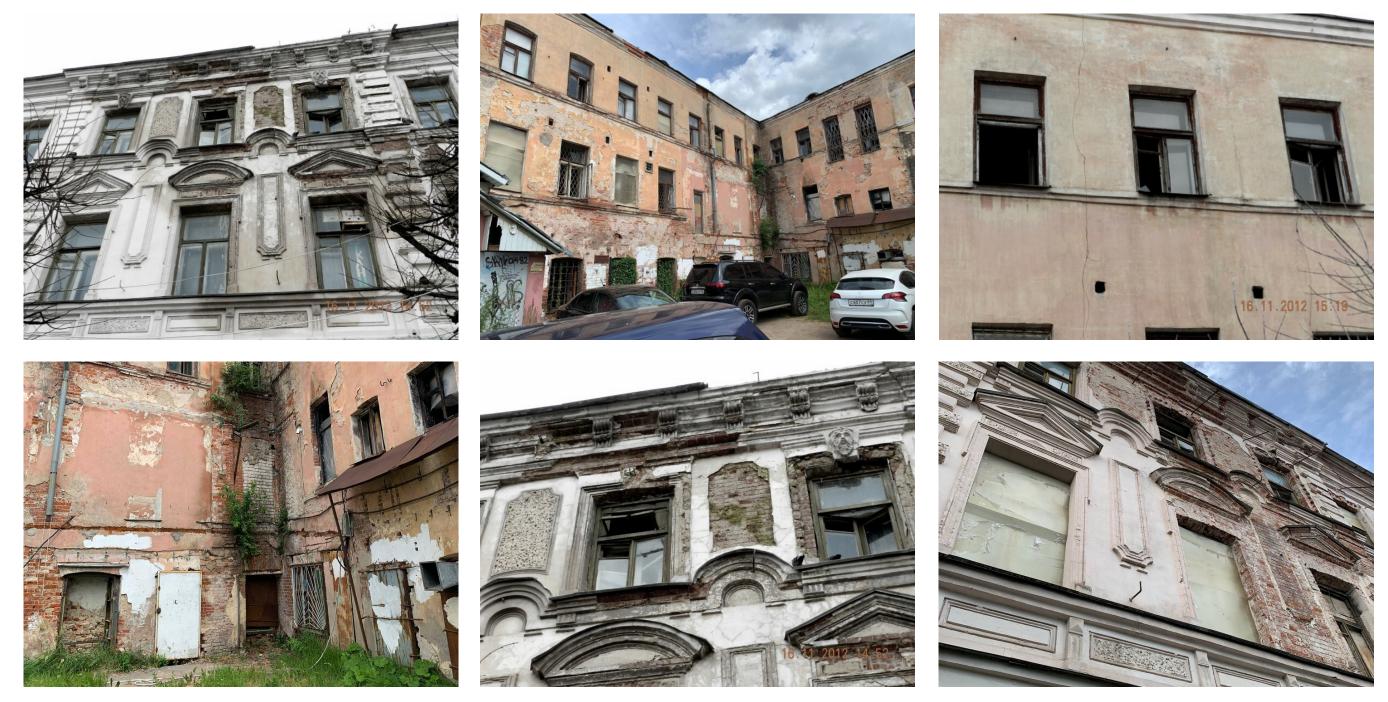


2012, the building burned down twice already. Empty areas incide, emergency condition. The building is actually abandoned.



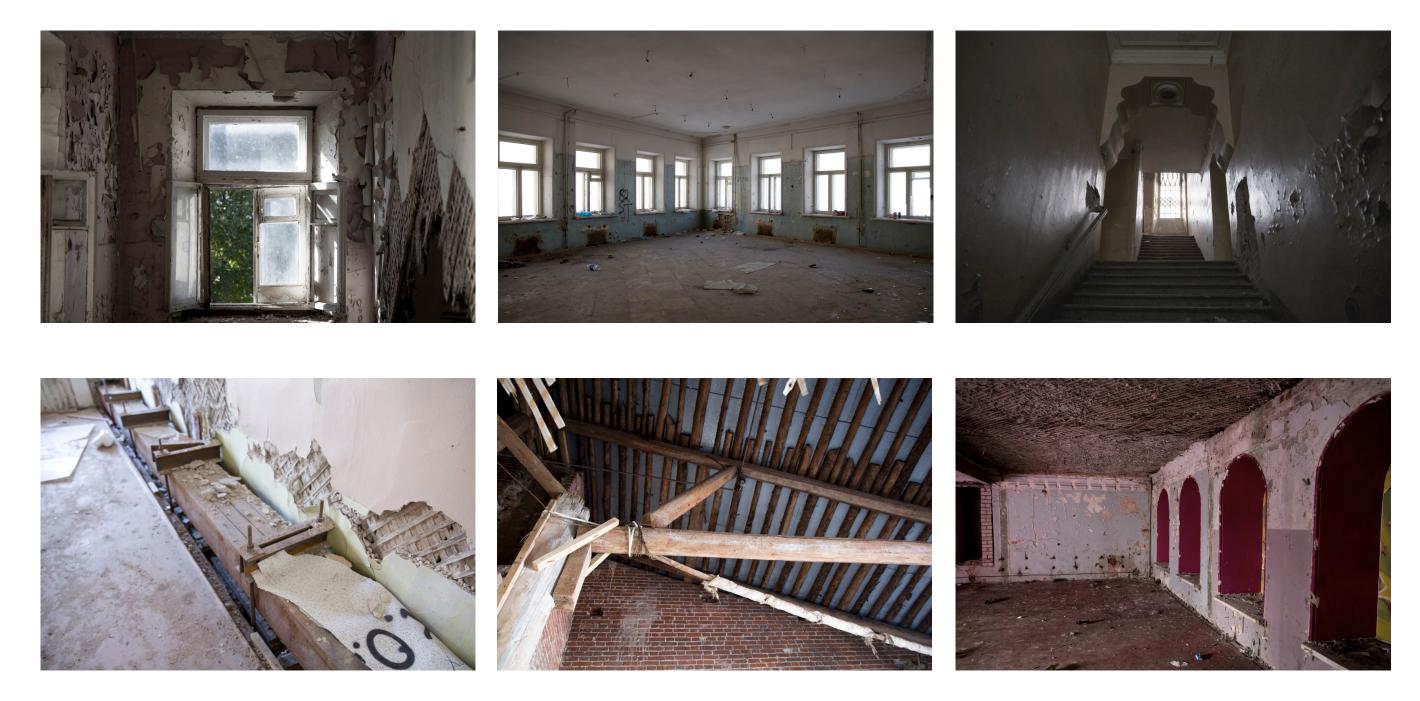
/ 2012 year

PHOTO ARCHIVE, **present condition**



2012, the building burned down twice already. Empty areas incide, emergency condition. The building is actually abandoned. 2012, the building burned down twice already. Empty premises, emergency condition. The building is actually abandoned. Mold covers a significant part of the walls both inside and out. Facade elements of the building are crumbling.

/2022 year, outside photoes condition



The interior has been redone many times. The walls have a thick layer of previous finishes that have completely lost the original design and appearance of the interior of the building. The floor structures are dilapidated. There is a great need for reconstruction and complete renovation of some structural elements.

/2012 year, incide photoes condition



View from the side of the central pedestrian boulevard. The constructions protecting the first floor emergency rooms from penetration have been dismantled, 2020. / 2020 year







The state of the building today. Boarded up windows, screened the façade to disguise it in the streetscape. The same deplorable state of the building's structures. Masking the facade with trees, from the side of the pedestrian boulevard. Fences preventing passage near the emergency facade.

/ 2022 year



DESIGN PROPOSAL

- PROPOSAL STRATEGY OVERVIEW
- MASTREPLAN SCHEME
- SOLAR HEATER SYSTEM STRATEGY AND CALCULATIONS
- FLOOR PLANS
- FACADE CHANGES



PROPOSAL STRATEGY

Many things have been changed in this building. Despite this, it retained that look and that imprint of history on its facades, which can be called the personification of time. The task was to keep that historical thread and not touch it, and at the same time to restore and transform the existing building into a modern house, filling it with as many functions as possible.

FACADES:

The *«facial»* facades overlooking the pedestrian boulevard and the street were restored. Lost plaster returned. The details of the facades, lost over time, have been restored. The appearance of the building most closely resembles the original idea of the architect during its construction. The internal facades were restored, the plaster and the missing masonry were returned. Window frames and doors, which have changed many times over the decades, have survived to this day. Every imprint of history and every «modernization» of this part of the building is preserved. You can see the history of the building with your own eyes. How and why did it have such forms of openings and windows.

SUSTAINABLE RENOVATION:

A new roof was designed with its supporting structures, which meets modern safety standards and regulations. Also, part of the roof floor is now in operation, while the second part is the technical and engineering center of the building. Floor structures and connections have also been rethought. In the area of the hotel, the idea of water floor heating is organized, the heat for which is collected by the roof with the help of solar heaters integrated into the roof. The underground floor has also been rebuilt. On the adjacent territory, or rather under it, a parking lot is designed. This car park is accessed via an elevator connection in one of the nearby non-residential buildings.

VERTICAL CONNECTIONS:

New communications of human movements are designed. Added stairs to the basement and to the roof floor. New ventilation and engineering shafts were arranged to the height of the entire building. Elevator systems now connect all floors up to the roof.

COARTYARD AREA:

The backyard has been rethought. All parking spaces have gone under it, and in their place, a glass lighttransparent structure will partially occupy, which will serve as «lungs» for the building. The green areas of the yard have been enlarged, a link has been added across from the street to the pedestrian boulevard, previously built up over time. The idea of the courtyard is to organize a modern place for a comfortable pastime for residents and passers-by.

SUSTAINABILITY and ECONOMY of BUILDING:

The building can rightly be called an excellent example of sustainable restoration. New leased areas, hundreds of new square meters for business and a technologically advanced heating and ventilation system for the building, which has not been widely used before and is of a unique nature. The air that is delivered to the building is taken from the light-transparent adjoining structure (more than 100 m2) filled with many plants all year round. The freshness and necessary natural humidity give the visitors and workers of the building the cleanest air in the city. The new economic system, which includes restaurant and hotel space, rental office space and meeting and event space for up to 60 people, will be an excellent basis for the economic surplus of the building.

Advanced solar heating system integrated into system surface. Heating water for floor heating and green house system. New coartyard area with increased green area ration and connection with the building. Free from parking. Car elevator system integrated incide existing builidng. Glass transparent structure. Used for mantaining special trees and plant during winter. Using heted water from roof of the builidng. Fresh humide air pumped from here to building usage.

10

15

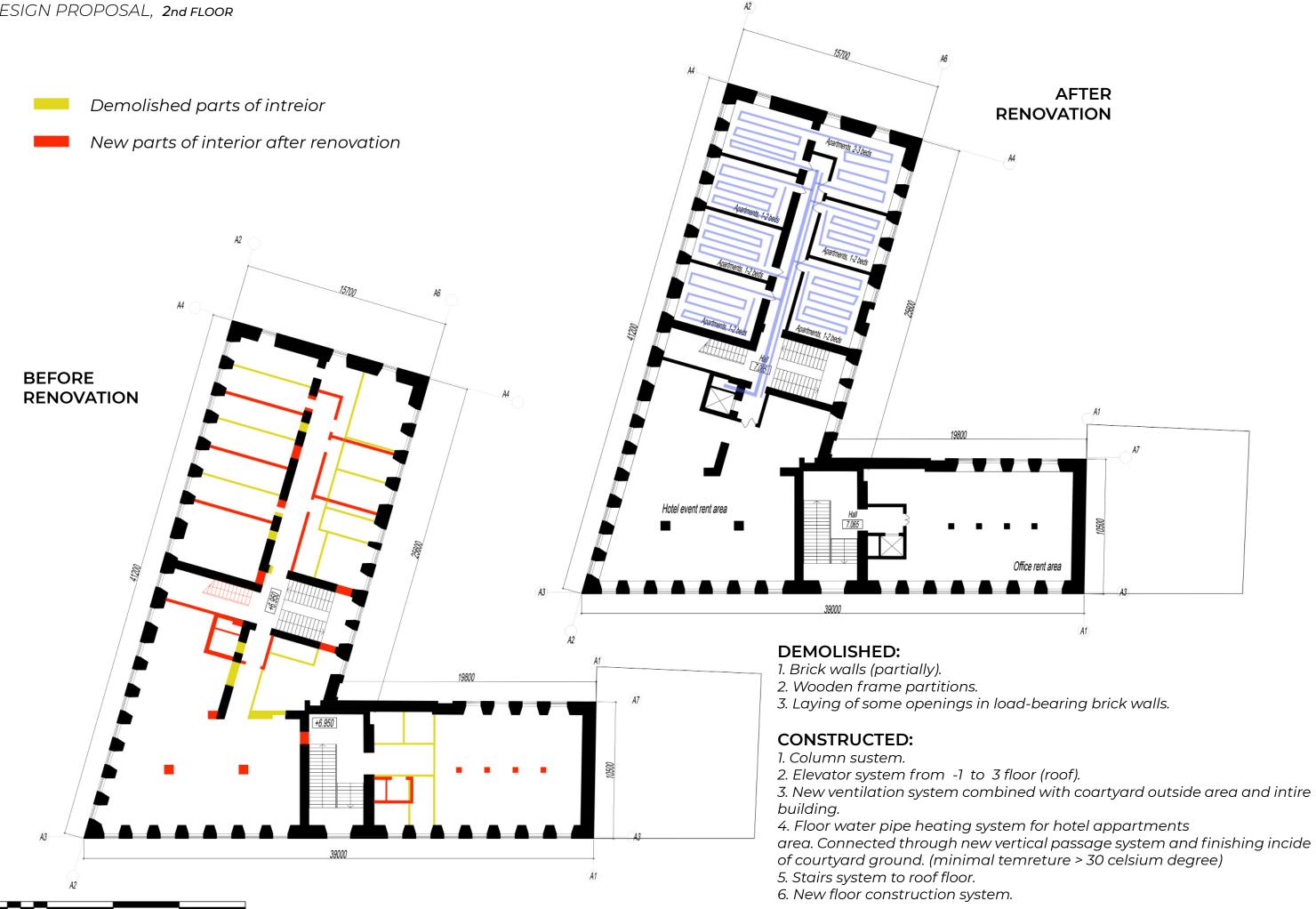
20

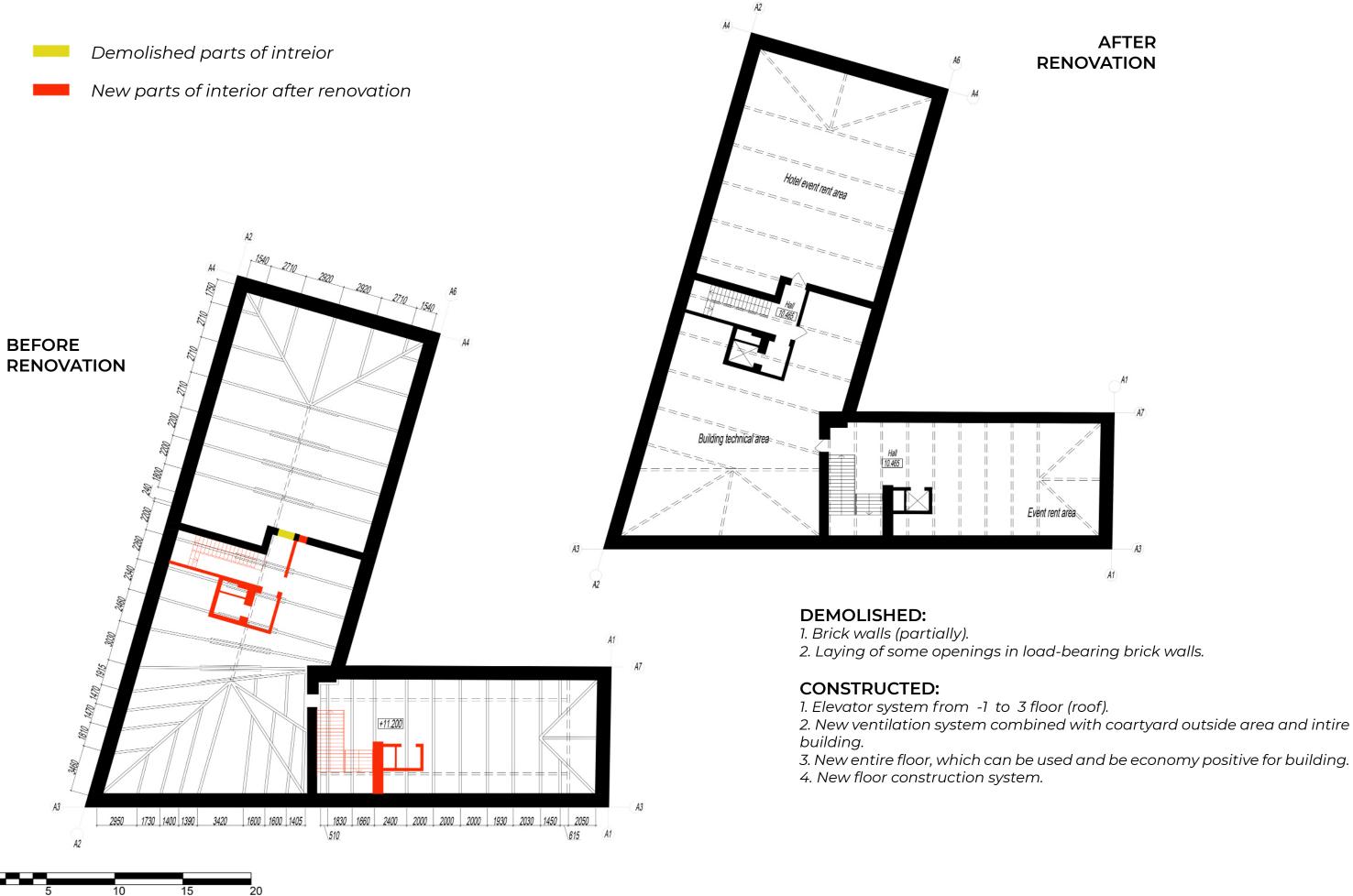
DESIGN PROPOSAL, MASTERPLAN SCHEME



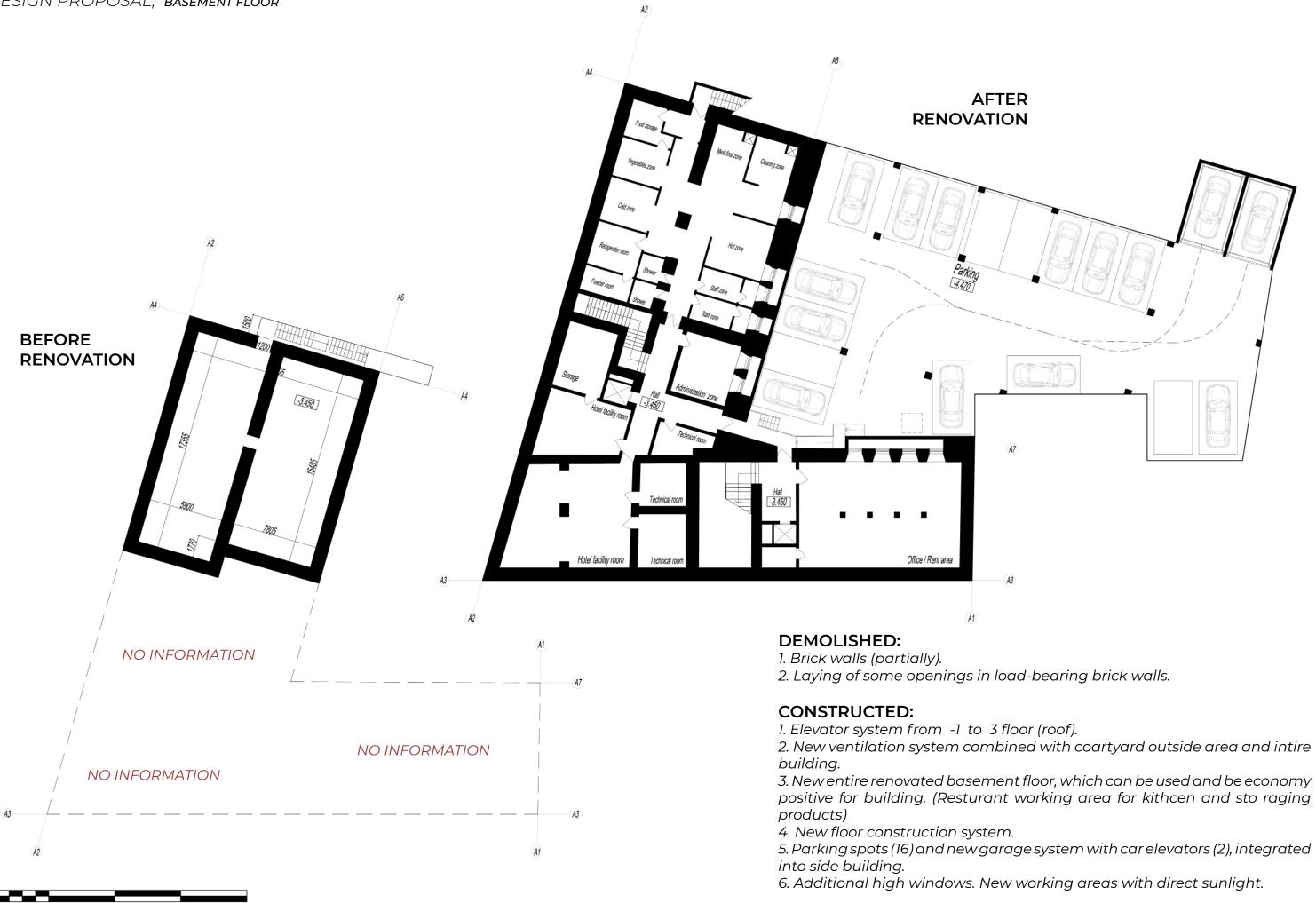








AFTER







COLOR GUIDENCE:



The color scheme of the facade is made by a coloristic design project. These recommendations indicate the required contrast of the hue of the tone (within the same color). *Corresponds to archival records and historical documents.

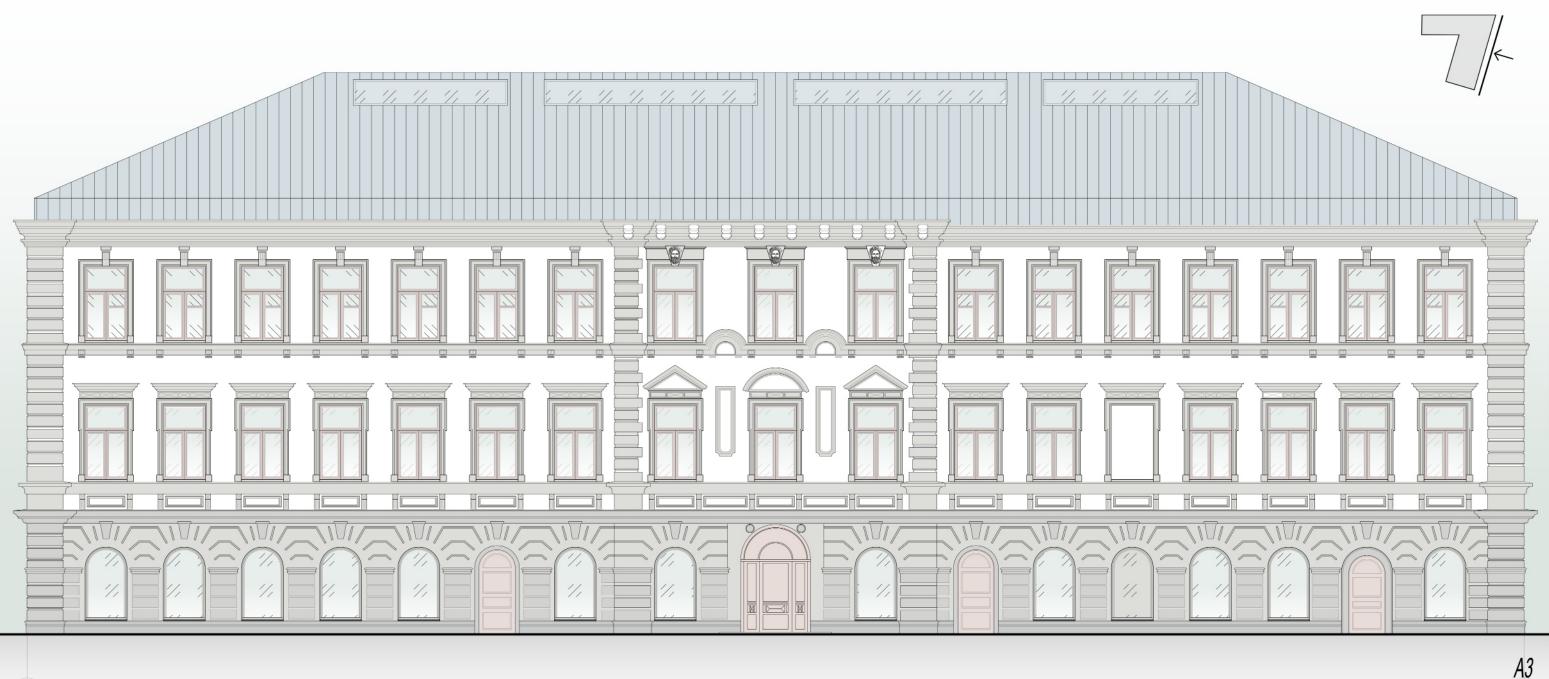
NORTH FACADE DESCRIPTION:

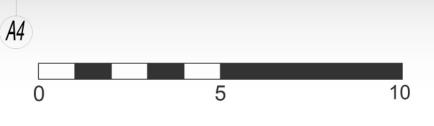
1. The color scheme indicated on the facade is a guideline for a coloristic project. 2. Roofing elements on the upper part of the roof are translucent material. Thermal solar heaters are located below it, providing the use of solar energy to heat the vacuum tubes with liquid. This liquid is used for heating water floors on the 2nd, 3rd floors of the hotel. Also, this liquid descends down to ground level and passes through the soil of the yard in the greenhouse area.

3. The classical view of the facade has been preserved and restored, as it was conceived by the architect during a major reconstruction in 1885.

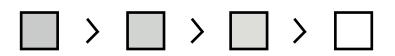
4. The roofing material is metal, as in the historical original. This (metal) roofing was a classic for the buildings of those times (17th century) and is largely preserved to this day.

5. Window frames restored from preserved original wooden frames. Without the possibility of opening after reconstruction. (The building is fully provided with centralized ventilation, air intakes through the roof) 6. Existing doorways have been retained to maintain the historical influence on the architecture and life of the building.





COLOR GUIDENCE:



The color scheme of the facade is made by a coloristic design project. These recommendations indicate the required contrast of the hue of the tone (within the same color). *Corresponds to archival records and historical documents.

EAST FACADE DESCRIPTION:

1. The color scheme indicated on the facade is a guideline for a coloristic project. 2. Roofing elements on the upper part of the roof are translucent material. Thermal solar heaters are located below it, providing the use of solar energy to heat the vacuum tubes with liquid. This liquid is used for heating water floors on the 2nd, 3rd floors of the hotel. Also, this liquid descends down to ground level and passes through the soil of the yard in the greenhouse area.

3. The classical view of the facade has been preserved and restored, as it was conceived by the architect during a major reconstruction in 1885.

4. The roofing material is metal, as in the historical original. This (metal) roofing was a classic for the buildings of those times (17th century) and is largely preserved to this day.

5. Window frames restored from preserved original wooden frames. Without the possibility of opening after reconstruction. (The building is fully provided with centralized ventilation, air intakes through the roof)
6. Existing doorways have been retained to maintain the historical influence on the architecture and life of the building.

DESIGN PROPOSAL, WEST & SOUTHFACADE

COLOR GUIDENCE:

The color scheme of the facade is made by a coloristic

design project. These recommendations indicate the

required contrast of the hue of the tone (within the same

color). *Corresponds to archival records and historical

documents.

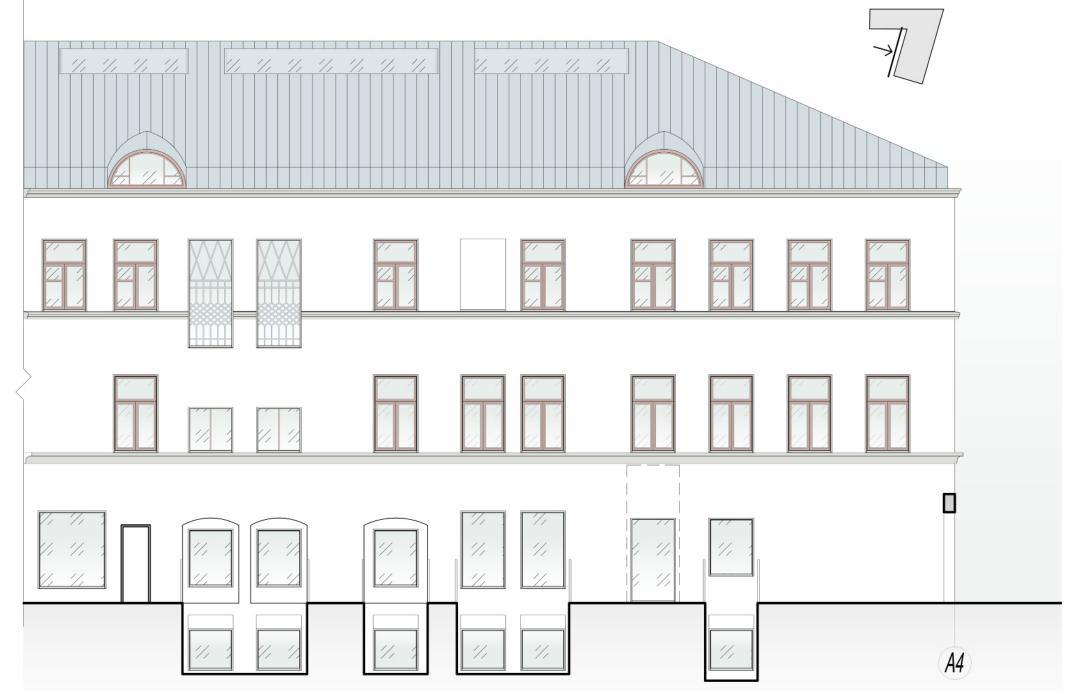


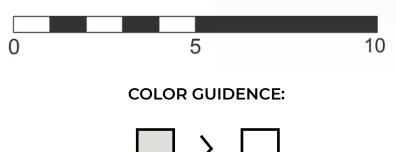
The color scheme indicated on the facade is a guideline for a coloristic project.
 Designed staircase to the underground floor (it is a separate entrance to the kitchen area, under the restaurant).
 The classical view of the facade has been preserved and restored, as it was conceived by the architect during a major reconstruction in 1885.

4. The roofing material is metal, as in the historical original. This (metal) roofing was a classic for the buildings of those times (17th century) and is largely preserved to this day.

5. Window frames restored from preserved original wooden frames. Without the possibility of opening after reconstruction. (The building is fully provided with centralized ventilation, air intakes through the roof).
6. New street entrance to the courtyard area.

7. New windows were arranged, using overhead light to partially illuminate the basement.





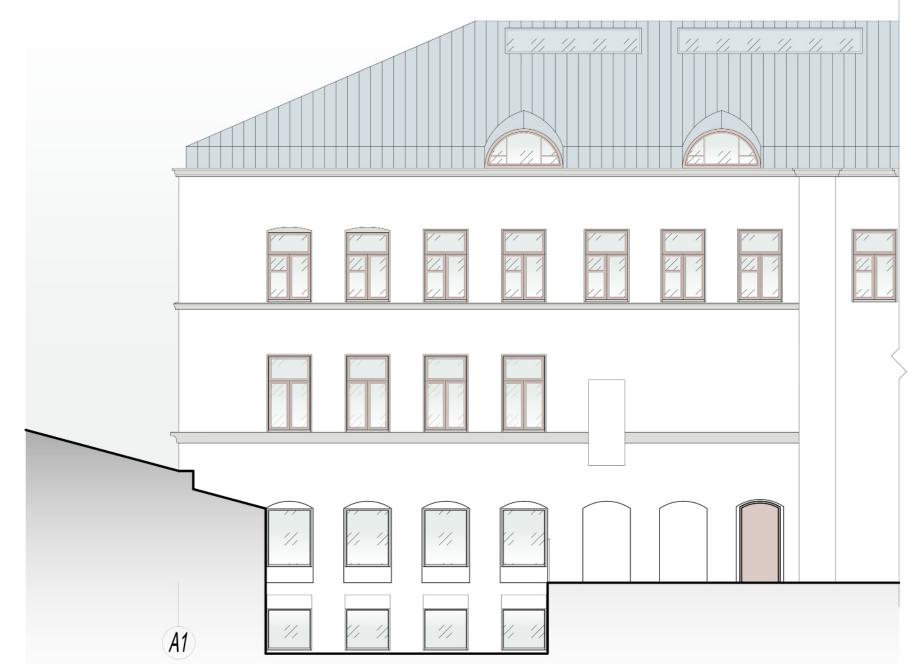
The color scheme of the facade is made by a coloristic design project. These recommendations indicate the required contrast of the hue of the tone (within the same color). *Corresponds to archival records and historical documents.

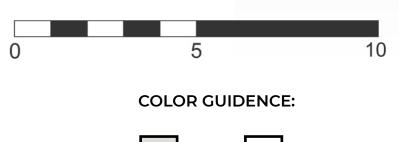
WEST COURTYARD FACADE DESCRIPTION:

 The color scheme indicated on the facade is a guideline for a coloristic project.
 Roofing elements on the upper part of the roof are translucent material. Thermal solar heaters are located below it, providing the use of solar energy to heat the vacuum tubes with liquid. This liquid is used for heating water floors on the 2nd, 3rd floors of the hotel. Also, this liquid descends down to ground level and passes through the soil of the yard in the greenhouse area.

4. The roofing material is metal, as in the historical original. This (metal) roofing was a classic for the buildings of those times (17th century) and is largely preserved to this day.

Window frames restored from preserved original wooden frames. Without the possibility of opening after reconstruction. (The building is fully provided with centralized ventilation, air intakes through the roof)
 Existing doorways and roght window frames have been retained to maintain the historical influence on the architecture and life of the building. The windows in the roof have been preserved in their original location and style.
 New windows were arranged, using overhead light to partially illuminate the basement.





The color scheme of the facade is made by a coloristic design project. These recommendations indicate the required contrast of the hue of the tone (within the same color). *Corresponds to archival records and historical documents.

SOUTH COURTYARD FACADE DESCRIPTION:

 The color scheme indicated on the facade is a guideline for a coloristic project.
 Roofing elements on the upper part of the roof are translucent material. Thermal solar heaters are located below it, providing the use of solar energy to heat the vacuum tubes with liquid. This liquid is used for heating water floors on the 2nd, 3rd floors of the hotel. Also, this liquid descends down to ground level and passes through the soil of the yard in the greenhouse area.

4. The roofing material is metal, as in the historical original. This (metal) roofing was a classic for the buildings of those times (17th century) and is largely preserved to this day.

Window frames restored from preserved original wooden frames. Without the possibility of opening after reconstruction. (The building is fully provided with centralized ventilation, air intakes through the roof)
 Existing doorways and roght window frames have been retained to maintain the historical influence on the architecture and life of the building. The windows in the roof have been preserved in their original location and style.
 New windows were arranged, using overhead light to partially illuminate the basement.



CALCULATION OF THE THERMAL POWER OF A VACUME SOLAR HEATER

Initial data:

1. **Region of operation** of the solar collector - **Tver region**. (1.195 KW.h/m2 - avarage of two most coldest mounthes: December + January)

2. The absorption area of the solar heater - known from the technical documentation for the heater.

3. We accept the **efficiency** of a vacuum solar heater as ~ 67% - 80%*. *(Efficiency = 67% is the value for the «average» collector, which is given in the technical literature for the «old» models. The efficiency of modern collectors reaches 85%. We used in the calculations the average value of efficiency = **74**% to get more «honest» values)

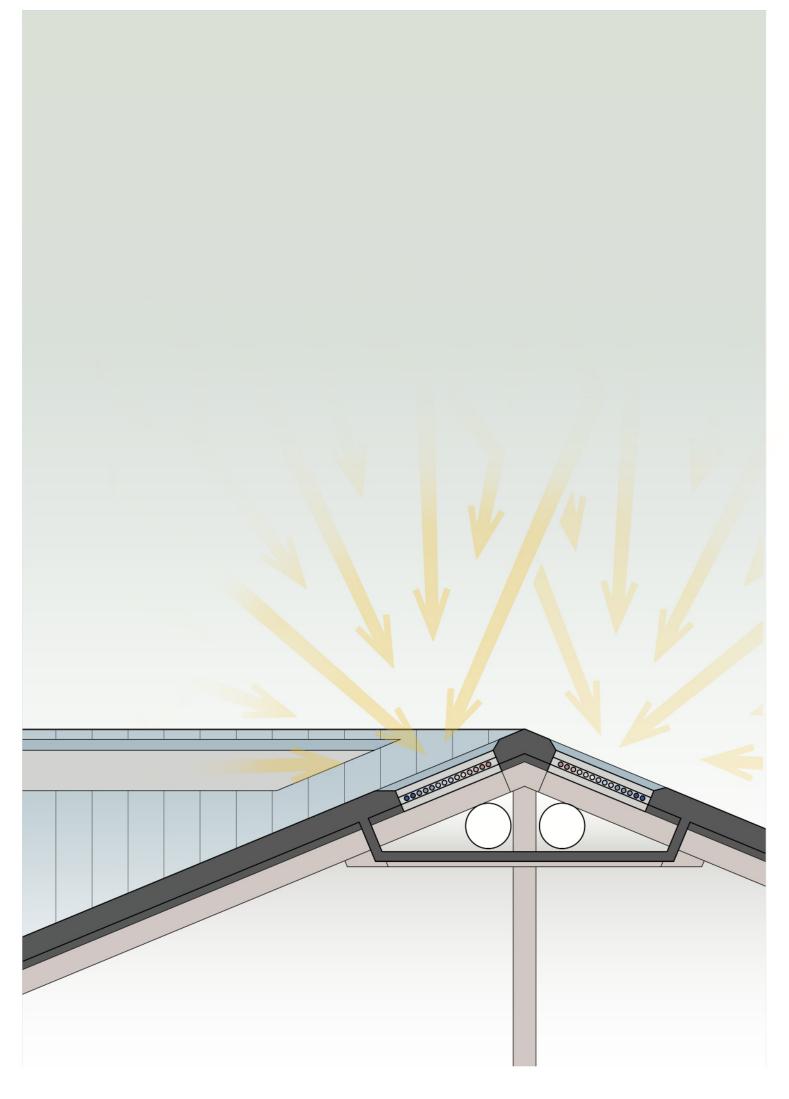
4. We take the angle of inclination of the «plane» of the solar heater to the sun - **20 degrees** (roof slope).

5. 15 tubes make up 2.35 m2 of absorbing area, then one tube 2.35 m2 / 15 = 0.156 (6) m2 or rounded 0.15 m2. Number of overall solar tubes ~ 640 pieces (1800mm each).

6. Total solar heater roof area - 120 m2.

*Solar heater tubes parametrs:

Length - 1800±5mm. The outer diameter of the tube - 58±0.7mm. The thickness of the outer glass tube is 1.8±0.15mm. Tube inner diameter - 47±0.7mm. The thickness of the inner glass tube is 1.6±0.15mm. Glass material - borosilicate glass 3.3mm. Vacuum level - between the walls of the tube P 5 x 10-3Pa. Absorption rate > 91%. Loss of solar radiation < 8% (80C±1.5C). Max. temperature 270C - 300C. Rated pressure - 0.6MPa. Average heat loss coefficient - 0.6W/(m2). Three Layer Vacuum Tube Coating - Advanced Selective Absorption Coating: Composite - Copper, Stainless Steel, Aluminum (CU/SS-ALN(H)SS/ALN(L)/ALN). Application method - DS reactive spraying.



CALCULATION OF THE THERMAL POWER OF A VACUME SOLAR HEATER

Calculations:

 Calculation of the daily power consumed by 1 solar tube 1800mm long - 0.15 (surface area of a vacuum solar tube) x
 1.195 (value for the Tver region) x 0.76 (averaged efficiency for more «honest» values) = 0.137 KW.h for 1 solar tube.

2. The total power of all tubes over the entire area is - 640 pieces x 0.137 KW / h = 87.68 KW / h

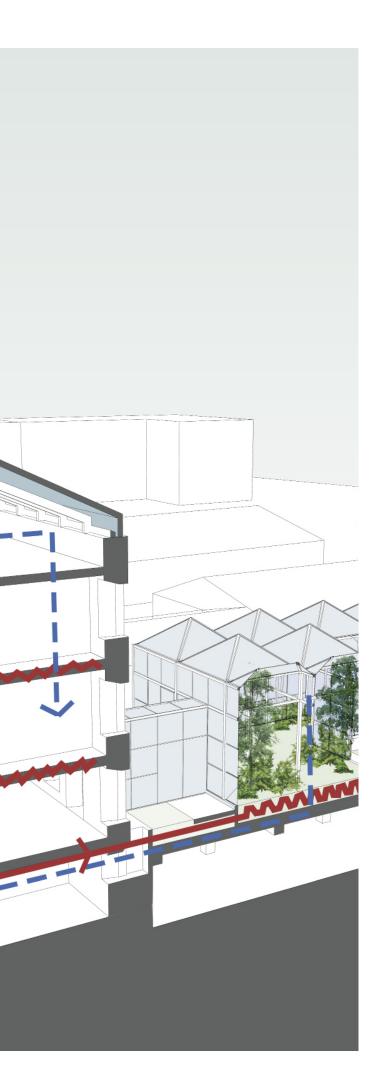
Calculation of the consumption of thermal energy by a water heated floor incide and outside:

1. The average consumption of a thermal water floor per 1 m2 - **150 watts** per hour.

2. The total area of heated water floors inside the building (hotel zone) - **320m2**. Overall heat power consumption will be - 320 x 150watts ~ 48000 watts (48 KW/h).

3. The total outside heated soil surface (incide glass structure) ~ **90 m2**. Lets take double consuption for soil incide the glass structure (greenhouse) as **300 watts** for 1 m2. Then 90 m2 x 300 watts = 27000 watts (**27 KW/h**).

4. Checking - **27 KW/h** + **48 KW/h** + **10.5 KW/h** (~12% losees of overall heating system) = **85.5 KW/h < 87.68 KW/h**.



«Applying Sustainable Methods in Renovation of the Historical building in Tver, Russia.»

Summing up, we can definitely say that the goal of the thesis was achieved. Naturally, there is no limit to perfection, but the main and auxiliary issues of sustainable renovation have been reached. The idea to combine the engineering method of heating and ventilation used by plants in the renovation of a building is unusual and new. The building itself has remained historically authentic and has retained the thread of history of the entire street

.Any literary or scientific work should end with the words of a great man about the great.

«Los que miran las leyes de la naturaleza como apoyo de sus nuevos trabajos colaboran con el creador» Antoni Gaudi

«Those who look to the laws of nature as support for their new works collaborate with the creator» Antoni Gaudi

- [1] Powell, Ken. Architecture Reborn: «Converting Old Buildings for New Uses», New York, 1999.
- [2] [3] Daniel J. Levi, «Journal of Architecturaland Planning Research», 2005
- [4] Barrett, Timothy H. «The Cleveland Storefront Renovation Programm. Design Manual», 2002
- [5] Rachael Bernstone, «Sanctuary Modern Green Homes. Renovation special», 2017-1018
- [6] Brian Duggan, «The renovation of Building 909, The Milatary Engineer», 2016
- [7] Powell, Ken «Architecture Reborn: Converting Old Buildings for New Uses», New York, 1999.
- [8] Guell, Xavier. «David Chipperfield: Recent Work. Barcelona: Watson-Guptill Pubns», 1997